



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
50 Yard Freestyle - SCY						
1	22.73	894	Amy Qin	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
2	23.45	821	Andrea Dworak	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
3	23.53	813	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
4	23.64	802	Allison Witdoeck	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
5	23.67	800	Allison Kim	Unattached	2024 VA Class 6 State Championships	2/16/2024
6	23.79	788	Livia Venditti	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
7	23.85	782	Gianna Davis	Potomac Marlins	2024 VA EZ SC Speedo Championships	3/23/2024
8	23.88	779	Charlotte Dixon	Mason MAKOS Swim Team	2024 PV Short Course Senior Championships	3/9/2024
9	24.07	760	Rachel Conley	Unattached	2024 PV OB VHSL Liberty District	1/27/2024
10	24.09	758	Emma Redman	The FISH	2024 FL ISCA International Senior Cup	3/28/2024
10	24.09	758	Reagan Phillips	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
12	24.15	753	Ava Whittaker	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
13	24.28	740	Jane Macik	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
14	24.29	739	Eleanor Denney	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
15	24.36	732	Isla Bartholomew	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/23/2024
16	24.37	731	Alyssa Webb	York Swim Club	2023 PV Winter Classic Invitational	12/9/2023
17	24.38	730	Veronika Owen	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/9/2024
18	24.47	722	Emma Casas	Unattached	2024 PV OB VHSL Occoquan Region	2/9/2024
19	24.48	721	Caitlin Gross	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
20	24.51	718	Lillian Von Herbulis	Unattached	2024 VA Class 3 State Championships	2/17/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
100 Yard Freestyle - SCY						
1	50.03	861	Amy Qin	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
2	50.35	845	Andrea Dworak	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
3	50.61	831	Allison Witdoeckt	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
4	50.97	812	Sarah Eliason	Rockville Montgomery Swim Club	2023 VA HOKI Thanksgiving Invite	11/4/2023
5	51.32	794	Elizabeth Sistrunk	Unattached	2024 VA Class 6 State Championships	2/16/2024
6	51.45	788	Livia Venditti	Unattached	2024 PV OB Wash Metro HS Championships	2/9/2024
7	51.54	783	Emma Redman	The FISH	2023 PV Riley Eaton Holiday Invitational	12/17/2023
8	51.61	780	Rachel Conley	Unattached	2024 VA Class 6 State Championships	2/16/2024
9	52.04	758	Alexia Sawwa	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
10	52.07	756	Charlotte Dixon	Unattached	2024 VA Class 6 State Championships	2/16/2024
11	52.08	756	Isla Bartholomew	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
12	52.14	753	Gianna Davis	Potomac Marlins	2024 PV Short Course Senior Championships	3/10/2024
13	52.21	749	Alyssa Webb	Unattached	2024 PV OB VHSL Northern Region	2/2/2024
14	52.53	733	Allison Kim	Unattached	2024 VA Class 6 State Championships	2/16/2024
15	52.63	729	Sophie Scadron	Mason MAKOS Swim Team	2023 PV Winter Classic Invitational	12/10/2023
16	52.65	728	Jane Macik	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
17	52.69	726	Marina Watson	Unattached	2024 PV OB VHSL Northern Region	2/2/2024
18	52.72	724	Eleanor Denney	Unattached	2024 PV OB WMPSSDL Championships	2/2/2024
19	52.92	714	Ava Whittaker	Machine Aquatics	2023 VA NOVA Senior Classic	10/29/2023
20	52.97	712	Lillian Von Herbulis	Unattached	2024 VA Class 3 State Championships	2/17/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
200 Yard Freestyle - SCY						
1	1:46.72	912	Andrea Dworak	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
2	1:48.86	853	Allison Witdoeck	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
3	1:50.33	814	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
4	1:50.48	810	Rachel Conley	Arlington Aquatic Club	2023 PV Winter Classic Invitational	12/8/2023
5	1:50.75	803	Livia Venditti	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
6	1:51.22	790	Alexia Sawwa	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/20/2024
7	1:51.46	784	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/15/2023
8	1:51.81	775	Haley Lehman	Arlington Aquatic Club	2023 NC TAC Titans Big Southern Classic	11/11/2023
9	1:52.01	770	Charlotte Dixon	Mason MAKOS Swim Team	2024 PV Short Course Senior Championships	3/8/2024
10	1:52.21	764	Amy Qin	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/8/2024
11	1:52.23	764	Charlotte Scogna	Unattached	2024 VA Class 6 State Championships	2/16/2024
12	1:52.25	763	Gwyneth Frick	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
13	1:52.56	755	Campbell Scofield	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
14	1:52.66	753	Sophie Scadron	Mason MAKOS Swim Team	2023 PV Swim & Rock	11/18/2023
15	1:52.87	747	Victoria Santino	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
16	1:53.64	728	Jane Macik	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
17	1:53.81	724	Alyssa Webb	York Swim Club	2023 PV Winter Classic Invitational	12/8/2023
17	1:53.81	724	Addison Mostofi	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
19	1:53.82	723	Emma Redman	The FISH	2023 PV October Open - Franconia	10/14/2023
20	1:54.00	719	Lili Trinh	Nation's Capital Swim Club	2024 VA SRVA Shamrock Showdown	3/22/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
500 Yard Freestyle - SCY						
1	4:46.55	885	Andrea Dworak	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
2	4:57.25	774	Alexia Sawwa	Unattached	2024 VA Class 6 State Championships	2/16/2024
3	4:57.63	770	Charlotte Scogna	Unattached	2024 VA Class 6 State Championships	2/16/2024
4	4:57.91	767	Campbell Scofield	Unattached	2024 PV OB Wash Metro HS Championships	2/9/2024
5	4:58.88	757	Gwyneth Frick	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/9/2024
6	4:58.95	757	Victoria Santino	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
7	4:59.64	750	Haley Lehman	Arlington Aquatic Club	2024 PV Short Course Senior Championships	3/9/2024
8	5:00.84	737	Livia Venditti	Rockville Montgomery Swim Club	2024 PV Green and Orange Bowl	1/26/2024
9	5:01.35	733	Allison Witdoeck	Nation's Capital Swim Club	2023 VA 757 IMX/IMR Season Kickoff	10/6/2023
10	5:01.41	732	Elizabeth Sistrunk	Unattached	2024 VA Class 6 State Championships	2/16/2024
11	5:04.82	699	Addison Mostofi	Unattached	2024 PV OB Wash Metro HS Championships	2/9/2024
12	5:05.46	693	Kathryn Walters	Unattached	2024 VA Class 6 State Championships	2/16/2024
13	5:05.93	689	Celia Bredehoeft	Machine Aquatics	2024 PV Short Course Senior Championships	3/9/2024
14	5:06.38	684	Olivia Waugh	Unattached	2024 PV OB VHSL Occoquan Region	2/9/2024
15	5:06.44	684	Megan Cleaver	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
16	5:08.24	667	Adrianna Caponiti	Unattached	2024 PV OB Wash Metro HS Championships	2/9/2024
17	5:08.28	666	Jane Macik	Nation's Capital Swim Club	2023 PV Fall Festivus Invitational	11/19/2023
18	5:08.47	665	Alyssa Webb	York Swim Club	2023 PV Winter Classic Invitational	12/9/2023
19	5:08.95	660	Emma Redman	The FISH	2024 PV Super FISH Bowl XIV	2/3/2024
20	5:10.99	641	Claire Coughlin	Nation's Capital Swim Club	2023 PV Loughmiller Memorial Invitational	10/28/2023



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
1000 Yard Freestyle - SCY						
1	10:15.27	776	Campbell Scofield	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
2	10:17.75	765	Victoria Santino	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/7/2023
3	10:22.19	746	Allison Witdoeck	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/27/2023
4	10:23.47	740	Alexia Sawwa	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
5	10:25.90	729	Kathryn Walters	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
6	10:27.41	723	Haley Lehman	Arlington Aquatic Club	2023 NC TAC Titans Big Southern Classic	11/10/2023
7	10:33.70	695	Emma Redman	The FISH	2024 PV January Distance Meet	1/6/2024
8	10:37.29	680	Olivia Waugh	Machine Aquatics	2023 PV NCAP Invitational	12/10/2023
9	10:38.21	676	Jane Macik	Nation's Capital Swim Club	2023 PV Fall Festivus Invitational	11/17/2023
10	10:39.37	671	Celia Bredehoeft	Machine Aquatics	2024 VA EZ SC Speedo Championships	3/21/2024
11	10:39.69	670	Brooke Worth	Occoquan Swimming	2023 PV Fall Festivus Invitational	11/17/2023
12	10:41.84	661	Alyssa Webb	York Swim Club	2023 PV Winter Classic Invitational	12/7/2023
13	10:46.16	643	Aida Young	York Swim Club	2024 VA EZ SC Speedo Championships	3/24/2024
14	10:52.45	617	Pearl Shelton	All Star Aquatics	2024 PV Short Course Junior Championships	3/10/2024
15	10:53.93	611	Lindsay Alisbah	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/27/2023
16	10:55.85	603	Lauren Smith	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
17	10:57.85	595	Madisyn Carter	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/27/2023
18	10:58.00	594	Cameron House	All Star Aquatics	2023 VA NOVA Senior Classic	10/27/2023
19	11:07.89	555	Ariel Indrisano	Machine Aquatics	2024 PV Short Course Junior Championships	3/10/2024
20	11:09.21	550	Jordan Johnson	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/27/2023



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
1650 Yard Freestyle - SCY						
1	17:07.37	791	Kathryn Walters	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/7/2024
2	17:09.34	786	Victoria Santino	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/7/2023
3	17:20.14	758	Allison Witdoeck	Nation's Capital Swim Club	2024 VA VSTP Polar Plunge	1/7/2024
4	17:28.31	737	Olivia Waugh	Machine Aquatics	2024 PV Short Course Senior Championships	3/7/2024
5	17:32.92	725	Adrianna Caponiti	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/7/2024
6	17:43.90	697	Alexia Sawwa	Nation's Capital Swim Club	2024 VA VSTP Polar Plunge	1/7/2024
7	17:43.91	697	Brooke Worth	Occoquan Swimming	2023 VA RAYS Nutcracker Classic	11/30/2023
8	17:46.86	690	Celia Bredehoeft	Machine Aquatics	2023 PV NCAP Invitational	12/7/2023
9	17:51.58	678	Emma Redman	The FISH	2024 PV January Distance Meet	1/7/2024
10	17:54.80	670	Aida Young	York Swim Club	2024 PV Short Course Junior Championships	3/7/2024
11	18:17.29	616	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 VA VSTP Polar Plunge	1/7/2024
12	18:24.03	600	Caitlin Gross	Machine Aquatics	2023 PV NCAP Invitational	12/7/2023
13	18:29.16	588	Madisyn Carter	Nation's Capital Swim Club	2024 VA VSTP Polar Plunge	1/7/2024
14	18:32.56	580	Aleena Stukus	Machine Aquatics	2023 PV Distance Run	9/30/2023
15	18:48.31	543	Bryar Laine	Nation's Capital Swim Club	2024 PV Short Course Junior Championships	3/7/2024
16	18:48.63	543	Lindsay Alisbah	Nation's Capital Swim Club	2024 PV January Distance Meet	1/7/2024
17	18:49.19	542	Cameron House	All Star Aquatics	2023 PV November Distance Meet	11/18/2023
18	18:55.93	526	Emma Schultz	Patuxent Aquatic Club	2023 PV Christmas Championships	12/1/2023
19	18:59.00	520	Elisa Eng	All Star Aquatics	2023 PV November Distance Meet	11/18/2023
20	19:04.44	507	Natalie Sorensen	Machine Aquatics	2023 PV NCAP Invitational	12/7/2023



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Rank	Time	Points	Swimmer	Club	Meet	Date
100 Yard Backstroke - SCY						
1	54.05	939	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/9/2024
2	54.17	933	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/21/2024
3	54.93	898	Livia Venditti	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
4	54.94	898	Amy Qin	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
5	54.98	896	Nadia Thomas	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
6	55.45	875	Allison Witdoeck	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
7	55.80	859	Andrea Dworak	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
8	56.32	836	Charlotte Dixon	Mason MAKOS Swim Team	2024 PV Short Course Senior Championships	3/9/2024
9	56.75	816	Maria Grishaeva	Unattached	2024 VA Briar Woods Invitational	1/13/2024
10	56.93	809	Lili Trinh	Unattached	2024 VA Class 6 State Championships	2/16/2024
11	57.05	804	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/21/2024
11	57.05	804	Jillian Ferrari	Nation's Capital Swim Club	Gold v. White	9/22/2023
13	57.56	781	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
14	57.62	779	Zoe Celi	Unattached	2024 PV OB WMPSSDL Championships	2/2/2024
14	57.62	779	Veronika Owen	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/28/2023
16	57.72	774	Anna Klotz	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/21/2024
17	57.89	767	Rachel Conley	Arlington Aquatic Club	2023 PV Winter Classic Invitational	12/10/2023
18	58.08	759	Anna Mitchum	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/21/2024
19	58.15	756	Tessa Jones	Unattached	2024 PV OB VHSL Liberty District	1/27/2024
20	58.33	748	Colleen Read	Unattached	2024 VA Class 6 State Championships	2/16/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
200 Yard Backstroke - SCY						
1	1:56.36	934	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
2	1:57.26	917	Nadia Thomas	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
3	1:57.64	909	Livia Venditti	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/17/2023
4	1:58.67	890	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/10/2024
5	2:00.29	858	Andrea Dworak	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
6	2:00.55	854	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
7	2:01.58	833	Amy Qin	Rockville Montgomery Swim Club	2024 PV Green and Orange Bowl	1/28/2024
8	2:02.06	825	Allison Witdoeck	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/29/2023
9	2:02.42	818	Maria Grishaeva	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
10	2:04.55	778	Zoe Celi	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
11	2:04.58	778	Colleen Read	Machine Aquatics	2024 FL NCSA Swimming Championships	3/19/2024
12	2:04.97	771	Anna Klotz	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/19/2024
13	2:05.46	762	Charlotte Dixon	Mason MAKOS Swim Team	2024 PV Short Course Senior Championships	3/10/2024
14	2:05.64	758	Addison Pollitt	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
15	2:07.09	732	Jane Macik	Nation's Capital Swim Club	2024 PV OCCS President's Day Classic	2/18/2024
16	2:07.11	731	Avery Bannerton	Machine Aquatics	2024 PV Short Course Senior Championships	3/10/2024
16	2:07.11	731	Madisyn Carter	Nation's Capital Swim Club	2023 VA VSTP Icebreaker	12/3/2023
18	2:07.18	730	Veronika Owen	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/29/2023
19	2:07.43	726	Kaitlyn Estes	Machine Aquatics	2023 PV NCAP Invitational	12/10/2023
20	2:07.62	722	Annika Rieger	Machine Aquatics	2023 PV NCAP Invitational	12/10/2023



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
100 Yard Breaststroke - SCY						
1	1:01.07	917	Emma Redman	Unattached	2024 VA Class 6 State Championships	2/16/2024
2	1:03.11	844	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/20/2024
3	1:03.45	832	Cameron House	All Star Aquatics	2023 VA NOVA Senior Classic	10/28/2023
4	1:04.00	813	Isla Bartholomew	Rockville Montgomery Swim Club	2024 FL NCSA Swimming Championships	3/20/2024
5	1:04.65	791	Maria Grishaeva	Unattached	2024 VA Class 5 State Championships	2/17/2024
6	1:04.91	782	Megan Cleaver	Unattached	2024 VA Class 6 State Championships	2/16/2024
7	1:05.31	768	Megan O'Hara	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/8/2024
8	1:05.47	763	Mimi Moore	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/15/2023
9	1:05.65	757	Amy Qin	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/15/2023
10	1:06.03	744	Nadia Spillmann	Unattached	2024 PV OB VHSL Patriot District	1/26/2024
11	1:06.34	733	Kira Thornton	Machine Aquatics	2023 VA NOVA Senior Classic	10/28/2023
12	1:06.52	727	Rachel Katz	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
13	1:06.59	725	Emma Lantry	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/15/2023
14	1:06.62	724	Angela Testani	Unattached	2024 VA Class 6 State Championships	2/16/2024
15	1:06.75	719	Allison Kim	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
16	1:06.82	717	Gianna Davis	Potomac Marlins	2024 VA EZ SC Speedo Championships	3/22/2024
16	1:06.82	717	Allegra Craft	Occoquan Swimming	2023 NT KMSC Pro Am	12/15/2023
18	1:07.03	710	Megan Janczyk	Unattached	2024 PV OB VHSL Occoquan Region	2/9/2024
19	1:07.38	698	Paige Burke	Unattached	2024 PV OB VHSL Occoquan Region	2/9/2024
20	1:07.45	696	Victoria Santino	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/28/2023



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Rank	Time	Points	Swimmer	Club	Meet	Date
200 Yard Breaststroke - SCY						
1	2:12.91	896	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/9/2024
2	2:15.48	855	Maria Grishaeva	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/22/2024
3	2:16.10	846	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/22/2024
4	2:19.01	800	Mimi Moore	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
5	2:20.47	778	Cameron House	All Star Aquatics	2023 VA NOVA Senior Classic	10/28/2023
6	2:21.50	762	Isla Bartholomew	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
7	2:21.53	762	Megan O'Hara	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
8	2:22.45	748	Ariel Indrisano	Machine Aquatics	2024 VA EZ SC Speedo Championships	3/23/2024
9	2:23.44	733	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/9/2024
10	2:23.64	730	Megan Cleaver	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
11	2:25.70	699	Kira Thornton	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
12	2:26.06	694	Celia Bredehoeft	Machine Aquatics	2023 PV NCAP Invitational	12/9/2023
13	2:26.25	691	Campbell Scofield	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/28/2023
14	2:26.30	690	Allison Kim	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/9/2024
15	2:26.44	688	Rachel Katz	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/9/2024
16	2:27.02	679	Lindsay Alisbah	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/9/2024
17	2:28.89	652	Emma Lantry	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/16/2023
18	2:29.20	647	Pearl Shelton	All Star Aquatics	2024 PV Short Course Senior Championships	3/9/2024
19	2:29.60	641	Nadia Spillmann	The St. James Swim Club	2024 PV Short Course Senior Championships	3/9/2024
20	2:29.67	640	Caroline Luetkenhaus	Occoquan Swimming	2024 PV OCCS President's Day Classic	2/18/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
100 Yard Butterfly - SCY						
1	54.50	859	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV NTG Showdown	10/6/2023
2	54.59	855	Allison Witdoeckt	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
3	54.95	841	Rachel Conley	Arlington Aquatic Club	2023 VA RAYS Nutcracker Classic	12/1/2023
4	55.00	839	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/8/2024
5	55.23	829	Campbell Scofield	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
6	55.47	820	Sophie Scadron	Mason MAKOS Swim Team	2023 PV Winter Classic Invitational	12/8/2023
7	55.50	819	Amy Qin	Rockville Montgomery Swim Club	2023 PV NTG Showdown	10/6/2023
8	55.94	801	Veronika Owen	Unattached	2024 VA Class 6 State Championships	2/16/2024
9	56.25	789	Jane Macik	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
10	56.31	786	Madisyn Carter	Unattached	2024 VA VISAA Swim & Dive Championship	2/16/2024
11	56.44	781	Livia Venditti	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/8/2024
12	57.50	739	Lili Trinh	Unattached	2024 PV OB VHSL Occoquan Region	2/9/2024
13	57.54	738	Alexia Sawwa	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
14	57.55	737	Annika Rieger	Machine Aquatics	2023 PV NCAP Invitational	12/8/2023
15	57.58	736	Victoria Santino	Nation's Capital Swim Club	2024 PV January Open - Audrey Moore	1/21/2024
16	57.64	734	Natalia Evans-Gibson	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
17	57.66	733	Charlotte Bell	Unattached	2024 VA Class 6 State Championships	2/16/2024
18	57.68	732	Anna Klotz	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
19	57.80	727	Allison Kim	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/22/2024
20	57.99	720	Adrianna Caponiti	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
200 Yard Butterfly - SCY						
1	1:59.25	883	Campbell Scofield	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
2	2:01.24	849	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/10/2024
3	2:01.48	845	Allison Witdoeck	Nation's Capital Swim Club	2023 VA VSTP Icebreaker	12/2/2023
4	2:01.50	844	Jane Macik	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/9/2023
5	2:01.62	842	Rachel Conley	Arlington Aquatic Club	2023 PV Winter Classic Invitational	12/9/2023
6	2:04.57	792	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV NTG Showdown	10/7/2023
7	2:05.18	781	Natalia Evans-Gibson	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/17/2023
8	2:05.30	779	Lindsay Alisbah	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/7/2024
9	2:05.80	771	Olivia Waugh	Machine Aquatics	2024 PV Machine Spring Qualifier Meet	2/25/2024
10	2:05.99	768	Madisyn Carter	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/28/2023
11	2:06.75	755	Charlotte Scogna	Arlington Aquatic Club	2024 VA EZ SC Speedo Championships	3/23/2024
12	2:07.09	749	Veronika Owen	Nation's Capital Swim Club	2024 VA SRVA Shamrock Showdown	3/23/2024
13	2:07.10	749	Anna Klotz	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/20/2024
14	2:07.18	748	Sophie Scadron	Mason MAKOS Swim Team	2023 PV Swim & Rock	11/19/2023
15	2:07.31	746	Amy Qin	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/10/2024
16	2:07.44	743	Adrianna Caponiti	Rockville Montgomery Swim Club	2024 PV RMSC January Invitational	1/21/2024
17	2:08.26	730	Lili Trinh	Nation's Capital Swim Club	2024 VA SRVA Shamrock Showdown	3/23/2024
18	2:08.43	727	Charlotte Bell	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
19	2:08.46	726	Colleen Read	Machine Aquatics	2024 FL NCSA Swimming Championships	3/20/2024
20	2:08.62	724	Abigail Yo	Rockville Montgomery Swim Club	2024 PV RMSC January Invitational	1/21/2024



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
200 Yard Individual Medley - SCY						
1	1:58.68	932	Emma Redman	Unattached	2024 VA Class 6 State Championships	2/16/2024
2	2:02.39	854	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/23/2024
3	2:03.53	831	Allison Witdoeck	Nation's Capital Swim Club	2023 VA VSTP Icebreaker	12/3/2023
4	2:04.15	818	Andrea Dworak	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/10/2024
5	2:04.58	809	Maria Grishaeva	Unattached	2024 VA Class 5 State Championships	2/17/2024
6	2:05.39	793	Elizabeth Sistrunk	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/23/2024
7	2:06.51	771	Livia Venditti	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/10/2024
8	2:06.65	768	Nadia Thomas	Unattached	2024 PV OB WMPSSDL Championships	2/2/2024
9	2:06.76	766	Campbell Scofield	Nation's Capital Swim Club	2023 VA NOVA Senior Classic	10/29/2023
10	2:07.18	757	Amy Qin	Rockville Montgomery Swim Club	2023 VA HOKI Thanksgiving Invite	11/5/2023
11	2:07.57	750	Sarah Eliason	Rockville Montgomery Swim Club	2023 PV NTG Showdown	10/7/2023
12	2:07.88	743	Megan Cleaver	Unattached	2024 VA Class 6 State Championships	2/16/2024
13	2:08.41	733	Alyssa Kwon	Unattached	2024 PV OB MPSSAA 4A3A State Championship	2/24/2024
14	2:08.72	727	Victoria Santino	Nation's Capital Swim Club	2023 PV Fall Festivus Invitational	11/19/2023
15	2:09.04	721	Madisyn Carter	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/10/2023
16	2:09.17	718	Ariel Indrisano	Machine Aquatics	2024 VA EZ SC Speedo Championships	3/24/2024
17	2:09.28	716	Lili Trinh	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/10/2024
18	2:09.51	712	Lindsay Alisbah	Unattached	2024 PV OB Wash Metro HS Championships	2/10/2024
19	2:09.60	710	Angelina Sagaow	Machine Aquatics	2023 VA NOVA Senior Classic	10/29/2023
20	2:09.91	704	Rachel Conley	Arlington Aquatic Club	2023 NC TAC Titans Big Southern Classic	11/12/2023



2023-2024 PVS Top Times 17 Year Old Girls

Rank	Time	Points	Swimmer	Club	Meet	Date
400 Yard Individual Medley - SCY						
1	4:15.20	889	Emma Redman	The FISH	2024 PV Short Course Senior Championships	3/8/2024
2	4:21.81	827	Gwyneth Frick	Nation's Capital Swim Club	2024 FL NCSA Swimming Championships	3/21/2024
3	4:23.39	813	Charlotte Scogna	Arlington Aquatic Club	2024 PV Short Course Senior Championships	3/8/2024
4	4:23.82	809	Maria Grishaeva	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
5	4:24.70	801	Campbell Scofield	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
6	4:25.77	791	Lili Trinh	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
7	4:25.78	791	Allison Witdoeck	Nation's Capital Swim Club	2023 VA 757 IMX/IMR Season Kickoff	10/8/2023
8	4:29.22	760	Nadia Thomas	Nation's Capital Swim Club	2023 PV October Open - Fairland	10/13/2023
9	4:30.20	752	Victoria Santino	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
10	4:31.69	738	Colleen Read	Machine Aquatics	2023 PV NCAP Invitational	12/8/2023
11	4:34.35	715	Ariel Indrisano	Machine Aquatics	2024 VA EZ SC Speedo Championships	3/22/2024
12	4:35.08	709	Celia Bredehoeft	Machine Aquatics	2024 VA EZ SC Speedo Championships	3/22/2024
13	4:35.18	708	Lindsay Alisbah	Nation's Capital Swim Club	2024 PV Short Course Senior Championships	3/8/2024
14	4:35.80	702	Alyssa Kwon	Rockville Montgomery Swim Club	2024 PV Short Course Senior Championships	3/8/2024
15	4:35.89	701	Livia Venditti	Rockville Montgomery Swim Club	2023 VA HOKI Thanksgiving Invite	11/3/2023
16	4:35.95	701	Madisyn Carter	Nation's Capital Swim Club	2023 VA VSTP Icebreaker	12/1/2023
17	4:36.75	694	Kaitlyn Estes	Machine Aquatics	2024 PV Short Course Senior Championships	3/8/2024
18	4:37.24	690	Olivia Waugh	Machine Aquatics	2024 PV Short Course Senior Championships	3/8/2024
19	4:38.35	680	Kathryn Walters	Nation's Capital Swim Club	2023 PV NCAP Invitational	12/8/2023
20	4:38.44	680	Mimi Moore	Rockville Montgomery Swim Club	2023 PV Riley Eaton Holiday Invitational	12/15/2023