



# TIME STANDARDS

# 2019

## SPEEDO JUNIOR NATIONAL CHAMPIONSHIPS

**Girls**



**Boys**

SCY	LCM		LCM	SCY
22.79	26.59	50 Freestyle	23.99	20.49
49.69	57.59	100 Freestyle	51.99	44.39
1:47.39	2:04.29	200 Freestyle	1:54.29	1:38.39
4:48.09	4:21.39	400/500 Freestyle	4:02.79	4:28.29
9:56.79	8:58.69	800/1000 Freestyle	8:23.09	9:13.19
16:32.59	17:11.29	1650/1500 Freestyle	16:05.09	15:34.19
54.49	1:04.39	100 Backstroke	58.79	49.69
1:57.69	2:18.29	200 Backstroke	2:06.99	1:47.99
1:02.89	1:13.29	100 Breaststroke	1:06.09	55.79
2:15.49	2:38.29	200 Breaststroke	2:23.29	2:01.19
53.99	1:02.39	100 Butterfly	56.49	48.99
1:59.39	2:16.99	200 Butterfly	2:05.09	1:47.89
2:00.59	2:20.99	200 Individual Medley	2:08.29	1:48.89
4:15.19	4:57.29	400 Individual Medley	4:33.09	3:52.69
x	3:56.49	4x100 Free Relay	3:34.89	x
x	8:29.99	4x200 Free Relay	7:47.69	x
x	4:22.69	4x100 Medley Relay	3:56.99	x

**Girls**

**Bonus**

**Boys**

SCY	LCM		LCM	SCY
23.49	26.99	50 Freestyle	24.39	20.99
50.99	58.39	100 Freestyle	52.89	45.79
1:49.79	2:05.39	200 Freestyle	1:56.29	1:40.29
4:52.09	4:23.79	400/500 Freestyle	4:06.29	4:32.69
10:03.59	9:03.49	800/1000 Freestyle	8:33.79	9:25.49
16:46.19	17:20.49	1650/1500 Freestyle	16:14.99	15:46.99
56.59	1:05.59	100 Backstroke	59.69	50.99
2:01.29	2:20.69	200 Backstroke	2:09.59	1:50.69
1:04.29	1:14.29	100 Breaststroke	1:07.59	57.69
2:19.79	2:40.09	200 Breaststroke	2:27.19	2:05.89
55.99	1:03.39	100 Butterfly	57.39	50.09
2:03.29	2:19.59	200 Butterfly	2:08.19	1:51.59
2:03.79	2:22.49	200 Individual Medley	2:10.49	1:52.49
4:23.69	5:01.89	400 Individual Medley	4:38.39	4:00.19

Qualification Period 6/1/2018 through Entry Deadline