

LSC Disability Swimming Workshop

April 2009

Outline

- Welcome!
- Mission of the Disability Swimming Committee
- Opportunities for swimmers with disabilities
 - Inclusion in USA Swimming
 - Paralympic swimming
 - Deaflympics swimming
 - Special Olympics swimming
- Resources/web sites
- Ask our panel of experts

Mission

The mission of the Disability Swimming Committee is the full inclusion of swimmers with a disability in USA Swimming programs





Inclusion in USA-S

- What is inclusion?
- How does USA-S work toward inclusion?
 - USA-S headquarters staff
 - Disability Swimming Committee
 - Other USA-S committees
 - Zone and LSC disability coordinators
- How can swimmers with disabilities get involved?



Paralympic Swimming

Julie O'Neill, US Paralympics

- Eligibility/classification
 - Physical disability
 - 10 classes for free/back/brst/IM
 - 9 classes for brst
 - Sum-of-classes approach for relays
 - Blind
 - 3 classes based on severity of vision loss
 - Sum-of-classes approach for relays
 - Intellectual disability
 - Currently not included in Paralympic swimming



Paralympic Swimming

Julie O'Neill, US Paralympics

- Competitions
 - Quadrennial Summer Paralympic Games
 - World Paralympic Swimming Championships
 - CAN-AM Paralympic Swimming Meets
 - Other competitions
- Governance
 - International Paralympic Committee
 - US Paralympics/US Olympic Committee
- How can swimmers with disabilities get involved?



Deaflympics Swimming

Joanne Weeden

- Eligibility/classification
 - Hearing loss of at least 55 decibels (dB) in the better ear as measured by a 3-tone frequency average at 500, 1000, and 2000 Hertz, ISO 1964 Standard
- Competitions
 - Quadrennial Summer Deaflympics
 - Quadrennial World Deaf Swimming Championships



Deaflympics Swimming

Joanne Weeden

- Governance
 - CISS
 - USA Deaf Sports Federation/US Deaf Swimming
- How can swimmers with who are Deaf get involved?



Special Olympics Swimming

Gail Dummer

- Competitions
 - Quadrennial World Summer Games
 - USA National Games (first ever in 2006)
 - State, area, and local competitions
- Eligibility/classification
 - Intellectual disability, cognitive delay, or developmental disability
 - Age 8 years or older
 - 10% divisioning principle



Special Olympics Swimming

Gail Dummer

- Governance
 - Special Olympics International
 - Special Olympics USA
 - State and area offices
- Other organizations
 - International Sports Federation for People with an Intellectual Disability (INAS-FID)
 - Down Syndrome International Swimming Association (DSISA)



Special Olympics Swimming

Gail Dummer

- How can swimmers with disabilities get involved?

Resources/Web Sites

Resources:

Paralympic Swimming



International Paralympic Cmte
www.paralympic.org



U.S. Paralympics
www.usoc.org
then click on "Paralympic Team"

Resources for swimmers who are:

Blind and Visually Impaired



U.S. Association of Blind Athletes
www.usaba.org

Resources for swimmers with:

Physical Disabilities



Wheelchair Sports USA
www.wsusa.org



Dwarf Athletic Assn
www.daaa.org



Disabled Sports USA
(amputees)
www.dsusa.org



Blaze Sports
(physical & vision disabilities)
www.blazesports.org

Resources for swimmers who are:
Deaf



Deaflympics
www.deaflympics.org



USA Deaf Sports Federation
www.usdeafsports.org



US Deaf Swimming
www.unitedstatesdeafswimming.org/

Resources for swimmers with:
Cognitive Disabilities



Special Olympics
www.specialolympics.org



International Sports Federation for
Persons with an Intellectual Disability
<http://www.inas-fid.org/index.html>



Down Syndrome International
Swimming Organization
www.dsiso.org

Ask Our Panel of Experts
