



PVS Family!

Wow can you believe it is already 2012! Time has certainly flown by. We have a lot going on in the New Year as we continue to create programs that foster growth, educate and further develop our coaches, families and swimmers in the PVS and surrounding community. Take a look below to see what we have coming up!

Team DMV-PV – Black Heritage Meet Travel Opportunity

May 25-27, 2012, Cary, NC



The information and application to travel as a member of the DMV-PV travel team to Cary, NC for the 10th Annual National Black Heritage Championship Swim Meet has been released! We have been busy planning for the meet and look forward to defending our Championship Title from last year. We'd love to have you and your swimmer participate again this year.

Please carefully read the attachment, it has all of the info about cost and what you need to do to secure your spot on the team. Spaces are limited and we want to accommodate those who participated last year. Deposits are due on March 3rd but we suspect spaces will fill up prior to then, we've already received inquiries about this meet from both new and returning Potomac Valley swimmers.

If you have questions concerning the meet, travel arrangements, or anything else related to this trip feel free to contact Dr. Rhonda Waller at rhonda.waller@gmail.com. Please spread the word to others on your team! [Click here](#) for the application and further information about the meet.

USA Swimming Diversity Select Camp

May 3-6, 2012, Colorado Springs, CO

Any USA Swimming registered athlete member who is eligible to represent the USA in international competition (a U.S. citizen), meets the qualification time standards, has not previously attended a USA Swimming Diversity Select Camp and represents an ethnically underrepresented population that is less than 10% of the current USA Swimming membership is eligible to apply for this camp. These populations include: African American, Hispanic, Asian or Pacific Islander, or Native American. A swimmer cannot attend a Zone Select Camp and the Diversity Select Camp in the same year. Athletes must have achieved at least one Diversity Select Camp time standard as shown here (SCY and/or LCM) to apply for selection. These times are AAAA National Motivational Times for 13-14 year olds. Times must have been achieved in a USA Swimming sanctioned or approved meet (able to be proven in the SWIMS database). The application must be submitted online. [Applications](#) must be received on or before **February 15, 2012**. Visit the USA Swimming website for [full details](#).



ASCA 2012 Advanced Breaststroke Clinic

Sunday, February 12th, 2012

Diversity Committee Member Doug Carrington has shared that there will be an **ASCA Advanced Breaststroke** clinic locally in Reston, VA in a few weeks. David Marsh will be the speaker of the event. Here is the information: <http://www.swimmingcoach.org/clinics/breaststrokeclinic.pdf>



Black History Invitational Swim Meet

Feb 17-19th, Takoma Park, Washington D.C



Plan to attend the Black History Invitation Swim Meet. The meet seeks to provide urban youth with a positive outlet for competition and a forum to meet positive role models. For more information please contact Rob Green, Meet Director at Robert.Green@dc.gov . [Click here](#) for the meet announcement.

Howard University and Others Influential People Featured in Splash Magazine

In the February 2012 issue of Splash Magazine - the official magazine of USA Swimming - the Howard Bison swimmers were recognized as "influential contributors" for championing the cause of swimming in the black community. To be recognized in a national magazine is quite an honor for the team and university. The print is on page 51. Please congratulate **PVS Swimmers, Nandi Ross, Marissa Gentry, Emeka Brooks, and Darell Hungerford** along with the rest of the Howard Swim Team on this accomplishment. [Click here](#) to see the page.



Please mark your calendars to support the following other events (*details to come soon*):

- **Feb 17-19th** Officials are needed to help support the Black History Swim Meet at Takoma Park. Please contact Rob Green at robert.green@dc.gov if you are able to help.
- **April 14th - Diversity Day Clinic** for parents, coaches and athletes. Gold Medalist Anthony Ervin will be here to give tips and work with participating athletes. Clinic will be held at Wilson Aquatic Center in Washington D.C
- **April 21st** – Team DMV Combined Practice at Takoma Park
- **May 5th** - Ladies Empowerment Clinic – Female coaches and swimmers are encouraged to attend!
- **May 19th** – 2nd Team DMV Combined Practice at Takoma Park

Please continue to let me know if you have any additional information or updates for the PVS Minority Coaches Listserv. Thank you all for your continued support!

Miriam Lynch

PVS Diversity Chair

email: miriamlynch@yahoo.com

phone: 703-409-9962 (cell)

website: www.pvswim.org/diversity.html and <http://www.diversityinaquatics.com/group/potomacvalleydiversitycommittee>



A Dive into Diversity Trivia. Rules: The first person to email miriamlynch@yahoo.com with the answer will win a USA Swimming Prize Pack to be given out at our next PVS Diversity Committee Meeting in February. Past winners are not eligible.

Question: Name this female coach... recently shattered six national records and won every event she competed in, in her age group of the 2010 U.S. Masters Short Course Nationals, is the new assistant coach of Texas A&M and swam for Texas where she as a student-athlete, setting the bar high at the University of Texas. She was also selected as the 2000 Big XII Freshman of the Year, earned the Leadership Award in both 2001 and 2002 and was selected as the team's Most Valuable Swimmer in 2003. She is also a two-time U.S. National Champion, a World University Games Gold Medalist, a U.S. National silver and bronze medalist, and a two-time U.S. Olympic Trials finalist. **Name this coach?**