



POTOMAC VALLEY
SWIMMING

**Potomac Valley 2026 Short Course
14 & Under Age Group Championships
March 12th - 15th, 2026 at University of Maryland**

GIRLS LCM	GIRLS SCY	10&U	BOYS SCY	BOYS LCM
37.29	32.49	50 FR	32.49	37.19
1:22.79	1:12.29	100 FR	1:11.99	1:22.69
2:59.99	2:36.99	200 FR	2:35.59	2:59.99
6:37.19	6:59.99	500 FR	6:59.99	6:26.39
43.99	37.99	50 BK	37.99	44.29
1:36.29	1:22.49	100 BK	1:22.49	1:37.59
49.59	43.59	50 BR	43.59	50.39
1:48.49	1:33.89	100 BR	1:33.89	1:50.09
42.69	36.99	50 FL	36.99	42.79
1:44.19	1:30.99	100 FL	1:30.99	1:47.59
	1:22.09	100 IM	1:21.79	
3:30.19	2:57.99	200 IM	2:57.99	3:31.29
2:35.89	2:14.79	200 Free Relay	2:14.39	2:38.19
3:00.79	2:35.99	200 Medley Relay	2:35.99	3:00.79

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GIRLS LCM	GIRLS SCY	11-12	BOYS SCY	BOYS LCM
32.79	28.39	50 FR	28.09	32.59
1:10.99	1:01.99	100 FR	1:02.39	1:10.19
2:35.89	2:15.99	200 FR	2:14.99	2:39.19
5:28.39	5:55.99	500 FR	5:55.99	5:28.69
38.79	32.89	50 BK	33.09	39.19
1:22.49	1:10.99	100 BK	1:10.99	1:22.99
2:51.69	2:31.39	12&U 200 BK	2:32.69	2:53.79
42.99	37.29	50 BR	37.59	44.09
1:32.59	1:21.19	100 BR	1:21.59	1:34.59
3:23.59	2:54.09	12&U 200 BR	2:53.69	3:23.59
36.89	31.29	50 FL	31.89	36.79
1:23.99	1:11.99	100 FL	1:12.29	1:25.89
3:10.19	2:48.99	12&U 200 FL	2:43.99	3:12.09
	1:11.19	100 IM	1:11.29	
2:59.59	2:33.19	200 IM	2:33.39	2:59.59
2:15.59	1:56.99	200 Free Relay	1:55.99	2:15.59
4:49.29	4:15.99	400 Free Relay	4:15.99	4:49.29
2:23.49	2:12.99	200 Medley Relay	2:12.99	2:25.49
5:38.99	4:40.99	400 Medley Relay	4:50.99	5:40.09

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GIRLS LCM	GIRLS SCY	13-14	BOYS SCY	BOYS LCM
30.59	26.39	50 FR	24.89	28.99
1:04.89	57.69	100 FR	53.99	1:02.99
2:20.49	2:03.59	200 FR	1:56.99	2:15.49
5:01.69	5:28.79	500 FR	5:13.69	4:57.39
10:36.99*	11:39.99*	14&U 1000 FR	11:09.99*	10:20.19*
20:59.99*	19:49.99*	14&U 1650 FR	18:49.99*	19:46.09*
	30.99	50 BK	28.59	
1:15.49	1:04.99	100 BK	1:02.19	1:14.29
2:43.29	2:17.99	200 BK	2:11.99	2:35.99
	34.59	50 BR	31.99	
1:26.59	1:14.49	100 BR	1:09.79	1:23.49
3:08.09	2:39.99	200 BR	2:31.39	2:59.69
	29.39	50 FL	27.59	
1:13.99	1:04.59	100 FL	1:00.69	1:10.99
2:55.29	2:27.99	200 FL	2:17.99	2:47.59
2:44.99	2:19.49	200 IM	2:12.49	2:38.19
5:49.59	5:00.99	14&U 400 IM	4:43.99	5:27.09
2:09.89	1:50.99	200 Free Relay	1:44.99	2:04.29
4:42.49	4:05.99	400 Free Relay	3:49.79	4:28.69
10:45.19	8:59.99	800 Free Relay	8:59.99	10:45.19
5:21.99	4:30.99	200 Medley Relay	4:12.99	5:17.49
5:21.99	4:30.99	400 Medley Relay	4:12.99	5:17.49

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***Any swimmer who qualifies for the 1000yd and/or 1650 yd freestyle events may enter at their fastest time or at the Time Standard, if entered in two or more events on the day of the distance freestyle.**