## December 16, 2013

To the Member of the Board,

We have just received the exciting news that we will be able to join you in making a positive difference in the Potomac Valley Swim League. Trey, Carina, and I have not met in person; however, we have exchanged emails on possible ideas and to learn about each other. We have brain stormed and have come up with some ideas to start. Trey would like for there to be a distance clinic, or something similar, to get athletes more involved in this area of swimming. Carina has expressed interest in bringing in an Olympic athlete for stroke clinics to motivate younger swimmers. I, myself have recently started to expand into open water swimming and have enjoyed it immensely. I swam in a Wave One event in September and saw several swimmers from PVS either trying it for their first time or repeating. I would like PVS to work with Kurt Thiele to develop open water clinics and completions for athletes. Other ideas that I would like to pursue include developing a page for swimmers on the website with different topics such as the quote of the week, featured photos, and tips on nutrition or strokes. Lastly, I believe that we should make athletes aware of the anti bullying policy of PVS, ensuring that everyone can easily report an incident. While we know our list is ambitious, we hope that as our mentors you will support us in our quest to represent our friends and teammates.

Sincerely,

Trey, Carina, and Murphy