

**Potomac Valley Swimming  
Coaches Representative Report**

**March 2011**

**PVS Senior / Junior Champs** – Every coach I spoke with seemed pleased with the way both meets were run. The only suggested change was that at finals we run A, B, and C heats for the Senior Champs meet and only an A heat for the Junior Champs competition. The officials did a great job balancing the competitions and both were very well run.

**Yuri Suguiyama**