



# 2026 New Year Speed Run

January 11, 2026

Sanction # PVC-25-59

**Meet Director**

David Miller

(202) 631-2244

[admin@topspeedac.com](mailto:admin@topspeedac.com)

**MEET REFEREE**

Linda Tucker

[lastucker@verizon.net](mailto:lastucker@verizon.net)

**OFFICIALS' CONTACT**

Linda Tucker

(301) 526-5926

[lastucker@verizon.net](mailto:lastucker@verizon.net)

<b>SANCTION</b>	<ul style="list-style-type: none"><li>• Held under the sanction of USA Swimming through Potomac Valley Swimming:PVC-26-59 .</li><li>• In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Top Speed Aquatic Club, and Fairland Sports and Aquatics Complex shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li></ul>
<b>FACILITY</b>	<p><a href="#">Fairland Aquatics Center</a> 13820 Old Gunpowder Road Laurel, Maryland 20707 (301) 362-6060</p> <ul style="list-style-type: none"><li>• The pool at Fairland Aquatics Center is 50m x 25yd with two moveable bulkheads. Competition will be held in 8 lanes, 25 yards, running from wall to wall.</li><li>• Water depth ranges from 5' – 13' at both the start and turn ends.</li><li>• The meet hosts will ensure the required course dimensions.</li><li>• Facility Rules:<ul style="list-style-type: none"><li>○ Swimmers are not to leave the pool deck without appropriate attire.</li><li>○ Glass containers are not permitted within the pool area.</li><li>○ Camera cell phones are not permitted in the locker rooms.</li><li>○ Swimmers should take a cleansing shower before entering the pool for warm up.</li></ul></li></ul>
<b>ENTRY DEADLINE</b>	<p><b>January 2, 2026 11:59 PM</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p> <ul style="list-style-type: none"><li>• Entries will be accepted from all USA Swimming registered teams, however once the capacity is reached no new entries will be accepted. Each session is limited to 250 athletes per session per facility policy.</li></ul>

<b>SCHEDULE</b>	<p><b>Sunday –</b>  <b>Warm Up: 8:30 am – 9:20 am</b>  <b>Events: 9:30 am</b></p> <p><b>Meet Director reserves the right to adjust times/sessions after entries are received</b></p>
<b>ELIGIBILITY</b>	<p>Please read Meet Announcement carefully for new information.</p> <ul style="list-style-type: none"> <li>• Open to athletes from USA Swimming clubs and registered athletes.</li> <li>• Entries are limited to 250 athletes per session.</li> <li>• <b>Entries will be accepted on a first come, first served basis. Once capacity per session is reached, no new entries can be accepted.</b></li> <li>• Athletes shall compete at the age attained on the first day of the meet.</li> <li>• An athlete may only compete in his or her own age division.</li> <li>• No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li> </ul>
<b>SWIMMERS WITH A DISABILITY</b>	<ul style="list-style-type: none"> <li>• PVS and host clubs, along with their meet directors, are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul> <p><a href="#">NECESSARY ACCOMMODATIONS FORM</a></p>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>• Semi-automatic timing (buttons primary) will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules shall govern this meet.</li> <li>• All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>• No on-deck USA Swimming registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>• The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; Under events per Rule 205.3.1F.</li> </ul>
<b>EVENT RULES</b>	<ul style="list-style-type: none"> <li>• All events are timed finals</li> <li>• A swimmer may enter no more than five (5) events for the meet.</li> <li>• Seed times should be submitted in Short Course Yards (SCY) ONLY</li> </ul>
<b>POSTIVE CHECK IN</b>	<ul style="list-style-type: none"> <li>• There is no positive check in for this meet</li> </ul>

<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>The prescribed Potomac Valley Swimming warm-up procedures and safety policies for Open warm-ups will be followed.</li> <li>All registered teams will be issued warm up lane assignments from the Meet Director prior to the start of the meet</li> <li>The Meet Director reserves the right to modify the warm-up times and structure, if necessary.</li> </ul>
<b>MEDICAL ASSISTANCE</b>	<ul style="list-style-type: none"> <li>Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.</li> <li>Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.</li> <li>Due to limited deck space, there will be NO chairs on deck except for coaches.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>All events will be pre-seeded.</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>No awards for this meet.</li> </ul>
<b>PROGRAMS</b>	<ul style="list-style-type: none"> <li>Programs will be available on Meet Mobile.</li> <li>Working officials and coaches will receive a program.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Only athletes, USA swimming certified coaches, and deck officials are permitted on the pool deck.</li> <li>Working coaches and deck officials are required to display or produce their current USA swimming credentials on the USA swimming App.</li> <li><b>Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck. Please cooperate with the meet marshals.</b></li> </ul>
<b>PUBLICATION OF RESULTS</b>	<ul style="list-style-type: none"> <li>By entering this meet, participants (and their parents or guardians, if applicable) acknowledge and consent to the posting of official meet results on the Potomac Valley Swimming (PVS) website. Athlete birthdates will not be included in any posted results. Meet results may be accessed by third-party organizations or applications that use publicly available swimming data for purposes such as rankings, recruitment, or goal tracking</li> </ul>
<b>SPECTATOR ENTRY FEE</b>	<ul style="list-style-type: none"> <li>There is no admission charge.</li> <li>Spectator seating is limited to 150 people.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke &amp; Turn Judge) per session if entering 25 or more splashes.</li> <li>Officials interested in volunteering may sign up on the <a href="#">Officials Sign Up Link</a> or contact Linda Tucker, <a href="mailto:lastucker@verizon.net">lastucker@verizon.net</a></li> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries. <a href="#">Timer Sign Up Link</a></li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director, David Miller, at <a href="mailto:admin@topspeedac.com">admin@topspeedac.com</a>.</li> <li>Include in the subject of the email, "2026 New Year Speed Run - **** Entries" with the club's initials in place of the asterisks. <b>If your club submits multiple entry files, include training site in the subject of the email.</b></li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> </ul>

	<ul style="list-style-type: none"> <li>• The Meet Director will knowledge receipt by email within 48 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>• Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>DECK ENTRIES</b>	<ul style="list-style-type: none"> <li>• There will be deck entries accepted for this meet</li> <li>• Payment for deck entries must be submitted at time of entry.</li> <li>• Cash or check will be accepted for deck entries.</li> </ul>
<b>ENTRY FEES</b>	<div> <div>Per Swimmer Surcharge: \$5.00</div> <div>Relay Event Fee: \$20.00</div> <div>Individual Event Fee: \$9.00</div> <div>Deck Entries: \$12.00</div> </div> <p>Make checks payable to <b>Top Speed Aquatic Club</b> and mail to:</p> <p style="text-align: center;"><b>1814 T St. S.E</b> <b>Washington, DC 20020</b></p> <ul style="list-style-type: none"> <li>• Payment for entries from unattached swimmers not affiliated with a team must be received prior to the start of the meet. Payment must be made by check at the beginning of the meet.</li> <li>• Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</li> <li>• Remit one check to cover the entry fees for the entire team. Do not send cash.</li> </ul>

<b>Sunday, January 11, 2026</b>		
<b>Warm Up: 8:30am - 9:20am</b>		
<b>Events: 9:30am</b>		
<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	12 & Under 200 yd Medley Relay	2
3	13 & Over 200 yd Medley Relay	4
5	12 & Under 50 yd Butterfly	6
7	13 & Over 50 yd Butterfly	8
9	Open 100 yd Butterfly	10
11	12 & Under 50 yd Backstroke	12
13	13 & Over 50 yd Backstroke	14
15	Open 100 yd Backstroke	16
	<b>10 Minute Break</b>	
17	12 & Under 50 yd Breaststroke	18
19	13 & Over 50 yd Breaststroke	20
21	Open 100 yd Breaststroke	22
23	12 & Under 50 yd Freestyle	24
25	13 & Over 50 yd Freestyle	26
27	Open 100 yd Freestyle	28
	<b>10 Minute Break</b>	
29	12 & Under 100 yd Individual Medley	30
31	13 & Over 100 yd Individual Medley	32
33	Open 200 yd Individual Medley	34
35	12 & Under 200 yd Freestyle Relay	36
37	13 & Over 200 yd Freestyle Relay	38