

PVS Coaches Rep Report

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2012 HOD Report

PVS Championship Meets:

- The coaches voted at the December competition meeting to have an A, B and C heat for Senior Champs and an A, and B heat for Junior champs. Coaches whom I spoke with at the meet were very happy with the result. Some were still concerned that there were a lot of scratches from the Senior finals heats, and the C heats went deep into the pool of swimmers.
- At the September competition meet coaches voted to secure the University of Maryland pool for the 2013 14 and under short course championship meet. The need for this is the ever growing population in PVS and the growing participation in this meet.
- Qualifying times for the JO meet were made faster and there was a 5% decrease in splashes. This allowed us to move the 13 and over session back 30mins and combine the 11-12's and 10 and under session.
- There was an incident at the 12 and under session on Sunday of the JO meet that we stopped the meet for and had to ask parents to cooperate. This further shows the need for a bigger venue.
- The vast majority of coaches felt that both Senior/Junior and 14 and under champ meet timelines ran well.

Other Meets:

- There were many equipment issues at meets this year from starting systems not working or charging to touch pads not working. These incidents prompted board discussions about the up keep of our PVS equipment. We also discussed the use of touch pads only at championship meets. Many coaches were opposed to this option because they use the splits we get from the touch pads to help train their athletes.
- I have proposed that meets must list in their meet announcements whether touch pads will be used or not so coaches can be prepared either way. This proposal will be brought up at the May competition meeting.
- In January it was brought to my attention that at the January distance meet there was parents video taping from behind the blocks and they were not told to put the

camera away. I brought this information to the board and it was decided that the rule is the rule and no camera's means no cameras behind the blocks.

- Distance meet participation is growing. NST were made faster. There may be a need for more than one site for PVS distance meets.
- PVS competed in the Eastern Zone meet. We end up in third. Our down fall was the lack of 15 and over's. There have been many discussions on how to increase the participation in this age group. I asked many coaches to email us names of swimmers that were listed in the top 20 who knew they were not going to the zone meet because of college meets etc. The hope was that more swimmers who have not hit the senior/junior national level would see their name and want to go. We also asked coaches to emphasis to their swimmers that the zone meet is an important step and that many 15 and over's who participate swim really well and get junior qualifying times at the meet.
- PVS will compete in the Eastern Zone Long Course meet in August at the new long course pool in Richmond.

Athlete protection:

- All coaches were required to finish the athlete protection online training by December 2011. All coaches with current certifications have completed the program.
- Coaches continue to work on ways to keep athletes safe at meets, practices and team activities.

Olympic Trails:

- PVS has 39 athletes who will be competing at Trails in June. 13 will compete in 3 or more events. 20 females and 19 males.

Misc:

- Coaches' rep elections were run in March
- An email went out to all coaches in November introducing ourselves as coaches reps. there was not much reply. I hope in the future to get out more emails and get more input from coaches so we can do a better job at representing the PVS coaching body as a whole.