



Potomac Valley Swimming Competition Committee Meeting

Senior Chair – Aaron Dean

Age Group Chair – Chris Schlegel

October 8, 2024

Zoom Virtual Meeting – 7:00pm

Agenda

1. Call To order
2. Introductions
3. Approval of Minutes from Spring CCM
4. Approval of Agenda (any items to add)
5. Administrative Updates:
 - a. **PVS Attendance Policy Reminders**
 - b. **Board of Directors Introductions & Reports (updates from USAS ABM)**
 - c. **PVS Scholar Athlete Applications Due October 15**
 - d. **PVS Oct/Nov/Jan Open/ Distance**
 - e. **PVS Meet Hosts**
 - f. **Summer Meet Review**
 - g. **Outstanding Athletes of the Year**
 - h. **Coach Awards**
 - i. **Travel Assistance for 2024-2025**
 - j. **14 & Under Short Course Champs Facility**
 - k. **LC 12 & under champs – no 400 free or 400 medley relays for 10u (mixed relay options)**
 - l. **Short Course Qualifying times**
 - m. **Mental Health First Aid (grant available)**
 - n. **Education Grants (application process)**
6. Old Business
 - a. **PVS LC Open Date Change**
7. New Business
 - a. **PVS LC format change**
 - b. **PVS 12&Under/13-14 Champs date change**
 - c. **PVS Meet Schedule for 2025-2026**
8. **Winter Meeting Date: Tuesday, January 14, 7:00pm**
9. **Adjournment**

**Potomac Valley Swimming
Competition Committee Meeting
October 8, 2024
Video Conference**

- See attached for attendance
- Call to Order – The meeting was called to order by CCM Chair, Aaron Dean at 7:02 pm.
- Introductions – Aaron introduced himself, Senior Chair and Chris Schlegel, Age Group Chair, Nichole Erickson and Matt Cohen as the PVS Coaches Representatives. The four of them are members on the board to work for and serve the coaches in PVS.
 - This meeting will be following Robert’s Rules of Order. If you wish to speak on a topic, please raise your hand and wait to be called on. For the sake of time, limits may be enforced.
- Approval of Minutes from Spring Meeting – **Motion to approve the minutes from the Spring CCM, seconded and approved.**
- Approval of Agenda – anything to add?
 - **Motion to approve the agenda as presented, seconded and approved.**
- Administrative Updates
 - PVS Attendance policy review – All clubs are required to attend the House of Delegates meeting in the spring and at least two of the three Competition Committee Meetings, which are held in the fall, winter and spring.
 - Club Official requirements – Clubs are required to have a specific number of Officials based upon their athlete count
 - 26-50 athletes – 1 Official
 - 51-72 athletes – 2 Officials
 - 76-100 athletes – 3 Officials
 - More than 100 athletes is one additional Official per 30 athletes.
 - Please work to be in compliance to avoid fines in the future.
 - Board of Directors introductions and reports
 - General Chair – Cherlynn reported:
 - At the end of September, the USA Swimming, Annual Business Meeting, was attended by a number of PVS Board Members. There were effective meetings and business attended too.
 - Thank you for attending the CCM. As a reminder, all decisions made at the CCM will then go to the Board of Directors meeting for final approval.
 - We will be working on organizing a Swimposium for the spring of 2025. The Board will be looking for ideas of location and topics for the various tracks, athletes, coaches, officials and parents.

- If you have questions or comments for the General Chair please use the [Virtual Mail Box](#) found on the homepage of the PVS Website. Please pass this information to your families as well.
- The Board will be continuing to work on a strategic plan for PVS.
- Thank you for being there for your athletes and all the athletes in PVS.
- Admin Chair – Trish Buswell reported.
 - New equipment manager – PVS has hired a new equipment manager, Kelly Rose McCullough. We are excited to have her working for PVS and know she will do a great job.
- Finance Chair – Ellen Colket reported.
 - PVS is excited to offer each club a \$70 credit, which will be added to their account on January 1, for their USA-S annual fee. All clubs must be in good standing and have no outstanding invoices.
 - All clubs who were members during the 2023-2024 season and in good standing should have received an email with a club credit of \$500. If there is any outstanding money still on the club account on March 31 a check will be mailed for the balance.
 - Equipment Grant Program – We are excited to offer the equipment grant program again for the 2024-2025 season. The Grant is available for up to two clubs to assist in the purchase of timing equipment. Clubs are only eligible to apply for the grant one time in their club's lifetime. Please see the website or reach out to Ellen if there are questions.
 - In the spring of 2024, PVS awarded 10 graduating athletes a \$2000 scholarship. We will be doing it again in 2025, information will be sent out in February.
- Operations Chair – not in attendance.
- Athlete Reps – not in attendance
- Coach Representatives – Matt Cohen reported.
 - Nicole and Matt are working on ways to best communicate with coaches. They will be working on a newsletter for coaches and an online forum.
- Officials Representative – no in attendance.
- DEI Chair – not in attendance.
- Safe Sport Chair – not in attendance.
- Tim Husson – SWIMS –
 - Tim reported he received a note from the webhosting company. Their servers are in Central Florida and preparing for the

hurricane. They have several backups in place and do not anticipate there any issues with their service, but wanted to let all their customers know, just in case.

- SWIMS is continuing to improve every year. USAS knows the reports have been in need of improvement for some time. Over the past few months, they have put together a task force to work on improving the reports. If you have problems with reports, or idea on what reports you need/want, please let Tim know.
- PVS Scholar Athlete App due Oct. 15 – Information on the website – please remind the athletes.
- PVS Oct/Nov/Jan Open/Distance – There are some format changes. 12 & U mixed gender events. We will test this format during the October and November Opens. If things go well, we will continue with the format for January.
- PVS Meet Hosts – As a reminder, we approved new reimbursement rates for clubs hosting meets, at HOD in the spring. Please consider hosting a meet for PVS.
 - We are still looking for hosts for the November Open, January Distance, LC Open 1 & 2 in Virginia and 13 & O LC Champs.
 - To confirm the January Distance meet is at The St. James.
- Summer Meet Review – Feedback
 - LC Open Champs/LC 12 & U Champs/LC 13 & O Champs – all meets host reported the meets ran well and felt the facilities were accommodating, there were good timelines and great swimming.
- Outstanding Athlete of the year – PVS has implemented a new procedure, for selection criteria; Single Age, using the top 4 swims (LC or SCY) power points. Swimmers may only use a LC or SCY version of an event discipline and distance. Using the USAS Power Points the top 4 swims will be considered, the total points will be a sum of the following power points:
 - Swim 1 X .4
 - Swim 2 X .3
 - Swim 3 X .2
 - Swim 4 X .1
 - A list of the top 3 swimmers in each age group was presented for review.
 - **Motion to approve the 2022-2023 PVS Outstanding Athletes as presented, seconded and approved.**
- PVS Distance Award – The policy states the awards shall be given annually to the fastest time (event or intermediate split) swum by a PVS swimmer in sanctioned competition in Women’s 1000 yd Freestyle, Men’s 1650 yd Freestyle, Women’s 800 M LC Freestyle and Men’s 1500 M LC Freestyle.

- Based upon the above criteria the following athletes are the winners:
 - 1000 Free (girls): Lila Sherman (FISH)
 - 1650 Free (boys): Evan Mackesy (RMSC)
 - 800 M Free (girls): Andrea Dworak (RMSC)
 - 1500 M Free (boys): Cooper Kakorchemny (RMSC)
 - It was noted that Aaron feels that this award criteria and policy could benefit a review.
 - Disability Swimmer of the year – This award has not been provided an opportunity for nominations yet. The current policy states:
 - A coach or swimmer must apply for the award
 - Swimmer need not attend any Can-Am Series meet, merely qualify for any of the meets. A maximum of one point awarded in this category.
 - A single swim only earns the highest achievement accomplished with that result.
 - If no swimmers earns any points, the award is not issues, if swimmers should tie with points awards should be presented to both. PVS award 1 male disability award and 1 female disability award.
- Coach Awards –
 - Age Group Coach of year nominations; Coach of the Top Ranking 11-14 year old athletes in USA. The three (3) age group coaches with the highest nationally ranked athletes in the 11-12 and 13-14 age groups during the selection period will be automatic nominees.
 - Peter Ward (MAKO)
 - Matt Cohen (RMSC)
 - Alex Miller (MACH)
 - No additional nominees presented. Each club in attendance were allowed to vote.
 - The Age Group Coach of the year winner: Alex Miller
 - Senior Coach of the Year – Coach of the Top Ranking senior athletes in USA: Three senior coaches with the highest nationally ranked athletes in the senior swimming category of the USA Swimming during the selection period will be automatic nominees.
 - Evan Stiles (AAC)
 - Mel Eldridge (RMSC)
 - Bruce Gemmell (NCAP)
 - No additional nominees presented. Each club in attendance were allowed to vote.
 - Senior Coach of the Year: Evan Stiles.
 - Rising Star Team – Three PVS clubs will be nominated by the COY Nomination Panel based on improvement in the team's Virtual Club

Championship rank or Club Excellence rank compared from the previous season (SCY and/or LCM). Club nominees:

- TOLL
- DCPR
- SDS
- YORK
 - No additional nominees presented. Each club in attendance were allowed to vote.
 - Rising Star Team winner was TOLL
- Future Champion Coach – Leadership and participation at the club, LSC, Zone, Sectional and National level; participation in PVS camps, clinics and events; Community Service involvement; Involvement in other swimming organizations (YMCA, Red Cross, Summer League, etc); Length of Service; or other leadership projects and/or events worthy of recognition. There was one nominee.
 - Eric Collins
- Congratulations to all the winners.
- Travel Assistance 2024-2025 season as presented:
 - Winter JRN - \$700 (Greensboro)
 - Winter USA Open - \$700 (Greensboro)
 - Open Water Nationals - \$600 (Sarasota)
 - Para Nationals - \$600 (Orlando)
 - Summer JRN - \$800 (Irvine)
 - USA Nationals - \$800 (June 3-7 Indianapolis)
- 14 & U SC Champs facility –
 - At UMD during the scheduled for March 13-16, however the Aquatics Center has reported that they will not have enough Lifeguards available to staff the meet. We have a couple options:
 - Switch the location to the Jeff Rouse Facility in Staford on the same weekend.
 - Host at UMD on the scheduled weekend and hire/subcontract our own lifeguards will not know until spring.
 - UMD indicated will need to hire an additional 10 guards over the course of the weekend. Outside companies will be allowed to bid.
 - PAC stated they could secure the 10 guards and they will be able to work with UMD to ensure that all guard receive the proper training per policies from UMD.
 - As long as the training is done at UMD, they will accept the guards.
 - Cost? – who will be paying the lifeguards and how does that affect our contract with UMD?

- The contract for the guard will be paid for by PVS. The contract with UMD will be negotiated with this change in staffing.
 - **Motion to keep the 2024 PVS 14 & U SC Champs at UMD, March 13-16 and to subcontract up to 10 guard to work the meets, seconded and approved.**
- LC 12 & Under Champs – As a point of information, USA Swimming Rule has been reinforced with PVS due to a coach petition, the 400 free and 400 medley relays will not be options in the LC 12 & U champs
 - **Motion to add 200 mixed gender relays to the LC 12 & U Champs to allow for relay opportunities for 10 & U Swimmers, seconded and approved.**
- SC Qualifying Times – cut times have been set. They will be posted shortly.
- Mental Health First Aid – there are grants available to all coaches, up to \$150 for reimbursement to any coach who takes the course. It is a great course as to how to help our athletes in crisis moments.
 - Once the course is complete, the coach can submit the receipt for reimbursement for up to \$150.
 - Type in Mental Health first aid and there is an organization.
 - Information will be posted on the website and sent out to coaches.
 - The Budget line is \$5000 annually.
- Education Grants – The application process is now online. Coaches are encouraged to take a look; applications are still being accepted.
- Old Business
 - PVS LC Open Date Change – There was a proposal to look at changing the PVS LC Open Champs date to allow for better competition. Currently the meet is schedules July 10-13 at UMD, the proposed date is June 26-29 at UMD.
 - **Motion to move the LC Open Champs to June 26-29, seconded, defeated**
 - There was a discussion on the merits of changing the date and keeping the dates as previously scheduled.
 - A number of coaches expressed concern of moving the meet two weeks earlier because due to club facility schedules a number of clubs will have only be practicing in LC pools for two weeks or less.
 - Others felt the change would be good for the PVS senior swimmer and would encourage more to participate in finals, making it more of a “true” championship caliber meet since swimmers will not be heading to higher levels meets right away.
- New Business

- PVS LC format change – in 2019, the LC Champ meet format was changed to the current format of a 12 & U LC Champs, 13 & O LC Champs and Open Champs. Previously the format was LC Age Group Champs (a 14 & U meet), LC Senior Champs and LC Junior Champs in between the prelims and finals of Senior Champs.
 - The proposed format change; move 13-14 champs back to be combined with 12 & Under to create: LC Age Group Champs. Then move the 15 & Over portion of the 13 & Over Champs back to a mid-session of the LC Open Champs, with finals.
 - Motion to recreate LC Age Group Champs starting the summer of 2025, seconded and approved.
- PVS 12 &U/13-14 Champs date change – as a combined meet, the current 3.5-day meet format will be considerably longer. To alleviate this the idea is to move the meet days to four full days; Thursday, Friday, Saturday off, Sunday, Monday, the dates for the meet would be July 10, 11, 13, 14.
 - **Motion to move 14 & U (AG Champs) to July 10, 11, 13, 14 (Saturday off), seconded – withdrawn.**
 - After a brief discussion on the dates, the motion was withdrawn. Would likely have to move later in July – weekend of 20th
 - **Motion to change the AG/14 & U Champs from a 3.5-day meet to a 4 day meet, July 17, 18, 20, 21 (Thursday, Friday, Sunday & Monday), seconded and approved.**
 - While it could be challenging to secure a facility, find Officials and Volunteers, it was noted that the facility (UMD) has already been agreed, the Officials Chair, has indicated this should not be an issue. The only question remaining is whether or not finding timers would be difficult.
 - With there now only being two meets, the assumption is that volunteers will be more available.
- **Motion to move 10 & U timed finals for the LC PVS Champs, seconded and defeated.**
 - After a brief discussion on the merits of no 10 & Under finals, the motion was defeated
- USA Swimming has recently approved the use of 13-14 50s as events in Champs meets. Do we want them added to the PVS Champs meets? (looking for a straw poll)
 - The floor was opened up for a discussion. In general, most coaches were favor, as it allows for more swimming opportunities for the 13-14 swimmers. Currently USAS is not recommending the 50s in strokes for the 15 & Over athletes.
 - Based on 400 relays, there is gray area with recommended and expected. Unless someone files a protest, we are in our right to choose what events we want in our championship meets.

- PVS Meet Schedule for 2025-2026 – See attached.
 - **Proposal to accept dates as proposed, seconded and approved.**
- As a reminder, there are a number of Committees in PVS looking for new members. We will be looking for coaches, parents and athletes to join these committees. Still looking for athletes to be on the athlete committee.
- Winter Meeting Date: Tuesday, January 14, 2025, 7:00 pm – the meeting will be virtual.
- Thank you for all the thoughts, comments, etc. Please reach out the AG/SR Chairs and/or the Coach Reps
- Adjournment – Motion to adjourn.

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CCM Attendance - 2025 Fall Meeting - 10/8/24

AAC	Evan Stiles-AAC (Evan Stiles-)
APEX	Ailynn_APEX
ASA	Robert Walker
ASA	Robert Walker ASA
ASTS	ASTS-Heather
BWST	Gabe BWST
BWST	Gabriel Ibanez (BWST)
CSC	Russ Ramey CSC
DCPR	Rob Green (DCPR) (Rob Green)
DRAG	Dragon
ENSA	Candace Austin (ENSA) (Candace)
ENSA	Carla (ENSA) (Carla)
ERSC	Elite Rays Swim Club
ERSC	Montse's iPhone
FAA	Drew Killian (FAA) (Andrew Killian)
FISH	Bruce Andersen -FISH
FXFX	Matt Salerno - FXFX (Matt Salerno)
HACC	Matt Lear - HACC
LIFE	Dan Rhinehart (LIFE)
MACH	Dan Jacobs (MACH) (Dan Jacobs)
MACH	Jason Cochran MACH (Jason Cochran)
MACH	Greg'(machine) (Greg's iPhone)
MAKO	Erik Collins# Mason MAKOS/GMU (Erik Collins, AG Chair/PVS)
MAKO	Heather Haddock-MASON MAKOS SWIM TEAM
NCAP	Karyn McCannon
NCAP	Jeremy Linn
NCAP	Dory Halbe NCAP (Dory Halbe)
NCAP	Stephen Clendenin (NCAP)
NCAP	Nicole Linn
NCAP	Pete Morgan
NCAP	Tim Kelly
NCAP	iPhone kelly rose
NCAP	Bryce Bohman - NCAP
OCCS	Matt Mast OCCS
PAC	13012547946 - John V
PAVA	Matt Haupt - PAVA Panthers (Matt Haupt)
PM	Bill Marlin
PVS	PVS -GC - Cherlynn Venit (Cherlynn Venit)
PVS	PVS-Aaron Dean
PVS	matthew cohen
PVS	Nicole Erickson
PVS	Tim Husson (Tim Husson)

PVS	Ellen Colket
PVS	Christopher Schlegel
PVS	Trish Buswell
PVS	Coach Mary (Massoumi)
RIPS	Shandras iPhone
RMSC	Mark Eldridge (RMSC)
RMSC	kent williams
RY	Patty Wilson - RY
SA	Justin (Suburban Aquatics)
SDS	SDS - Jared Diallo (Jared Diallo)
STJS	Jessie Bricker (STJS) (Jessie Bricker)
TANK	Priya - TANK & VLAC (Shark Tank Racing Squad)
TIBU	Jorge Silva-TIBU (Jorge Silva)
TOLL	Henry Tollefson - TOLL (Henry Tollefson)
TSAC	David Miller (TSAC)
UN	Reigel Reid
VLAC	Priya Aurora
WEA	Coach Jared Miller - WEA
WSH	Washingtonians (Maryna MacDonald)
YORK	Shelley Gesker (York) (Michelle Gesker)

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2023-2024 PVS Outstanding Athletes

9 year old Girl	Sedona Springer	YORK
9 year old Boy	Jason Xu	RMSC
10 year old Girl	Sara Young	RMSC
10 year old Boy	Arinzechukwu Acholonu	NCAP
11 year old Girl	Kennedy Masten	MACH
11 year old Boy	Brian Sunjaya	RMSC
12 year old Girl	Kennedy Masten	MACH
12 year old Boy	Rafael Fontana	RMSC
13 year old Girl	McKenzie Cory	NCAP
13 year old Boy	Jeremiah Germosen	RMSC
14 year old Girl	Sadie Buckley	MAKO
14 year old Boy	Justin Shi	DRAG
15 year old Girl	Virginia Hinds	ASA
15 year old Boy	Griffin Oehler	RMSC
16 year old Girl	Gwyneth Frick	NCAP
16 year old Boy	Alexander Grocholski	OCCS
17 year old Girl	Emma Redman	FISH
17 year old Boy	Adriano Arioti	RMSC
18 year old Girl	Eleanor Sun	NCAP
18 year old Boy	JT Schmid	NCAP
Open Girls	Tori Huske	AAC
Open Boy	Adriano Arioti	RMSC

2025-2026 PVS Meet Schedule

Meet	2024-2025 Meet Dates	2025-2026	2025-2026 Endorsed Dates
October Open	October 11-13	October 10-12	October 10-12
November Open	November 15-17	November 14-16	November 14-16
January Distance	January 4-5	January 3-4	January 3-4
January Open	January 18-19	January 17-18	January 17-18
February Distance	February 9.	February 8.	February 8.
Junior Champs	March 6-9	March 5-8	March 5-8
Senior Champs	March 6-9	March 5-8	March 5-8
14 & U Champs	March 13-16	March 12-15	March 12-15**
LC Distance	June 14-15	June 13-14	June 13-14
LC Open 1	June 22.	June 21.	June 21.
LC Open 2	June 29.	June 28.	June 28.
LC Open Champs	July 10-13	July 9-12*	July 9-12 - LC Open Champs
LC 12 & U Champs	July 10-13	July 9-12*	July 16 17 19 20 - LC AG Champs
LC 13 & O Champs	July 17-20	July 16-19*	

Proposal #1 (date change)

PVS Long Course Champ Schedule

There was a proposal shared last spring to look at moving the PVS Open Championships to an earlier date to provide additional significance to the competition. In discussions with coaches, it sounds like this change would be a welcome opportunity to facilitate a more committed competition for those in attendance.

Current Summer Dates:

PVS Open – July 10-13

Proposed Summer Dates:

PVS Open – June 26-29

Proposal #2 (format change of summer meets)

In 2019 the format of the summer champs was changed to split up the 13-14 and Junior Champs (15 & over NFT meet) to from the AG Champs (14 & under) and from the middle of senior champs. The concerns heard from members recently share:

The split of 13-14 lowers the 'excitement' of age group swimming

The recent need to move the 13-overs to the same weekend of 12 & unders was a challenge with the split pools in Stafford and College Park.

Proposed format change:

Move the 13-14 champs back combined with the 12 & under champs to create: Summer Long Course Age Group Championships

Move the 15 & over portion of the 13 & over Champs back to a mid session with the PVS Open. Remain p/f with top 2 heats returning for finals & events line up with Open; this would decrease the finals for the Open to 3 heats. This would be a full four day Thursday-Sunday meet.

Proposal #3 (date change for 14 & under champs)

As a combined meet, the sessions will be considerably longer if we stick with a 3.5 day format. To alleviate this and to enable coaches and age group swimmers to support their summer teams, the meet days would be Thursday, Friday, Sunday, Monday with Saturday being an off day and the four full days providing a meet format to support the combined ages.

Current Dates:

PVS 12 & Under – July 10-13

PVS 13 & over – July 17-20

Proposed Dates for 14 & under: July 10, 11, 13 & 14

Sessions: 13-14 prelims/ 12 & under prelims/ 9-14 finals