

Parallel Time Standards for Swimmers With A Disability - Sectionals								
Para 1	Women			P1	Men			
P1 - non-ambulatory (wheelchair bound): limited use of all four extremities	Sectional				SCY	SCM	LCM	
	LCM	SCM	SCY					
		01:18.07	01:26.72	01:18.49	50 FR	01:07.39	01:14.46	01:10.05
		02:46.17	03:04.82	02:47.19	100 FR	02:26.24	02:41.59	02:34.79
		05:39.14	06:41.48	06:03.32	200 FR	04:17.02	04:44.03	05:01.35
		01:23.59	01:33.08	01:24.29	50 BK	00:58.97	01:05.09	01:11.10
		02:56.77	03:11.86	02:53.68	100 BK	02:06.40	02:19.68	02:33.73
		01:35.64	01:32.49	01:23.69	50 BR	01:05.70	01:12.61	01:16.42
		04:41.19	04:30.44	04:04.64	100 BR	03:03.49	03:22.52	02:59.09
		01:30.69	01:50.39	01:39.89	50 FL	01:35.69	01:45.79	01:39.49
			02:51.94	02:31.78	75 IM	02:02.46	02:15.33	
			03:54.21	03:26.67	100 IM	02:43.57	03:00.77	
	05:56.20	06:14.08	05:38.56	150 IM	05:01.97	05:33.58	05:24.98	
	08:05.08	08:06.31	07:20.16	200 IM	06:03.39	06:41.44	07:14.11	
Parallel Time Standards for Swimmers With A Disability - Sectionals								
Para 2	Women			P2	Men			
P2 - dwarfism, multiple limb deficiencies, ambulatory with assistance, can be wheelchair bound with high functioning upper body.	Sectional				SCY	SCM	LCM	
	LCM	SCM	SCY					
		00:44.95	00:46.47	00:42.05	50 FR	00:35.88	00:39.61	00:38.93
		01:37.17	01:37.77	01:28.46	100 FR	01:17.54	01:25.69	01:21.59
		03:19.83	03:21.63	03:02.45	200 FR	02:44.41	03:01.66	02:55.78
		06:21.20	06:29.22	07:24.84	400/500 FR	07:04.34	06:11.27	05:56.47
		14:33.97	14:24.91	16:28.56	800/1000 FR	14:37.00	12:47.40	13:02.15
		30:57.55	30:02.00	30:12.86	1500/1650 FR	25:05.53	24:56.49	25:49.14
		00:50.03	00:53.32	00:48.33	50 BK	00:41.29	00:45.63	00:44.09
		02:11.23	02:03.74	01:52.06	100 BK	01:53.17	02:05.10	02:05.80
		04:41.53	04:25.96	04:00.66	200 BK	03:19.96	03:41.04	03:37.82
		01:07.09	01:04.89	00:58.74	50 BR	00:46.97	00:51.88	00:54.68
		02:17.54	02:12.24	01:59.69	100 BR	01:45.96	01:56.98	01:57.19
		05:46.87	05:37.01	05:05.06	200 BR	04:11.48	04:37.88	04:53.21
		00:52.86	00:53.56	00:48.46	50 FL	01:12.59	00:40.70	00:39.02
		02:21.21	02:18.72	02:05.42	100 FL	01:54.22	02:11.97	02:06.62
			02:02.05	01:47.71	100 IM	01:32.58	01:42.32	
	04:12.75	04:18.19	03:53.68	200 IM	03:25.65	03:47.22	03:37.25	
Parallel Time Standards for Swimmers With A Disability - Sectionals								
Para 3	Women			P3	Men			
P3 - single limb deficiencies, visual impairments, intellectual impairments, ambulatory without significant assistance.	Sectional				SCY	SCM	LCM	
	LCM	SCM	SCY					
		00:37.03	00:36.44	00:33.02	50 FR	00:28.62	00:31.58	00:32.48
		01:20.31	01:17.72	01:10.29	100 FR	01:00.14	01:06.49	01:08.94
		03:09.49	03:03.83	02:46.44	200 FR	02:16.85	02:31.20	02:36.55
		06:02.65	05:56.01	06:46.88	400/500 FR	05:51.84	05:07.83	05:16.19
		14:36.54	14:27.48	16:31.49	800/1000 FR	13:38.09	11:55.90	11:34.84
		26:57.51	26:09.22	26:18.59	1500/1650 FR	23:55.76	23:47.21	22:23.12
		00:46.03	00:43.44	00:39.34	50 BK	00:33.14	00:36.62	00:39.22
		01:34.77	01:29.38	01:20.99	100 BK	01:09.86	01:17.18	01:23.06
		04:16.60	04:02.43	03:39.40	200 BK	02:43.34	03:00.41	03:12.03
		00:51.44	00:49.74	00:45.04	50 BR	00:38.75	00:42.76	00:45.06
		01:52.94	01:48.54	01:38.24	100 BR	01:23.42	01:32.14	01:36.85
		04:36.31	04:28.52	04:03.00	200 BR	03:35.72	03:58.38	04:11.48
		00:44.17	00:42.97	00:38.87	50 FL	00:29.91	00:33.09	00:34.16
		01:34.94	01:32.34	01:23.44	100 FL	01:06.38	01:13.39	01:15.79
		03:57.60	03:51.56	03:29.53	200 FL	03:19.68	03:40.63	03:47.70
		01:36.48	01:25.13	100 IM	01:06.64	01:13.64		
	03:19.70	03:10.71	02:52.61	200 IM	02:28.10	02:43.64	02:52.64	
	09:07.24	08:49.76	07:59.32	400 IM	05:58.01	06:35.62	06:54.57	