



PVS LC Open 2

June 29, 2025

Sanction # PVS-25-110

Hosted for PVS by:



ENTRY DEADLINE: Thursday, June 19, 2025 5:00 PM

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

MEET HOST/ DIRECTOR	Tollefson Swim Team Henry Tollefson henry@tollefsonswimming.com		ASA Chris Schlegel Christopher.schlegel@hotmail.com
MEET REFEREE	Kelly Oipari kellyopipari@gmail.com		Pat Donahue pdonahue@nvrinc.com
OFFICIALS SIGNUP	Officials Sign Up		Officials Sign Up
SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming PVS-25-110. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatic Center, Audrey Moore Rec Center, Franconia Rec Center, Tollefson Swim Team, All Star Swimming and shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. 		
FACILITIES	Fairland Aquatics Center 13820 Old Gunpowder Rd Laurel, MD 20707 (301) 362-6060 <ul style="list-style-type: none"> The pool at Fairland Aquatics Center is 50m x 25yd with two moveable bulkheads. Competition will be held in 8 lanes, 25 yards, running from wall to wall. Continuous warm-up/cool-down will be available. Water depth ranges from 5' – 13' at both the start and turn ends. The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i> , Article 104.2.2(C).		Audrey Moore Rec Center 8100 Braddock Road Annandale, VA 22003 (703) 321-7080 <ul style="list-style-type: none"> The pool at Audrey Moore Rec Center is a 50m x 25yd pool. Competition will be held in 8 lanes, 50 meters Water depth is 4.5' at the starting and 15' at the turning ends. The meet host will ensure the required course dimensions
TEAM ASSIGNMENTS:	AAC, APEX, ASTS, AU, DCPR, DRAG, ENSA, ERSC, FAST, GW, HEAL, NCAP (Alex, Burke, Holton, G'Town, Marymount Prep, North), PGPR, PAC, QOSA, SA, TANK, TSAC, TIBU, TOLL, TRA, VLAC, WEA, WSH, YBCC, YSS, RMSC-MLK, RMSC-KSAC	,	ANSC, ASA, BWST, CSC, FAA, FISH, FXFX, HACC, LIFE, MACH, NCAP (DS, CM, Tysons), OCCS, PM, RY, SDS, SSCT, RIPS, RMSC, STJS, YORK, NCAP-ALEX

NOTE: Assignments of clubs to pool sites will be reviewed by the PVS LSC Services Manager after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned. If there is another host club willing to do Franconia, we will make changes.

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SCHEDULE	<p>Sunday, June 29, 2025</p> <p>13 & Over: Warmup 6:30am – 7:20am; Events 7:30am 11-12: Warmup 11:30am – 12:20pm Events 12:30pm 10 & Under: Warmup 3:00pm – 3:40pm; Events 3:50pm</p> <p>Audrey Moore</p> <p>13 & Over: Warmup 7:00am – 7:50am; Events 8:00am 11-12/10 & U: Warmup 12:00pm – 12:50pm Events 1:00pm</p> <p>Fairland</p> <p>13 & Over: Warmup 7:00am – 7:50am; Events 8:00am 11-12/10 & U: Warmup 11:0am – 11:50pm Events 12:00pm</p> <ul style="list-style-type: none"> • PVS LSC Services Manager and the Age Group & Senior Chairs reserve the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> • Open to all Potomac Valley Swimming registered athletes. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. • Swimmers shall compete at the age attained on the first day of the meet. • It may be necessary to limit entries due to time constraints.
SWIMMERS WITH DISABILITIES	<ul style="list-style-type: none"> • PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance written notice of desired accommodations/modifications to the Meet Director and Meet Referee. The athlete (or athlete's coach) is also responsible for notifying the session Referee in writing of any desired accommodation/modifications prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> • Automatic timing (touchpads primary) will be used.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or

	<p>asterisks. If your club submits multiple entry files include training site in the subject of the email.</p> <ul style="list-style-type: none">• Include in entry email: entry file, report of entries by name, report of entries by event.• In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).• Entries directly from individual team members will not be accepted.• Entries by phone or fax will not be accepted.• The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.• Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.								
ENTRY FEES	<table><tr><td>Individual event fee:</td><td>\$5.00</td><td>Per Swimmer Surcharge:</td><td>\$5.00</td></tr><tr><td>Deck entries:</td><td>\$10.00</td><td></td><td></td></tr></table> <ul style="list-style-type: none">• Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due upon receipt of invoice. The invoice will outline the methods of payment and where to send a check.• Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check (payable to PVS).• Payment for Deck Entries must be received prior to the swimmer being seeded into events. Payment may be made by cash or check (payable to PVS). The host club is responsible for reporting cash payments to PVS and delivering checks to PVS. Payment for unaccounted for deck entries or lost payments is the responsibility of the host club.	Individual event fee:	\$5.00	Per Swimmer Surcharge:	\$5.00	Deck entries:	\$10.00		
Individual event fee:	\$5.00	Per Swimmer Surcharge:	\$5.00						
Deck entries:	\$10.00								

PVS LC OPEN 2

Sunday, June 29, 2025

13 & Over Session

Warm up: 6:30-7:20 am, Events: 7:30 am

Women's Events #	Event	Men's Event #
1	13 & Over 100 M Freestyle	2
3	13 & Over 200 M Butterfly	4
5	13 & Over 100 M Breaststroke	6
7	Senior 400 M Individually Medley* [@]	8
9	13 & Over 200 M Freestyle	10
11	13 & Over 200 M Backstroke	12
*Positive Check-In deadline is 7:00 am (or 30 minutes after the start of warm up). Meet Director will determine if other events will require positive check-in.		

11-12 Session

Warm up: 11:30 am – 12:20 pm, Events: 12:30 pm

Combined Event #	Events
13	11-12 200 M Butterfly
14	11-12 50 M Backstroke
15	11-12 100 M Breaststroke
16	11-12 200 M Freestyle
17	11-12 50 M Butterfly
18	11-12 200 M Backstroke
19	11-12 100 M Freestyle
*Positive Check-In deadline is 7:00 am (or 30 minutes after the start of warm up). Meet Director will determine if other events will require positive check-in.	

10 & Under Session

Warm up: 3:00 pm-3:40 pm, Events 3:50 pm

Combined Event #	Events
20	10 & Under 50 M Backstroke
21	10 & Under 100 M Breaststroke
22	10 & Under 200 M Freestyle
23	10 & Under 50 M Butterfly
24	10 & Under 100 M Freestyle
*Positive Check-In deadline is 10:30 am (or 30 minutes after the start of warm up). Meet Director will determine if other events will require positive check-in.	