



**Competition Committee Meeting**  
**Tuesday, May 17, 2022**  
**Video Conference**

- Attendance – see attached
- Call to Order – The meeting was called to order at 7:00 pm by Age Group Chair, Erik Collins.
- Winter CCM Minutes Approval – **Motion to approve the meeting minutes from the 2022 Winter Competition Committee meeting, seconded and approved.**
- Report on USA Swimming Workshop – There were 7 members from PVS that attended the USA Swimming Spring Workshop in April.
  - Erik Collins (Age Group Chair) reported:
    - New Coach Certification:
      - This new coach certification will link with the new SWIMS 3.0. There will be two tracks: one for new coaches and one for existing coaches. This will be a year-long learning program that is broken into core elements: Age Group element, Senior element and Head Coach element. Coaches will accumulate continuing education credits and be able to view them on Deck Pass. There will be more information coming.
      - The current understanding is that these new core elements will take place of the FOC 101 and 201 and will be required.
      - This is a program that USA Swimming has been developing over the last 3 years. Each module is being designed to be roughly 30 minutes, so they do not take too much of anyone's time.
    - Age Group Development 12 & Under Program:
      - This program is designed for 12&U athletes, in 10 week sessions with meets that include 25 and 50s of strokes and are no longer than 2 hours.
      - Erik commented that he feels that while this is a good program, it will be ideal for smaller LSCs, but not sure it will be applicable in PVS.
  - Tim Husson (General Chair) reported that the workshop had three focus areas. 1. New coach 2. DEI 3. New Registration and SWIMS 3.0. There was also a General Chair Session, with General Chairs from other LSC to share ideas on board engagement, recruiting, setting up committees. It was all very beneficial, good conversations.
  - Kelly Rowell (Registrar), reported on the new SWIMS 3.0. All members will now be required to register themselves (parents will register their athletes) and pay the USA Swimming membership fee at the time of registration. We are still waiting to hear if they will pay the PVS membership fee during the registration process as well. Club registration will also be done through the USA Swimming registration portal.
    - This new registration process will start with the new season that starts on September 1 for the 2023 registration year.
    - Kelly recommends that new swimmers be the first to register starting September 1. While a new swimmer will have a 30-day trial period, they will have to be registered to start practicing.



- At the time of the registration with USA Swimming, parents will be able to choose Premium or Flex. 13&O athletes will not be eligible for FLEX. Parents will also be responsible for upgrading their swimmers from FLEX to Premium.
- The PVS Board will decide how at what point the \$28 PVS membership fee will be collected.
- There will be a new portal on the USA S site so clubs will have access to see who is registered. Clubs will be able to give this access to the individuals they choose.
- For Team Unify teams the data exchange with USAS will be available, there will be a “third tab” to help match athletes who are registered for the club and USA-S. USA Swimming is still working with the ACTIVE/Hy-Tek registration system.
- There are still a lot of questions, and the answers are supposed to be coming from USA Swimming.
- Athletes – Tim Husson commented that the three PVS Athletes Reps in attendance at the workshop were fantastic. They were thoughtful, creative, well spoken, and respectful. Many coaches from other LSC commented on how well our athletes handled themselves. The athletes were asked to come up with a project that they can implement within a year. They are planning to work on getting a sanctioned open water meet in PVS.
- Jessica Fry (DEI), reported that she met Leland Brown III, the new DEI Director from USA Swimming, who seems to bring a lot of energy and new ideas. Jess met with other EZ DEI Chairs and talked about some new ideas. One of the presenters was Schuyler Bailer, the first D1 transgender athlete, what he learned through his transition, the struggles, his story. He will be creating an online class to help others learn more about using the right pronouns and interesting to learn more about transgender issues.
  - If there are any coaches or athletes interested in being on the PVS DEI Committee, please contact Jessica.
- PVS Coaches for 2022 LC Zones Voting - The EZ had their meeting this past weekend. We now have a host for the Summer LC Age Group meet in Ithaca, August 3-6. The Senior Zone meet will be in Pittsburgh, August 4-7. All qualifying times have been posted
  - PVS will send a Team Manager, Head Coach and 6 Assistant Coaches to the Age Group Meet, however, we will not travel as a team. Each family will be responsible for all travel and accommodations. Dory Halbe (NCAP) has been named the team manager for this year. There are 7 coaches who are interested in being coaches for the Zone Team: Stephen Clendenin (NCAP), Kyle McDaniel (NCAP), Kelly Rose McCullough (NCAP), Alyssa Knauf (FXFX), Rich Romero (HAC), Jared Diallo (SDS), Gabrielle Trainor (RMSC).
    - Each coach gave a brief introduction of themselves.
    - **Motion to accept Stephen Clendenin as the AG Zone Head Coach, seconded and approved.**
    - **Motion to accept Kyle McDaniel as Zone assistant coach and Kelly Rose McCullough, Alyssa Knauf, Rich Romero, Jared Diallo and Gabrielle Trainor as zone coaches, seconded and approved.**
  - 2022-2023 PVS Club Meet Schedule – final call for new meets
    - FXFX Pirate Pacer requested to change their date to March 18-19
    - ASTS requested to add a new meet to the schedule at Bowie State [January 7-8]– Bowie State Invitational



- FISH requested to remove Spring Fever – April 1-2.
  - **Motion to accept the changes and addition to the 2022-2023 Club meet schedule, seconded and approved.**
- Athlete Reimbursement – Evan Stiles reported:
  - Open Water Nationals – There was one swimmer from OCCS, 2 from NCAP, applied and all paperwork has been submitted to Kim. Payments are on the way.
  - World Champ Team Trials – Currently we have received NCAP and AAC applications. All applications have been sent to Kim Bullers for reimbursement.
- Brainstorming on 2023 SC Junior and Senior Champs – There has been some thought and discussion that PVS look at making changes to our short course championship meets. Any changes made will be for the 2024 short course season. We are looking for ideas that will better serve our senior and junior athletes, different dates, new format, etc. We would like to start with some ideas now, continue discussion throughout the summer and then bring it back at the Fall CCM for a final decision.
  - There were a lot of ideas and a great discussion, here are a few of the ideas:
    - One meet, tiered with finals; top 16, then do one additional heat 17 year olds, 16, year olds and 15 & Under.
      - this should help serve the better athletes. There will be a number of scratches, but this might keep the finals more fair by going to the next fastest swimmers.
  - Date change ideas: Moving the meet to sometime in December or January.
    - a December Senior Champs meet might help keep all Senior Swimmers on the same page. This will affect all the clubs who host their own December meets.
    - By changing the date, we could have a “true” Senior Champs, not trying to serve all 15&O. Then serve the others later in the season, like we do now in March.
- Mental Health Program: task force – Evan Stiles is working on starting a Mental Health Program, and there is now a budget line item for it. Evan has been in touch with Samantha Livingstone, a former Olympian who is a mental health expert. She wants to work with PVS and help us be the first LSC to have a mental health program. Evan is working on a schedule for the next year. If you are interested in being on the task force to help with this program, please let Evan know.
  - It will be a program that will be throughout the year and hopefully continue from year to year. As coaches we deal with mental health issues all the time. Covid was particularly bad, not only for the swimmers, but coaches as well. Maybe this is a life issue, but it translates well to swimming. Evan’s goal is to take care of the person first and then hope it translates to swimmers.
- New Coaches Representative as of September 1 – Aaron Dean, OCCS.
- SCY Qualifying Times for the LC AG Zones – The Eastern Zone decided for this year to allow SCY Qualifying Times since there are some areas that have had limited Long Course water time.
  - Erik and Dory will discuss and get the application information out shortly.
- If you did not get your Safe Sport banner let Greg know and he will assist in getting a banner made.
- The meeting was adjourned at 8:50 pm

Name	Team
Tim Husson	PVS
Terri Marlin	PVS
Erik Collin	PVS
Kelly Rowell	PVS
Carolyn Kotarski	PVS
Trish Buswell	PVS
Evan Stiles	AAC
Ailynn Park	APAC
Robert Walker	ASA
Dominique Banks	ASTS
Gabriel Ibanez	BWST
Russ Ramey	CSC
Rob Green	DCPR
Anise Foreman	ERSC
Andrew Killian	FAA
Manga Dalizu	FAST
Nicole Erickson	FISH
Matt Salerno	FXFX
Richard Romero	HACC
Joseph Flaherty	JFD
Dan Rhinehart (LIFE)	LIFE
Moons Aquatics Club ..	MAC
Dan Jacobs	MACH
Greg York	MACH
Heather Haddock	MAKO
Lynne Gerlach	MSSC
Dory Halbe	NCAP
Karyn McCannon	NCAP
Jessica Fry-Mack	NCAP
George "Kyle" McDaniel	NCAP
Kristen Washburn	NCAP
Thomas Ugast	NCAP
Peter Morgan	NCAP
Stephen Clendenin	NCAP
Aaron Dean	OCCS
Cherlynn Venit (Venit)	PAC
Corey Wallace	PGPR
Shandra Richardson	RIPS
Kent Williams	RMSC
Mark Eldridge	RMSC
Patty Wilson - RY (Patty Wilson)	RY
Ian Handerhan -- SDS	SDS
Teresa Meike	SNOW
Priya Aurora	TANK
Jorge Silva	TIBU
Henry Tollefson	TOLL

Shawn Mansfield	VLAC	
Shelley Gesker (York) (Michelle Gesker)	YORK	
gabrielasuarez	?	
DJR iPhone	?	
Megan Moon	?	
jk	?	4 minutes on the call
Alex Miller	?	5 minutes on the call

## PVS 2022-2023 Meet Schedule

Date	Meet	Host	Location
Oct. 1	PAC All Freestyle	PAC	Fairland
Oct. 1-2	MAKO Fall Invite	MAKO	GMU
Oct 1-2	Distance Run	MACH	The St. James
Oct. 1-2	Freestyle Fartlek	OCCS	OSA
Oct. 7-9	JP Popovich Memorial Invite	SNOW	Claude Moore
Oct. 8-9	Harvest Moon	HACC	Herndon CC
Oct 14-16	October Kick off (Dual or Intra)	RMSC	GISC
Oct. 14-16	<b>October Open</b>	PVS	various
Oct. 22-23	Medley Mayhen	OCCS	OSA
Oct. 22-23	Monster Mash	SDS	South Run
Oct. 22-23	Ghouls and Goblins Mini	PM	Audrey Moore
Oct. 29	Trick or Treat Mini	DCPR	Turkey Thicket
Oct. 29-30	AAC Fall Gator Meet	AAC	Long Bridge
Oct. 29-20	Loughmiller Memorial	FXFX	Colgan HS
Oct. 30	Rockhopper Penguin (10 & U)	PAC	Fairland
Nov 4-6	Autumn Challenge	RMSC	MLK
Nov. 4-6	Marlin Invitational	PM	UMD
Nov. 5-6	Medley Extreme	OCCS	OSA
Nov. 5-6	MAKO Gobble Gobble	MAKO	GMU
Nov. 5-6	November Distance	DCPR	Takoma
Nov. 6	Nov. Friendship Mini Meet	YORK	Providence
Nov. 11-13	<b>November Open</b>	PVS	various
Nov 11-12	Autumn Mini Meet	RMSC	OSC
Nov. 12-13	Distance Meet (Dual or Intra)	RMSC	OSC
Nov. 18-20	Swim & Rock	SDS	Oak Marr
Nov 18-20	November Invitational (Dual or Intra)	RMSC	GISC
Nov. 18-20	Fall Festival	OCCS	Freedom Center
Nov. 19-20	Odd Ball Challenge	FAST	Fairland
Nov. 20	Pilgrim Mini	NCAP	Dulles South
Dec. 1-4	Winter Classic	PM	GMU
Dec. 1-4	Turkey Claus	MACH	UMD
Dec. 2-4	Christmas Champs	MSSC	Fairland
Dec. 3-4	Reindeer Mini Meet	YORK	Providence
Dec. 8-11	NCAP Invite	NCAP	UMD
Dec. 10-11	MAKO Holiday Invite	MAKO	GMU
Dec. 15-18	Holiday Invite	RMSC	GISC
Dec. 17	Splash and Dash	FAST	Fairland
Dec. 18	Candy Cane	NCAP	Freedom Center
Jan. 7-8	<b>January Distance</b>	PVS	St. James
Jan. 7-8	Polar Bear	SDS	South Run
Jan. 7-8	AAC LC Invite	AAC	Long Bridge
Jan. 8	Frosty Pentathlon Mini Meet	RMSC	GISC
Jan. 13-15	Green & Orange Bowl	MACH	Madeira
Jan. 14-15	Winter Wonderland	OCCS	OSA

Jan. 14-15	Snow Dude Mini	PM	Mt. Vernon
Jan. 14-15	MAKO Polar Plunge	MAKO	GMU
Jan. 14-15	IMXperience	DCPR	Takoma
Jan. 20-22	Janaury Invitational (dual or intra)	RMSC	GISC
Jan. 21-22	<b>January Open</b>	PVS	various
Jan. 27-29	IMX	PM	UMD
Jan. 29	Polar Pentathlon	NCAP	Dulles South
Jan. 29	Little Blue Penguin Pentathlon (10 & U)	PAC	Fairland
Feb. 4-5	MAKO February Qualifier	MAKO	GMU
Feb. 4-5	Gender Blender Mini Meet	RMSC	KSAC
Feb. 4-5	Super FISH Bowl	FISH	Spring Hill
Feb. 5	Emperor Penguin Pentathlon (11 & O)	PAC	Fairland
Feb. 5	Feb. Friendship Mini Meet	YORK	Providence
Feb. 5	February Qualifier	SNOW	Dulles South
Feb. 11-12	14 & U JO Qualifier	PM	Cub Run
Feb. 12	<b>February Distance</b>	PVS	Fairland
Feb. 12	Munchkin Mania	FAST	Fairland
Feb. 17-19	36th Black History Invite	DCPR	Takoma
Feb. 17-19	Machine Qualifier	MACH	Madeira
Feb 17-19	NCAP Qualifier	NCAP	WARF
Feb. 17-19	Presidents Day Classic	OCCS	Freedom Center
Feb. 17-19	<b>18 &amp; U Qualifier</b>	PVS	Lee District
Feb. 18-19	AAC Winter Gator	AAC	Long Bridge
Feb. 24-26	February Invitational	RMSC	MLK
Feb. 25-26	Forty Niner Meet	FXFX	Colgan HS
Feb. 25-26	Mini Champs	NCAP	Freedom Center
Mar. 2-5	<b>Junior Champs</b>	PVS	UMD
Mar. 2-5	<b>Senior Champs</b>	PVS	UMD
Mar. 4-5	Mini Championships	RMSC	OSC
Mar. 9-12	<b>14 &amp; U JOs</b>	PVS	UMD
Mar. 17-19	Cherry Blossom SC Champs	PAC	Fairland
Mar. 18-19	MAKO Spring Fling	MAKO	GMU
Mar. 24-26	March Madness	YORK	Oak Marr
Mar. 24-26	Spring Champs	MSSC	Fairland
Mar. 24-26	Spring Finale	RMSC	GISC
Apr. 1-2	PM Earth Day 10 & U rumble	PM	Colgan HS
Apr. 1-2	FISH LC Spring Fever	FISH	
Apr. 15	Spring Penguin Meet (10 & U)	PAC	Fairland
Apr. 15-16	Pirate Pacer Meet	FXFX	Colgan HS
Apr. 22-23	Spring Sprints	SDS	South Run
Apr. 28-30	Machine LC Classic	MACH	The St. James
Apr. 29	Dive into Spring LC Meet	PAC	Fairland
May 4-5	SNOW Spring Sprint Festival	SNOW	Dulles South
May 5-7	Spring Splash LC	OCCS	Freedom Center
May 6-7	The FISH Derby	FISH	GMU
May 6-7	SNOW LC Classic	SNOW	Dulles South
May 6-7	Early Bird LC	MSSC	Fairland

May 12-14	Spring LC Classic (dual or Intra)	RMSC	KSAC
May 13-14	Mini Olympics	MACH	Madeira
May. 13	Summer Splash SC	PAC	Fairland
May 19-21	VA State LC Champs	PM	The St. James
Jun. 2-4	NCAP Elite Qualifier	NCAP	Jeff Rouse
Jun. 3-5	Maryland States	RMSC - Rock	Rockville
Jun. 4-5	June Invitational	FISH	The St. James
Jun. 4-5	Summer Solstice	FXFX	GMU
Jun. 10-11	<b>LC Distance</b>	PVS	
Jun. 15-18	SNOW LCM prelims/finals invite	SNOW	Claude Moore
Jun. 18	<b>LC Open 1</b>	PVS	various
Jun. 23-25	June LC Tune up (dual or intra)	RMSC	KSAC
Jun. 25	<b>LC Open 2</b>	PVS	various
Jul. 13-16	<b>LC Open Champs</b>	PVS	
Jul. 13-16	<b>LC 12 &amp; U Champs</b>	PVS	
Jul. 20-23	<b>LC 13 &amp; O Champs</b>	PVS	