

2026 VHSL National District - 1/30/2026 to 1/31/2026
2026 VHSL National District Swim and Dive Championships
Results

Event 1 Boys 200 Yard Medley Relay

1:32.13 AAA
 1:33.91 AAC
 1:37.42 STA
 1:47.79 REG

Team	Relay	Seed Time	Finals Time	Points
1 Edison High School		1:43.29	1:40.22 REG	40
1) Kogut, Cameron	2) Basom, Timothy	3) Downey, Wyatt	4) Phillips, J. Coulson	
2 Falls Church High School		1:43.86	1:41.77 REG	34
1) Hoddinott, Cooper	2) Yeh, Finn	3) Pabotoy, Sam	4) Musgrove, Aidan	
3 Thomas Jefferson		1:43.81	1:42.65 REG	32
1) Sim, Jake	2) Vladimiroff, Daniel	3) McQuirter, Wroten	4) Abboud, Alexander	
4 Annandale High School		1:43.22	1:44.85 REG	30
1) Corbett, Quade	2) Uzokoff, Connor	3) Nicholson, Adam	4) Uzokoff, Nolan	
5 Mount Vernon High School		1:50.14	1:51.57	28
1) Carrado, Samuel	2) VanZandt, Jim	3) Fortes, Elijah	4) Thomas, Jack	
6 Hayfield Secondary School		1:48.39	1:53.71	26
1) Eanes, Cole	2) Morrison, Colin	3) Joyner, Ramon	4) Mereand, Jackson	
7 Justice High School Wolves		1:50.89	1:58.43	24
1) Wentland, Phoenix	2) Hilbers, Caleb	3) Al-Hiari, Talal	4) Balthis, Wyatt	
8 John Lewis High School		NT	2:07.00	22
1) Sheppard, Owen	2) Dinh, Noah	3) Dinh, Luke	4) Grajkowski, Dominic	

Event 2 Girls 200 Yard Medley Relay

1:44.15 AAA
 1:46.22 AAC
 1:49.51 STA
 1:58.79 REG

Team	Relay	Seed Time	Finals Time	Points
1 Annandale High School		1:54.56	1:50.98 REG	40
1) Decareau, Samantha	2) Decareau, Melanie	3) Corbett, CC	4) Spencer, Delaney	
2 Thomas Jefferson		1:58.32	1:53.30 REG	34
1) Roche, Madeline	2) Fulton, Evelyn	3) Van Buskirk, Mandy	4) Markovitz, Helianne	
3 Falls Church High School		1:56.71	1:54.71 REG	32
1) Wallinger, Ella	2) Loftis, Ella	3) Thomas, Emma	4) Alvarez, Kathryn	
4 Edison High School		1:56.89	1:55.05 REG	30
1) Flores, Adrianna	2) Smith, Victoria	3) Hirsch, Mikayla	4) Hoeflich Rodgers, Eleanor	
5 Hayfield Secondary School		2:07.29	2:04.16	28
1) Kong, Yuna	2) Davis, Julia	3) Shoemaker, Madeline	4) Meek, Rylie	
6 Mount Vernon High School		2:02.26	2:05.75	26
1) Lussier, Molly	2) Dresch, Michaela	3) Hood, Jenna	4) Lussier, Lacey	
7 Justice High School Wolves		2:10.44	2:15.31	24
1) Bailey, Katherine	2) Andonegui, Zoe	3) Monsky, Maclain	4) deVore, Sarah	
8 John Lewis High School		NT	2:24.82	22
1) Dunlap, Addison	2) Park, Chloe	3) Sander, Keiko	4) Kamplia, Olivia	

Event 3 Boys 200 Yard Freestyle

1:37.93 AAA
 1:39.57 AAC
 1:45.44 STA
 1:52.09 REG

Name	School	Seed Time	Finals Time	Points
1 Downey, Wyatt	Edison High School	1:49.72	1:46.75 REG	20
2 Jacobs, Benjamin	Hayfield Secondary School	1:52.39	1:49.48 REG	17

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(Event 3 Boys 200 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
3 Sim, Jake	Thomas Jefferson	1:51.10	1:49.67	REG 16
4 Anyalebechi, Kamsi	Thomas Jefferson	1:57.59	1:52.95	15
5 Fiore, Leyton	Edison High School	1:57.65	1:54.32	14
6 Pabotoy, Sam	Falls Church High School	2:00.72	1:54.77	13
7 D'Ambrogi, Colton	Annandale High School	2:01.06	1:56.17	12
8 Caldwell, Luke	Thomas Jefferson	1:59.63	1:56.99	11
9 Lam, Sam	Thomas Jefferson	1:58.69	1:58.27	9
10 Dalton, Caiden	Annandale High School	1:59.15	1:58.57	7
11 Morrison, Colin	Hayfield Secondary School	2:05.62	2:00.73	6
12 Carrado, Ryan	Mount Vernon High School	2:01.84	2:04.81	5
13 Dokken, Paul	Justice High School Wolves	2:04.90	2:05.49	4
14 Jaeschke, Jordan	Falls Church High School	2:02.94	2:09.08	3
15 Valli, Dorian	Edison High School	NT	2:09.96	2
16 Kowalewski, Miles	Falls Church High School	2:10.01	2:11.68	1
17 Cao, Logan	Falls Church High School	2:10.40	2:13.93	
18 Pflugradt, Luke	Edison High School	2:22.59	2:15.66	
19 Dosen, Nathaniel	Annandale High School	2:14.56	2:15.91	
20 Tardo Young, Curtis	Hayfield Secondary School	2:18.95	2:18.22	
21 Chilton, Aaron	Annandale High School	2:13.12	2:19.20	
22 Smith, Xavier	Hayfield Secondary School	2:28.96	2:22.69	
23 Bryant, Patrick	Mount Vernon High School	NT	2:35.24	
24 Lumer, Nathaniel	Justice High School Wolves	3:11.06	2:37.59	
25 Dinh, Luke	John Lewis High School	2:38.28	2:41.55	
26 Traub, Michael	Justice High School Wolves	2:55.47	2:58.86	
27 Johnson, Jamal	Justice High School Wolves	2:58.21	3:03.08	

Event 4 Girls 200 Yard Freestyle

1:48.81 AAA

1:50.65 AAC

1:55.25 STA

2:01.39 REG

Name	School	Seed Time	Finals Time	Points
1 Corbett, CC	Annandale High School	2:00.69	1:58.28	REG 20
2 Dewhirst, Emma	Thomas Jefferson	2:03.42	2:01.25	REG 17
3 Fasano, Lily	Edison High School	2:10.24	2:05.56	16
4 Field, Reese	Mount Vernon High School	2:12.89	2:07.88	15
5 Allard, Maddie	Falls Church High School	2:12.32	2:09.09	14
6 Kong, Yuna	Hayfield Secondary School	2:13.93	2:10.59	13
7 Na, Audrey	Thomas Jefferson	2:17.90	2:11.31	12
8 Van Buskirk, Mandy	Thomas Jefferson	2:13.85	2:11.40	11
9 Little, Lucy	Edison High School	2:18.29	2:14.94	9
10 Temme, Scarlet	Falls Church High School	2:17.03	2:16.69	7
11 Forde, Steffi	Falls Church High School	2:14.93	2:17.55	6
12 Dalton, Umi	Annandale High School	2:20.87	2:18.82	5
13 Shotlander, Sara	Hayfield Secondary School	2:20.78	2:19.51	4
14 Jones, Fiona	Falls Church High School	2:23.10	2:20.09	3
15 DeVore, Sarah	Justice High School Wolves	2:19.96	2:26.35	2
16 Weszelovsky, Vivian	Edison High School	2:30.85	2:28.55	1
17 Zhang, Ella	Thomas Jefferson	2:29.31	2:31.68	
18 Rodriguez, Maya	Edison High School	2:35.14	2:34.63	
19 Ward, Fia	Hayfield Secondary School	2:36.21	2:37.05	

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(Event 4 Girls 200 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
20 Langille, Jane	Annandale High School	2:42.53	2:41.63	
21 Murphy, Bianca	Mount Vernon High School	2:45.07	2:45.68	
22 Morrissette, Madeleine	Hayfield Secondary School	2:46.79	2:48.64	
23 Machale, Sarah	Justice High School Wolves	3:23.44	3:16.63	
24 O'Neil, Carly	Justice High School Wolves	3:29.25	3:17.65	

Event 5 Boys 200 Yard IM

1:48.96 AAA

1:50.99 AAC

1:56.23 STA

2:03.49 REG

Name	School	Seed Time	Finals Time	Points
1 Yeh, Finn	Falls Church High School	2:04.64	2:03.55	20
2 Finnegan, Collin	Edison High School	2:06.09	2:04.19	17
3 Hariharan, Samvit	Thomas Jefferson	2:12.40	2:05.65	16
4 Peterson, Liam	Edison High School	2:10.06	2:07.01	15
5 Yakes, James	Hayfield Secondary School	2:10.12	2:07.21	14
6 Vladimiroff, Daniel	Thomas Jefferson	2:12.02	2:09.62	13
7 Prasad, Jagrav	Thomas Jefferson	2:16.97	2:10.41	12
8 Musgrove, Aidan	Falls Church High School	2:14.82	2:10.43	11
9 Basom, Timothy	Edison High School	2:17.07	2:12.37	9
10 Nicholson, Adam	Annandale High School	2:11.94	2:12.50	7
11 Alman, Matthew	Thomas Jefferson	2:17.81	2:12.78	6
12 Uzokoff, Connor	Annandale High School	2:13.69	2:13.27	5
13 Sheppard, Owen	John Lewis High School	2:13.53	2:14.31	4
14 VanZandt, Jim	Mount Vernon High School	2:25.41	2:20.73	3
15 Mereand, Jackson	Hayfield Secondary School	2:33.51	2:27.39	2
16 Haase, Brandon	Falls Church High School	2:23.13	2:29.08	1
17 Dinh, Thien	Falls Church High School	2:26.50	2:30.40	
18 Guenzel, Robert	Edison High School	2:33.66	2:33.35	
19 Shea, Cian	Annandale High School	2:35.94	2:33.96	
20 Hilbers, Caleb	Justice High School Wolves	2:35.00	2:38.21	
21 deVore, Thomas	Justice High School Wolves	2:40.34	2:41.15	
22 Sejas, Roman	Justice High School Wolves	2:44.27	2:42.50	
23 Al-Hiari, Talal	Justice High School Wolves	2:48.69	2:52.48	
24 Wright, Bradley	Hayfield Secondary School	3:05.96	3:09.63	
25 Ho, Abram	Hayfield Secondary School	3:23.58	3:19.89	

Event 6 Girls 200 Yard IM

2:01.47 AAA

2:03.99 AAC

2:08.84 STA

2:17.99 REG

Name	School	Seed Time	Finals Time	Points
1 Loftis, Ella	Falls Church High School	2:08.26	2:08.60 STA	20
2 Smith, Victoria	Edison High School	2:23.83	2:18.46	17
3 Pham, Gabby	Thomas Jefferson	2:27.20	2:20.96	16
4 Fulton, Evelyn	Thomas Jefferson	2:28.75	2:21.75	15
5 Forde, Lizzie	Falls Church High School	2:25.35	2:23.15	14
6 Bailey, Katherine	Justice High School Wolves	2:27.88	2:25.15	13
7 Markovitz, Helianne	Thomas Jefferson	2:26.20	2:29.03	12

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(Event 6 Girls 200 Yard IM)

	Name	School	Seed Time	Finals Time	Points
8	Li, Samantha	Thomas Jefferson	2:29.51	2:33.53	11
9	Zielonka, Charlotte	Hayfield Secondary School	2:38.94	2:36.91	9
10	Goodbar, Launa	Edison High School	2:50.72	2:39.36	7
11	Olave, Marjorie	Edison High School	2:43.75	2:39.68	6
12	Shotlander, Sara	Hayfield Secondary School	2:41.64	2:43.04	5
13	Dunlap, Addison	John Lewis High School	2:41.34	2:43.44	4
14	Conley, Keira	Falls Church High School	2:37.26	2:44.71	3
15	Cervoni, Liliana	Annandale High School	2:48.46	2:48.25	2
16	McCall, Caitlin	Falls Church High School	2:53.06	2:49.17	1
17	Basom, Elizabeth	Edison High School	2:50.21	2:49.42	
18	Ngo, Ava	Justice High School Wolves	2:57.39	2:54.42	
19	Sander, Keiko	John Lewis High School	2:48.56	2:54.67	
20	D'Ambrogi, Isabella	Annandale High School	2:52.20	2:54.71	
21	Hlubny, Amara	Justice High School Wolves	3:10.32	3:04.77	
22	Langille, Jane	Annandale High School	3:07.29	3:08.43	
23	Murphy, Lacey	Mount Vernon High School	NT	3:09.33	
24	Perschbacher, Lydia	Hayfield Secondary School	3:06.57	3:10.36	
25	Humphrey, Isla-Rose	Mount Vernon High School	3:10.17	3:15.36	
26	Adedeji, Veronica	Hayfield Secondary School	3:33.76	3:28.47	

Event 7 Boys 50 Yard Freestyle

20.38 AAA

20.74 AAC

21.73 STA

22.69 REG

	Name	School	Seed Time	Finals Time	Points
1	Chilton, James	Annandale High School	21.83	21.74	REG 20
2	Phillips, J. Coulson	Edison High School	22.32	21.94	REG 17
3	McQuirter, Wroten	Thomas Jefferson	22.56	22.54	REG 16
4	Kim, Darren	Thomas Jefferson	22.97	22.71	15
5	Matis, Landen	Thomas Jefferson	23.00	22.73	14
6	Uzokoff, Nolan	Annandale High School	23.08	22.99	13
7	Nguyen, Ricky	Annandale High School	23.52	23.02	12
8	Abboud, Alexander	Thomas Jefferson	23.13	23.16	11
9	Kemper, Scott	Hayfield Secondary School	23.73	23.45	9
10	Lim, Somason	Justice High School Wolves	23.70	23.67	7
11	Allen, Will	Falls Church High School	24.08	24.09	6
*12	Gilbert, Aiden	Falls Church High School	24.25	24.35	4.50
*12	Sadeewong, Nawin	Edison High School	24.47	24.35	4.50
14	Zegarra, Santiago	Hayfield Secondary School	24.38	24.41	3
15	Connelly, Nate	Annandale High School	25.15	24.85	2
16	Pollack, Benjamin	Falls Church High School	25.00	25.03	1
17	Lum, Alex	Falls Church High School	25.89	25.07	
18	Griscavage, Joseph	Edison High School	25.12	25.13	
19	Kogut, Colby	Edison High School	26.27	25.57	
20	Folk, Kevin	Hayfield Secondary School	26.39	25.71	
21	Grajkowski, Dominic	John Lewis High School	25.53	25.89	
22	Nguyen, Jayden	Hayfield Secondary School	26.41	26.67	
23	Vlach, Finn	Mount Vernon High School	27.82	27.27	
24	Thomas, Jack	Mount Vernon High School	27.53	28.25	
25	Tardo-Young, Ian	Mount Vernon High School	28.28	28.41	

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(Event 7 Boys 50 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
26 Sanchez Mancera, Bradley	John Lewis High School	28.87	28.50	
27 Thomas, Luke	Mount Vernon High School	28.46	30.06	
28 Nguyen, Ethan	Justice High School Wolves	33.45	35.59	
29 Truong, Raymond	John Lewis High School	35.73	36.70	
30 Altandush, Steve	Justice High School Wolves	41.25	40.69	

Event 8 Girls 50 Yard Freestyle

23.06 AAA
23.48 AAC
24.51 STA
25.59 REG

Name	School	Seed Time	Finals Time	Points
1 Decareau, Melanie	Annandale High School	25.02	24.62	REG 20
2 Hoeflich Rodgers, Eleanor	Edison High School	25.69	25.13	REG 17
3 Morris, Payton	Thomas Jefferson	25.16	25.32	REG 16
4 He, Emma	Thomas Jefferson	25.71	25.70	15
5 Meek, Rylie	Hayfield Secondary School	26.28	25.88	14
6 Prudius, Laura	Thomas Jefferson	25.84	25.89	13
7 Lussier, Molly	Mount Vernon High School	27.02	26.22	12
8 Alvarez, Kathryn	Falls Church High School	26.53	26.25	11
9 Spencer, Delaney	Annandale High School	27.17	26.66	9
10 Henderson, Jackie	Mount Vernon High School	27.90	26.75	7
11 Reyes, Jasmine	Edison High School	27.33	27.13	6
12 Lussier, Lacey	Mount Vernon High School	27.66	27.55	5
13 He, Maggie	Thomas Jefferson	28.58	27.89	4
*14 Ferrari, Gabriella	Justice High School Wolves	30.11	28.14	2.50
*14 Reyes, Alyssa	Edison High School	29.13	28.14	2.50
16 Murphy, Makenna	Falls Church High School	29.25	28.60	1
17 Castro, Shea	Falls Church High School	NT	28.92	
18 Steider, Alexa	Falls Church High School	29.72	29.59	
19 Park, Chloe	John Lewis High School	29.75	29.73	
20 Kong, Lina	Hayfield Secondary School	29.73	29.78	
21 Boyd, Kairo-Aicha	Edison High School	29.38	29.79	
22 Hood, Jenna	Mount Vernon High School	30.01	29.84	
23 Irvin, Natalie	Hayfield Secondary School	30.20	30.26	
24 Sliteris, Ava	Hayfield Secondary School	32.06	31.93	
25 Andonegui, Zoe	Justice High School Wolves	33.90	34.51	
26 Rojas Amurrio, Camila	Justice High School Wolves	39.33	37.90	
27 Thai, Megan	John Lewis High School	40.77	41.87	
28 Ha, Lam	John Lewis High School	40.27	42.31	
29 Cespedes, Alejandra	Annandale High School	42.50	42.67	
30 Barrera Carpio, Larissa	Justice High School Wolves	43.31	43.60	

Event 9 Boys 1 mtr Diving

404.40 STA
375.00 AAC
290.89 REG

Name	School	Semis Score	Finals Score	Points
Finals				
1 Lum, Alex	Falls Church High School	269.90	389.10	AAC 20
2 Themely, Jacob	Falls Church High School	201.70	272.90	17

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Finals ... (Event 9 Boys 1 mtr Diving)

Name	School	Semis Score	Finals Score	Points
3 Matlis, Grayson	Falls Church High School	166.50	243.30	16
4 Keller, Asa	Falls Church High School	162.45	236.45	15
5 Johnson, Nathaniel	Hayfield Secondary School	172.20	228.45	14
6 Whitecar, Michael	Justice High School Wolves	158.25	198.00	13
7 Beatty, Peter	Thomas Jefferson	141.75	191.10	12
8 Schoennauer, Daniel	Hayfield Secondary School	135.50	188.35	11
9 Simone, Ethan	Annandale High School	148.50	184.75	9
10 Yakes, Colby	Hayfield Secondary School	136.30	184.50	7
11 Vella, Carlo	Edison High School	136.85	174.45	6
12 Darylmpole, Ethan	Annandale High School	137.30	143.60	5
13 Wilson, Jason	Edison High School	104.95	125.30	4
--- Noyes, Zachary	Annandale High School	76.35		DQ

Event 9 Boys 1 mtr Diving

404.40 STA
375.00 AAC
290.89 REG

Name	School	Prelim Score	Semis Score	
Semi-Finals				
1 Lum, Alex	Falls Church High School	179.30	269.90	q
2 Themely, Jacob	Falls Church High School	115.10	201.70	q
3 Johnson, Nathaniel	Hayfield Secondary School	104.85	172.20	q
4 Matlis, Grayson	Falls Church High School	104.20	166.50	q
5 Keller, Asa	Falls Church High School	104.90	162.45	q
6 Whitecar, Michael	Justice High School Wolves	93.70	158.25	q
7 Simone, Ethan	Annandale High School	100.10	148.50	q
8 Beatty, Peter	Thomas Jefferson	84.15	141.75	q
9 Darylmpole, Ethan	Annandale High School	81.95	137.30	q
10 Vella, Carlo	Edison High School	87.70	136.85	q
11 Yakes, Colby	Hayfield Secondary School	84.05	136.30	q
12 Schoennauer, Daniel	Hayfield Secondary School	77.00	135.50	q
13 Wilson, Jason	Edison High School	63.65	104.95	q
14 Noyes, Zachary	Annandale High School	51.85	76.35	q

Event 9 Boys 1 mtr Diving

404.40 STA
375.00 AAC
290.89 REG

Name	School	Prelim Score	
Preliminaries			
1 Lum, Alex	Falls Church High School	NP	179.30
2 Themely, Jacob	Falls Church High School	NP	115.10
3 Keller, Asa	Falls Church High School	NP	104.90
4 Johnson, Nathaniel	Hayfield Secondary School		104.85
5 Matlis, Grayson	Falls Church High School	NP	104.20
6 Simone, Ethan	Annandale High School	155.50	100.10
7 Whitecar, Michael	Justice High School Wolves	NP	93.70
8 Vella, Carlo	Edison High School	NP	87.70
9 Beatty, Peter	Thomas Jefferson	NP	84.15
10 Yakes, Colby	Hayfield Secondary School		84.05
11 Darylmpole, Ethan	Annandale High School	108.50	81.95

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Preliminaries ... (Event 9 Boys 1 mtr Diving)

Name	School	Prelim Score	
12 Schoennauer, Daniel	Hayfield Secondary School	77.00	q
13 Wilson, Jason	Edison High School	NP	63.65 q
14 Noyes, Zachary	Annandale High School	107.70	51.85 q
--- Corcoran, Michael	Annandale High School	116.90	DQ

Event 10 Girls 1 mtr Diving

375.00 AAC
334.34 STA
260.09 REG

Name	School	Semis Score	Finals Score	Points
Finals				
1 Nam, Amy	Thomas Jefferson	270.05	378.65 AAC	20
2 Roca, Olivia	Falls Church High School	259.90	361.17 STA	17
3 Pollack, Eliza	Falls Church High School	216.10	300.30 REG	16
4 Kowalchick, Emma	Hayfield Secondary School	208.80	273.95 REG	15
5 Fitzgerald, Anna	Annandale High School	182.65	246.85	14
6 Butler, Helen	Thomas Jefferson	166.15	233.85	13
7 Nguyen, Jolie	Edison High School	167.05	215.90	12
8 Carter, Nadin	Hayfield Secondary School	120.80	183.80	11
9 Supple, Kerrington	Annandale High School	118.10	154.30	9
10 Basom, Elizabeth	Edison High School	116.80	139.20	7
11 Nguyen, Liz	Falls Church High School	103.10	137.45	6
--- D'Ambrogi, Isabella	Annandale High School	122.75	DQ	

Event 10 Girls 1 mtr Diving

375.00 AAC
334.34 STA
260.09 REG

Name	School	Prelim Score	Semis Score	
Semi-Finals				
1 Nam, Amy	Thomas Jefferson	168.95	270.05 qREG	
2 Roca, Olivia	Falls Church High School	165.40	259.90 q	
3 Pollack, Eliza	Falls Church High School	135.15	216.10 q	
4 Kowalchick, Emma	Hayfield Secondary School	137.75	208.80 q	
5 Fitzgerald, Anna	Annandale High School	120.95	182.65 q	
6 Nguyen, Jolie	Edison High School	107.30	167.05 q	
7 Butler, Helen	Thomas Jefferson	95.55	166.15 q	
8 D'Ambrogi, Isabella	Annandale High School	98.05	122.75 q	
9 Carter, Nadin	Hayfield Secondary School	91.25	120.80 q	
10 Supple, Kerrington	Annandale High School	66.15	118.10 q	
11 Basom, Elizabeth	Edison High School	84.70	116.80 q	
12 Nguyen, Liz	Falls Church High School	77.60	103.10 q	
--- Thomas, Gabriela	Edison High School	45.70	DQ	

Event 10 Girls 1 mtr Diving

375.00 AAC
334.34 STA
260.09 REG

Name	School	Prelim Score	
Preliminaries			
1 Nam, Amy	Thomas Jefferson	241.50	168.95 q

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Name	School		Prelim Score
2 Roca, Olivia	Falls Church High School	NP	165.40 q
3 Kowalchick, Emma	Hayfield Secondary School		137.75 q
4 Pollack, Eliza	Falls Church High School	NP	135.15 q
5 Fitzgerald, Anna	Annandale High School	172.90	120.95 q
6 Nguyen, Jolie	Edison High School	NP	107.30 q
7 D'Ambrogi, Isabella	Annandale High School	127.00	98.05 q
8 Butler, Helen	Thomas Jefferson	157.80	95.55 q
9 Carter, Nadin	Hayfield Secondary School		91.25 q
10 Basom, Elizabeth	Edison High School	NP	84.70 q
11 Nguyen, Liz	Falls Church High School	NP	77.60 q
12 Supple, Kerrington	Annandale High School	137.15	66.15 q
13 Thomas, Gabriela	Edison High School	NP	45.70 q

Event 11 Boys 100 Yard Butterfly

48.38 AAA

49.37 AAC

51.67 STA

54.39 REG

Name	School	Seed Time	Finals Time	Points
1 Chilton, James	Annandale High School	54.00	52.90 REG	20
2 Anyalebechi, Kamsi	Thomas Jefferson	57.32	55.31	17
3 Yakes, James	Hayfield Secondary School	56.70	55.47	16
4 Wentland, Phoenix	Justice High School Wolves	56.47	55.49	15
5 Hariharan, Samvit	Thomas Jefferson	58.25	55.72	14
6 Phillips, J. Coulson	Edison High School	57.51	55.94	13
7 Zhao, Lucas	Thomas Jefferson	58.15	56.69	12
8 Pabotoy, Sam	Falls Church High School	58.87	56.71	11
9 Nicholson, Adam	Annandale High School	57.64	57.47	9
10 Hoddinott, Cooper	Falls Church High School	57.56	57.58	7
11 Miracle, Will	Falls Church High School	1:01.41	59.73	6
12 Carrado, Samuel	Mount Vernon High School	1:02.32	1:00.24	5
13 Schwartz, Nathan	Thomas Jefferson	58.53	1:01.88	4
14 Eanes, Cole	Hayfield Secondary School	1:05.56	1:04.63	3
15 Corbett, Quade	Annandale High School	1:05.77	1:04.75	2
16 Southworth, Nate	Falls Church High School	1:03.37	1:04.76	1
17 McKendrick, Sami	Edison High School	1:08.08	1:07.56	
18 Folk, Kevin	Hayfield Secondary School	NT	1:09.63	
19 Al-Hiari, Talal	Justice High School Wolves	1:11.24	1:11.89	
20 Gilkes, Raymond	Edison High School	1:20.59	1:12.73	
21 Nguyen, Jayden	Hayfield Secondary School	1:13.32	1:13.87	
22 Balthis, Wyatt	Justice High School Wolves	1:16.97	1:15.79	
23 Dinh, Noah	John Lewis High School	1:18.64	1:19.36	
24 Henderson, Noah	Annandale High School	1:36.26	1:24.91	

Event 12 Girls 100 Yard Butterfly

54.29 AAA

55.44 AAC

57.91 STA

1:01.79 REG

Name	School	Seed Time	Finals Time	Points
1 Corbett, CC	Annandale High School	59.94	59.65 REG	20

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(Event 12 Girls 100 Yard Butterfly)

Name	School	Seed Time	Finals Time	Points
2 Dewhirst, Emma	Thomas Jefferson	1:02.33	1:01.20	REG 17
3 Thomas, Emma	Falls Church High School	1:02.78	1:01.46	REG 16
4 Prudius, Laura	Thomas Jefferson	1:01.63	1:01.67	REG 15
5 Van Buskirk, Mandy	Thomas Jefferson	1:06.27	1:04.27	14
6 Forde, Lizzie	Falls Church High School	1:07.25	1:05.02	13
7 Roca, Olivia	Falls Church High School	1:09.52	1:06.99	12
8 Hirsch, Mikayla	Edison High School	1:09.27	1:08.25	11
9 Crane, Grace	Edison High School	1:13.14	1:09.34	9
10 Monsky, Maclain	Justice High School Wolves	1:09.75	1:09.57	7
11 Olave, Marjorie	Edison High School	1:12.66	1:09.61	6
12 Little, Lucy	Edison High School	1:12.96	1:10.08	5
13 Nguyen, Ellie	Thomas Jefferson	1:09.03	1:10.65	4
14 Sander, Keiko	John Lewis High School	1:10.68	1:12.39	3
15 Shoemaker, Madeline	Hayfield Secondary School	1:14.20	1:12.82	2
16 Dresch, Michaela	Mount Vernon High School	1:10.33	1:13.46	1
17 Cervoni, Liliana	Annandale High School	1:12.76	1:14.09	
18 Perschbacher, Lydia	Hayfield Secondary School	1:24.88	1:23.44	
19 Ungerleider, Lexi	Hayfield Secondary School	1:28.19	1:25.70	
20 Ngo, Ava	Justice High School Wolves	1:24.19	1:27.47	
21 Ward, Fia	Hayfield Secondary School	1:24.15	1:29.82	

Event 13 Boys 100 Yard Freestyle

44.69 AAA

45.41 AAC

48.01 STA

50.09 REG

Name	School	Seed Time	Finals Time	Points
1 Downey, Wyatt	Edison High School	49.44	47.89	STA 20
2 Kim, Darren	Thomas Jefferson	49.82	49.60	REG 17
3 Kemper, Scott	Hayfield Secondary School	52.27	50.98	16
4 Nguyen, Ricky	Annandale High School	52.45	51.21	15
5 Yang, Jayden	Thomas Jefferson	53.26	51.40	14
6 Uzokoff, Nolan	Annandale High School	53.71	51.57	13
7 D'Ambrogi, Colton	Annandale High School	53.56	52.09	12
8 Abboud, Alexander	Thomas Jefferson	53.28	52.20	11
9 Sadeewong, Nawin	Edison High School	54.00	53.31	9
10 Musgrove, Aidan	Falls Church High School	52.74	53.44	7
11 Fortes, Elijah	Mount Vernon High School	54.56	53.61	6
*12 Jaeschke, Jordan	Falls Church High School	53.13	53.67	4.50
*12 Lim, Somason	Justice High School Wolves	52.88	53.67	4.50
14 Underdown, Parks	Justice High School Wolves	57.25	53.83	3
15 Zegarra, Santiago	Hayfield Secondary School	54.13	54.28	2
16 Carrado, Ryan	Mount Vernon High School	54.67	54.89	1
17 Allen, Will	Falls Church High School	54.07	55.10	
18 Joyner, Ramon	Hayfield Secondary School	56.19	55.58	
19 Nam, Justin	Thomas Jefferson	57.58	57.33	
20 Pollack, Benjamin	Falls Church High School	57.08	57.51	
21 Griscavage, Joseph	Edison High School	58.77	58.44	
22 Kent, Javier	Edison High School	59.43	59.24	
23 Grajkowski, Dominic	John Lewis High School	1:02.11	1:00.89	
24 Thomas, Jack	Mount Vernon High School	1:02.71	1:02.60	

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(Event 13 Boys 100 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
25 Cervoni, Gabriel	Annandale High School	1:01.46	1:03.89	
26 Sanchez Mancera, Bradley	John Lewis High School	1:06.08	1:05.16	
27 Davis, Gavin	Mount Vernon High School	1:05.09	1:05.54	
28 Mohamed, Yahia	Hayfield Secondary School	NT	1:13.68	

Event 14 Girls 100 Yard Freestyle

50.13 AAA
50.99 AAC
53.20 STA
56.09 REG

Name	School	Seed Time	Finals Time	Points
1 Decareau, Samantha	Annandale High School	55.00	53.51	REG 20
2 Flores, Adrianna	Edison High School	55.53	54.61	REG 17
3 Decareau, Melanie	Annandale High School	56.27	56.03	REG 16
4 Morris, Payton	Thomas Jefferson	55.87	56.20	15
5 Meek, Rylie	Hayfield Secondary School	57.72	56.35	14
6 He, Emma	Thomas Jefferson	56.65	56.99	13
7 Alvarez, Kathryn	Falls Church High School	59.20	57.39	12
8 Allard, Maddie	Falls Church High School	59.63	58.70	11
9 Lussier, Molly	Mount Vernon High School	1:00.25	58.87	9
10 Henderson, Jackie	Mount Vernon High School	1:03.33	1:00.26	7
11 Reyes, Jasmine	Edison High School	1:01.36	1:00.75	6
12 Wallinger, Ella	Falls Church High School	1:00.02	1:01.10	5
13 Forde, Steffi	Falls Church High School	1:00.66	1:01.42	4
14 Dalton, Umi	Annandale High School	1:01.43	1:01.56	3
15 Ferrari, Gabriella	Justice High School Wolves	1:06.69	1:03.36	2
16 Hou, Ruoqi	Thomas Jefferson	1:02.09	1:03.86	1
17 He, Maggie	Thomas Jefferson	1:04.70	1:04.53	
18 Weszelovsky, Vivian	Edison High School	1:07.56	1:04.62	
19 Kong, Lina	Hayfield Secondary School	1:06.76	1:06.17	
20 Cordon-Flores, Gabriela	Edison High School	1:10.33	1:11.67	
21 Murphy, Bianca	Mount Vernon High School	1:09.08	1:11.87	
22 Corcoran, Molly	Annandale High School	1:18.15	1:13.14	
23 Sliteris, Ava	Hayfield Secondary School	1:12.50	1:13.62	
24 Morrissette, Madeleine	Hayfield Secondary School	1:17.69	1:16.68	
25 Shakya, Aubree	Justice High School Wolves	1:22.53	1:18.62	
26 Machale, Sofia	Justice High School Wolves	1:31.30	1:28.42	
27 Perdomo, Irma	Mount Vernon High School	NT	1:28.70	
28 Ha, Lam	John Lewis High School	1:38.26	1:40.00	
29 El Moujahid, Reem	Justice High School Wolves	1:43.12	1:46.97	
30 Ephrem, Ruth	John Lewis High School	1:40.62	1:48.12	
31 Ha, Xuan	John Lewis High School	2:05.96	2:18.53	

Event 15 Boys 500 Yard Freestyle

4:27.94 AAA
4:32.84 AAC
4:47.61 STA
5:04.59 REG

Name	School	Seed Time	Finals Time	Points
1 Sim, Jake	Thomas Jefferson	5:00.08	4:58.29	REG 20
2 Jacobs, Benjamin	Hayfield Secondary School	5:10.09	5:02.02	REG 17

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(Event 15 Boys 500 Yard Freestyle)

	Name	School	Seed Time	Finals Time	Points
3	Fiore, Leyton	Edison High School	5:16.12	5:04.44	REG 16
4	Kogut, Cameron	Edison High School	5:32.20	5:12.76	15
5	Morrison, Colin	Hayfield Secondary School	5:39.91	5:23.59	14
6	Caldwell, Luke	Thomas Jefferson	5:33.06	5:25.62	13
7	Prasad, Jagrav	Thomas Jefferson	5:35.53	5:30.34	12
8	Dalton, Caiden	Annandale High School	5:38.17	5:41.98	11
9	Haase, Brandon	Falls Church High School	5:45.19	5:42.05	9
10	Dokken, Paul	Justice High School Wolves	5:49.75	5:53.53	7
11	Xie, Grant	Thomas Jefferson	5:58.56	5:53.99	6
12	Joyner, Ramon	Hayfield Secondary School	6:01.90	5:54.89	5
13	Valli, Dorian	Edison High School	6:06.34	6:01.17	4
14	McCahill, James	Edison High School	6:05.12	6:01.73	3
15	Edgerton, Max	Falls Church High School	6:04.57	6:04.21	2
16	Kowalewski, Miles	Falls Church High School	6:19.14	6:11.78	1
17	Stevenson, Miller	Falls Church High School	6:22.65	6:20.82	
18	Tardo Young, Curtis	Hayfield Secondary School	6:27.72	6:21.50	
19	Hilbers, Caleb	Justice High School Wolves	6:28.72	6:22.63	
20	Shank, Grant	Justice High School Wolves	7:01.90	6:46.30	
21	Langille, Charles	Annandale High School	6:53.40	6:53.19	
22	Dinh, Noah	John Lewis High School	7:41.44	7:21.41	
23	Williams, Riley	Annandale High School	8:09.75	7:43.22	

Event 16 Girls 500 Yard Freestyle

4:53.01 AAA

4:58.10 AAC

5:10.17 STA

5:28.59 REG

	Name	School	Seed Time	Finals Time	Points
1	Roche, Madeline	Thomas Jefferson	5:24.53	5:11.20	REG 20
2	Thomas, Emma	Falls Church High School	5:32.53	5:13.09	REG 17
3	Fasano, Lily	Edison High School	5:48.03	5:32.42	16
4	Markovitz, Helianne	Thomas Jefferson	5:50.38	5:48.40	15
5	Wallingher, Josephine	Falls Church High School	6:15.22	6:06.74	14
6	deVore, Sarah	Justice High School Wolves	6:20.23	6:07.78	13
7	Shoemaker, Madeline	Hayfield Secondary School	6:16.65	6:10.61	12
8	Zheng, Emma	Thomas Jefferson	6:14.47	6:14.79	11
9	Zielonka, Charlotte	Hayfield Secondary School	6:26.86	6:16.82	9
10	Dunlap, Addison	John Lewis High School	6:25.15	6:17.72	7
11	Moore, Chloe	Edison High School	6:28.27	6:17.90	6
12	Goodbar, Launa	Edison High School	6:43.27	6:22.24	5
13	Kostick, Quinlyn	Hayfield Secondary School	6:29.84	6:23.83	4
14	Dober, Leah	Thomas Jefferson	6:19.46	6:30.33	3
15	Fitzgerald, Louise	Annandale High School	6:20.70	6:30.95	2
16	Boyd, Kairo-Aicha	Edison High School	6:39.25	6:44.17	1
17	Hood, Jenna	Mount Vernon High School	6:49.21	6:51.22	
18	Cruz, Tiffney	Mount Vernon High School	6:44.14	6:51.96	
19	Gilbert, Olivia	Falls Church High School	6:56.57	7:00.35	
20	Stankewick, Elizabeth	Mount Vernon High School	6:52.88	7:04.17	
21	Lussier, Sally	Mount Vernon High School	7:29.00	7:17.71	
22	Corpuz, Amaris	Hayfield Secondary School	7:28.28	7:24.49	
23	Valencia, Grace	Justice High School Wolves	8:55.69	9:00.51	

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(Event 16 Girls 500 Yard Freestyle)

Name	School	Seed Time	Finals Time	Points
24 Machale, Sarah	Justice High School Wolves	8:50.03	9:11.83	

Event 17 Boys 200 Yard Freestyle Relay

1:24.02 AAA

1:25.36 AAC

1:28.12 STA

1:34.89 REG

Team	Relay	Seed Time	Finals Time	Points
1 Thomas Jefferson		1:30.89	1:29.40 REG	40
1) McQuirter, Wrotten	2) Anyalebechi, Kamsi	3) Kim, Darren	4) Matis, Landen	
2 Annandale High School		1:32.57	1:29.69 REG	34
1) Nguyen, Ricky	2) Uzokoff, Nolan	3) D'Ambrogi, Colton	4) Chilton, James	
3 Edison High School		1:36.51	1:34.89 REG	32
1) Finnegan, Collin	2) Basom, Timothy	3) Sadeewong, Nawin	4) Fiore, Leyton	
4 Falls Church High School		1:35.16	1:34.94	30
1) Musgrove, Aidan	2) Hoddinott, Cooper	3) Haase, Brandon	4) Pabotoy, Sam	
5 Hayfield Secondary School		1:36.38	1:35.07	28
1) Zegarra, Santiago	2) Kemper, Scott	3) Yakes, James	4) Jacobs, Benjamin	
6 Justice High School Wolves		1:58.79	1:40.80	26
1) Underdown, Parks	2) Dokken, Paul	3) Balthis, Wyatt	4) Lim, Somason	
7 Mount Vernon High School		1:37.72	1:42.60	24
1) Carrado, Ryan	2) Thomas, Luke	3) VanZandt, Jim	4) Fortes, Elijah	
8 John Lewis High School		NT	1:46.64	22
1) Sheppard, Owen	2) Dinh, Luke	3) Dinh, Noah	4) Grajkowski, Dominic	

Event 18 Girls 200 Yard Freestyle Relay

1:35.48 AAA

1:37.13 AAC

1:39.75 STA

1:46.59 REG

Team	Relay	Seed Time	Finals Time	Points
1 Annandale High School		1:44.33	1:39.48 STA	40
1) Corbett, CC	2) Spencer, Delaney	3) Decareau, Samantha	4) Decareau, Melanie	
2 Thomas Jefferson		1:41.28	1:39.88 REG	34
1) Prudius, Laura	2) Dewhirst, Emma	3) Morris, Payton	4) He, Emma	
3 Falls Church High School		NT	1:47.36	32
1) Forde, Lizzie	2) Forde, Steffi	3) Wallinger, Ella	4) Temme, Scarlet	
4 Edison High School		1:53.21	1:49.88	30
1) Hirsch, Mikayla	2) Olave, Marjorie	3) Fasano, Lily	4) Reyes, Jasmine	
5 Hayfield Secondary School		1:50.76	1:50.13	28
1) Kong, Yuna	2) Shotlander, Sara	3) Kong, Lina	4) Meek, Rylie	
6 Mount Vernon High School		1:51.41	1:55.26	26
1) Henderson, Jackie	2) Cruz, Tiffney	3) Murphy, Bianca	4) Dresch, Michaela	
7 Justice High School Wolves		NT	2:06.61	24
1) Ferrari, Gabriella	2) Andonegui, Zoe	3) Ngo, Ava	4) Scherer, Lillian	
8 John Lewis High School		NT	2:08.84	22
1) Dunlap, Addison	2) Park, Chloe	3) Sander, Keiko	4) Kamplia, Olivia	

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Event 19 Boys 100 Yard Backstroke

48.90 AAA
50.07 AAC
52.78 STA
55.59 REG

Name	School	Seed Time	Finals Time	Points
1 Wentland, Phoenix	Justice High School Wolves	59.19	56.00	20
2 Peterson, Liam	Edison High School	58.54	56.87	17
3 Kogut, Cameron	Edison High School	1:00.15	58.37	16
4 Zhao, Lucas	Thomas Jefferson	1:00.69	58.84	15
5 Carrado, Samuel	Mount Vernon High School	1:00.70	58.95	14
6 Lam, Sam	Thomas Jefferson	1:02.63	59.29	13
7 Hoddinott, Cooper	Falls Church High School	1:00.01	59.71	12
8 Taylor, Charles	Thomas Jefferson	1:02.09	1:00.31	11
9 Sheppard, Owen	John Lewis High School	1:01.52	1:00.62	9
10 Underdown, Parks	Justice High School Wolves	1:04.88	1:01.37	7
11 Miracle, Will	Falls Church High School	1:07.96	1:03.94	6
12 Corbett, Quade	Annandale High School	1:04.41	1:03.99	5
13 Eanes, Cole	Hayfield Secondary School	1:05.64	1:05.36	4
14 Cao, Remy	Falls Church High School	1:07.15	1:05.70	3
15 Nam, Justin	Thomas Jefferson	1:05.69	1:06.11	2
16 McCahill, James	Edison High School	1:08.66	1:07.52	1
17 Shea, Cian	Annandale High School	1:10.97	1:08.08	
18 Dinh, Thien	Falls Church High School	1:08.78	1:08.20	
19 Simone, Ethan	Annandale High School	1:10.89	1:08.92	
20 Kogut, Colby	Edison High School	1:13.22	1:08.98	
21 Connelly, Nate	Annandale High School	1:07.25	1:09.04	
22 deVore, Thomas	Justice High School Wolves	1:10.65	1:11.25	
23 Tardo-Young, Ian	Mount Vernon High School	1:15.66	1:18.61	
24 Davis, Gavin	Mount Vernon High School	1:22.76	1:22.53	
25 Smith, Xavier	Hayfield Secondary School	1:26.32	1:26.38	
26 Mohamed, Yahia	Hayfield Secondary School	1:32.38	1:34.38	
27 Romero-Maceda, Elias	Justice High School Wolves	1:49.44	1:37.69	
28 Redd, Marcus	Hayfield Secondary School	1:38.96	1:41.26	

Event 20 Girls 100 Yard Backstroke

54.71 AAA
55.91 AAC
58.44 STA
1:02.09 REG

Name	School	Seed Time	Finals Time	Points
1 Roche, Madeline	Thomas Jefferson	1:00.63	58.47	REG 20
2 Flores, Adrianna	Edison High School	1:03.19	1:02.59	17
3 Na, Audrey	Thomas Jefferson	1:06.33	1:05.16	16
4 Pham, Gabby	Thomas Jefferson	1:08.20	1:06.06	15
5 Hirsch, Mikayla	Edison High School	1:07.78	1:06.29	14
6 Wallinger, Ella	Falls Church High School	1:07.87	1:06.95	13
7 Bailey, Katherine	Justice High School Wolves	1:08.88	1:07.16	12
8 Field, Reese	Mount Vernon High School	1:07.61	1:08.26	11
9 Crane, Grace	Edison High School	1:12.00	1:08.64	9
10 Spencer, Delaney	Annandale High School	1:11.21	1:09.84	7
11 Wallinger, Josephine	Falls Church High School	1:13.20	1:10.67	6

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(Event 20 Girls 100 Yard Backstroke)

	Name	School	Seed Time	Finals Time	Points
12	Lussier, Lacey	Mount Vernon High School	1:12.83	1:11.57	5
13	Conley, Keira	Falls Church High School	1:12.69	1:12.28	4
14	Nguyen, Ellie	Thomas Jefferson	1:13.06	1:13.40	3
15	Stankewick, Elizabeth	Mount Vernon High School	1:15.57	1:15.32	2
16	Cordon-Flores, Gabriela	Edison High School	1:16.47	1:15.49	1
17	Cruz, Tiffney	Mount Vernon High School	1:15.53	1:16.51	
18	Murphy, Makenna	Falls Church High School	1:16.15	1:16.94	
19	Kostick, Quinlyn	Hayfield Secondary School	1:20.58	1:19.51	
20	Ungerleider, Lexi	Hayfield Secondary School	1:22.90	1:20.46	
21	Supple, Kerrington	Annandale High School	1:22.77	1:21.80	
22	Corpuz, Amaris	Hayfield Secondary School	1:24.96	1:24.02	
23	Nguyen, Suri	Hayfield Secondary School	1:35.57	1:29.91	
24	Rojas Amurrio, Camila	Justice High School Wolves	1:48.01	1:40.09	
25	Machale, Sofia	Justice High School Wolves	1:55.19	1:54.25	
26	Thai, Megan	John Lewis High School	1:58.94	1:55.14	
27	Barrera Carpio, Larissa	Justice High School Wolves	NT	1:55.68	

Event 21 Boys 100 Yard Breaststroke

55.04 AAA

56.27 AAC

58.95 STA

1:01.99 REG

	Name	School	Seed Time	Finals Time	Points
1	Finnegan, Collin	Edison High School	1:02.43	1:01.57	REG 20
2	Uzokoff, Connor	Annandale High School	1:02.96	1:01.98	REG 17
3	Yeh, Finn	Falls Church High School	1:02.27	1:02.01	16
4	Matis, Landen	Thomas Jefferson	1:02.03	1:02.08	15
5	Basom, Timothy	Edison High School	1:04.35	1:03.45	14
6	Vladimiroff, Daniel	Thomas Jefferson	1:05.25	1:03.67	13
7	Alman, Matthew	Thomas Jefferson	1:06.16	1:04.43	12
8	VanZandt, Jim	Mount Vernon High School	1:11.08	1:06.53	11
9	Chow, Kingsley	Thomas Jefferson	1:10.33	1:08.62	9
10	Mereand, Jackson	Hayfield Secondary School	1:09.52	1:08.84	7
11	Dosen, Nathaniel	Annandale High School	1:09.77	1:09.78	6
12	Fortes, Elijah	Mount Vernon High School	1:10.65	1:10.23	5
13	McKendrick, Sami	Edison High School	1:13.34	1:12.40	4
14	Cao, Logan	Falls Church High School	1:15.11	1:12.48	3
15	Southworth, Nate	Falls Church High School	1:16.47	1:13.01	2
16	Murphy, Evan	Falls Church High School	1:13.65	1:14.36	1
17	Guenzel, Robert	Edison High School	1:14.87	1:14.46	
18	Chilton, Aaron	Annandale High School	1:14.90	1:16.51	
19	Ho, Abram	Hayfield Secondary School	1:17.00	1:20.65	
20	Schoennauer, Daniel	Hayfield Secondary School	1:25.44	1:20.89	
21	Kreamer, Nicholas	Annandale High School	1:21.83	1:21.11	
22	Dinh, Luke	John Lewis High School	1:24.41	1:24.12	
23	Sejas, Roman	Justice High School Wolves	1:29.08	1:26.23	
24	Thomas, Luke	Mount Vernon High School	1:25.09	1:26.96	
25	Truong, Raymond	John Lewis High School	1:28.63	1:28.95	
26	Wright, Bradley	Hayfield Secondary School	1:33.20	1:36.30	
27	Bryant, Patrick	Mount Vernon High School	1:42.52	1:37.63	

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Event 22 Girls 100 Yard Breaststroke

1:02.52 AAA
 1:03.75 AAC
 1:06.19 STA
 1:10.69 REG

Name	School	Seed Time	Finals Time	Points
1 Decareau, Samantha	Annandale High School	1:09.38	1:07.40	REG 20
2 Loftis, Ella	Falls Church High School	1:07.58	1:07.55	REG 17
3 Hoeflich Rodgers, Eleanor	Edison High School	1:11.52	1:08.96	REG 16
4 Fulton, Evelyn	Thomas Jefferson	1:14.07	1:09.70	REG 15
5 Smith, Victoria	Edison High School	1:11.56	1:10.36	REG 14
6 Kong, Yuna	Hayfield Secondary School	1:14.89	1:13.16	13
7 Temme, Scarlet	Falls Church High School	1:14.12	1:13.75	12
8 Monsky, Maclain	Justice High School Wolves	1:18.63	1:17.59	11
9 Li, Samantha	Thomas Jefferson	1:17.51	1:19.15	9
10 Hou, Ruoqi	Thomas Jefferson	1:17.52	1:19.35	7
11 Zheng, Emma	Thomas Jefferson	1:20.94	1:20.12	6
12 Davis, Julia	Hayfield Secondary School	1:20.50	1:20.48	5
13 Moore, Chloe	Edison High School	1:20.50	1:21.32	4
14 Reyes, Alyssa	Edison High School	1:23.66	1:21.64	3
15 Dresch, Michaela	Mount Vernon High School	1:19.57	1:21.66	2
16 Murphy, Lacey	Mount Vernon High School	1:23.33	1:22.27	1
17 Irvin, Natalie	Hayfield Secondary School	1:22.81	1:22.81	
18 Park, Chloe	John Lewis High School	1:21.96	1:23.18	
19 Lussier, Sally	Mount Vernon High School	1:27.44	1:24.73	
20 Nguyen, Suri	Hayfield Secondary School	1:23.01	1:25.82	
21 Wallinger, Phoebe	Falls Church High School	1:31.97	1:32.33	
22 Hlubny, Amara	Justice High School Wolves	1:36.72	1:34.25	
23 Scherer, Lillian	Justice High School Wolves	NT	1:35.07	
24 Corcoran, Molly	Annandale High School	1:34.40	1:35.78	
25 Kampplia, Olivia	John Lewis High School	1:32.65	1:36.98	
26 Andonegui, Zoe	Justice High School Wolves	1:39.65	1:44.55	
27 Humphrey, Isla-Rose	Mount Vernon High School	1:48.32	1:49.00	
--- Harrer, Lola	John Lewis High School	2:41.18	DQ	

Event 23 Boys 400 Yard Freestyle Relay

3:04.70 AAA
 3:07.61 AAC
 3:15.26 STA
 3:33.29 REG

Team	Relay	Seed Time	Finals Time	Points
1 Thomas Jefferson		3:28.84	3:20.04	REG 40
1) Sim, Jake	2) Anyalebechi, Kamsi	3) Kim, Darren	4) Matis, Landen	
2 Annandale High School		3:28.32	3:20.50	REG 34
1) Nguyen, Ricky	2) Dalton, Caiden	3) D'Ambrogi, Colton	4) Chilton, James	
3 Edison High School		3:31.94	3:22.77	REG 32
1) Phillips, J. Coulson	2) Kogut, Cameron	3) Finnegan, Collin	4) Downey, Wyatt	
4 Hayfield Secondary School		3:32.16	3:28.02	REG 30
1) Zegarra, Santiago	2) Kemper, Scott	3) Yakes, James	4) Jacobs, Benjamin	
5 Justice High School Wolves		3:39.92	3:35.40	28
1) Wentland, Phoenix	2) Dokken, Paul	3) Lim, Somason	4) Underdown, Parks	
6 Falls Church High School		3:32.78	3:42.10	26
1) Jaeschke, Jordan	2) Allen, Will	3) Haase, Brandon	4) Yeh, Finn	

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2026 VHSL National District Swim and Dive Championships

Results

(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
7 Mount Vernon High School		3:47.84	4:00.31	24
1) Carrado, Ryan	2) Davis, Gavin	3) Thomas, Jack	4) Carrado, Samuel	

Event 24 Girls 400 Yard Freestyle Relay

3:27.78 AAA
 3:31.16 AAC
 3:37.33 STA
 3:59.29 REG

Team	Relay	Seed Time	Finals Time	Points
1 Thomas Jefferson		3:44.25	3:43.55 REG	40
1) Prudius, Laura	2) Dewhirst, Emma	3) He, Emma	4) Morris, Payton	
2 Edison High School		3:53.21	3:46.81 REG	34
1) Hoeflich Rodgers, Eleanor	2) Reyes, Jasmine	3) Smith, Victoria	4) Flores, Adrianna	
3 Falls Church High School		3:55.82	3:49.51 REG	32
1) Thomas, Emma	2) Alvarez, Kathryn	3) Allard, Maddie	4) Loftis, Ella	
4 Mount Vernon High School		4:15.96	4:02.44	30
1) Lussier, Molly	2) Lussier, Lacey	3) Henderson, Jackie	4) Field, Reese	
5 Justice High School Wolves		4:18.75	4:11.72	28
1) Bailey, Katherine	2) Ferrari, Gabriella	3) DeVore, Sarah	4) Monsky, Maclain	
6 Annandale High School		3:58.97	4:15.19	26
1) D'Ambrogi, Isabella	2) Popp, Miriam	3) Dalton, Umi	4) Fitzgerald, Louise	
7 Hayfield Secondary School		4:14.15	4:18.45	24
1) Shoemaker, Madeline	2) Zielonka, Charlotte	3) Kong, Lina	4) Shotlander, Sara	
8 John Lewis High School		NT	6:23.94	22
1) Thai, Megan	2) Nguyen, Lam	3) Ha, Lam	4) Ephrem, Ruth	

Event 25 Girls 50 Yard Freestyle

23.06 AAA
 23.48 AAC
 24.51 STA
 25.59 REG

Name	School	Seed Time	Prelim Time
Preliminaries			
1 Corbett, CC	Annandale High School	NT	24.58 qREG
2 Prudius, Laura	Thomas Jefferson	NT	25.44 qREG

Event 26 Boys 50 Yard Freestyle

20.38 AAA
 20.74 AAC
 21.73 STA
 22.69 REG

Name	School	Seed Time	Prelim Time
Preliminaries			
1 McQuirter, Wroten	Thomas Jefferson	NT	22.45 qREG
2 Nguyen, Ricky	Annandale High School	NT	22.94 q

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Results

Event 27 Girls 100 Yard Freestyle

50.13 AAA
50.99 AAC
53.20 STA
56.09 REG

Name	School	Seed Time	Prelim Time
Preliminaries			
1 Hoeflich Rodgers, Eleanor	Edison High School	NT	55.68 qREG

Event 28 Boys 100 Yard Freestyle

44.69 AAA
45.41 AAC
48.01 STA
50.09 REG

Name	School	Seed Time	Prelim Time
Preliminaries			
1 Phillips, J. Coulson	Edison High School	NT	49.87 qREG