



FFFX Forty Niner

February 22-23, 2025

Sanction # PVI-25-78

VSI Sanction # VS-25-19DS



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Matt Salerno fairfaxfoxes@gmail.com	Tim Husson tim.husson@gmail.com	Tricia Feinberg tafeinberg@gmail.com Officials SignUp

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-25-78 and Virginia Swimming: VS-25-19DS. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Fairfax Foxes Swimming, and the PWCS Aquatics Center shall be held free and harmless from all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 															
FACILITY	<p style="text-align: center;">PWCS Aquatics Center 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333</p> <ul style="list-style-type: none"> The pool at PWCS Aquatics Center is 40m x 25yd with a moveable bulkhead. Competition will be held in 8 lanes, 25 yards, running from wall to wall. Water depth ranges from 12.5' – 7' at the starting and turning ends. 15 lanes are available for warm-ups. Continuous warm-up/cool-down will be available. The meet hosts shall ensure the required course dimensions. 															
ENTRY DEADLINE	<p style="text-align: center;">Monday, February 10, 2025 at 11:59 PM</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>															
SCHEDULE	<table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 60%;"></th> <th style="width: 20%; text-align: center;">Warmups</th> <th style="width: 20%; text-align: center;">Events</th> </tr> </thead> <tbody> <tr> <td colspan="3" style="text-align: center; border-top: 1px solid black; border-bottom: 1px solid black;">Saturday, February 22, 2025 and Sunday, February 23, 2025</td> </tr> <tr> <td style="text-align: center;">13 & Over Prelims, Timed Finals, Super Finals</td> <td style="text-align: center;">6:45am – 7:35am</td> <td style="text-align: center;">7:45am</td> </tr> <tr> <td style="text-align: center;">10 & Under Timed Finals</td> <td style="text-align: center;">12:30-1:10pm</td> <td style="text-align: center;">1:15pm</td> </tr> <tr> <td style="text-align: center;">11- 12 Timed Finals</td> <td style="text-align: center;">3:30pm – 4:20pm</td> <td style="text-align: center;">4:25pm</td> </tr> </tbody> </table> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received. 		Warmups	Events	Saturday, February 22, 2025 and Sunday, February 23, 2025			13 & Over Prelims, Timed Finals, Super Finals	6:45am – 7:35am	7:45am	10 & Under Timed Finals	12:30-1:10pm	1:15pm	11- 12 Timed Finals	3:30pm – 4:20pm	4:25pm
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	<ul style="list-style-type: none"> Open to all USA Swimming registered swimmers from invited teams. Teams wishing to receive an invitation should contact the meet director. This meet will be capped at 850 swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. Entries will be processed in the order they are received. 															
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. 															
TIMING SYSTEM	<ul style="list-style-type: none"> Automatic timing (touchpads primary) will be used. 															

RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warmup, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • Athletes shall compete at the age attained on the first day of the meet. Athletes may only compete in events of his/her own age group. • All athletes may enter a maximum of 3 events per day, not exceeding 6 total entries. • For Session #1, swimmers that qualify in the top 16 in the 13-14 and 15 & Over 100 Breaststroke and the 13-14 and 15 and Over 100 Freestyle will be eligible to race in "Super Finals." "Super Finals" will take place at the conclusion of Session 1. • For Session #4, swimmers that qualify in the top 16 in the 13-14 and 15 & Over 100 Backstroke as well as the 13-14 and 15 & Over 50 Freestyle will be eligible to race in "Super Finals." "Super Finals" will take place at the conclusion of Session 4. • "Super Final" events in Session 1 and 4 will have two (2) heats in the Finals Session, "B" final and "A" final. The "B" final will swim first, followed by the "A" final. The B Final will be 8 swimmers seeded #9 through #16 in prelims with swimmers seeded #1-8 racing in the A Finals. • All other events in Session #1 and #4 will be timed finals. • All events in Sessions #2, 3, 5 and #6 will be timed finals. • All swimmers are permitted to participate in only one session per day. • Deck entries will be accepted in empty lanes only. No new heats will be created. Proof of USA Swimming membership required for athletes not previously entered in the meet.
POSITIVE CHECK-IN	<ul style="list-style-type: none"> • The Meet Director will identify events requiring positive check-in after entries are received. Events determined to require positive check-in and positive check-in schedule will be communicated to attending clubs.

WITHDRAWING FROM FINALS	<ul style="list-style-type: none"> • Swimmers who do not wish to swim in the Final must “Scratch” from the event by completing the Scratch from Finals form within 30 minutes of the announcement of qualifiers for the A and B Finals. • Swimmers may declare an “Intent to Scratch” by completing the Scratch from Finals form within 30 minutes of the announcement of qualifiers for the A and B finals, indicating Intent. Intents to Scratch must be confirmed within 30 minutes of the conclusion of the swimmer’s last preliminary event of the session or they will be automatically seeded into Finals. • If a swimmer fails to properly scratch from an event and does not appear for the Final event, they shall be removed from their next scheduled individual event. • Prelims Results and Scratches from Finals will be available on the Meet Central page: https://sites.google.com/view/fortyninermeetcentral/home • Coaches should make sure their contact information is up to date. The coach or team representative will be contacted should a swimmer scratch into finals • If an athlete fails to properly scratch from an event and does not appear for the “Final” event, he/she shall be removed from their next scheduled individual event.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments. • Five lanes of continuous warm up will be available.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas. • Spectators are not allowed on the pool deck. • Swimmers may not bring personal chairs on the pool deck. • Coaches may bring a personal chair on the pool deck.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> • Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.
SEEDING	<ul style="list-style-type: none"> • Standard seeding will be used.
SCORING	<ul style="list-style-type: none"> • None
AWARDS	<ul style="list-style-type: none"> • All swimmers will receive a Forty Niner commemorative bag tag. • All heat winners will receive a Western Duck.
PROGRAMS	<ul style="list-style-type: none"> • Meet programs will not be sold. The meet will be available on Meet Mobile.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should always have proof of active USA Swimming membership on hand.
OFFICIALS	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. • Officials interested in volunteering should complete the Officials Signup or contact the Meet Referee, Tim Husson (tim.husson@gmail.com). • Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-up.
TIMERS	<ul style="list-style-type: none"> • Two timers per lane. • Clubs will be required to provide timers in proportion to the number of swimmers they have entered in each session. • A Sign-Up Genius will be provided two weeks prior to the meet. • All Timers are required to wear their timer lanyard, signaling their access to the deck.

ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted by email to fairfaxfoxes@gmail.com • Include in the subject of the email, "FXFX Forty Niner - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include the training site in the subject line. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director (fairfaxfoxes@gmail.com). • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid. 						
ENTRY FEES	<table border="0" style="width: 100%;"> <tr> <td style="padding-right: 20px;">Per Swimmer Surcharge:</td> <td>\$12.00</td> </tr> <tr> <td>Individual Event Fee:</td> <td>\$12.00</td> </tr> <tr> <td>Deck Entry:</td> <td>\$20.00</td> </tr> </table> <ul style="list-style-type: none"> • Make checks payable to Fairfax Foxes Swimming. Checks may be mailed to: Fairfax Foxes Swimming 4144 Orchard Drive Fairfax, VA 22032 • Each club is requested to remit one check to cover the entry fees for the entire team. • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. 	Per Swimmer Surcharge:	\$12.00	Individual Event Fee:	\$12.00	Deck Entry:	\$20.00
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SATURDAY SESSIONS

February 22, 2025

SESSION 1: 13 & Over Super Finals plus Timed Finals

Girls Event #	EVENT % Top 16 to Super Finals / * = Timed Finals	Boys Event #
1	13-14 100 Breaststroke %	2
3	15 and Over 100 Breaststroke %	4
5	13-14 100 Freestyle %	6
7	15 and Over 100 Freestyle %	8
5 Minute Break		
9	13 & Over 400 IM*	10
11	13-14 100 Butterfly*	12
13	15 & Over 100 Butterfly*	14
15	13-14 200 Backstroke*	16
17	15 and Over 200 Backstroke*	18
19	13-14 200 Freestyle*	20
21	15 and Over 200 Freestyle*	22
10 Minute Break		
1	13-14 100 Breaststroke FINALS	2
3	15 & Over 100 Breaststroke FINALS	4
5	13-14 100 Freestyle FINALS	6
7	15 & Over 100 Freestyle FINALS	8

SESSION 2: 10 and Under Timed Finals

Event #	EVENT
23	MIXED 10 and Under 50 Butterfly
24	MIXED 10 and Under 100 Freestyle
25	MIXED 10 and Under 200 IM
26	MIXED 10 and Under 50 Backstroke
27	MIXED 10 and Under 200 Butterfly
28	MIXED 10 and Under 200 Backstroke
29	MIXED 10 and Under 200 Breaststroke

SESSION 3: 11 & 12 Timed Finals

30	MIXED 11-12 50 Butterfly
31	MIXED 11-12 100 Freestyle
32	MIXED 11-12 200 IM
33	MIXED 11-12 50 Backstroke
34	MIXED 11-12 200 Butterfly
35	MIXED 11-12 200 Backstroke
36	MIXED 11-12 200 Breaststroke

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SUNDAY SESSIONS

February 23, 2025

SESSION 4: 13 & Over Super Finals plus Timed Finals

Girls Event #	EVENT % Top 16 to Super Finals / * = Timed Finals	Boys Event #
37	13-14 100 Backstroke %	38
39	15 and Over 100 Backstroke %	40
41	13-14 50 Freestyle %	42
43	15 and Over 50 Freestyle %	44
5 Minute Break		
45	13-14 200 IM*	46
47	15 and Over 200 IM*	48
49	13-14 200 Breaststroke *	50
51	15 and Over 200 Breaststroke *	52
53	13-14 200 Butterfly *	54
55	15 and Over 200 Butterfly *	56
10 Minute Break		
37	13-14 100 Backstroke FINALS	38
39	15 and Over 100 Backstroke FINALS	40
41	13-14 50 Freestyle FINALS	42
43	15 and Over 50 Freestyle FINALS	44

SESSION 5: 10 & Under Timed Finals

Event #	EVENT
57	MIXED 10 and Under 50 Breaststroke
58	MIXED 10 and Under 200 Freestyle
59	MIXED 10 and Under 100 Butterfly
60	MIXED 10 and Under 100 Backstroke
61	MIXED 10 and Under 50 Freestyle
62	MIXED 10 and Under 100 Breaststroke
63	MIXED 10 and Under 100 IM

SESSION 6: 11 & 12 Timed Finals

64	MIXED 11-12 50 Breaststroke
65	MIXED 11-12 200 Freestyle
66	MIXED 11-12 100 Butterfly
67	MIXED 11-12 100 Backstroke
68	MIXED 11-12 50 Freestyle
69	MIXED 11-12 100 Breaststroke
70	MIXED 11-12 100 IM