



# PVS 2026 Short Course Open Championships

March 5-8, 2026  
Sanction # PVS-26-85

Hosted for PVS by:



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| MEET DIRECTOR<br><b>Patuxent Aquatic Club</b><br><b>John Venit &amp; Cherlynn Venit</b><br><a href="mailto:patuxentswim@gmail.com">patuxentswim@gmail.com</a> | MEET REFEREE<br><b>Bill McMahon</b><br><a href="mailto:wjmcMahon@verizon.net">wjmcMahon@verizon.net</a> | ADMINISTRATIVE REFEREE<br><b>Jonalyn Greene</b><br><a href="mailto:jonalynw@gmail.com">jonalynw@gmail.com</a> | ENTRY CHAIR<br><b>Cherlynn Venit</b><br><a href="mailto:patuxentswim@gmail.com">patuxentswim@gmail.com</a> |
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| <b>SANCTION</b>       | <ul style="list-style-type: none"><li>• Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVS-26-85</b>.</li><li>• In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Patuxent Aquatic Club and University of Maryland, Eppley Recreation Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>  |
| <b>FACILITY</b>       | <p><b>University of Maryland College Park Campus</b><br/><b>Eppley Recreation Center</b><br/>College Park, MD 20740<br/>(301) 226-4400</p> <ul style="list-style-type: none"><li>• The competition pool at the University of Maryland is 50m x 25yd with two moveable bulkheads. There are two (2), eight (8) lane 25yd competition courses.</li><li>• Competition will be held in two courses for Thursday and all prelims sessions with one gender swimming in each course.</li><li>• The shallow end course runs wall to bulkhead and is 8' deep at the starting end and 10'6" deep at the turning end.</li><li>• The deep end course runs from bulkhead to wall and is 10'6" deep at the starting end and 14' deep at the turning end.</li><li>• Finals will run in the shallow end course only.</li><li>• Seven lanes of continuous warm down will be available.</li><li>• The meet host will ensure the required course dimensions.</li></ul> |
| <b>PARKING</b>        | <ul style="list-style-type: none"><li>• Parking information will be posted on the <a href="#">Potomac Valley Swimming website</a>.</li></ul>  |
| <b>ENTRY DEADLINE</b> | <p><b>Tuesday, February 24, 2026, 5:00pm</b></p> <ul style="list-style-type: none"><li>• <b>IMPORTANT:</b> The above date is the deadline for clubs to submit their entries to the Entry Chair. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</li><li>• Late entries will be accepted for a fee of \$150 per club plus two times the event entry fee. Deadline for late entries is Monday, March 2, 2026, at NOON.</li></ul>  |

| SCHEDULE                   |  | Warm Up  | Events |
|----------------------------|--|--|--------|
|                            | <p><b>Thursday, March 5</b></p> <p>Timed Finals</p> <p><b>Friday March 6</b></p> <p>Preliminary Session</p> <p>Finals Session</p> <p><b>Saturday &amp; Sunday, March 7 &amp; 8</b></p> <p>Preliminary Session</p> <p>Finals Session</p>  | <p>4:30 - 5:30pm</p> <p>5:40pm</p> <p>7:00 – 8:20am</p> <p>8:30am</p> <p>4:30 – 5:30pm</p> <p>5:40pm</p> <p>7:00 – 8:20am</p> <p>8:30am</p> <p>3:20 – 4:20pm</p> <p>4:30pm</p> |        |
|                            | <ul style="list-style-type: none"> <li>Meet Director, with concurrence of the PVS Senior Chair, reserves the right to adjust times/sessions after entries are received.</li> </ul>   |  |        |
| ELIGIBILITY                | <ul style="list-style-type: none"> <li>Open to all Potomac Valley Swimming registered athletes and invited USA Swimming Athletes.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>Swimmers shall compete at the age attained on the first day of the meet.</li> <li>Non-PVS Clubs interested in participating should request an invitation from the PVS Senior Chair, Aaron Dean, <a href="mailto:SeniorChair@pvswim.org">SeniorChair@pvswim.org</a></li> <li><b>Non-PVS Clubs will not be permitted to qualify for the D, E, and F final in any event.</b></li> <li>Swimmers must have equaled or bettered the applicable Qualifying Time listed. Qualifying times must have been achieved on or after February 24, 2024. Qualifying times must have been achieved in a USA-Swimming sanctioned, observed, or approved meet.</li> </ul>   |  |        |
| SWIMMERS WITH A DISABILITY | <ul style="list-style-type: none"> <li>PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any requested accommodations or modifications prior to competition.</li> </ul> <p><a href="#">NECESSARY ACCOMMODATIONS FORM</a></p>   |  |        |
| INCLEMENT WEATHER          | <ul style="list-style-type: none"> <li>In the event of inclement weather, the Meet Director, Meet Referee and PVS Senior Chair will work with the facility manager to make any necessary changes. Information will be posted on the PVS web site and/or a Flash Mail will be sent out.</li> </ul>  |  |        |
| TIMING SYSTEM              | <ul style="list-style-type: none"> <li>Automatic Timing (touchpads primary) will be used.</li> </ul>   |  |        |
| RULES                      | <ul style="list-style-type: none"> <li>Current USA Swimming rules shall govern this meet.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>No on-deck USA Swimming registration is permitted.</li> <li>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>Deck changes are prohibited.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools,</li> </ul> |  |        |

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|                                | <p>athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <ul style="list-style-type: none"> <li>• Dive-over starts will be used during the preliminary and timed finals sessions.</li> </ul>  |
| <b>INDIVIDUAL EVENT RULES</b>  | <ul style="list-style-type: none"> <li>• All individual events are prelims/finals, except for the 1000yd and 1650yd Freestyle events which are timed finals.</li> <li>• Top forty-eight (48) qualifiers from prelims advance to finals in all events 100 yards and shorter with the following limitation: <ul style="list-style-type: none"> <li>◦ D, E &amp; F heats may only be eligible for swimmers 16 years and under</li> </ul> </li> <li>• Top forty (40) qualifiers from prelims advance to finals in all events 200 yards with the following limitation: <ul style="list-style-type: none"> <li>◦ D &amp; E heats may only be eligible for swimmers 16 years and under</li> </ul> </li> <li>• Top twenty-four (24) qualifiers from prelims advance to finals in the 400 IM and 500 free. <ul style="list-style-type: none"> <li>◦ C heat may only be eligible for swimmers 16 years and under</li> </ul> </li> <li>• A swimmer may enter as many events as they qualify for but may compete in a maximum of 7 individual events and no more than 3 individual events per day.</li> <li>• Entry times will be verified through SWIMS. Coaches will be asked to provide proof of times when asked by the Meet Entry Chair for any time not found in SWIMS. Failure to prove such a time before the event will result in the swimmer being scratched from that event.</li> <li>• Distance Entries: Any swimmer who qualifies for the 1000 yd and/or 1650 yd freestyle events may enter at their fastest time or at the Time Standard.</li> <li>• Swimmers must provide their own counters (if desired) for the 500, 1000, and 1650 freestyle events.</li> <li>• Late entries will be accepted for a fee: \$150 per club plus two times the entry fee no later than Monday, March 2 by 12:00pm.</li> <li>• No deck entries will be accepted.</li> </ul> |
| <b>RELAY EVENT RULES</b>       | <ul style="list-style-type: none"> <li>• All relay events are timed finals.</li> <li>• A club may enter up to 2 relay teams per relay event, Relays will not be scored. The 200 yd Freestyle and Medley relays will be swum during the preliminaries session. The 400 yd Freestyle and Medley relays will be swum during the finals session.</li> <li>• The fastest heat of the 800 yd Freestyle Relay will be swum in the finals session and the slower heats in the preliminary session. When checking in for the 800 yd Freestyle Relay, a club may indicate they want to swim in the preliminary session.</li> </ul>   |
| <b>WITHDRAWING FROM FINALS</b> | <ul style="list-style-type: none"> <li>• National Championship scratch rules (USA Swimming Rules and Regulations, Rule 207.11.6) apply for swimmers scratching from finals.</li> <li>• If you do not want to swim in the Final, you must “scratch” from the event by following this procedure: <ul style="list-style-type: none"> <li>◦ You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers for “A”, “B”, “C”, “D”, “E”, and “F” finals, if scheduled.</li> <li>◦ You may declare intent to “scratch”. You must fill out and sign a PVS Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for “Intent”. If you declare an “intent to scratch” and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event.</li> </ul> </li> <li>• If an athlete fails to properly scratch from an event and does not appear for the “Final” event, they shall be barred from further competition for the remainder of the meet.</li> </ul>  |

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| <b>SEEDING AND POSITIVE CHECK IN</b> | <ul style="list-style-type: none"> <li>The 400 yd IM, 500 yd Free, 1000 yd and 1650 yd Freestyle events and the 400 yd and 800 yd relay events are positive check in events. Athletes and relay teams must check in by the check-in deadline for the event in order to be seeded into the event. Athletes and relay teams not checked-in will not be seeded into the event. When checking in for the 1650 yd Freestyle and the 800 yd Freestyle Relay athletes/clubs may indicate they want to swim in the preliminaries session.</li> <li>All positive check-in and scratch deadlines listed below are based on the published meet schedule. <b>In the event of a delay to the meet timeline, the Meet Director, in consultation with the Meet Referee, reserves the right to modify check-in and/or scratch deadlines as necessary. Any changes will be announced and posted at the meet.</b></li> <li>All other events will be seeded after the scratch and/or positive check-in deadlines listed below in accordance with USA Swimming Rules and Regulations, Rule 207.11.6(C). In all preliminary events, or in any timed final event for which a swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer is entered and has not been scratched in accordance with the deadlines listed below shall be barred from all further individual and relay events for that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares intent to swim prior to the scratch deadline for that day's events.</li> </ul> |
|                                      | <b>Check-In / Scratch Deadlines</b>  |
|                                      | <ul style="list-style-type: none"> <li>Check-in deadline for <b>Thursday 1000 yd Freestyle</b>: Thursday at <b>5:00 PM</b></li> <li>Scratch deadline for <b>Friday events</b> and positive check-in for <b>400 yd IM and 800 yd Freestyle Relay</b>: Thursday, <b>6:10PM</b></li> <li>Scratch deadline for <b>Saturday events</b> and positive check-in for <b>500 yd Freestyle and 400 yd Medley Relay</b>: Friday, <b>5:00PM</b></li> <li>Scratch deadline for <b>Sunday events</b> and positive check-in for <b>400 yd Freestyle Relay and 1650 yd Freestyle</b>: Saturday, <b>5:00PM</b></li> <li>SCY entry times are conforming times for this meet. LCM entry times are non-conforming times and will be seeded after SCY entries. <b>No time (NT) entries will not be accepted. If a swimmer does not have a time in the 50 breast, 50 fly or 50 back they may enter at their 100 time of the same stroke as a bonus entry.</b></li> <li><b>Bonus entries will be seeded last.</b></li> <li>The preliminaries of the 500 yd Freestyle and the 400 yd Individual Medley will be swum as follows: If there are seven (7) or more heats in a gender, the four fastest heats for that gender will be swum slow-to-fast. All remaining heats for that gender will be swum fast-to-slow. If there are six (6) or fewer heats in a gender, all heats for that gender will be swum slow-to-fast.</li> </ul>   |

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|                               | <ul style="list-style-type: none"> <li>○ Swimmers may only bonus the 1000 free if they have the 1650 free qualifying time and may only enter the 1650 free as a bonus if they have achieved the 1000 free qualifying time.</li> <li>○ Swimmers may <b>only enter the 500 yd Freestyle and/or the 400 yd Individual Medley as bonus events</b> if they have achieved a qualifying time in <b>any one</b> of the following events: <b>500 yd Freestyle, 400 yd Individual Medley, 1000 yd Freestyle, or 1650 yd Freestyle.</b></li> <li>● Athletes entering bonus events may compete in no more than the maximum number of individual events per day (3) or the meet (7).</li> <li>● All bonus entries <b>MUST</b> be designated as bonus entries in the entry file.</li> </ul>   |
| <b>TIME TRIALS</b>            | <ul style="list-style-type: none"> <li>● Time Trials will be held following the completion of the timed finals session on Thursday and after the completion of the preliminaries sessions on Friday, Saturday and Sunday, time permitting</li> <li>● Athletes must compete in <b>at least one individual event</b> in order to be eligible for time trials.</li> <li>● Eligible athletes may enter <b>one (1) time trial per session</b>, not to exceed <b>two (2) total time trials for the meet</b>, provided participation does not cause the athlete to exceed the <b>three (3) individual events per day</b> limit.</li> <li>● <b>The time trial fee is \$15/attempt; cash or check made out to PVS due at the time of sign up.</b></li> <li>● The order of time trial events will be those events contested that day followed by those events remaining to be contested, followed by those events already contested, except that time trials for the 1000 yd and 1650 yd Freestyle will only be offered on Thursday.</li> <li>● Time Trial events may be combined and re-ordered to maximize lane usage.</li> </ul> |
| <b>WARM-UP</b>                | <ul style="list-style-type: none"> <li>● The prescribed PVS warm-up procedures and safety policies will be followed.</li> <li>● Warm-up will include general warm-up, sprint, and pace lanes, with final lane assignments and timing determined by the Meet Director.</li> <li>● During the meet there will be continuous warm-up/cool-down lanes. Marshals will be assigned to monitor these areas. If at any time conditions become unsafe, the area will be closed for the remainder of the session.</li> </ul>  |
| <b>SUPERVISION</b>            | <ul style="list-style-type: none"> <li>● Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.</li> <li>● No chairs will be allowed on deck for athletes. Coaches' chairs will be permitted pending enough safe deck space is available.</li> </ul>   |
| <b>MEDICAL ASSISTANCE</b>     | <ul style="list-style-type: none"> <li>● Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.</li> </ul>   |
| <b>SCORING</b>                | <ul style="list-style-type: none"> <li>● Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1</li> <li>● Relays: No score for relays will be kept</li> </ul>  |
| <b>AWARDS</b>                 | <ul style="list-style-type: none"> <li>● Awards will be presented to the top three individual finishers in the A final</li> </ul>   |
| <b>PROGRAMS</b>               | <ul style="list-style-type: none"> <li>● The meet will be available on Meet Mobile. Programs will be posted on the <a href="#">PVS website</a>.</li> </ul>  |
| <b>SPECTATOR ENTRY FEE</b>    | <ul style="list-style-type: none"> <li>● Spectators are not permitted on the competition pool deck. Spectator seating will be available on a <b>first-come, first-served basis</b>, provided that all required volunteer positions are filled to run the meet. <b>Spectator entry fees are as follows:</b> <ul style="list-style-type: none"> <li>○ All session pass: \$20.00 – includes entry for all preliminary and finals sessions</li> <li>○ Individual session pass: \$5.00</li> <li>○ All siblings are FREE</li> <li>○ Thursday Distance session of the PVS SC Open is FREE</li> </ul> </li> </ul>   |
| <b>CREDENTIALS</b>            | <ul style="list-style-type: none"> <li>● Individuals not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.</li> </ul>  |
| <b>PUBLICATION OF RESULTS</b> | <ul style="list-style-type: none"> <li>● By entering this meet, participants (and their parents or guardians, if applicable) acknowledge and consent to the posting of official meet results on the Potomac Valley Swimming (PVS) website. Athlete birthdates will not be included in any posted results. Meet results may be accessed by third-party organizations or applications that use publicly available swimming data for purposes such as rankings, recruitment, or goal tracking</li> </ul>   |

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|--|---|--------------------------------|--------------------------|-------------------------------|------------------|--|--|
| <b>OFFICIALS</b>   | <ul style="list-style-type: none"> <li>• This meet will be an Officials Qualifying Meet, under the USA Swimming National Certification program.</li> <li>• Officials wishing to volunteer should submit an <a href="#">Application to Officiate</a>. Any official interested in being evaluated must submit an Application to Officiate no later than February 17, 2026, noting the request for evaluation. You can review information about the National Certification Program on the <a href="#">USA Swimming Website</a>. Interested officials may also contact the Meet Referee: <a href="#">Bill McMahon</a>. Walk-on officials are welcome.</li> <li>• Each participating club is requested to provide at least one table worker or official (referee, starter or stroke &amp; turn judge) per session if entering 25 or more splashes.</li> </ul>  |                                |                          |                               |                  |  |  |
| <b>TIMERS</b>  | <ul style="list-style-type: none"> <li>• All clubs are expected to provide timers in proportion to their entries. The Meet Director will assign timer requirements to each club after entries have been received. The Meet Director will notify clubs of their timer requirements by email.</li> <li>• <b>Clubs MUST provide name, email address and cell phone number to the Meet Director for all timers covering the club's timer requirements NO LATER THAN 5:00 PM, WEDNESDAY, MARCH 4, 2026.</b></li> <li>• Clubs are responsible for ensuring their timer requirements are met for the ENTIRE SESSION – including providing replacement timers if needed.</li> <li>• Timers should report to the timers meeting 30 minutes before the start of each session.</li> <li>• All swimmers are required to provide a timer and a counter (if desired) for the 1000 yd and 1650 yd Freestyle events on Thursday afternoon and Sunday morning.</li> <li>• All swimmers are required to provide a timer for the 400 yd Individual Medley during preliminary sessions.</li> <li>• All swimmers are required to provide a timer and a counter (if desired) for the 500 yd Freestyle during preliminary sessions.</li> <li>• <b>In a case where a team does not fulfill their timer assignments, coaches will be thrust into the volunteer role until filled by a volunteer from their team.</b></li> </ul>  |                                |                          |                               |                  |  |  |
| <b>ENTRY PROCEDURES</b>  | <ul style="list-style-type: none"> <li>• All entry files must be sent to the Entry Chair, Cherlynn Venit: <a href="mailto:patuxentswim@gmail.com">patuxentswim@gmail.com</a></li> <li>• Conforming (SCY) and Non-Conforming (LCM) times may be used for entry. Conforming times will be seeded first.</li> <li>• Individual Entries: Any qualifying time in the national database swum within the qualifying period may be used for entry.</li> <li>• Bonus events must be designated as bonus events prior to submitting entry files. Events not submitted as bonus events not meeting the time standard will be scratched with no notice.</li> <li>• <b>Proof for times annotated as unproven (*) must be provided to the Administrative Referee prior to the scratch deadline, or the swimmer will be scratched from that event.</b></li> <li>• Relay Entries: Ensure “relay only” athletes are included in the team entry roster. <ul style="list-style-type: none"> <li>◦ There are no qualifying times for the 200 yd relays.</li> </ul> </li> <li>• Teams Entering Unattached Athletes: Teams may enter athletes with an unattached status.</li> <li>• Individual Unattached Athletes may enter individually. <ul style="list-style-type: none"> <li>◦ Payment for unattached athletes is due in advance of the start of the meet. Contact the Meet Entry chair for payment instructions.</li> </ul> </li> <li>• Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.</li> </ul> |                                |                          |                               |                  |  |  |
| <b>ENTRY FEES</b>  | <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; text-align: center; padding-bottom: 5px;">Per Swimmer Surcharge: \$10.00</td> <td style="width: 50%; text-align: center; padding-bottom: 5px;">Relay event fee: \$20.00</td> </tr> <tr> <td style="text-align: center; padding-bottom: 5px;">Individual event fee: \$12.50</td> <td style="text-align: center; padding-bottom: 5px;">Deck entries: NA</td> </tr> <tr> <td colspan="2" style="text-align: center; padding-top: 5px;">• Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due</td> </tr> </table>  | Per Swimmer Surcharge: \$10.00 | Relay event fee: \$20.00 | Individual event fee: \$12.50 | Deck entries: NA | • Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due |  |
| Per Swimmer Surcharge: \$10.00   | Relay event fee: \$20.00  |                                |                          |                               |                  |  |  |
| Individual event fee: \$12.50  | Deck entries: NA  |                                |                          |                               |                  |  |  |
| • Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due |   |                                |                          |                               |                  |  |  |

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|  | upon receipt of invoice. The invoice will outline the methods of payment and where to send a check. |
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# PVS 2026 Short Course Open Championships

March 5-8, 2026

## Thursday, March 5, 2026

Warm up: 4:30-5:30 pm, Events: 5:40 pm

| Women's Event # | SCY QT   | LCM QT   | Event             | SCY QT   | LCM QT  | Men's Event # |
|-----------------|----------|----------|-------------------|----------|---------|---------------|
| 1               | 11:29.89 | 10:21.99 | 1000 yd Freestyle | 10:21.39 | 9:40.99 | 2             |

Positive check-in deadline for all events is 5:00 pm.  
All swimmers must provide their own timer and counter.

## Friday, March 6, 2026

Prelims: Warm up: 7:00-8:20 am, Events: 8:30 am

Finals: Warm up: 4:30-5:30, Events: 5:40 pm

| Women's Event #        | SCY QT  | LCM QT  | Event                    | SCY QT  | LCM QT  | Men's Event # |
|------------------------|---------|---------|--------------------------|---------|---------|---------------|
| 3                      | 30.89   |         | 50 yd Backstroke         | 27.69   |         | 4             |
| 5                      | 2:03.19 | 2:20.49 | 200 yd Freestyle         | 1:52.09 | 2:09.29 | 6             |
| 7                      | 1:14.49 | 1:26.59 | 100 yd Breaststroke      | 1:06.19 | 1:17.99 | 8             |
| 9                      | 1:03.99 | 1:13.99 | 100 yd Butterfly         | 57.29   | 1:06.49 | 10            |
| 11                     | 4:59.99 | 5:48.49 | 400 yd Individual Medley | 4:35.29 | 5:24.59 | 12            |
| <b>10 minute Break</b> |         |         |                          |         |         |               |
| 13                     | 8:50.99 |         | 800 yd Freestyle Relay   | 8:00.99 |         | 14            |

**Positive Check-in deadline for 400 yd Individual Medley and 800 yd Freestyle Relay is Thursday, 6:10 pm**  
Swimmers must provide their own timer for the 400 yd Individual Medley  
Break will be 10 minutes and the competition pool will be open for Warm-ups.

## Saturday, March 7, 2026

Prelims: Warm up: 7:00-8:20 am, Events: 8:30 am

Finals: Warm up: 3:20-4:20, Events: 4:30 pm

| Women's Events #                     | SCY QT  | LCM QT  | Event                                 | SCY QT  | LCM QT  | Men's Event # |
|--------------------------------------|---------|---------|---------------------------------------|---------|---------|---------------|
| 15                                   | 29.29   |         | 50 yd Butterfly                       | 26.99   |         | 16            |
| 17                                   | 2:39.99 | 3:08.09 | 200 yd Breaststroke                   | 2:23.99 | 2:49.39 | 18            |
| 19                                   | 26.29   | 30.59   | 50 yd Freestyle                       | 23.59   | 27.39   | 20            |
| 21                                   | 1:04.99 | 1:15.49 | 100 yd Backstroke                     | 58.79   | 1:09.99 | 22            |
| 23                                   | 5:27.79 | 4:56.49 | 500 yd Freestyle                      | 5:01.99 | 4:35.49 | 24            |
|                                      |         |         | 10 minute break (prelims only)        |         |         |               |
| 25                                   | 1:50.99 |         | 200 yd Freestyle Relay (prelims only) | 1:42.99 |         | 26            |
| <b>10 minute Break (finals only)</b> |         |         |                                       |         |         |               |
| 27                                   | 4:30.99 |         | 400 yd Medley Relay (finals only)     | 4:12.99 |         | 28            |

**Positive Check-in deadline for 500 yd Freestyle and 400 yd Medley Relay is Friday , 5:00pm**  
Swimmers must provide their own timer and counter for the 500 yd Freestyle  
Break will be 10 minutes and the competition pool will be open for Warm-ups.

# PVS 2025 Short Course Senior Championships

## March 6-9 2025

**Sunday, March 9, 2025**

Prelims: Warm up: 7:00-8:20 am, Events: 8:30 am

Finals: Warm up: 3:20-4:20, Events: 4:30 pm

| Women's Events #   | SCY QT   | LCM QT   | Event                                 | SCY QT   | LCM QT   | Men's Event # |
|--|----------|----------|---------------------------------------|----------|----------|---------------|
| 29   | 34.49    |          | 50 yd Breaststroke                    | 31.09    |          | 30            |
| 31   | 2:17.79  | 2:43.29  | 200 yd Backstroke                     | 2:07.99  | 2:30.69  | 32            |
| 33   | 56.99    | 1:04.89  | 100 yd Freestyle                      | 50.99    | 59.99    | 34            |
| 35   | 2:27.89  | 2:55.29  | 200 yd Butterfly                      | 2:11.99  | 2:38.99  | 36            |
| 37   | 2:19.39  | 2:44.79  | 200 yd Individual Medley              | 2:06.99  | 2:28.99  | 38            |
|  |          |          | <b>10 minute break – Prelims Only</b> |          |          |               |
| 39   | 4:30.99  |          | 200 yd Medley Relay (prelims only)    | 4:12.99  |          | 40            |
| <b>10 minute Break – Finals Only</b>   |          |          |                                       |          |          |               |
| 41   | 4:00.99  |          | 400 yd Freestyle Relay (finals only)  | 3:44.99  |          | 42            |
| <b>15 minute Break</b>   |          |          |                                       |          |          |               |
| 43   | 19:05.59 | 20:11.59 | 1650 yd Freestyle                     | 18:13.09 | 18:59.99 | 44            |
| <b>Positive Check-in deadline for 1650 yd Freestyle and 400 yd Freestyle Relay is Saturday, 5:00pm</b> |          |          |                                       |          |          |               |
| The competition pool will be open for Warm-ups during breaks.  |          |          |                                       |          |          |               |
| Swimmers must provide their own timer and counter for the 1650 yd Freestyle during prelims.            |          |          |                                       |          |          |               |