



## Potomac Valley Swimming Update – Friday, December 11, 2020

**PVS 18&U Winter Championships** - According to the coaches and athletes that participated, the meet was a huge success. Many fast times were swum and you can follow where the PVS swimmers' results rank against all the meets across the country on the [Virtual Leaderboard](#) on the USA Swimming website. The PVS website has [complete meet results](#) and [results by session](#). You can also watch [videos](#) of all the sessions on the PVS Facebook Page.

Thanks to all the volunteers that made this meet possible, and made it run so smoothly!

**USA Swimming TYR Pro Swim Series** - USA Swimming is planning the first stop of the TYR Pro Swim Series. [Information](#) about the meet is available on the USA Swimming website.

**PVS Athletes Newsletter** - The [November Edition](#) of the PVS Athletes Newsletter has been published. See what the PVS Athlete Representatives and the PVS Athletes Committee have been up to lately.

**Safe Sport Recognition Program** - Potomac Valley has the third highest percentage of Safe Sport Recognized Clubs among the 59 LSCs in USA Swimming. But, half of our clubs have still not completed this program that recognizes a club's commitment to keeping out athletes safe. If your club is not yet in the program, ask them how you can help them achieve this recognition. The program includes clubs developing and publishing safe sport policies. There is also a component of parent and athlete safe sport training.

Stay safe! Stay healthy! And, wear your mask.

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### Potomac Valley Swimming Mission Statement

PVS supports and promotes excellence for all through competition, education, innovation and leadership.