

2025 VCAC Championship Meet - 2/8/2025

Results

Event 1 Boys 200 Yard Medley Relay

Seton: 1:39.26 @ 2/1/2025 Koehr,Martinez,Borneman,Halisk
 VCAC: 1:38.85 # 2/10/2024 Immanuel Christian ICHS
 J Wolf, M Wolf, C Wolf, C Fiala
 TCS!: 1:39.39 + 2/3/2024 TCS! J. Witdoeckt, Ju. Kim, T. TCS!-VA
 Phillips, N. Yun

1:56.01 STES

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	1:39.26	1:40.07 STES	32
1) Koehr, Connor SR	2) Martinez, Lio SO	3) Borneman, Joe SR	4) Halisky, Liam SR	
26.25 27.27 24.31	22.24			
2 Immanuel Christian High School	A	1:47.60	1:42.40 STES	26
1) Wolf, Moses SO	2) Masterson, Colton 8	3) Morillo, Caleb JR	4) Fiala, Caleb SO	
25.53 28.58 25.71	22.58			
3 Trinity Christian School	A	1:43.26	1:43.11 STES	24
1) Witdoeckt, Jo FR	2) Robillard, Lucas FR	3) Phillips, Tyler JR	4) Gilman, Bryce SR	
24.35 30.09 22.64	26.03			
4 Saint John Paul the Great Cath	A	1:58.57	1:59.42	22
1) Stonaker, Graham SR	2) Koler, Eric JR	3) Wellington-Menzie, London FR	4) Koler, Evan SR	
36.13 28.90 28.93	25.46			
--- Seton High School	B	1:53.67	x1:50.85 STES	
1) Martinez, Thiago FR	2) Bauer, Gregory JR	3) Judge, Dominic SO	4) Zahorchak, Michael SO	
27.50 30.87 27.50	24.98			
--- Immanuel Christian High School	B	2:04.89	x1:58.59	
1) Gade, William JR	2) Lam, Micah SO	3) Winslow, Wade SO	4) Lansing, Reed FR	
31.28 34.34 27.50	25.47			
--- Saint John Paul the Great Cath	B	2:48.14	x2:28.24	
1) Nguyen, Karsten SO	2) Girigowda, Adhyan FR	3) Nyugen, Kenton FR	4) Chuquillangui, Jaidan SR	
39.10 42.13 42.00	25.01			

Event 2 Girls 200 Yard Medley Relay

Seton: 1:50.25 @ 2/18/2011 Doonis,Rogers,Wunderly,Donohoe
 VCAC: 1:49.93 # 2/10/2024 Trinity Christian School TCS!
 A Witdoeckt, L Klanderma, A Wiggins, K Womack
 TCS!: 1:48.91 + 2/16/2024 TCS! K. Womack, L. Klanderma TCS!-VA
 A. Witdoeckt, A. Wiggins

2:11.33 STES

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	1:53.01	1:50.39 STES	32
1) Aldeguer, Ariana SO	2) Condon, Clara SR	3) Garvey, Anastasia JR	4) Brox, Elodie SR	
27.39 30.72 28.02	24.26			
2 Fredericksburg Christian High	A	1:54.46	1:53.81 STES	26
1) Miller, Molly SR	2) Ellis, Hannah SO	3) Baroody, Isabel JR	4) Miller, Evie SO	
28.45 31.32 27.68	26.36			
3 Trinity Christian School	A	1:54.32	1:58.30 STES	24
1) Lee, Tori FR	2) Klanderma, Liz SR	3) Myers, Allie FR	4) Kriz, Alexa 8	
30.72 32.46 29.02	26.10			
4 Oakcrest School	A	1:52.75	2:01.43 STES	22
1) McDonnell, Maddie JR	2) Bryan, Elizabeth JR	3) Hazelwood, Lindley SO	4) Erickson, Katelyn JR	
35.02 29.93 29.31	27.17			
5 Immanuel Christian High School	A	2:10.77	2:09.89 STES	20
1) Erickson, Alexandra 8	2) Connally, Bella SO	3) Myers, Lydia SO	4) Shumate, Kate SO	
33.59 37.59 32.67	26.04			

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(Event 2 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Finals Time	Points
6 Saint John Paul the Great Cath	A	2:12.10	2:11.92	18
1) Angarag, Alice JR	2) Voith, Amy SO	3) Mills, Emily FR	4) Frederick, Izzie SO	
36.07 36.02 30.84	28.99			
--- Seton High School	B	2:01.41	x2:02.46 STES	
1) Fifield, Haley SR	2) Halisky, Sophia FR	3) Arnold, Betsy FR	4) Mantooth, Avila FR	
30.32 35.13 29.59	27.42			
--- Trinity Christian School	B	2:01.56	x2:06.15 STES	
1) Witdoeckt, Karis SR	2) Hsieh, Maggi SO	3) Gilbert, Maddie FR	4) Dang, Alexis 8	
32.69 33.00 32.39	28.07			
--- Oakcrest School	B	2:12.83	x2:21.34	
1) Teh, Michaela SO	2) Rizzo, Hazel SO	3) Schneider, Adele SO	4) Ryan, Fiona JR	
36.43 50.04 27.26	27.61			
--- Immanuel Christian High School	B	2:29.20	x2:21.52	
1) Bruenjes, Annie FR	2) Neikirk, Victoria 8	3) Anderson, Sarah SR	4) Burgess, Ella 8	
35.18 39.43 35.41	31.50			
--- Saint John Paul the Great Cath	B	2:41.93	x2:43.20	
1) Gallagher, Gloria FR	2) Conway, Sam SO	3) Scaletta, Alessandra FR	4) Miller, Ellie JR	
42.90 53.90 30.48	35.92			
--- Saint John Paul the Great Cath	C	NT	DQ	
1) Kubiak, Danika FR	2) Kattah, Kayla SR	3) Mignatti, Libby SR	4) Law, Candler SO	
48.17 41.78 45.20	39.11			

Event 3 Boys 200 Yard Freestyle

Seton: 1:38.54 @ 1/31/2010 S.J. Hill
 VCAC: 1:43.88 # 2/3/2024 Caleb Wolf
 TCS!: 1:44.31 + 2/18/2022 Josh Kim
 2:02.68 STES ICHS TCS!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler	JR	Trinity Christian School	1:42.03	1:44.86 STES	16
24.31 26.52 27.05	26.98				
2 Martinez, Lio	SO	Seton High School	1:46.38	1:46.74 STES	13
25.09 26.92 27.52	27.21				
3 Wilson, Max	SR	Seton High School	1:56.89	1:56.75 STES	12
26.52 29.49 30.55	30.19				
4 Borneman, Joe	SR	Seton High School	1:58.60	1:57.12 STES	11
27.51 29.86 30.17	29.58				
5 Nguyen, Andrew	SR	Seton High School	2:03.62	2:01.63 STES	10
27.10 30.06 31.36	33.11				
6 Anderson, Brenton	SO	Immanuel Christian High School	2:02.83	2:02.00 STES	9
27.08 30.57 32.63	31.72				
7 Bluey, Ben	SO	Immanuel Christian High School	2:15.16	2:09.42	7
29.64 32.20 34.63	32.95				
8 Salter, Michael	8	Immanuel Christian High School	2:23.77	2:11.95	5
29.28 32.27 37.15	33.25				
9 Wellington-Menzie, London	FR	Saint John Paul the Great Cath	2:18.30	2:24.13	4
30.08 1:54.08					
10 Taylor, Scott	SR	Immanuel Christian High School	2:30.11	2:29.98	3
29.77 36.90 41.41	41.90				
11 Girigowda, Adhyan	FR	Saint John Paul the Great Cath	NT	3:00.30	2
36.74 45.06 1:38.50					

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Event 4 Girls 200 Yard Freestyle

Seton: 1:55.48 @ 1/11/2025 A. Aldeguer
 VCAC: 1:51.09 # 2/10/2024 Allie Witdoeckt
 TCSI: 1:51.09 + 2/10/2024 Allie Witdoeckt
 2:10.79 STES

TCS!
 TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Miller, Evie 27.39 30.27 31.44	SO	Fredericksburg Christian High	2:00.43	1:59.52 STES	16
2 Wiggins, Allie 27.38 30.36 30.94	JR	Trinity Christian School	2:01.01	1:59.98 STES	13
3 Shumate, Kate 27.23 30.46 31.29	SO	Immanuel Christian High School	2:02.13	2:00.27 STES	12
4 Miller, Molly 27.62 30.35 31.70	SR	Fredericksburg Christian High	2:01.74	2:02.44 STES	11
5 McCook, Isabella 28.88 31.60 32.64	SO	Seton High School	2:04.99	2:06.29 STES	10
6 Hsieh, Maggi 29.79 33.18 34.10	SO	Trinity Christian School	2:12.97	2:10.46 STES	9
7 Kay, Philomena 30.44 34.53 35.39	SO	Seton High School	2:15.16	2:14.58	7
8 Cunningham, Lucy 31.04 32.94 35.31	SR	Seton High School	2:18.64	2:17.21	5
9 Heinrichs, Charlotte 30.00 35.16 1:13.15	SO	Oakcrest School	2:21.59	2:18.31	4
10 Fifield, Kyleigh 31.75 36.18 38.98	SO	Seton High School	2:23.70	2:25.19	3
11 Brown, Lena 32.26 36.22 40.27	FR	Trinity Christian School	2:30.52	2:28.64	2
12 Bailey, Anna 32.01 37.12 42.33	FR	Trinity Christian School	2:46.26	2:32.82	1
13 Angarag, Alice 33.49 38.38 1:21.37	JR	Saint John Paul the Great Cath	2:43.44	2:33.24	
14 Burgess, Ella 34.85 39.24 42.08	8	Immanuel Christian High School	2:44.14	2:37.41	
15 Barvick, Lulu 37.51 44.69 46.55	FR	Oakcrest School	3:22.49	2:51.17	
16 Larson, Zoe 39.29 44.94 47.43	JR	Oakcrest School	3:10.47	2:57.03	
17 Mignatti, Libby 40.61 50.02 1:57.18	SR	Saint John Paul the Great Cath	3:16.04	3:27.81	
--- Miller, Ellie	JR	Saint John Paul the Great Cath	2:51.94	NS	
--- Conway, Sam	SO	Saint John Paul the Great Cath	NT	NS	

Event 5 Boys 200 Yard IM

Seton: 1:54.70 @ 2/17/2008 N. Cook
 VCAC: 1:58.42 # 2/8/2020 Andrew Turbyfill
 TCSI: 2:00.49 + 2/3/2024 Justin Kim
 2:18.04 STES

FCS
 TCSI-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Koler, Eric 29.70 33.10 34.77	JR	Saint John Paul the Great Cath	2:03.88	2:07.31 STES	16
2 Martinez, Thiago 27.73 32.32 37.88	FR	Seton High School	2:08.73	2:07.73 STES	13
3 Masterson, Colton 28.53 36.48 35.85	8	Immanuel Christian High School	2:17.19	2:09.57 STES	12

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(Event 5 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
4 Robillard, Lucas 29.30 34.67 35.87 31.01	FR	Trinity Christian School	2:10.57	2:10.85 STES	11
5 Judge, Dominic 28.93 33.77 40.91 31.86	SO	Seton High School	2:18.68	2:15.47 STES	10
6 Kay, Patrick 29.41 34.60 42.80 32.79	FR	Seton High School	2:17.11	2:19.60	9
7 Zahorchak, Michael 31.26 38.55 45.93 32.63	SO	Seton High School	2:29.33	2:28.37	7
8 Herndon, Micah 31.57 45.30 46.77 35.65	FR	Immanuel Christian High School	2:38.77	2:39.29	5
9 Wollmershauser, Gray 37.59 45.16 50.28 40.79	FR	Immanuel Christian High School	3:05.01	2:53.82	4
--- Nguyen, Karsten False start - Misc 35.72 49.46 58.30 47.10	SO	Saint John Paul the Great Cath	NT	DQ	
--- Burgess, Grey Shoulders past vertical toward breast - back 34.19 42.55 51.77 37.89	JR	Immanuel Christian High School	3:00.67	DQ	

Event 6 Girls 200 Yard IM

Seton: 2:07.00 @ 2/1/2025 A. Aldeguer

VCAC: 2:04.75 # 2/8/2025 Elizabeth Bryan

TCS!: 2:07.00 + 12/16/2023 Allie Witdoeckt

Oakcrest

TCS!-VA

2:27.91 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 27.58 30.45 36.04 30.68	JR	Oakcrest School	2:02.24	2:04.75 # STES	16
2 Klanderman, Liz 29.66 35.38 39.94 34.09	SR	Trinity Christian School	2:22.45	2:19.07 STES	13
3 Condon, Clara 29.63 36.39 41.41 35.80	SR	Seton High School	2:21.98	2:23.23 STES	12
4 Garvey, Anastasia 31.29 36.78 41.55 34.71	JR	Seton High School	2:25.38	2:24.33 STES	11
5 Kriz, Alexa 31.99 36.71 42.85 33.12	8	Trinity Christian School	2:26.62	2:24.67 STES	10
6 Hazelwood, Lindley 31.29 37.74 45.18 32.04	SO	Oakcrest School	2:29.95	2:26.25 STES	9
7 Myers, Allie 30.71 38.93 43.26 37.22	FR	Trinity Christian School	2:29.64	2:30.12	7
8 Halisky, Sophia 32.56 40.01 45.93 37.36	FR	Seton High School	2:35.85	2:35.86	5
9 Voith, Amy 34.66 39.18 46.09 38.31	SO	Saint John Paul the Great Cath	2:38.73	2:38.24	4
10 Witdoeckt, Karis 33.52 38.74 50.82 37.56	SR	Trinity Christian School	2:34.92	2:40.64	3
11 Williams, Maeve 34.95 40.79 47.69 38.04	SR	Saint John Paul the Great Cath	2:34.49	2:41.47	2
12 Erickson, Alexandra 34.58 38.81 52.89 36.93	8	Immanuel Christian High School	2:41.00	2:43.21	1
13 Dusek, Annie 35.23 42.74 50.53 36.86	FR	Seton High School	2:44.49	2:45.36	
14 Turner, Lacey 39.61 45.25 54.27 42.33	SO	Oakcrest School	3:10.81	3:01.46	

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(Event 6 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Finals Time	Points
15 Anderson, Sarah	SR	Immanuel Christian High School	3:01.47	3:05.92	
39.83 42.53 56.92 46.64					
16 Gallagher, Gloria	FR	Saint John Paul the Great Cath	NT	3:32.01	
47.34 51.32 1:08.10 45.25					
--- Neikirk, Victoria	8	Immanuel Christian High School	2:53.00	DQ	
Non-simultaneous touch - fly					
38.28 41.76					
--- Law, Candler	SO	Saint John Paul the Great Cath	NT	DQ	
One hand touch - fly					
58.32 59.67 1:30.44 52.78					

Event 7 Boys 50 Yard Freestyle

Seton: 21.22 @ 2/19/2010 S.J. Hill
 VCAC: 21.74 # 2/1/2025 Tyler Phillips TCS!
 TCS!: 21.70 + 1/17/2025 Tyler Phillips TCS!-VA
 24.03 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Fiala, Caleb	SO	Immanuel Christian High School	22.81	23.07 STES	16
2 Koehr, Connor	SR	Seton High School	22.92	23.10 STES	13
3 Halisky, Liam	SR	Seton High School	23.50	23.21 STES	12
4 Sokban, Daniel	SO	Seton High School	23.46	23.43 STES	11
5 Herwick, Jack	FR	Seton High School	24.64	24.34	10
6 Salter, Jonathan	SR	Immanuel Christian High School	24.07	25.22	9
7 Winslow, Wade	SO	Immanuel Christian High School	24.99	25.30	7
8 Salter, Michael	8	Immanuel Christian High School	24.91	25.42	5
9 Koler, Evan	SR	Saint John Paul the Great Cath	25.06	25.60	4
10 Gebhardt, Lucas	FR	Fredericksburg Christian High	26.09	26.20	3
11 Ross, Andrew	SO	Fredericksburg Christian High	25.82	26.22	2
12 Gilman, Bryce	SR	Trinity Christian School	27.74	26.67	1
13 Hoover, Caleb	SR	Trinity Christian School	28.04	27.18	
14 Liette, Jonny	8	Fredericksburg Christian High	27.37	27.49	
15 Diblasi, John	JR	Fredericksburg Christian High	27.92	27.51	
16 Chuquillangui, Jaidan	SR	Saint John Paul the Great Cath	28.14	28.71	
17 Stonaker, Graham	SR	Saint John Paul the Great Cath	29.50	30.30	
--- Gade, Tyler	JR	Immanuel Christian High School	26.16	X26.51	
--- Partridge, Luke	SO	Seton High School	26.82	X26.68	
--- Lynch, Joey	FR	Seton High School	27.54	X27.80	
--- Hurley, Daniel	JR	Seton High School	32.82	X31.51	
--- Kern, Ryan	FR	Saint John Paul the Great Cath	40.15	NS	

Event 8 Girls 50 Yard Freestyle

Seton: 24.06 @ 2/16/2018 A. Kenna
 VCAC: 24.05 # 2/8/2025 Gianna Davis Saint John Paul
 TCS!: 24.12 + 2/14/2020 Brooke Williams TCS!-VA
 26.78 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna	SR	Saint John Paul the Great Cath	24.11	24.05 # STES	16
2 Brox, Elodie	SR	Seton High School	25.22	25.16 STES	13
3 Feng, Shoshana	FR	Trinity Christian School	25.13	25.80 STES	12
4 Willis, Isa	SO	Saint John Paul the Great Cath	26.51	26.13 STES	11
5 Koler, Isabella	JR	Saint John Paul the Great Cath	26.61	26.36 STES	10
6 Schroer, Maggie	FR	Seton High School	26.65	26.69 STES	9

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(Event 8 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
7 Gilbert, Maddie	FR	Trinity Christian School	27.90	27.00	7
8 Heinrichs, Charlotte	SO	Oakcrest School	27.79	27.77	5
9 Erickson, Katelyn	JR	Oakcrest School	27.44	27.79	4
10 Dang, Alexis	8	Trinity Christian School	28.07	28.05	3
11 Hill, Gigi	JR	Seton High School	27.42	28.23	2
12 Dahlberg, Catherine	FR	Fredericksburg Christian High	28.69	28.25	1
13 Bingham, Lucia	SR	Seton High School	27.77	28.60	
14 Ryan, Adrie	8	Fredericksburg Christian High	28.78	28.91	
15 Mills, Emily	FR	Saint John Paul the Great Cath	28.87	28.97	
16 Teh, Michaela	SO	Oakcrest School	29.89	29.49	
17 Myers, Lydia	SO	Immanuel Christian High School	30.12	29.91	
18 Van Meter, Juliet	SO	Oakcrest School	28.55	30.44	
19 Hill, Emma	JR	Trinity Christian School	30.36	31.27	
20 Taliaferro, Isabel	FR	Immanuel Christian High School	33.69	33.32	
21 Blevins, Colby	JR	Fredericksburg Christian High	33.01	33.40	
22 Robinson, Virginia	8	Immanuel Christian High School	37.88	38.23	
--- Arnold, Betsy	FR	Seton High School	28.37	X28.69	
--- Waldron, Rose	SR	Seton High School	27.98	X28.71	
--- Ryan, Fiona	JR	Oakcrest School	30.63	X29.08	
--- Frederick, Izzie	SO	Saint John Paul the Great Cath	29.21	X29.20	
--- Larson, Elle	JR	Oakcrest School	30.61	X30.32	
--- Walsh, Mia		Fredericksburg Christian High	NT	X32.49	
--- Barvick, Lulu	FR	Oakcrest School	33.65	X33.29	
--- McCormick, Madison	SR	Saint John Paul the Great Cath	33.43	X33.53	
--- Marte, Jaasiel		Fredericksburg Christian High	NT	X33.94	
--- Kubiak, Danika	FR	Saint John Paul the Great Cath	38.15	X38.13	
--- Ryan, Samantha	6	Fredericksburg Christian High	29.16	SCR	

Event 9 Boys 1 mtr Diving

Seton: 249.20 @ 12/7/2024

C. Koehr

VCAC: 525.80 # 2/5/2022

Harper Thornett

TCS!

Name	Yr	School	Finals Score	Points	
1 Koehr, Connor	SR	Seton High School	415.10	402.85@	16
2 Edwards, Eli	FR	Trinity Christian School	315.10	326.35@	13
3 Hoover, Caleb	SR	Trinity Christian School	268.15	268.50@	12
4 Kohlhaas, Gus	SR	Seton High School	304.75	267.65@	11
5 Oswald, Jacob	SR	Seton High School	296.25	243.95	10
6 Nguyen, Kenneth	SO	Seton High School	211.70	193.10	9
7 Lemberg, Gabe	8	Trinity Christian School	186.15	191.75	7
--- Waldron, Thomas	FR	Seton High School	201.25	X215.65	
--- Sokban, Daniel	SO	Seton High School	186.70	X215.20	
--- Winowiecki, Sam	FR	Trinity Christian School	237.60	NS	

Event 10 Girls 1 mtr Diving

Seton: 175.20 @ 12/21/2024

M. Condon

VCAC: 301.70 # 2/10/2024

Norah Kissinger

OAK

Name	Yr	School	Finals Score	Points	
1 Condon, Meghan	FR	Seton High School	275.10	292.80@	16
2 Waldron, Rose	SR	Seton High School	280.05	284.05@	13
3 Miller, Maria	JR	Seton High School	256.50	281.10@	12
4 Abela, Mary	SO	Oakcrest School	261.69	267.45@	11
5 Miller, Eliza	SO	Trinity Christian School	89.15	260.55@	10

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(Event 10 Girls 1 mtr Diving)

Name	Yr	School	Seed Time	Finals Score	Points
6 Hill, Emma	JR	Trinity Christian School	221.00	234.15 @	9
7 Kay, Sandra	JR	Saint John Paul the Great Cath	NP	228.20 @	7
8 Mills, Emily	FR	Saint John Paul the Great Cath	206.75	223.45 @	5
9 Russo, Anna	SR	Seton High School	233.90	199.95 @	4
--- Judge, Jane	FR	Seton High School	223.45	X223.35 @	
--- Francis, Elizabeth	SR	Seton High School	202.10	X212.20 @	
--- Rauschelbach, Teagen	SO	Saint John Paul the Great Cath	281.95	NS	

Event 11 Boys 100 Yard Butterfly

Seton: 51.76 @ 1/16/2010

S.J. Hill

VCAC: 50.10 # 2/3/2024

Caleb Wolf

ICHS

TCS!: 49.63 + 2/16/2024

Tyler Phillips

TCS!-VA

1:01.02 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Phillips, Tyler 24.18 26.83	JR	Trinity Christian School	49.09	51.01 @ STES	16
2 Witdoeckt, Jo 25.56 28.34	FR	Trinity Christian School	53.51	53.90 STES	13
3 Morillo, Caleb 26.90 32.50	JR	Immanuel Christian High School	1:00.71	59.40 STES	12
4 Herwick, Jack 28.58 33.51	FR	Seton High School	1:02.43	1:02.09	11
5 Judge, Dominic 29.06 33.75	SO	Seton High School	1:03.45	1:02.81	10
6 Sokban, William 30.22 36.01	SR	Seton High School	1:05.84	1:06.23	9
7 Wellington-Menzie, London 31.32 36.74	FR	Saint John Paul the Great Cath	1:05.56	1:08.06	7
8 Zahorchak, Michael 32.29 38.20	SO	Seton High School	1:09.85	1:10.49	5
9 Herndon, Micah 33.78 38.58	FR	Immanuel Christian High School	1:09.99	1:12.36	4
10 Connally, Cole 43.19 53.73	8	Immanuel Christian High School	1:25.34	1:36.92	3
--- Pinkley, Isaac	SO	Immanuel Christian High School	1:15.33	SCR	

Event 12 Girls 100 Yard Butterfly

Seton: 57.71 @ 1/18/2025

A. Aldeguer

VCAC: 55.80 # 2/12/2023

Allie Witdoeckt

TCS!

TCS!: 54.44 + 2/16/2024

Allie Witdoeckt

TCS!-VA

1:06.82 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Ellis, Hannah 26.37 30.73	SO	Fredericksburg Christian High	57.75	57.10 @ STES	16
2 Aldeguer, Ariana 27.08 30.09	SO	Seton High School	57.71	57.17 @ STES	13
3 Schlieter, Audrey 28.73 32.78	JR	Trinity Christian School	1:02.67	1:01.51 STES	12
4 Condon, Clara 29.72 33.60	SR	Seton High School	1:01.72	1:03.32 STES	11
5 Garvey, Anastasia 31.41 34.40	JR	Seton High School	1:07.46	1:05.81 STES	10

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(Event 12 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Finals Time	Points
6 Myers, Allie 30.56 37.31	FR	Trinity Christian School	1:06.61	1:07.87	9
7 Hill, Gigi 32.34 37.27	JR	Seton High School	1:08.77	1:09.61	7
8 Myers, Lydia 35.21 37.30	SO	Immanuel Christian High School	1:12.69	1:12.51	5
9 Blevins, Hannah 36.60 42.44	JR	Fredericksburg Christian High	1:20.35	1:19.04	4
10 Anderson, Sarah 41.77 42.86	SR	Immanuel Christian High School	1:24.82	1:24.63	3
11 Blevins, Colby 39.76 47.08	JR	Fredericksburg Christian High	1:30.04	1:26.84	2
12 Ryan, Fiona 40.06 47.84	JR	Oakcrest School	1:35.66	1:27.90	1
13 Bailey, Holly 40.22 49.69	JR	Trinity Christian School	1:30.07	1:29.91	
14 Miller, Ellie 41.97 49.09	JR	Saint John Paul the Great Cath	1:33.23	1:31.06	
15 Scaletta, Alessandra 44.97 1:00.03	FR	Saint John Paul the Great Cath	NT	1:45.00	
--- Russo, Gabriella 35.89 42.48	SO	Seton High School	1:17.91	X1:18.37	
--- Larson, Zoe	JR	Oakcrest School	1:36.00	DQ	
--- Mignatti, Libby One hand touch 48.74 1:09.71	SR	Saint John Paul the Great Cath	NT	DQ	
--- Eschmann, Brigita	FR	Oakcrest School	1:16.53	NS	

Event 13 Boys 100 Yard Freestyle

Seton: 45.67 @ 2/20/2010 S. J. Hill

VCAC: 47.48 # 2/10/2024 Joshua Wolf

TCS! : 47.27 + 2/17/2024 Tyler Phillips

ICHS

TCS!-VA

53.50 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Martinez, Lio 23.59 25.08	SO	Seton High School	48.31	48.67 STES	16
2 Borneman, Joe 24.58 26.64	SR	Seton High School	51.17	51.22 STES	13
3 Masterson, Colton 25.17 27.71	8	Immanuel Christian High School	54.09	52.88 STES	12
4 Halisky, Liam 25.20 28.92	SR	Seton High School	53.29	54.12	11
5 Lansing, Reed 25.99 28.98	FR	Immanuel Christian High School	54.84	54.97	10
6 Anderson, Brenton 26.46 28.73	SO	Immanuel Christian High School	55.94	55.19	9
7 Sokban, Daniel 25.77 29.90	SO	Seton High School	55.33	55.67	7
8 Salter, Jonathan 26.73 31.00	SR	Immanuel Christian High School	58.97	57.73	5
9 Ross, Andrew 28.29 31.88	SO	Fredericksburg Christian High	1:00.16	1:00.17	4

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Results

(Event 13 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
10 Gebhardt, Lucas 27.82 33.05	FR	Fredericksburg Christian High	1:00.70	1:00.87	3
11 Gilman, Bryce 29.04 33.70	SR	Trinity Christian School	1:03.35	1:02.74	2
12 Liette, Jonny 30.70 33.79	8	Fredericksburg Christian High	1:04.03	1:04.49	1
13 Zhu, John 31.10 34.49	8	Trinity Christian School	1:07.03	1:05.59	
14 DiBlasi, Taft 30.58 36.29	FR	Fredericksburg Christian High	1:07.45	1:06.87	
15 Chuquillangui, Jaidan 31.13 36.70	SR	Saint John Paul the Great Cath	NT	1:07.83	
16 Girigowda, Adhyan 34.22 42.57	FR	Saint John Paul the Great Cath	1:15.18	1:16.79	
17 Nyugen, Kenton 37.13 44.11	FR	Saint John Paul the Great Cath	1:22.28	1:21.24	
--- Taylor, Scott 29.13 34.29	SR	Immanuel Christian High School	1:02.89	X1:03.42	
--- Burgess, Grey 30.88 32.75	JR	Immanuel Christian High School	1:04.74	X1:03.63	
--- Pinkley, Isaac	SO	Immanuel Christian High School	1:02.02	SCR	

Event 14 Girls 100 Yard Freestyle

Seton: 52.05 @ 2/16/2018 A. Kenna
 VCAC: 51.73 # 2/12/2023 Allie Witdoeckt TCS!
 TCS!: 50.83 + 2/17/2024 Allie Witdoeckt TCS!-VA
 59.04 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Davis, Gianna 25.25 27.39	SR	Saint John Paul the Great Cath	52.64	52.64 STES	16
2 Miller, Molly 25.68 28.37	SR	Fredericksburg Christian High	53.69	54.05 STES	13
3 Wiggins, Allie 26.47 28.39	JR	Trinity Christian School	55.47	54.86 STES	12
4 Shumate, Kate 26.64 28.83	SO	Immanuel Christian High School	56.83	55.47 STES	11
5 Willis, Isa 27.41 29.91	SO	Saint John Paul the Great Cath	57.59	57.32 STES	10
6 Brox, Elodie 27.86 29.98	SR	Seton High School	56.80	57.84 STES	9
7 Schroer, Maggie 27.95 30.16	FR	Seton High School	57.34	58.11 STES	7
8 Van Meter, Juliet 29.51 30.53	SO	Oakcrest School	1:01.10	1:00.04	5
9 Fifield, Haley 29.04 32.17	SR	Seton High School	1:01.16	1:01.21	4
10 Ryan, Gabbie 28.95 32.48	JR	Fredericksburg Christian High	1:03.54	1:01.43	3
11 Baroody, Isabel 29.00 32.49	JR	Fredericksburg Christian High	59.45	1:01.49	2
12 Mantooth, Avila 29.35 32.74	FR	Seton High School	1:02.53	1:02.09	1
13 Erickson, Katelyn 30.18 33.15	JR	Oakcrest School	1:03.25	1:03.33	

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Results

(Event 14 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
14 Connally, Bella 30.47 34.11	SO	Immanuel Christian High School	1:03.19	1:04.58	
15 Ryan, Adrie 31.21 33.88	8	Fredericksburg Christian High	1:04.90	1:05.09	
16 Dang, Alexis 30.84 34.67	8	Trinity Christian School	1:05.52	1:05.51	
17 Larson, Elle 32.31 35.05	JR	Oakcrest School	1:07.04	1:07.36	
18 Schneider, Adele 34.18 36.75	SO	Oakcrest School	1:10.09	1:10.93	
19 Miller, Eliza 34.80 39.02	SO	Trinity Christian School	1:13.26	1:13.82	
20 Gallagher, Gloria	FR	Saint John Paul the Great Cath	1:15.00	1:17.30	
21 Kattah, Kayla 35.90 43.36	SR	Saint John Paul the Great Cath	1:25.60	1:19.26	
--- Dusek, Annie 31.93 33.63	FR	Seton High School	1:10.82	X1:05.56	
--- Turner, Lacey 35.35 40.10	SO	Oakcrest School	1:13.40	X1:15.45	
--- Rizzo, Hazel 37.30 40.78	SO	Oakcrest School	1:12.98	X1:18.08	
--- Law, Candler 46.33 53.71	SO	Saint John Paul the Great Cath	1:36.04	X1:40.04	
--- Nash, Mia	SO	Oakcrest School	1:22.54	XNS	

Event 15 Boys 500 Yard Freestyle

Seton: 4:27.19 @ 1/31/2010

S.J. Hill

VCAC: 4:43.83 # 2/13/2010

S. Jameson Hill

SST

TCSI!: 4:55.71 + 12/6/2024

Tyler Phillips

TCSI!-VA

5:41.90 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Wolf, Moses 25.80 28.74 29.76 30.82 29.83	SO	Immanuel Christian High School	5:09.38 30.69	4:56.12	STES 16
2 Martinez, Thiago 27.56 31.28 32.34 33.12 31.11	FR	Seton High School	5:19.16 32.65	5:17.78	STES 13
3 Bauer, Gregory 28.01 32.28 35.46 1:13.50	JR	Seton High School	5:57.01 38.81	5:57.69	12
4 Wilson, Jonas 30.76 35.22 37.53 38.00 36.08	FR	Seton High School	6:45.26 39.01	6:10.24	11
5 Sokban, William 30.86 34.89 36.65 41.31 38.81	SR	Seton High School	6:08.96 41.08	6:22.76	10
6 Gade, Tyler 31.02 36.62 38.65 41.25 37.08	JR	Immanuel Christian High School	6:19.79 41.09	6:30.92	9
7 Lam, Micah 32.03 35.04 39.59 42.64 40.92	SO	Immanuel Christian High School	6:29.09 43.02	6:39.67	7

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Results

(Event 15 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
8 Gade, William	JR	Immanuel Christian High School	6:26.37	6:46.13	5
31.74 36.33 39.58	41.86 43.10 42.59 43.46		44.06		
43.48 39.93					

Event 16 Girls 500 Yard Freestyle

Seton: 5:05.98 @ 1/11/2025 A. Aldeguer
 VCAC: 5:03.43 # 2/13/2021 Annalise Cornett
 TCSI: 4:58.71 + 1/6/2024 Allie Witdoeckt
 5:58.88 STES TCSI!-VA

Name	Yr	School	Seed Time	Finals Time	Points
1 Aldeguer, Ariana	SO	Seton High School	5:05.98	5:07.81 STES	16
28.85 30.81 31.12	31.24 30.98 31.20 31.29		31.23		
30.99 30.10					
2 Miller, Evie	SO	Fredericksburg Christian High	5:27.05	5:27.99 STES	13
29.30 31.35 32.43	32.71 33.28 32.73 35.15		35.07		
34.54 31.43					
3 McCook, Isabella	SO	Seton High School	5:37.35	5:32.41 STES	12
30.19 32.50 33.67	33.86 34.16 34.19 34.20		33.84		
33.34 32.46					
4 Schlieter, Audrey	JR	Trinity Christian School	5:52.31	5:38.69 STES	11
30.56 33.15 33.33	33.86 34.21 34.75 34.79		34.92		
35.44 33.68					
5 Hazelwood, Lindley	SO	Oakcrest School	5:33.76	5:45.46 STES	10
30.74 34.02 34.79	34.89 35.44 35.58 35.54		36.26		
35.14 33.06					
6 Bruenjes, Annie	FR	Immanuel Christian High School	6:08.10	6:22.81	9
33.55 36.26 37.48	38.96 38.85 39.36 39.61		40.68		
40.67 37.39					
7 Cunningham, Lucy	SR	Seton High School	6:29.32	6:26.55	7
35.27 37.62 39.37	38.98 39.66 40.33 39.37		39.76		
38.80 37.39					
8 Gilbert, Maddie	FR	Trinity Christian School	6:29.36	6:27.83	5
31.98 38.59 39.10	39.94 40.29 41.57 41.09		39.78		
40.13 35.36					
9 Fifield, Kyleigh	SO	Seton High School	6:28.98	6:32.03	4
33.28 38.10 40.04	40.24 40.64 41.08 40.12		40.37		
40.39 37.77					
10 Lee, Tori	FR	Trinity Christian School	6:26.69	6:37.12	3
33.06 37.95 38.59	39.38 39.86 40.85 40.91		41.91		
1:24.61					
11 Brown, Lena	FR	Trinity Christian School	6:43.67	6:46.50	2
33.97 39.39 40.53	41.75 41.74 42.82 41.06		43.27		
42.99 38.98					
12 Neikirk, Victoria	8	Immanuel Christian High School	7:07.59	6:56.08	1
34.10 40.28 43.35	42.38 43.52 43.93 43.87		43.22		
41.99 39.44					
13 McDonnell, Maddie	JR	Oakcrest School	7:05.67	7:40.19	
34.75 40.94 46.85	47.86 48.05 49.12 49.04		48.51		
49.06 46.01					
14 Nugent, Katie	SR	Oakcrest School	8:22.55	8:17.57	
39.60 47.33 50.94	51.23 52.92 52.15 52.38		52.28		
50.57 48.17					

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Results

(Event 16 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Finals Time	Points
--- Mills, Emily	FR	Saint John Paul the Great Cath	6:36.18	X6:14.97	
32.52 37.02 37.96	38.40	39.62 38.71 38.75	38.84		
37.92 35.23					
--- Cinotti, Isabella	SO	Oakcrest School	8:20.34	DQ	
False start					
35.50 41.86 45.05	46.24	47.85 47.46 48.80			
42.43					
--- Burgess, Ella	8	Immanuel Christian High School	7:07.23	NS	
--- Kubiak, Danika	FR	Saint John Paul the Great Cath	NT	NS	

Event 17 Boys 200 Yard Freestyle Relay

Seton: 1:30.07 @ 2/19/2010 Hill, Koehr, Cook, Basinger
 VCAC: 1:30.43 # 2/3/2024 Trinity Christian School TCS!
 N Yun, E Jang, J Kim, T Phillips
 TCS!: 1:30.33 + 2/19/2022 TCS! R. Hough, T. Phillips, Ju Kim, Jo. Kim TCS!-VA
 1:42.23 STES

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	1:31.52	1:31.44 STES	32
1) Koehr, Connor SR	2) Sokban, Daniel SO	3) Halisky, Liam SR	4) Martinez, Lio SO	
23.35 23.06 23.32	21.71			
2 Immanuel Christian High School	A	1:39.40	1:40.28 STES	26
1) Salter, Jonathan SR	2) Salter, Michael 8	3) Winslow, Wade SO	4) Anderson, Brenton SO	
24.78 25.05 25.26	25.19			
3 Saint John Paul the Great Cath	A	1:43.66	1:46.69	24
1) Koler, Evan SR	2) Chuquillangui, Jaidan SR	3) Wellington-Menzie, London FR	4) Koler, Eric JR	
25.71 28.53 27.83	24.62			
4 Fredericksburg Christian High	A	1:45.67	1:46.91	22
1) Gebhardt, Lucas FR	2) Liette, Jonny 8	3) Diblasi, John JR	4) Ross, Andrew SO	
26.08 27.03 27.60	26.20			
--- Seton High School	B	1:36.30	x1:36.53 STES	
1) Nguyen, Andrew SR	2) Judge, Dominic SO	3) Herwick, Jack FR	4) Wilson, Max SR	
23.98 24.22 24.40	23.93			
--- Immanuel Christian High School	B	1:44.64	x1:44.82	
1) Burgess, Grey JR	2) Gade, Tyler JR	3) Taylor, Scott SR	4) Morillo, Caleb JR	
26.33 27.31 26.64	24.54			
--- Saint John Paul the Great Cath	B	2:12.00	x2:09.86	
1) Nguyen, Karsten SO	2) Nyugen, Kenton FR	3) Girigowda, Adhyan FR	4) Stonaker, Graham SR	
31.64 36.45 31.51	30.26			
--- Trinity Christian School	A	1:37.46	DFS	
Declared false start				
1) Edwards, Eli FR	2) Lemberg, Gabe 8	3) Zhu, John 8	4) Hoover, Caleb SR	

Event 18 Girls 200 Yard Freestyle Relay

Seton: 1:40.05 @ 2/19/2010 Doonis, Rogers, Talbott, Donohoe
 VCAC: 1:42.65 # 2/12/2023 Trinity Christian School TCS!
 A Wiggins, R Buff, K Womack, A Witdoeck
 TCS!: 1:38.82 + 2/16/2024 TCS! A. Wiggins, K. Womack, A Schlieter, A. Witdoeck TCS!-VA
 1:57.34 STES

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School	A	1:45.99	1:42.88 STES	32
1) Feng, Shoshana FR	2) Kriz, Alexa 8	3) Schlieter, Audrey JR	4) Wiggins, Allie JR	
25.79 26.47 26.08	24.54			

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Results

(Event 18 Girls 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
2 Seton High School	A	1:44.14	1:45.58 STES	26
1) McCook, Isabella SO 26.85 26.18 28.02	2) Schroer, Maggie FR 24.53	3) Garvey, Anastasia JR	4) Brox, Elodie SR	
3 Saint John Paul the Great Cath	A	1:45.43	1:46.86 STES	24
1) Koler, Isabella JR 27.56 28.91 26.08	2) Williams, Maeve SR 24.31	3) Willis, Isa SO	4) Davis, Gianna SR	
4 Oakcrest School	A	1:51.73	1:54.41 STES	22
1) Heinrichs, Charlotte SO 28.43 30.09 28.05	2) Larson, Elle JR 27.84	3) Van Meter, Juliet SO	4) Erickson, Katelyn JR	
5 Fredericksburg Christian High	A	1:56.56	1:58.05	20
1) Ryan, Adrie 8 28.54 29.32 30.55	2) Sebero, Emmah JR 29.64	3) Dahlberg, Catherine FR	4) Blevins, Hannah JR	
6 Immanuel Christian High School	A	2:04.32	2:08.65	18
1) Burgess, Ella 8 32.32 33.59 30.91	2) Anderson, Sarah SR 31.83	3) Neikirk, Victoria 8	4) Bruenjes, Annie FR	
--- Seton High School	B	1:51.29	x1:51.34 STES	
1) Hill, Gigi JR 28.53 27.28 27.53	2) Waldron, Rose SR 28.00	3) Kay, Philomena SO	4) Bingham, Lucia SR	
--- Trinity Christian School	B	1:52.25	x1:55.34 STES	
1) Klanderma, Liz SR 28.30 29.84 29.42	2) Bailey, Anna FR 27.78	3) Dang, Alexis 8	4) Myers, Allie FR	
--- Oakcrest School	B	2:06.47	x2:09.39	
1) Schneider, Adele SO 31.56 31.61 32.49	2) Cinotti, Isabella SO 33.73	3) Turner, Lacey SO	4) Larson, Zoe JR	
--- Saint John Paul the Great Cath	B	2:14.67	x2:18.26	
1) Miller, Ellie JR 35.54 34.09 36.29	2) McCormick, Madison SR 32.34	3) Scaletta, Alessandra FR	4) Conway, Sam SO	

Event 19 Boys 100 Yard Backstroke

Seton: 51.48 @ 1/20/2006 K. Koehr
 VCAC: 51.23 # 2/1/2025 Tyler Phillips TCS!
 TCSI: 51.23 + 2/1/2025 Tyler Phillips TCSI-VA
 1:02.90 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Witdoeck, Jo 25.14 27.24	FR	Trinity Christian School	51.57	52.38 STES	16
2 Wilson, Max 28.00 29.46	SR	Seton High School	59.27	57.46 STES	13
3 Kay, Patrick 30.95 32.50	FR	Seton High School	1:02.75	1:03.45	12
4 Lansing, Reed 30.91 34.55	FR	Immanuel Christian High School	1:07.78	1:05.46	11
5 Partridge, Luke 33.63 36.58	SO	Seton High School	1:07.53	1:10.21	10
6 Lynch, Joey 35.65 37.71	FR	Seton High School	1:17.77	1:13.36	9
7 Gade, William 34.99 38.69	JR	Immanuel Christian High School	1:10.52	1:13.68	7
8 Bluey, Ben 37.71 37.91	SO	Immanuel Christian High School	1:17.67	1:15.62	5
9 Zhu, John 37.84 40.58	8	Trinity Christian School	1:22.10	1:18.42	4
10 Wollmershauser, Gray 39.68 40.68	FR	Immanuel Christian High School	1:20.51	1:20.36	3

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Results

(Event 19 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
11 Stonaker, Graham 40.78 42.20	SR	Saint John Paul the Great Cath	NT	1:22.98	2
12 Dix, Brycen	7	Fredericksburg Christian High	1:23.97	1:24.17	1
--- Connally, Cole 38.60 41.07	8	Immanuel Christian High School	1:20.63	X1:19.67	
--- Kern, Ryan	FR	Saint John Paul the Great Cath	NT	NS	

Event 20 Girls 100 Yard Backstroke

Seton: 55.62 @ 2/16/2018

A. Kenna

VCAC: 56.39 # 2/12/2023

Allie Witdoeckt

TCS!

TCS!+: 56.39 + 2/11/2023

Allie Witdoeckt

TCS!-VA

1:06.85 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Feng, Shoshana 29.67 31.67	FR	Trinity Christian School	1:01.28	1:01.34 STES	16
2 Fifield, Haley 30.89 34.55	SR	Seton High School	1:04.51	1:05.44 STES	13
3 Lee, Tori 31.64 34.23	FR	Trinity Christian School	1:06.14	1:05.87 STES	12
4 Witdoeckt, Karis 32.62 36.67	SR	Trinity Christian School	1:07.01	1:09.29	11
5 Erickson, Alexandra 34.84 36.61	8	Immanuel Christian High School	1:11.48	1:11.45	10
6 Arnold, Betsy 34.20 37.58	FR	Seton High School	1:12.74	1:11.78	9
7 Bingham, Lucia 34.85 38.96	SR	Seton High School	1:14.20	1:13.81	7
8 Williams, Maeve 36.35 38.50	SR	Saint John Paul the Great Cath	1:09.50	1:14.85	5
9 Bruenjes, Annie 37.59 38.16	FR	Immanuel Christian High School	1:15.30	1:15.75	4
10 Frederick, Izzie 36.68 40.51	SO	Saint John Paul the Great Cath	1:22.46	1:17.19	3
11 Russo, Gabriella 38.18 39.03	SO	Seton High School	1:19.45	1:17.21	2
12 Angarag, Alice 37.28 40.45	JR	Saint John Paul the Great Cath	1:20.26	1:17.73	1
13 Sebero, Emmah 37.40 41.79	JR	Fredericksburg Christian High	1:18.41	1:19.19	
14 Chen, Alison 39.06 40.14	FR	Fredericksburg Christian High	NT	1:19.20	
15 Blevins, Hannah 39.11 40.25	JR	Fredericksburg Christian High	1:16.63	1:19.36	
16 Bailey, Anna 37.04 42.45	FR	Trinity Christian School	1:26.01	1:19.49	
17 Teh, Michaela	SO	Oakcrest School	1:22.26	1:20.62	
18 McDonnell, Maddie 37.45 43.21	JR	Oakcrest School	1:16.51	1:20.66	
19 Conway, Sam	SO	Saint John Paul the Great Cath	1:27.84	1:26.24	
--- Scaletta, Alessandra 47.21 47.24	FR	Saint John Paul the Great Cath	1:35.01	X1:34.45	
--- Nash, Mia	SO	Oakcrest School	1:35.01	NS	
--- Cinotti, Ema	FR	Oakcrest School	1:12.00	NS	

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Results

(Event 20 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Finals Time	Points
--- Molaski, Kaitlyn	SO	Fredericksburg Christian High	NT	SCR	

Event 21 Boys 100 Yard Breaststroke

Seton: 58.53 @ 1/27/2007 N. Cook
 VCAC: 1:00.04 # 2/10/2024 Eric Koler JPtG
 TCS!: 1:00.48 + 2/3/2024 Justin Kim TCS!-VA
 1:08.10 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Koler, Eric 29.18 31.88	JR	Saint John Paul the Great Cath	58.73	1:01.06 STES	16
2 Wolf, Moses 30.16 31.09	SO	Immanuel Christian High School	1:02.06	1:01.25 STES	13
3 Fiala, Caleb 31.00 33.44	SO	Immanuel Christian High School	1:05.46	1:04.44 STES	12
4 Robillard, Lucas 30.59 34.31	FR	Trinity Christian School	1:02.78	1:04.90 STES	11
5 Morillo, Caleb 30.24 36.08	JR	Immanuel Christian High School	1:06.85	1:06.32 STES	10
6 Nguyen, Andrew 31.37 35.45	SR	Seton High School	1:06.68	1:06.82 STES	9
7 Koler, Evan 31.89 36.83	SR	Saint John Paul the Great Cath	1:10.32	1:08.72	7
8 Bauer, Gregory 33.57 35.89	JR	Seton High School	1:09.23	1:09.46	5
9 Diblasi, John 34.36 41.23	JR	Fredericksburg Christian High	1:13.42	1:15.59	4
10 DiBlasi, Taft 36.24 42.43	FR	Fredericksburg Christian High	1:19.40	1:18.67	3
11 Wilson, Jonas 36.10 43.05	FR	Seton High School	1:21.65	1:19.15	2
12 Lam, Micah 37.44 43.01	SO	Immanuel Christian High School	1:19.02	1:20.45	1
13 Hurley, Daniel 37.48 44.43	JR	Seton High School	1:21.44	1:21.91	
14 Nguyen, Karsten 44.83 51.56	SO	Saint John Paul the Great Cath	1:35.53	1:36.39	
--- Winslow, Wade 36.17 41.80	SO	Immanuel Christian High School	1:19.33	X1:17.97	

Event 22 Girls 100 Yard Breaststroke

Seton: 1:05.77 @ 2/18/2022 A. Testani
 VCAC: 1:05.06 # 2/8/2025 Elizabeth Bryan Oakcrest
 TCS!: 1:08.99 + 2/17/2024 Liz Klanderma TCS!-VA
 1:15.62 STES

Name	Yr	School	Seed Time	Finals Time	Points
1 Bryan, Elizabeth 30.78 34.28	JR	Oakcrest School	1:02.76	1:05.06 # STES	16
2 Ellis, Hannah 32.61 36.19	SO	Fredericksburg Christian High	1:07.56	1:08.80 + STES	13
3 Koler, Isabella 34.23 38.11	JR	Saint John Paul the Great Cath	1:12.14	1:12.34 STES	12
4 Klanderma, Liz 33.86 38.61	SR	Trinity Christian School	1:12.34	1:12.47 STES	11

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Results

(Event 22 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Finals Time	Points
5 Hsieh, Maggi 35.01 38.04	SO	Trinity Christian School	1:15.55	1:13.05	STES 10
6 Kriz, Alexa 34.46 39.01	8	Trinity Christian School	1:14.14	1:13.47	STES 9
7 Baroody, Isabel 35.01 40.77	JR	Fredericksburg Christian High	1:12.57	1:15.78	7
8 Kay, Philomena 37.88 40.59	SO	Seton High School	1:18.57	1:18.47	5
9 Halisky, Sophia 36.68 42.17	FR	Seton High School	1:17.30	1:18.85	4
10 Voith, Amy 37.29 42.08	SO	Saint John Paul the Great Cath	1:18.98	1:19.37	3
11 Ryan, Gabbie 37.72 42.67	JR	Fredericksburg Christian High	1:21.61	1:20.39	2
12 Connally, Bella 37.85 44.02	SO	Immanuel Christian High School	1:18.45	1:21.87	1
13 Waldron, Rose 37.54 44.92	SR	Seton High School	1:16.44	1:22.46	
14 Schneider, Adele 40.58 43.32	SO	Oakcrest School	1:24.84	1:23.90	
15 Mantooth, Avila 39.81 44.79	FR	Seton High School	1:23.57	1:24.60	
16 Bailey, Holly 40.02 45.66	JR	Trinity Christian School	1:26.48	1:25.68	
17 Rizzo, Hazel 43.70 47.05	SO	Oakcrest School	1:28.94	1:30.75	
18 McCormick, Madison 44.74 51.96	SR	Saint John Paul the Great Cath	1:37.42	1:36.70	
19 Taliaferro, Isabel 47.19 50.73	FR	Immanuel Christian High School	1:54.50	1:37.92	
20 Robinson, Virginia 46.10 55.12	8	Immanuel Christian High School	1:45.67	1:41.22	
21 Kattah, Kayla 48.33 56.31	SR	Saint John Paul the Great Cath	1:51.64	1:44.64	
--- Cinotti, Isabella 41.91 48.34	SO	Oakcrest School	1:31.40	X1:30.25	
--- Walsh, Mia 46.98 51.50		Fredericksburg Christian High	NT	X1:38.48	
--- Nugent, Katie 48.81 52.93	SR	Oakcrest School	1:37.86	X1:41.74	
--- Eschmann, Brigita	FR	Oakcrest School	1:22.12	NS	
--- Ryan, Samantha	6	Fredericksburg Christian High	1:26.17	SCR	

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Results

Event 23 Boys 400 Yard Freestyle Relay

Seton: 3:17.05 @ 2/19/2010 Hill, Cook, Dunn, Basinger
 VCAC: 3:18.86 # 2/10/2024 Trinity Christian School TCS!
 N Yun, J Witdoeckt, J Kim, T Phillips
 TCS!: 3:18.86 + 2/10/2024 TCS! N. Yun, J. Witdoeckt, Ju. TCS!-VA
 Kim, T. Phillips
 3:59.45 STES

Team	Relay	Seed Time	Finals Time	Points
1 Seton High School	A	3:26.85	3:28.70 STES	32
1) Wilson, Max SR	2) Sokban, Daniel SO	3) Nguyen, Andrew SR	4) Borneman, Joe SR	
24.67 51.81 24.32	52.24 25.36 53.71	23.87 50.94		
2 Immanuel Christian High School	A	3:33.37	3:34.94 STES	26
1) Wolf, Moses SO	2) Lansing, Reed FR	3) Masterson, Colton 8	4) Fiala, Caleb SO	
25.82 53.77 26.75	56.19 25.97 54.62	23.71 50.36		
3 Trinity Christian School	A	3:33.00	3:37.44 STES	24
1) Robillard, Lucas FR	2) Witdoeckt, Jo FR	3) Gilman, Bryce SR	4) Phillips, Tyler JR	
26.37 56.10 24.22	51.06 29.71 1:03.53	22.11 46.75		
--- Seton High School	B	3:40.72	x3:43.43 STES	
1) Herwick, Jack FR	2) Bauer, Gregory JR	3) Kay, Patrick FR	4) Martinez, Thiago FR	
26.64 56.53 27.15	56.43 26.45 56.41	25.20 54.06		
--- Immanuel Christian High School	B	3:50.68	x3:49.33 STES	
1) Salter, Michael 8	2) Salter, Jonathan SR	3) Bluey, Ben SO	4) Anderson, Brenton SO	
28.02 58.00 26.80	58.29 28.19 58.29	25.90 54.75		

Event 24 Girls 400 Yard Freestyle Relay

Seton: 3:40.51 @ 2/19/2010 DoonisRogers,ClaybrooksDonohoe
 VCAC: 3:44.17 # 2/8/2025 Trinity Christian School Trinity Christia
 S Feng, M Hsieh, A Schlieter, A Wiggins
 TCS!: 3:44.00 + 2/17/2023 TCS! A. Wiggins, A. Schlieter, TCS!-VA
 K. Womack, A. Witdoeckt
 4:30.99 STES

Team	Relay	Seed Time	Finals Time	Points
1 Trinity Christian School	A	3:52.26	3:44.17 # STES	32
1) Feng, Shoshana FR	2) Hsieh, Maggi SO	3) Schlieter, Audrey JR	4) Wiggins, Allie JR	
26.84 55.85 27.28	57.71 27.00 56.42	25.60 54.19		
2 Fredericksburg Christian High	A	3:46.53	3:47.19 STES	26
1) Miller, Evie SO	2) Baroody, Isabel JR	3) Ellis, Hannah SO	4) Miller, Molly SR	
27.21 56.80 27.94	59.99 26.42 55.22	25.93 55.18		
3 Seton High School	A	3:49.84	3:48.14 STES	24
1) McCook, Isabella SO	2) Schroer, Maggie FR	3) Condon, Clara SR	4) Aldeguer, Ariana SO	
28.07 57.85 27.28	57.75 27.84 58.91	26.09 53.63		
4 Saint John Paul the Great Cath	A	3:50.00	3:52.57 STES	22
1) Willis, Isa SO	2) Williams, Maeve SR	3) Koler, Isabella JR	4) Davis, Gianna SR	
27.37 57.23 30.08	1:03.50 27.84 59.04	25.16 52.80		
5 Oakcrest School	A	3:54.12	3:59.19 STES	20
1) Van Meter, Juliet SO	2) Heinrichs, Charlotte SO	3) Hazelwood, Lindley SO	4) Bryan, Elizabeth JR	
29.41 1:01.04 28.75	1:02.79 29.67 1:01.80	25.15 53.56		
6 Immanuel Christian High School	A	4:10.11	4:18.23 STES	18
1) Erickson, Alexandra 8	2) Myers, Lydia SO	3) Connally, Bella SO	4) Shumate, Kate SO	
30.91 1:05.77 31.05	1:06.84 31.24 1:06.44	27.61 59.18		
--- Seton High School	B	4:07.95	x4:14.30 STES	
1) Kay, Philomena SO	2) Hill, Gigi JR	3) Mantooth, Avila FR	4) Fifield, Haley SR	
29.76 1:03.03 29.76	1:02.75 30.06 1:03.86	30.32 1:04.66		

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(Event 24 Girls 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
--- Fredericksburg Christian High	B	4:22.57	x4:20.10	STES
1) Ryan, Adrie 8 31.15 1:04.00 29.51	2) Ryan, Gabbie JR 1:03.78 30.46 1:03.95	3) Dahlberg, Catherine FR 32.79 1:08.37	4) Blevins, Hannah JR	
--- Saint John Paul the Great Cath	B	4:28.31	x4:25.14	STES
1) Voith, Amy SO 32.32	2) Angarag, Alice JR 31.15 1:04.84	3) Frederick, Izzie SO 30.44 1:05.30	4) Mills, Emily FR	
--- Oakcrest School	B	4:26.16	x4:39.67	
1) McDonnell, Maddie JR 33.77 1:13.56 32.34	2) Ryan, Fiona JR 1:09.96 32.62 1:09.70	3) Teh, Michaela SO 31.47 1:06.45	4) Larson, Elle JR	
--- Trinity Christian School	B	4:11.71	DQ	
Early take-off swimmer #2				
1) Brown, Lena FR 31.83 1:08.08 29.00	2) Gilbert, Maddie FR 1:03.52 29.27 1:04.81	3) Witdoeckt, Karis SR 15.83 1:04.16	4) Lee, Tori FR	