



PVS October Open

October 10-12, 2025

Sanction # PVS-26-09

Hosted for PVS by:



ENTRY DEADLINE: Thursday, September 25, 2025, 5:00 PM

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

MEET HOST/ DIRECTOR	MACHINE AQUATICS	TOLLEFSON SWIMMING	THE FISH
	Paris Jacobs paris@machineaquatics.com	Henry Tollefson henry@tollefsonswimming.com	Curtis Din cdin@pvfish.org
MEET REFEREE	Jenn Detrisac Officials@machineaquatics.com Officials Signup	Andrea Hickman andreajalbert@gmail.com Officials Signup	Tim Husson tim.husson@gmail.com Officials Signup
SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming PVS-26-09. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Ashburn Recreation Center, Fairland Aquatics Center, Franconia Rec Center, Tollefson Swimming, Machine Aquatics and The Fish shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. 		
FACILITY	Ashburn Recreation & Community Center 21105 Coopers Hawk Dr. Ashburn, VA 20148 (571) 627-4999 <ul style="list-style-type: none"> The pool at Ashburn Rec is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in ten (10) lanes, 25 yards, running from wall to bulkhead at the southern end of the pool. 14 lanes are available for warm-ups. Continuous warm-up/cool-down will be available. Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course. The meet hosts shall ensure the required course dimensions. 	Fairland Aquatics Center 13820 Old Gunpowder Rd Laurel, MD 20707 (301) 362-6060 <ul style="list-style-type: none"> The pool at Fairland Aquatics Center is 50m x 25yd with two moveable bulkheads. Competition will be held in 10 lanes, 25 yards, running from wall to wall. Continuous warm-up/cool-down will be available. Water depth ranges from 5' – 13' at both the start and turn ends. The meet hosts shall ensure the required course dimensions. 	Franconia Rec Center 6601 Telegraph Rd. Alexandria, VA 22313 (703) 922-9840 <ul style="list-style-type: none"> The pool at Franconia Rec Center is a 50m x 25 yd pool. Competition will be held in 10 lanes, 25 yards, running wall to wall. Continuous warm-up/cool down will be available Water depth ranges from 4' – 9' at both the starting and turning ends. The meet hosts will ensure the required course dimensions.
TEAM ASSIGNMENTS	APEX, BWST, FXFX, GW, HACC, LIFE, MACH-West (CM, DS, ASH, IDA, RH), MAKO, NCAP (Claude Moore, Dulles South, West), OCCS, RY, TRA, PAVA	ASTS, ASA, AU, ENSA, FAST, HEAL, JFD, LFSC, MACH (MD Sites), METR, NCAP (AU, Georgetown Prep, Holton Arms), PAC, PGPR, QOSA, RMSC, SA, TIBU, TOLL, TRA, TSAC, YBCC, YSS	AAC, CSC, DCPR, DRAG, ERSC, FISH, GMU, HYAQ, MAC, MACH-FFX, NCAP (Alex, Burke, Marymount, Tysons), PM, RIPS, SDS, STJS, SSCT, TANK, VLAC, WEA, WSH, YORK

NOTE: Assignments of clubs to pool sites will be reviewed by the PVS LSC Service Manager after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.

ENTRY DEADLINE	<p style="text-align: center;">Thursday, September 25, 2025, 5:00 PM</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">Friday, October 10, 2025 (Franconia & Fairland) Warmup 5:00pm – 5:40pm; Events 5:50pm</p> <p style="text-align: center;">Friday, October 10, 2025 (Ashburn Rec) Warmup 5:15pm – 5:55pm; Events 6:10pm</p> <p style="text-align: center;">Saturday, October 11 & Sunday, October 12, 2025 (All Sites) 13&Over: Warmup 6:30am – 7:20am; Events 7:30am 11-12: Warmup 12:00pm – 12:50pm; Events 1:00pm 9-10: Warmup 3:00pm – 3:50pm; Events 4:00pm</p> <ul style="list-style-type: none"> • PVS LSC Services Manager and the Age Group and Senior Chairs reserve the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> • Open to all Potomac Valley Swimming registered athletes. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. • Swimmers shall compete at the age attained on the first day of the meet.
SWIMMERS WITH A DISABILITY	<ul style="list-style-type: none"> • PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance written notice of desired accommodations/modifications to the Meet Director and Meet Referee. The athlete (or athlete's coach) is also responsible for notifying the Session Referee in writing of any desired accommodation/modifications prior to competition. • Athletes requiring special accommodation are asked to complete the form below. NECESSARY ACCOMMODATIONS FORM
TIMING SYSTEM	<ul style="list-style-type: none"> • Automatic timing (touchpads primary) will be used.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used.

	<ul style="list-style-type: none"> The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> All events are timed finals. Seed times are short course yards. If short course yard times are not available, coaches' times are preferred over "no times" for all events. An athlete may enter no more than 4 events per day, or 7 events for the meet. All events will be swum fastest to slowest. All events on Friday night will be swum combined genders. Swimmers are responsible for providing their own timer for all Friday night events. All 11-12 and 9-10 Events will be combined gender. Deck entries will be accepted if the meet is not over-subscribed. Swimmers will be entered into open lanes in existing heats on a first come, first served basis. No new heats will be created. All deck entries must be submitted no later than 45 minutes prior to the first event of each session. Evidence of current USA Swimming registration required for deck entries.
POSITIVE CHECK IN	<ul style="list-style-type: none"> Positive check-in may be required for events 200 yd and longer. Meet Directors will determine events that require positive check-in and will communicate positive check-in events and schedule to participating clubs. Athletes who check into a positive check-in event, have been seeded and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee.
WARM-UP	<ul style="list-style-type: none"> The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments based upon the number of swimmers per session to accommodate the appropriate number of swimmers per lane.
SUPERVISION	<ul style="list-style-type: none"> Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. No chairs will be allowed on deck for athletes. Coaches' chairs will be permitted provided enough deck space is available.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a lifeguard or a member of the meet staff.
AWARDS	<ul style="list-style-type: none"> There will be no awards for this meet.
PROGRAMS	<ul style="list-style-type: none"> Programs will be made available on Meet Mobile.
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on deck. Coaches and Officials should have proof of active USA Swimming membership with them.
SPECTATORS	<ul style="list-style-type: none"> Spectators will be permitted.
OFFICIALS	<ul style="list-style-type: none"> Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. Officials interested in volunteering should contact the appropriate Meet Referee prior to October 7th. <div style="display: flex; justify-content: space-around; margin-top: 20px;"> <div style="text-align: center;"> ASHBURN REC Jenn Detrisac officials@machineaquatics.com Officials Signup </div> <div style="text-align: center;"> FAIRLAND Andrea Hickman andreaalbert@gmail.com Officials Sign up </div> <div style="text-align: center;"> FRANCONIA Tim Husson tim.husson@gmail.com Officials Signup </div> </div> <ul style="list-style-type: none"> Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to provide timers in proportion to their entries. There will be two timers per lane. The Meet Director may send out a request for timers based upon entries.

ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries must be submitted by email to the Meet Director. • Include in the subject of the email, "2025 PVS OCTOBER OPEN - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine paid.
ENTRY FEES	<div style="text-align: right; margin-bottom: 10px;"> Individual event fee: \$5.00 Per Swimmer Surcharge: \$5.00 Deck Entry: \$10.00 </div> <ul style="list-style-type: none"> • Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due upon receipt of invoice. The invoice will outline the methods of payment and where to send a check. • Payment for Deck Entries must be received prior to the swimmer being seeded into events. Payment may be made by cash or check (payable to PVS). The host club is responsible for reporting cash payments to PVS and delivering checks to PVS. Payment for unaccounted for deck entries or lost payments is the responsibility of the host club. • Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check (payable to PVS).

PVS OCTOBER OPEN

Friday, October 10, 2025

Warmup 5:00pm – 5:40pm (5:15-5:55 pm at Ashburn Rec Center)

Events 5:50pm (6:05 pm at Ashburn Rec Center)

EVENT #	EVENT
1	Combined 9-10 200 yd Individual Medley*
2	Combined 11-12 200 yd Individual Medley*
3	Combined Open 400 yd Individual Medley*
4	Combined 9-12 200 yd Butterfly*
*Friday events will be swum fastest to slowest, combined gender Swimmers must provide their own timer for all events Friday night	

Saturday, October 11, 2025

13 & Over Session Warmup 6:30am – 7:20am Events 7:30am		
GIRLS	EVENT	BOYS
5	13 & Over 100 yd Butterfly	6
7	13 & Over 50 yd Breaststroke	8
9	13 & Over 200 yd Freestyle	10
11	13 & Over 100 yd Backstroke	12
13	13 & Over 200 yd Breaststroke	14
15	13 & Over 50 yd Freestyle	16

Sunday, October 12, 2025

13 & Over Session Warmup 6:30am – 7:20am Events 7:30am		
GIRLS	EVENT	BOYS
29	13 & Over 200 yd Individual Medley	30
31	13 & Over 50 Backstroke	32
33	13 & Over 200 yd Butterfly	34
35	13 & Over 100 yd Breaststroke	36
37	13 & Over 50 Butterfly	38
39	13 & Over 200 Backstroke	40
41	13 & Over 100 yd Freestyle	42

11-12 Session Warmup 12:00pm – 12:50pm Events 1:00pm	
EVENT	
17	11-12 200 yd Breaststroke
18	11-12 100 yd Backstroke
19	11-12 50 yd Butterfly
20	11-12 100 yd Individual Medley
21	11-12 50 yd Breaststroke
22	11-12 100 yd Freestyle

11-12 Session Warmup 12:00pm – 12:50pm Events 1:00pm	
EVENT	
43	11-12 200 yd Backstroke
44	11-12 100 yd Breaststroke
45	11-12 200 yd Freestyle
46	11-12 50 Backstroke
47	11-12 100 yd Butterfly
48	11-12 50 yd Freestyle

9-10 Session Warmup 3:00pm – 3:50pm Events 4:00pm	
EVENT	
23	9-10 200 yd Breaststroke
24	9-10 100 yd Backstroke
25	9-10 50 yd Butterfly
26	9-10 100 yd Individual Medley
27	9-10 50 yd Breaststroke
28	9-10 100 yd Freestyle

9-10 Session Warmup 3:00pm – 3:50pm Events 4:00pm	
EVENT	
49	9-10 200 yd Backstroke
50	9-10 100 yd Breaststroke
51	9-10 200 yd Freestyle
52	9-10 50 yd Backstroke
53	9-10 100 yd Butterfly
54	9-10 50 yd Freestyle