

2024 Alexandria City Championships - 11/19/2024 to 11/20/2024**Results****Event 1 Boys 200 Yard Medley Relay**

Team	Relay	Seed Time	Finals Time	Points
1 Alexandria City High School	A	1:41.22	1:42.63	10
1) Koeppen, Finn	2) Ramsdell, Jonathan 17	3) Damico-Lassman, Tobias 16	4) Sutherland, Jack 17	
27.68	54.72 (27.04)	1:20.27 (25.55)	1:42.63 (22.36)	
2 Bishop Ireton High School	A	1:41.84	1:46.55	5
1) McLallen, Colin	2) Corley, Adam	3) Fuqua, Jack 16	4) Lentini, Jack 15	
29.30	56.44 (27.14)	1:23.75 (27.31)	1:46.55 (22.80)	
3 Episcopal High School	A	1:54.26	1:56.55	3
1) Liu, David 17	2) Xu, Jarett 18	3) Yuan, Bryan 16	4) Galleher, Ryan 16	
30.57	1:06.31 (35.74)	1:33.94 (27.63)	1:56.55 (22.61)	
4 Bishop Ireton High School	B	NT	1:58.09	
1) Kennedy, Luke 16	2) Corley, Connor 16	3) Morse, Charlie	4) Patterson, Bryce	
34.90	1:04.73 (29.83)	1:32.79 (28.06)	1:58.09 (25.30)	
5 Alexandria City High School	B	1:59.26	2:00.97	
1) Southworth, Cooper 17	2) Johnson, Isaac	3) Condon, Luca 15	4) Mead, Henry 18	
33.31	1:07.05 (33.74)	1:38.53 (31.48)	2:00.97 (22.44)	
6 Episcopal High School	B	NT	2:16.57	
1) Ragland, Robert 16	2) Sinclair, William 14	3) Asad, Mazen 17	4) Boyle, Finn 18	
40.07	1:19.97 (39.90)	1:46.35 (26.38)	2:16.57 (30.22)	
7 St. Stephen's & St. Agnes	A	1:32.69	2:16.96	
1) Clark, Cole	2) Lieberthal, Cole	3) Riedy, Liam	4) Sokol, Spencer	
33.37	1:09.21 (35.84)	1:41.08 (31.87)	2:16.96 (35.88)	

Event 2 Girls 200 Yard Medley Relay

Team	Relay	Seed Time	Finals Time	Points
1 St. Stephen's & St. Agnes	A	1:49.01	1:53.17	10
1) Brock, Lila	2) Bremner, Annabelle	3) Lehman, Haley 18	4) Carroll, Elisabeth 18	
29.07	1:00.98 (31.91)	1:27.19 (26.21)	1:53.17 (25.98)	
2 Alexandria City High School	A	1:53.49	1:54.83	5
1) Cotton, Rachel 17	2) Aida, Mila 16	3) Hubbard, Leia 18	4) Fitzgerald, Maya 15	
27.98	1:00.59 (32.61)	1:28.22 (27.63)	1:54.83 (26.61)	
3 Bishop Ireton High School	A	1:57.35	1:59.42	3
1) Vanlandingham, Avery	2) Bliss, Sophie 15	3) Smullen, Caroline 16	4) Forrer, Marcella 16	
28.90	1:03.56 (34.66)	1:32.91 (29.35)	1:59.42 (26.51)	
4 Bishop Ireton High School	B	NT	2:06.57	
1) Adams, Amelia 17	2) Dwyer, Neve 15	3) Mahon, Maura	4) Kennelly, Liliana	
32.10	1:09.08 (36.98)	1:38.69 (29.61)	2:06.57 (27.88)	
5 St. Stephen's & St. Agnes	B	NT	2:08.61	
1) Knutson, Finley	2) Dixon, Jordon 17	3) Strauss, Anna	4) Dixon, Lordon	
33.89	1:07.02 (33.13)	1:40.25 (33.23)	2:08.61 (28.36)	
6 Alexandria City High School	B	2:13.10	2:13.99	
1) McLemore, Isabella 16	2) Coulby, Lilly 16	3) Yoo, Roxie	4) Conjura, Cate 16	
32.90	1:07.94 (35.04)	1:43.70 (35.76)	2:13.99 (30.29)	
7 Episcopal High School	A	2:10.74	2:14.91	
1) Chen, Chloe 17	2) Fu, Alina 18	3) Lin, Ava 23	4) Billo, Alexa 17	
32.60	1:10.00 (37.40)	1:49.11 (39.11)	2:14.91 (25.80)	
8 Episcopal High School	B	NT	2:29.46	
1) Gibbons, Grey 16	2) Sinclair, Emma Blue 16	3) Carr, Annie 17	4) Vesey, Lillian 16	
38.61	1:20.41 (41.80)	1:58.80 (38.39)	2:29.46 (30.66)	

Event 3 Boys 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Ingraham, Evan		St. Stephen's & St. Agnes	1:42.25	1:49.13	8
25.73	53.47 (27.74)	1:21.65 (28.18)	1:49.13 (27.48)		

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(Event 3 Boys 200 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
2 Ellis, Leo		Alexandria City High School	1:53.33	1:51.40	6
26.14	54.04 (27.90)	1:22.56 (28.52)	1:51.40 (28.84)		
3 Guevara, Alex		Alexandria City High School	2:14.80	2:08.82	5
28.31	59.30 (30.99)	1:32.74 (33.44)	2:08.82 (36.08)		
4 Lentini, Jack	15	Bishop Ireton High School	2:05.09	2:09.93	4
27.62	59.55 (31.93)	1:34.33 (34.78)	2:09.93 (35.60)		
5 Scanlon, Martin		Bishop Ireton High School	2:10.69	2:15.62	3
29.59	1:02.85 (33.26)	1:39.10 (36.25)	2:15.62 (36.52)		
6 Clark, Cole		St. Stephen's & St. Agnes	2:28.40	2:46.76	2
33.13	1:11.82 (38.69)	1:58.99 (47.17)	2:46.76 (47.77)		

Event 4 Girls 200 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Lehman, Haley	18	St. Stephen's & St. Agnes	1:52.98	1:56.42	8
26.25	55.33 (29.08)	1:25.72 (30.39)	1:56.42 (30.70)		
2 Forrer, Therese	17	Bishop Ireton High School	2:03.92	2:04.97	6
28.66	1:01.13 (32.47)	1:32.92 (31.79)	2:04.97 (32.05)		
3 Lentini, Emma	17	Bishop Ireton High School	2:04.57	2:09.44	5
28.89	1:02.16 (33.27)	1:36.53 (34.37)	2:09.44 (32.91)		
4 Lehman, Chloe		St. Stephen's & St. Agnes	NT	2:12.81	4
31.03	1:04.50 (33.47)	1:38.73 (34.23)	2:12.81 (34.08)		
5 Hubbard, Leia	18	Alexandria City High School	2:01.03	2:17.86	3
31.03	1:06.18 (35.15)	1:42.20 (36.02)	2:17.86 (35.66)		
6 Benatti, Eleanor		Alexandria City High School	NT	2:28.01	2
31.62	1:08.04 (36.42)	1:47.82 (39.78)	2:28.01 (40.19)		
7 Zhang, Michelle	18	Episcopal High School	NT	3:14.87	1
41.77	1:30.59 (48.82)	3:14.87 (1:44.28)			

Event 5 Boys 200 Yard IM

Name	Age	School	Seed Time	Finals Time	Points
1 Ramsdell, Jonathan	17	Alexandria City High School	2:01.84	2:02.28	8
26.29	57.75 (31.46)	1:32.59 (34.84)	2:02.28 (29.69)		
2 Corley, Adam		Bishop Ireton High School	2:19.11	2:30.44	6
33.57	1:15.88 (42.31)	1:55.00 (39.12)	2:30.44 (35.44)		
3 Johnson, Peter		Bishop Ireton High School	2:28.73	2:31.96	5
29.41	1:08.44 (39.03)	1:54.91 (46.47)	2:31.96 (37.05)		
4 Bethke, Tyson		St. Stephen's & St. Agnes	2:35.59	2:33.78	4
29.74	1:09.11 (39.37)	1:55.07 (45.96)	2:33.78 (38.71)		
5 Reber, Cruz	15	Alexandria City High School	2:24.11	2:38.47	3
29.22	1:09.77 (40.55)	1:59.58 (49.81)	2:38.47 (38.89)		
6 Riedy, Liam		St. Stephen's & St. Agnes	NT	2:53.07	2
34.89	1:20.07 (45.18)	2:12.06 (51.99)	2:53.07 (41.01)		

Event 6 Girls 200 Yard IM

Name	Age	School	Seed Time	Finals Time	Points
1 Bremner, Annabelle		St. Stephen's & St. Agnes	2:10.38	2:15.80	8
29.14	1:05.42 (36.28)	1:43.29 (37.87)	2:15.80 (32.51)		
2 Vanlandingham, Avery		Bishop Ireton High School	2:24.50	2:21.51	6
29.90	1:03.86 (33.96)	1:47.34 (43.48)	2:21.51 (34.17)		
3 O'Brien, Bridget		Alexandria City High School	2:29.14	2:28.56	5
29.51	1:07.26 (37.75)	1:54.40 (47.14)	2:28.56 (34.16)		
4 Smullen, Caroline	16	Bishop Ireton High School	2:22.01	2:32.40	4
31.21	1:11.87 (40.66)	1:57.24 (45.37)	2:32.40 (35.16)		

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(Event 6 Girls 200 Yard IM)

Name	Age	School	Seed Time	Finals Time	Points
5 Fitzgerald, Maya	15	Alexandria City High School	2:24.43	2:32.53	3
	30.72	1:10.42 (39.70)	1:56.34 (45.92)	2:32.53 (36.19)	
6 Dixon, Lordon		St. Stephen's & St. Agnes	NT	2:44.60	2
	36.46	1:17.24 (40.78)	2:07.13 (49.89)	2:44.60 (37.47)	

Event 7 Boys 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Damico-Lassman, Tobias	16	Alexandria City High School	22.73	23.09	8
2 Sutherland, Jack	17	Alexandria City High School	22.78	23.29	6
3 Galleher, Ryan	16	Episcopal High School	23.35	23.63	5
4 Ungureau, David		St. Stephen's & St. Agnes	23.02	23.69	4
5 McLallen, Colin		Bishop Ireton High School	24.09	24.13	3
6 Asad, Mazen	17	Episcopal High School	25.26	24.56	2
7 Spendley, Tucker	17	Bishop Ireton High School	24.63	24.91	1
--- Mead, Henry	18	Alexandria City High School	25.21	X25.65	
--- Moten Jr., Karon		Alexandria City High School	NT	X26.02	
--- Xu, Jarett	18	Episcopal High School	NT	X26.38	
--- Billips, Christopher		Alexandria City High School	NT	X26.93	
--- Upham, Daniel		Alexandria City High School	27.93	X27.56	
--- Johnson, Isaac		Alexandria City High School	27.92	X27.91	
--- Henderson, William	16	Alexandria City High School	26.86	X28.05	
--- Cunningham, Henry	17	Episcopal High School	NT	X28.12	
--- Bonello, Jack	18	Episcopal High School	NT	X28.67	
--- Boyle, Finn	18	Episcopal High School	NT	X29.04	
--- Smith, Kellan		Alexandria City High School	NT	X29.89	
--- Vazquez, Xavier	15	Alexandria City High School	30.22	X30.06	
--- Lorenzen-Schmidt, Luca		Alexandria City High School	32.23	X30.56	
--- Clemence, Idris		Alexandria City High School	NT	X31.15	
--- Sinclair, William	14	Episcopal High School	NT	X31.23	
--- Southworth, Cooper	17	Alexandria City High School	27.03	X31.55	
--- Stone, Tyler		Alexandria City High School	33.05	X31.74	
--- Lawlor, Adrian		Alexandria City High School	NT	X32.00	
--- LaMois, Eddie		Alexandria City High School	35.51	X33.04	
--- Altenburg, Avery		Alexandria City High School	NT	X33.12	
--- Ragland, Robert	16	Episcopal High School	NT	X34.27	
--- Hernandez Arias, Moises	17	Alexandria City High School	46.63	X38.45	

Event 8 Girls 50 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Cotton, Rachel	17	Alexandria City High School	24.26	25.11	8
2 Nick, Ella		Bishop Ireton High School	24.98	25.29	6
3 Carroll, Elisabeth	18	St. Stephen's & St. Agnes	25.34	26.74	5
4 Forrer, Marcella	16	Bishop Ireton High School	26.80	26.84	4
5 Billo, Alexa	17	Episcopal High School	28.27	28.30	3
6 Aida, Mila	16	Alexandria City High School	27.33	28.63	2
7 Knutson, Finley		St. Stephen's & St. Agnes	28.70	29.33	1
8 Carr, Annie	17	Episcopal High School	33.00	31.86	
--- Dwyer, Quinn	15	Bishop Ireton High School	29.23	X28.90	
--- Easton, Kathryn	15	Bishop Ireton High School	28.67	X28.96	
--- Coulby, Lilly	16	Alexandria City High School	29.65	X29.40	
--- Rozycki, Sophia		Bishop Ireton High School	NT	X29.56	
--- Dwyer, Neve	15	Bishop Ireton High School	29.96	X30.01	

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(Event 8 Girls 50 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
--- Voorhees, Virginia		Bishop Ireton High School	29.24	X30.21	
--- Prow, Sadie		Bishop Ireton High School	31.05	X30.63	
--- McDaniel, Blythe		Bishop Ireton High School	30.89	X30.64	
--- Conjura, Cate	16	Alexandria City High School	29.85	X30.70	
--- Aida, Reika		Alexandria City High School	31.22	X30.72	
--- Gibbons, Grey	16	Episcopal High School	NT	X30.89	
--- White, Verveine	16	Alexandria City High School	31.68	X30.94	
--- Richardson, Lillian		St. Stephen's & St. Agnes	30.64	X31.03	
--- Meisner, Brooklyn		Bishop Ireton High School	31.61	X31.08	
--- Capistran, Emily		Bishop Ireton High School	32.60	X32.50	
--- Jung, Annie	15	Episcopal High School	NT	X32.54	
--- Montes de Oca, Freya		Alexandria City High School	34.29	X32.75	
--- Lin, Ava	23	Episcopal High School	NT	X32.80	
--- McGrew, Kate		St. Stephen's & St. Agnes	35.35	X32.82	
--- Parks, Amelia		Alexandria City High School	34.14	X32.94	
--- DeCourcey, Karenna		Bishop Ireton High School	31.36	X33.06	
--- Middel, Ashley		Bishop Ireton High School	33.39	X33.10	
--- Sutter, Leighton	16	Alexandria City High School	32.39	X33.14	
--- Vesey, Lillian	16	Episcopal High School	NT	X33.34	
--- Costello, Mary Kate		Bishop Ireton High School	33.19	X33.34	
--- McCall, Aine		Alexandria City High School	31.94	X33.57	
--- Stuart, Alexandra		Bishop Ireton High School	33.32	X33.63	
--- Spivey, Ryann		Bishop Ireton High School	33.87	X34.08	
--- Kortanek, Emma	15	Bishop Ireton High School	34.03	X34.46	
--- Verhoeven, Gaetanina	16	Alexandria City High School	35.27	X35.18	
--- Hixson, Nora		Bishop Ireton High School	34.43	X35.31	
--- Buckley, Sophie		St. Stephen's & St. Agnes	35.82	X36.66	
--- Montes de Oca, Antonia		Alexandria City High School	36.71	X37.46	
--- Scolese, Annie		Bishop Ireton High School	39.75	X37.98	
--- Kortanek, Sofia		Bishop Ireton High School	39.42	X38.54	
--- Buchanan, Grace		Bishop Ireton High School	39.52	X38.84	
--- Halsey, Coda		Alexandria City High School	39.22	X38.95	
--- Poersch, Claire		St. Stephen's & St. Agnes	40.46	X39.48	
--- Bernard-Morales, Emery		Alexandria City High School	39.89	X40.38	
--- Hackl, Christine		Bishop Ireton High School	43.65	X41.39	
--- Cutler, Charlie		St. Stephen's & St. Agnes	43.21	X41.40	
--- Plunkett, Julia		Bishop Ireton High School	44.60	X42.08	
--- Roberts, Gabrielle	15	Alexandria City High School	42.25	X43.40	
--- Stuart, Kate		Bishop Ireton High School	48.92	X47.52	

Event 9 Boys 1 mtr Diving

Name	Age	School	Finals Score	Points	
1 Coulby, Mac	18	Alexandria City High School	181.20	170.20	8
2 Franco, Jose		Bishop Ireton High School	159.55	158.50	6
3 Vastola, Gavin		Alexandria City High School	NP	109.75	5

Event 10 Girls 1 mtr Diving

Name	Age	School	Finals Score	Points	
1 Duffield, Allison		Bishop Ireton High School	167.40	169.20	8
2 McGuire, Maeve	15	Bishop Ireton High School	126.65	156.25	6
3 Strauss, Audrey		St. Stephen's & St. Agnes	NP	138.70	5
4 Flynn, Zemma		St. Stephen's & St. Agnes	129.85	134.10	4

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(Event 10 Girls 1 mtr Diving)

Name	Age	School	Finals Score	Points	
5 Stohs, Ella		Alexandria City High School	NP	112.90	3
6 McLemore, Isabella	16	Alexandria City High School	113.75	112.80	2
--- Webber, Elanor		Alexandria City High School	NP	X70.45	

Event 11 Boys 100 Yard Butterfly

Name	Age	School	Seed Time	Finals Time	Points
1 Ingraham, Evan		St. Stephen's & St. Agnes	50.57	52.78	8
25.11	52.78 (27.67)				
2 Koeppen, Finn		Alexandria City High School	56.19	58.63	6
27.45	58.63 (31.18)				
3 Fuqua, Jack	16	Bishop Ireton High School	1:01.40	1:00.83	5
29.18	1:00.83 (31.65)				
4 Spendley, Tucker	17	Bishop Ireton High School	1:02.07	1:04.09	4
30.07	1:04.09 (34.02)				
5 Guevara, Alex		Alexandria City High School	1:08.26	1:10.09	3
31.70	1:10.09 (38.39)				
--- Morse, Charlie		Bishop Ireton High School	1:06.97	X1:06.28	
30.22	1:06.28 (36.06)				
--- Johnson, Peter		Bishop Ireton High School	1:06.74	X1:10.99	
30.83	1:10.99 (40.16)				
--- Paz-Hernandez, Eddy	16	Alexandria City High School	1:12.08	X1:17.44	
35.59	1:17.44 (41.85)				
--- Paz-Hernandez, Christopher		Alexandria City High School	NT	X1:18.46	
32.70	1:18.46 (45.76)				

Event 12 Girls 100 Yard Butterfly

Name	Age	School	Seed Time	Finals Time	Points
1 Hubbard, Leia	18	Alexandria City High School	1:02.99	1:02.84	8
29.24	1:02.84 (33.60)				
2 Brock, Lila		St. Stephen's & St. Agnes	1:03.48	1:03.58	6
30.14	1:03.58 (33.44)				
3 Forrer, Therese	17	Bishop Ireton High School	1:04.57	1:06.48	5
29.49	1:06.48 (36.99)				
4 O'Brien, Bridget		Alexandria City High School	1:05.89	1:07.43	4
31.99	1:07.43 (35.44)				
5 Mahon, Maura		Bishop Ireton High School	1:09.05	1:11.68	3
33.90	1:11.68 (37.78)				
6 Lehman, Chloe		St. Stephen's & St. Agnes	NT	1:14.65	2
34.11	1:14.65 (40.54)				
--- Kennelly, Liliana		Bishop Ireton High School	NT	X1:22.08	
35.79	1:22.08 (46.29)				
--- Capistran, Emily		Bishop Ireton High School	NT	X1:23.17	
37.76	1:23.17 (45.41)				
--- Yoo, Natasha	16	Alexandria City High School	1:20.16	X1:25.77	
38.73	1:25.77 (47.04)				
--- Yoo, Roxie		Alexandria City High School	1:25.89	X1:27.91	
41.84	1:27.91 (46.07)				

Event 13 Boys 100 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Damico-Lassman, Tobias	16	Alexandria City High School	49.83	50.06	8
23.91	50.06 (26.15)				
2 Lentini, Jack	15	Bishop Ireton High School	54.55	54.74	6
26.15	54.74 (28.59)				

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	Name	Age	School	Seed Time	Finals Time	Points
3	Yuan, Bryan	16	Episcopal High School	55.61	54.98	5
	26.49	54.98 (28.49)				
4	Bobrowski, Michael		Bishop Ireton High School	57.19	57.85	4
	27.15	57.85 (30.70)				
5	Liu, David	17	Episcopal High School	57.35	58.49	3
	28.57	58.49 (29.92)				
6	Reber, Cruz	15	Alexandria City High School	56.00	58.90	2
	28.57	58.90 (30.33)				
7	Riedy, Liam		St. Stephen's & St. Agnes	NT	1:07.18	1
	31.68	1:07.18 (35.50)				
8	Sokol, Spencer		St. Stephen's & St. Agnes	NT	1:20.35	
	36.44	1:20.35 (43.91)				
---	Corley, Connor	16	Bishop Ireton High School	1:01.32	X1:00.33	
	28.20	1:00.33 (32.13)				
---	Moten Jr., Karon		Alexandria City High School	NT	X1:01.02	
	28.59	1:01.02 (32.43)				
---	Billips, Christopher		Alexandria City High School	NT	X1:03.55	
	30.60	1:03.55 (32.95)				
---	Hixson, Ian	15	Bishop Ireton High School	1:09.32	X1:09.79	
	32.18	1:09.79 (37.61)				

Event 14 Girls 100 Yard Freestyle

	Name	Age	School	Seed Time	Finals Time	Points
1	Nick, Ella		Bishop Ireton High School	54.63	56.94	8
	27.82	56.94 (29.12)				
2	Lentini, Emma	17	Bishop Ireton High School	57.12	58.01	6
	28.03	58.01 (29.98)				
3	Carroll, Elisabeth	18	St. Stephen's & St. Agnes	54.64	58.71	5
	27.87	58.71 (30.84)				
4	Fitzgerald, Maya	15	Alexandria City High School	56.49	1:01.52	4
	28.94	1:01.52 (32.58)				
5	Perkins, Lucy	16	St. Stephen's & St. Agnes	59.89	1:02.31	3
	28.96	1:02.31 (33.35)				
6	Allen, Mallory	16	Alexandria City High School	1:02.45	1:03.19	2
	30.27	1:03.19 (32.92)				
7	Fu, Alina	18	Episcopal High School	1:08.17	1:08.44	1
	33.68	1:08.44 (34.76)				
8	Carr, Annie	17	Episcopal High School	1:13.54	1:12.37	
	34.62	1:12.37 (37.75)				
---	Kyle, Bella		Bishop Ireton High School	1:05.13	X1:03.72	
	31.03	1:03.72 (32.69)				
---	Quaid, Sloane		Bishop Ireton High School	1:06.17	X1:05.36	
	31.79	1:05.36 (33.57)				
---	Richardson, Lillian		St. Stephen's & St. Agnes	1:15.28	X1:15.25	
	34.76	1:15.25 (40.49)				
---	White, Verveine	16	Alexandria City High School	1:18.42	X1:15.37	
	34.82	1:15.37 (40.55)				
---	McGrew, Kate		St. Stephen's & St. Agnes	NT	X1:17.11	
	35.44	1:17.11 (41.67)				
---	Sutter, Leighton	16	Alexandria City High School	1:16.60	X1:17.29	
	36.57	1:17.29 (40.72)				
---	Vesey, Lillian	16	Episcopal High School	NT	X1:26.58	
	39.20	1:26.58 (47.38)				

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Results

(Event 14 Girls 100 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
--- Zhang, Michelle	18	Episcopal High School	NT	X1:28.87	
42.53	1:28.87 (46.34)				

Event 15 Boys 500 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Ellis, Leo		Alexandria City High School	5:10.89	5:18.84	8
28.53	1:00.35 (31.82)	1:32.57 (32.22)	2:05.06 (32.49)		
2:38.25 (33.19)	3:10.82 (32.57)	3:43.51 (32.69)	4:16.61 (33.10)		
4:48.78 (32.17)	5:18.84 (30.06)				
2 McLallen, Colin		Bishop Ireton High School	5:36.85	5:25.27	6
29.05	1:01.13 (32.08)	1:33.50 (32.37)	2:06.79 (33.29)		
2:40.31 (33.52)	3:14.20 (33.89)	3:47.58 (33.38)	4:20.80 (33.22)		
4:53.54 (32.74)	5:25.27 (31.73)				
3 Patterson, Bryce		Bishop Ireton High School	NT	6:23.87	5
32.05	1:09.67 (37.62)	1:48.94 (39.27)	2:28.54 (39.60)		
3:08.12 (39.58)	3:47.83 (39.71)	4:27.63 (39.80)	5:07.25 (39.62)		
5:46.35 (39.10)	6:23.87 (37.52)				
4 Bethke, Tyson		St. Stephen's & St. Agnes	6:43.27	6:35.13	4
32.90	1:08.53 (35.63)	1:48.67 (40.14)	2:29.52 (40.85)		
3:11.31 (41.79)	3:53.94 (42.63)	4:35.29 (41.35)	5:16.44 (41.15)		
5:57.16 (40.72)	6:35.13 (37.97)				
5 Schultz, Willem	17	Alexandria City High School	6:58.54	6:51.38	3
34.01		1:54.29 ()	2:36.85 (42.56)		
	4:01.73 ()		5:29.06 ()		
6:51.38 (1:22.32)					
6 Lieberthal, Cole		St. Stephen's & St. Agnes	NT	7:31.81	2
33.95	1:14.38 (40.43)	1:58.52 (44.14)	2:45.02 (46.50)		
3:31.01 (45.99)	4:20.26 (49.25)	5:08.91 (48.65)	5:59.03 (50.12)		
6:47.31 (48.28)	7:31.81 (44.50)				

Event 16 Girls 500 Yard Freestyle

Name	Age	School	Seed Time	Finals Time	Points
1 Lehman, Haley	18	St. Stephen's & St. Agnes	5:02.24	5:10.93	8
28.13	58.88 (30.75)	1:30.36 (31.48)	2:02.02 (31.66)		
2:33.65 (31.63)	3:05.34 (31.69)	3:36.95 (31.61)	4:08.57 (31.62)		
4:40.25 (31.68)	5:10.93 (30.68)				
2 Ferguson, Kathleen		Bishop Ireton High School	5:43.45	6:08.80	6
33.01	1:09.37 (36.36)	1:47.02 (37.65)	2:24.70 (37.68)		
3:02.14 (37.44)	3:40.23 (38.09)	4:17.79 (37.56)	4:55.54 (37.75)		
5:33.14 (37.60)	6:08.80 (35.66)				
3 Luff, Maggie		Bishop Ireton High School	6:08.60	6:11.16	5
32.93	1:09.08 (36.15)	1:46.61 (37.53)	2:25.38 (38.77)		
3:02.99 (37.61)	3:41.04 (38.05)	4:19.05 (38.01)	4:56.94 (37.89)		
5:34.80 (37.86)	6:11.16 (36.36)				
4 Dixon, Jordan	17	St. Stephen's & St. Agnes	6:42.01	6:34.64	4
33.89	1:11.93 (38.04)	1:51.22 (39.29)	2:32.20 (40.98)		
3:12.92 (40.72)	3:53.22 (40.30)	4:34.07 (40.85)	5:14.96 (40.89)		
5:55.74 (40.78)	6:34.64 (38.90)				
5 Benatti, Eleanor		Alexandria City High School	NT	7:01.33	3
36.16	1:17.06 (40.90)	1:59.89 (42.83)	2:43.73 (43.84)		
3:26.71 (42.98)	4:10.41 (43.70)	4:54.02 (43.61)	5:38.13 (44.11)		
6:22.25 (44.12)	7:01.33 (39.08)				

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(Event 16 Girls 500 Yard Freestyle)

Name	Age	School	Seed Time	Finals Time	Points
6 Vogel, Page		Alexandria City High School	NT	7:06.83	2
	33.98	1:15.23 (41.25)	1:58.94 (43.71)	2:42.94 (44.00)	
	3:28.85 (45.91)	4:14.14 (45.29)	5:00.77 (46.63)	5:45.89 (45.12)	
	6:28.37 (42.48)	7:06.83 (38.46)			

Event 17 Boys 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Alexandria City High School	A	1:34.89	1:34.73	10
1) Koeppen, Finn	2) Reber, Cruz 15	3) Ramsdell, Jonathan 17	4) Ellis, Leo	
	24.33	48.54 (24.21)	1:11.52 (22.98)	1:34.73 (23.21)
2 Episcopal High School	A	1:39.38	1:38.29	5
1) Galleher, Ryan 16	2) Asad, Mazen 17	3) Xu, Jarett 18	4) Yuan, Bryan 16	
	23.75	47.78 (24.03)	1:13.96 (26.18)	1:38.29 (24.33)
3 Bishop Ireton High School	A	1:35.64	1:38.53	3
1) Corley, Adam	2) Spendley, Tucker 17	3) Bobrowski, Michael	4) Lentini, Jack 15	
	25.31	49.89 (24.58)	1:15.11 (25.22)	1:38.53 (23.42)
4 St. Stephen's & St. Agnes	A	1:25.58	1:40.63	
1) Ungureanu, David	2) Bethke, Tyson	3) Clark, Cole	4) Ingraham, Evan	
	24.10	50.96 (26.86)	1:18.39 (27.43)	1:40.63 (22.24)
5 Alexandria City High School	B	1:41.19	1:44.21	
1) Guevara, Alex	2) Paz-Hernandez, Eddy 16	3) Condon, Luca 15	4) Mead, Henry 18	
	26.37	55.87 (29.50)	1:18.16 (22.29)	1:44.21 (26.05)
6 Bishop Ireton High School	B	NT	1:45.41	
1) Scanlon, Martin	2) Johnson, Peter	3) Danysh, Caleb	4) Corley, Connor 16	
	26.68	52.61 (25.93)	1:21.59 (28.98)	1:45.41 (23.82)
7 Episcopal High School	B	NT	1:57.88	
1) Sinclair, William 14	2) Bonello, Jack 18	3) Cunningham, Henry 17	4) Boyle, Finn 18	
	33.17	1:01.65 (28.48)	1:29.62 (27.97)	1:57.88 (28.26)

Event 18 Girls 200 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Bishop Ireton High School	A	1:42.50	1:43.40	10
1) Forrer, Therese 17	2) Forrer, Marcella 16	3) Lentini, Emma 17	4) Nick, Ella	
	25.72	51.96 (26.24)	1:18.21 (26.25)	1:43.40 (25.19)
2 St. Stephen's & St. Agnes	A	1:39.00	1:45.10	5
1) Carroll, Elisabeth 18	2) Perkins, Lucy 16	3) Bremner, Annabelle	4) Lehman, Haley 18	
	27.22	54.05 (26.83)	1:20.19 (26.14)	1:45.10 (24.91)
3 Alexandria City High School	A	1:47.59	1:49.08	3
1) Hubbard, Leia 18	2) Allen, Mallory 16	3) O'Brien, Bridget	4) Fitzgerald, Maya 15	
	26.80	55.22 (28.42)	1:21.22 (26.00)	1:49.08 (27.86)
4 Bishop Ireton High School	B	NT	1:54.99	
1) Smullen, Caroline 16	2) Bliss, Sophie 15	3) Voorhees, Lillian	4) Ferguson, Kathleen	
	28.44	56.05 (27.61)	1:25.54 (29.49)	1:54.99 (29.45)
5 Episcopal High School	A	1:56.53	1:57.69	
1) Fu, Alina 18	2) Chen, Chloe 17	3) Sinclair, Emma Blue 16	4) Billo, Alexa 17	
	29.26	58.63 (29.37)	1:30.01 (31.38)	1:57.69 (27.68)
6 St. Stephen's & St. Agnes	B	NT	2:00.64	
1) Dixon, Lordon	2) Knutson, Finley	3) Strauss, Anna	4) Richardson, Lillian	
	29.18	58.07 (28.89)	1:30.05 (31.98)	2:00.64 (30.59)
7 Alexandria City High School	B	2:00.78	2:03.10	
1) McLemore, Isabella 16	2) Yoo, Natasha 16	3) Conjura, Cate 16	4) Coulby, Lilly 16	
	30.02	1:09.34 (39.32)	1:41.36 (32.02)	2:03.10 (21.74)
8 Episcopal High School	B	NT	2:08.51	
1) Lin, Ava 23	2) Gibbons, Grey 16	3) Jung, Annie 15	4) Carr, Annie 17	
	32.57	1:02.88 (30.31)	1:35.89 (33.01)	2:08.51 (32.62)

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Event 19 Boys 100 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time	Points
1	Koeppen, Finn		Alexandria City High School	55.68	1:00.66	8
	30.37			1:00.66 (30.29)		
2	Sutherland, Jack	17	Alexandria City High School	1:01.19	1:00.76	6
	29.48			1:00.76 (31.28)		
3	Fuqua, Jack	16	Bishop Ireton High School	59.91	1:00.82	5
	30.05			1:00.82 (30.77)		
4	Liu, David	17	Episcopal High School	NT	1:09.72	4
	34.62			1:09.72 (35.10)		
5	Wegner, Henry	15	Bishop Ireton High School	NT	1:15.08	3
6	Clark, Cole		St. Stephen's & St. Agnes	1:18.44	1:22.76	2
	37.98			1:22.76 (44.78)		
---	Yoo, Marcus	16	Alexandria City High School	1:13.65	X1:12.82	
	34.15			1:12.82 (38.67)		
---	Kennedy, Luke	16	Bishop Ireton High School	1:21.09	X1:22.35	
	37.81			1:22.35 (44.54)		

Event 20 Girls 100 Yard Backstroke

	Name	Age	School	Seed Time	Finals Time	Points
1	Cotton, Rachel	17	Alexandria City High School	57.55	1:00.73	8
	29.45			1:00.73 (31.28)		
2	Vanlandingham, Avery		Bishop Ireton High School	1:02.77	1:01.81	6
	29.75			1:01.81 (32.06)		
3	Brock, Lila		St. Stephen's & St. Agnes	1:00.70	1:04.47	5
	31.33			1:04.47 (33.14)		
4	Forrer, Marcella	16	Bishop Ireton High School	1:08.71	1:09.68	4
	34.05			1:09.68 (35.63)		
5	Perkins, Lucy	16	St. Stephen's & St. Agnes	1:05.49	1:10.76	3
	33.48			1:10.76 (37.28)		
6	McLemore, Isabella	16	Alexandria City High School	1:14.41	1:14.67	2
	35.56			1:14.67 (39.11)		
7	Chen, Chloe	17	Episcopal High School	1:18.09	1:16.40	1
8	Lin, Ava	23	Episcopal High School	NT	1:30.62	
	42.75			1:30.62 (47.87)		
---	Adams, Amelia	17	Bishop Ireton High School	1:07.45	X1:09.39	
	33.58			1:09.39 (35.81)		
---	Dwyer, Quinn	15	Bishop Ireton High School	1:14.91	X1:17.16	
	37.62			1:17.16 (39.54)		
---	Hutchinson, Genevieve		Alexandria City High School	1:29.37	X1:23.12	
	39.53			1:23.12 (43.59)		

Event 21 Boys 100 Yard Breaststroke

	Name	Age	School	Seed Time	Finals Time	Points
1	Ramsdell, Jonathan	17	Alexandria City High School	58.82	59.61	8
	27.90			59.61 (31.71)		
2	Corley, Adam		Bishop Ireton High School	1:01.14	1:05.58	6
	30.30			1:05.58 (35.28)		
3	Corley, Connor	16	Bishop Ireton High School	1:10.28	1:14.90	5
	32.52			1:14.90 (42.38)		
4	Condon, Luca	15	Alexandria City High School	1:15.43	1:15.13	4
	36.33			1:15.13 (38.80)		
5	Ungureanu, David		St. Stephen's & St. Agnes	1:19.80	1:19.16	3
	37.64			1:19.16 (41.52)		

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(Event 21 Boys 100 Yard Breaststroke)

Name	Age	School	Seed Time	Finals Time	Points
6 Lieberthal, Cole		St. Stephen's & St. Agnes	1:24.19	1:22.76	2
38.06	1:22.76 (44.70)				
7 Xu, Jarett	18	Episcopal High School	NT	1:26.52	1
38.37	1:26.52 (48.15)				
8 Sinclair, William	14	Episcopal High School	NT	1:34.88	
44.26	1:34.88 (50.62)				
--- Nagtzaam, Reid		Bishop Ireton High School	1:13.72	X1:11.06	
32.90	1:11.06 (38.16)				
--- Henderson, William	16	Alexandria City High School	1:23.24	X1:25.30	
38.09	1:25.30 (47.21)				
--- Watkins, Henry		Alexandria City High School	NT	X1:26.31	
39.88	1:26.31 (46.43)				
--- Danysh, Caleb		Bishop Ireton High School	1:31.11	X1:28.08	
40.63	1:28.08 (47.45)				

Event 22 Girls 100 Yard Breaststroke

Name	Age	School	Seed Time	Finals Time	Points
1 Bremner, Annabelle		St. Stephen's & St. Agnes	1:06.59	1:11.27	8
33.59	1:11.27 (37.68)				
2 Aida, Mila	16	Alexandria City High School	1:13.01	1:15.05	6
35.17	1:15.05 (39.88)				
3 Allen, Mallory	16	Alexandria City High School	1:16.20	1:16.79	5
36.40	1:16.79 (40.39)				
4 Dixon, Jordon	17	St. Stephen's & St. Agnes	1:15.74	1:17.42	4
35.82	1:17.42 (41.60)				
5 Bliss, Sophie	15	Bishop Ireton High School	1:14.94	1:18.28	3
37.03	1:18.28 (41.25)				
6 Smullen, Caroline	16	Bishop Ireton High School	1:10.87	1:20.50	2
38.59	1:20.50 (41.91)				
7 Sinclair, Emma Blue	16	Episcopal High School	1:29.51	1:34.54	1
42.74	1:34.54 (51.80)				
8 Jung, Annie	15	Episcopal High School	NT	1:37.49	
45.75	1:37.49 (51.74)				
--- Aida, Reika		Alexandria City High School	1:27.97	X1:22.91	
39.30	1:22.91 (43.61)				
--- Voorhees, Lillian		Bishop Ireton High School	1:22.09	X1:25.54	
40.24	1:25.54 (45.30)				
--- Voorhees, Virginia		Bishop Ireton High School	1:23.83	X1:26.08	
39.67	1:26.08 (46.41)				
--- Rosenberg, Norah	15	Alexandria City High School	NT	XDQ	
51.57	DQ (1:09.38)				

Event 23 Boys 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Alexandria City High School	A	3:29.47	3:30.94	10
1) Damico-Lassman, Tobias 16	2) Reber, Cruz 15	3) Sutherland, Jack 17	4) Ellis, Leo	
23.47	49.35 (49.35)	1:15.30 (25.95)	1:46.15 (56.80)	
2:10.90 (24.75)	2:39.97 (53.82)	3:31.18 (51.21)	3:30.94 (50.97)	
2 Episcopal High School	A	3:45.68	3:50.24	5
1) Galleher, Ryan 16	2) Asad, Mazen 17	3) Yuan, Bryan 16	4) Liu, David 17	
26.15	56.34 (56.34)	1:22.87 (26.53)	1:53.36 (57.02)	
2:20.25 (26.89)	2:50.91 (57.55)	3:19.01 (28.10)	3:50.24 (59.33)	

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(Event 23 Boys 400 Yard Freestyle Relay)

Team	Relay	Seed Time	Finals Time	Points
3 St. Stephen's & St. Agnes	A	3:15.08	3:50.39	3
1) Ungureanu, David	2) Bethke, Tyson	3) Riedy, Liam	4) Ingraham, Evan	
26.64	56.34 (56.34)	1:24.28 (27.94)	1:57.25 (1:00.91)	
2:27.05 (29.80)	3:01.94 (1:04.69)	3:25.12 (23.18)	3:50.39 (48.45)	
4 Bishop Ireton High School	A	3:37.61	3:53.31	
1) Patterson, Bryce	2) Bobrowski, Michael	3) Johnson, Peter	4) McLallen, Colin	
27.36	59.49 (59.49)	1:26.98 (27.49)	2:00.03 (1:00.54)	
2:27.29 (27.26)	2:58.92 (58.89)	3:25.44 (26.52)	3:53.31 (54.39)	
5 Bishop Ireton High School	B	NT	4:04.08	
1) Morse, Charlie	2) Nagtzaam, Reid	3) Fuqua, Jack 16	4) Wegner, Henry 15	
28.32	1:00.91 (1:00.91)	1:27.01 (26.10)	2:01.02 (1:00.11)	
2:28.89 (27.87)	3:01.15 (1:00.13)	4:11.01 (1:09.86)	4:04.08 (1:02.93)	
6 Alexandria City High School	B	3:53.38	4:05.53	
1) Guevara, Alex	2) Mead, Henry 18	3) Paz-Hernandez, Eddy 16	4) Condon, Luca 15	
29.83	1:05.47 (1:05.47)	1:31.91 (26.44)	2:03.82 (58.35)	
3:04.25 (1:00.43)	3:31.38 (1:27.56)	4:07.38 (36.00)	4:05.53 (34.15)	
7 Episcopal High School	B	NT	5:03.48	
1) Boyle, Finn 18	2) Ragland, Robert 16	3) Bonello, Jack 18	4) Cunningham, Henry 17	
35.30	1:14.99 (1:14.99)	1:52.23 (37.24)	2:37.08 (1:22.09)	
3:10.58 (33.50)	3:57.61 (1:20.53)	4:22.93 (25.32)	5:03.48 (1:05.87)	

Event 24 Girls 400 Yard Freestyle Relay

Team	Relay	Seed Time	Finals Time	Points
1 Bishop Ireton High School	A	3:47.77	3:48.42	10
1) Forrer, Therese 17	2) Vanlandingham, Avery	3) Lentini, Emma 17	4) Nick, Ella	
27.16	57.57 (57.57)	1:25.07 (27.50)	1:54.71 (57.14)	
2:22.59 (27.88)	2:52.83 (58.12)	3:18.49 (25.66)	3:48.42 (55.59)	
2 Alexandria City High School	A	3:58.72	4:04.95	5
1) O'Brien, Bridget	2) Cotton, Rachel 17	3) Aida, Mila 16	4) Allen, Mallory 16	
27.79	59.76 (59.76)	1:26.70 (26.94)	1:57.73 (57.97)	
2:27.82 (30.09)	3:01.71 (1:03.98)	3:31.58 (29.87)	4:04.95 (1:03.24)	
3 St. Stephen's & St. Agnes	A	3:39.38	4:08.97	3
1) Brock, Lila	2) Perkins, Lucy 16	3) Knutson, Finley	4) Dixon, Jordan 17	
27.57	57.44 (57.44)	1:25.35 (27.91)	1:58.06 (1:00.62)	
2:18.76 (20.70)	3:04.44 (1:06.38)	3:35.29 (30.85)	4:08.97 (1:04.53)	
4 Bishop Ireton High School	B	NT	4:22.44	
1) Kennelly, Liliana	2) Luff, Maggie	3) Quaid, Sloane	4) Kyle, Bella	
30.88	1:06.43 (1:06.43)	1:37.32 (30.89)	2:11.65 (1:05.22)	
2:43.63 (31.98)	3:17.71 (1:06.06)	3:48.50 (30.79)	4:22.44 (1:04.73)	
5 Alexandria City High School	B	4:36.56	4:33.17	
1) Coulby, Lilly 16	2) Conjura, Cate 16	3) Benatti, Eleanor	4) Vogel, Page	
31.52	1:06.93 (1:06.93)	1:39.98 (33.05)	2:28.11 (1:21.18)	
2:50.81 (22.70)	3:26.68 (58.57)	3:58.38 (31.70)	4:33.17 (1:06.49)	
6 St. Stephen's & St. Agnes	B	NT	4:34.40	
1) Lehman, Chloe	2) Dixon, Lordon	3) Richardson, Lillian	4) Strauss, Anna	
30.67	1:04.05 (1:04.05)	1:34.69 (30.64)	2:08.71 (1:04.66)	
2:42.85 (34.14)	3:24.60 (1:15.89)	3:57.98 (33.38)	4:34.40 (1:09.80)	
7 Episcopal High School	A	4:33.45	4:48.55	
1) Billo, Alexa 17	2) Fu, Alina 18	3) Chen, Chloe 17	4) Sinclair, Emma Blue 16	
31.72	1:07.39 (1:07.39)	1:40.07 (32.68)	2:15.39 (1:08.00)	
2:50.12 (34.73)	3:28.49 (1:13.10)	4:05.08 (36.59)	4:48.55 (1:20.06)	
8 Episcopal High School	B	NT	5:27.61	
1) Gibbons, Grey 16	2) Jung, Annie 15	3) Vesey, Lillian 16	4) Zhang, Michelle 18	
32.81	1:07.41 (1:07.41)	1:47.00 (39.59)	2:33.70 (1:26.29)	
3:11.58 (37.88)	3:57.46 (1:23.76)	4:39.30 (41.84)	5:27.61 (1:30.15)	