



OFFICIAL TIME STANDARDS

2018 Winter National Championships

WOMEN		EVENT	MEN	
LCM	SCY		SCY	LCM
26.69	22.89	50 Freestyle	20.59	23.59
57.69	49.89	100 Freestyle	44.59	51.79
2:04.59	1:47.79	200 Freestyle	1:38.79	1:53.29
4:20.79	4:49.09	400/500 Freestyle	4:28.89	4:01.09
8:54.49	9:58.79	800/1000 Freestyle	9:15.19	8:21.49
17:06.69	16:35.89	1500/1650 Freestyle	15:34.89	15:59.99
1:04.59	54.69	100 Backstroke	49.89	58.59
2:18.69	1:58.09	200 Backstroke	1:48.39	2:06.69
1:13.49	1:03.09	100 Breaststroke	55.99	1:05.59
2:38.69	2:15.89	200 Breaststroke	2:01.59	2:22.89
1:02.59	54.19	100 Butterfly	49.19	55.99
2:17.39	1:59.59	200 Butterfly	1:48.29	2:04.59
2:21.39	2:00.99	200 Individual Medley	1:49.29	2:08.19
4:58.09	4:15.59	400 Individual Medley	3:53.49	4:32.59

WOMEN		EVENT	MEN	
LCM	SCY	18 & UNDER BONUS	SCY	LCM
26.99	23.49	50 Freestyle	20.89	24.39
58.39	50.89	100 Freestyle	45.39	52.89
2:05.39	1:49.69	200 Freestyle	1:39.79	1:56.09
4:23.79	4:53.09	400/500 Freestyle	4:31.49	4:06.29
9:03.49	10:03.59	800/1000 Freestyle	9:25.49	8:33.79
17:20.49	16:46.19	1500/1650 Freestyle	15:46.99	16:14.99
1:05.49	56.09	100 Backstroke	50.79	59.69
2:20.69	2:01.29	200 Backstroke	1:50.59	2:09.59
1:14.29	1:03.69	100 Breaststroke	57.39	1:07.19
2:40.09	2:19.79	200 Breaststroke	2:05.69	2:26.89
1:03.39	55.79	100 Butterfly	49.89	57.39
2:19.59	2:02.69	200 Butterfly	1:52.09	2:08.19
2:22.49	2:03.09	200 Individual Medley	1:51.49	2:10.49
5:01.89	4:23.29	400 Individual Medley	4:00.19	4:38.39

* Qualification period will be 11/1/2017 to entry deadline

* This will be a LCM run meet