

2011 National Championships (8/2-6/2011)

Women			Event	Men		
LCM	SCM	SCY		SCY	SCM	LCM
26.59	25.99	22.99	50 Fr	20.29	22.99	23.59
57.29	56.49	50.19	100 Fr	44.49	50.19	51.79
2:03.69	2:01.89	1:48.29	200 Fr	1:38.09	1:50.29	1:53.39
4:19.49	4:13.09	4:47.79	400/500 Fr	4:25.29	3:53.29	4:01.29
8:55.19	8:44.59	9:58.89	800/1000 Fr	9:16.89	8:11.69	8:23.09
17:06.69	16:37.79	16:30.59	1500/1650 Fr	15:30.69	15:20.79	16:02.49
1:04.69	1:02.69	55.79	100 Bk	49.59	56.49	58.29
2:19.09	2:14.69	2:00.09	200 Bk	1:47.89	2:02.09	2:06.29
1:12.79	1:10.79	1:03.19	100 Br	55.89	1:03.39	1:05.29
2:37.19	2:32.09	2:16.69	200 Br	2:01.69	2:18.99	2:22.09
1:02.49	1:01.49	54.99	100 Fl	48.59	54.69	55.69
2:16.89	2:15.39	2:00.69	200 Fl	1:48.59	2:01.09	2:04.09
2:20.69	2:17.99	2:01.79	200 IM	1:49.69	2:03.59	2:07.99
4:56.99	4:52.89	4:19.79	400 IM	3:58.29	4:24.39	4:33.09
3:54.79	3:51.89	3:28.39	4X100 Fr-R	3:02.19	3:25.79	3:29.89
8:25.89	8:24.59	7:25.49	4x200 Fr-R	6:46.99	7:35.89	7:44.99
4:19.39	4:15.19	3:50.39	4x100 Med- R	3:24.09	3:47.99	3:52.49

Qualifying Period: July 1, 2010 through the entry deadline.

Women			Event 18& Under Bonus Standards	Men		
LCM	SCM	SCY		SCY	SCM	LCM
26.99	26.29	23.39	50 Fr	20.89	23.49	24.29
58.59	56.99	51.09	100 Fr	45.89	51.89	53.09
2:06.19	2:02.99	1:50.09	200 Fr	1:40.69	1:53.39	1:55.89
4:24.09	4:18.29	4:52.99	400/500 Fr	4:33.69	4:00.79	4:07.09
9:03.49	8:50.69	10:05.99	800/1000 Fr	9:26.09	8:19.49	8:35.59
17:20.49	16:58.49	16:48.49	1500/1650 Fr	15:51.49	15:41.49	16:15.49
1:05.69	1:04.49	56.19	100 Bk	51.39	55.99	1:00.09
2:20.99	2:18.59	2:01.19	200 Bk	1:51.39	2:01.99	2:09.59
1:14.29	1:12.29	1:04.29	100 Br	57.89	1:05.09	1:07.79
2:39.99	2:34.99	2:17.99	200 Br	2:06.29	2:18.09	2:27.59
1:03.59	1:02.19	55.59	100 Fl	50.29	55.99	57.39
2:19.69	2:16.89	2:02.49	200 Fl	1:51.99	2:05.59	2:08.39
2:23.09	2:19.89	2:03.49	200 IM	1:52.79	2:08.19	2:11.39
5:02.09	4:55.69	4:20.79	400 IM	3:59.89	4:32.59	4:38.99

Qualifying Period: July 1, 2010 through the entry deadline.

Athletes who are 18 and under, who have qualified in one or more individual events, may enter and swim in up to two bonus events, provided they have achieved the published "Bonus Time Standards". There will be no bonus events for athletes over the age of 18.

Women may qualify for the 800m Freestyle using the 800/1000 time standards or the 1500/1650 time standards. Men may qualify for the 1500m Freestyle using the 1500/1650 time standard or the 800/1000 time standard.