

Observed Infractions of Rules Unique to USA Swimming

(Complete and submit this form even if no infractions are observed)

| | |
|-----------------------|-------------------|
| Meet: | WCAC Championship |
| Location: | |
| Date: | |
| Official Name: | #19-MaryLombardo |

| Round | Event # | Event Description | Heat | Lane |
|-------|---------|--------------------------|------|------|
| | 19 | Boys 100 Yard Backstroke | 1 | 6 |

| Swimmer/Team | Violation |
|----------------|-----------------------|
| Matthew Colkin | Delay Initiating turn |

| Round | Event # | Event Description | Heat | Lane |
|-------|---------|-------------------|------|------|
| | | | | |

| Swimmer/Team | Violation |
|--------------|-----------|
| | |

| Round | Event # | Event Description | Heat | Lane |
|-------|---------|-------------------|------|------|
| | | | | |

| Swimmer/Team | Violation |
|--------------|-----------|
| | |

| Round | Event # | Event Description | Heat | Lane |
|-------|---------|-------------------|------|------|
| | | | | |

| Swimmer/Team | Violation |
|--------------|-----------|
| | |

SWIMMING RULES: COMMON ELEMENTS and DIFFERENCES (as of September 25, 2018) OKI

| | Start | Freestyle | Backstroke | Breaststroke | Butterfly | I.M. |
|--|---|--|--|---|--|---|
| COMMON ELEMENTS WITH GOVERNING BODIES | <ul style="list-style-type: none"> • Whistle preparatory commands; • No recall; • Forward - after TYM - foot/feet at front of block (see USMS); • Back - feet can be above water; not above lip of gutter or curling of toes over gutter. • Requires a stationary starting position. | <ul style="list-style-type: none"> • Head up by 15m | <ul style="list-style-type: none"> • Head up by 15m • After 15m, some part of the swimmer must break the surface throughout the race. • May be completely submerged during turn | <ul style="list-style-type: none"> • 2 hand touch - simultaneous; • Arms in same horizontal plane; • Elbows can be out at turn and finish; • Head must break surface by widest part of 2" stroke; • One single butterfly/dolphin kick permitted at start and each turn at any time prior to the first breaststroke kick; | <ul style="list-style-type: none"> • Head up by 15 m; • simultaneous 2 hand touch; • Arms simultaneous in recovery and pull; • Breaststroke, scissor, alternating kick not permitted (see USMS); • Body kept on breast from beginning of first arm stroke; • Can't re-submerge | <ul style="list-style-type: none"> • Turn rules apply for intermediate turns. • Finish rules apply at transition turns. • During freestyle the after the turn the swimmer may be towards the back provided there is no kick or stroke. |

DIFFERENCES - see specific rule book for exact wording

| | | | | | | |
|--|---|--|--|---|--|--|
| FINA: USA-S: YMCA: NCAA | See POOL DEPTH COMPARISON chart for differences | | <ul style="list-style-type: none"> • Backstroke starting device use is permitted. • When backstroke ledge is used, toes of both feet in contact with end wall at start. | <ul style="list-style-type: none"> • At the touch at turns and finish, hands must be "separated"; meaning-cannot be "stacked". | <ul style="list-style-type: none"> • At the touch at turns and finish, hands must be "separated"; meaning-cannot be "stacked". | |
| NFHS | <ul style="list-style-type: none"> • Verbal or whistle preparatory commands - State option | | <ul style="list-style-type: none"> • Kick/glide is permitted <u>before</u> and after turning action. • Backstroke starting device <u>not</u> permitted. • Both hands: in contact with the end of the pool or starting platform. | <ul style="list-style-type: none"> • No sculling permitted. • Two hand simultaneous touch required. • Stacking hands permitted during touch. | <ul style="list-style-type: none"> • Hands - at same horizontal plane at any given time during stroke; (both pull and recovery) • Stacking hands permitted during touch. | <ul style="list-style-type: none"> • See stroke differences |