



# 2024 DHI Summer Send Off Championship

July 11-14<sup>th</sup>, 2024- **UPDATED**

Sanction # PVI-24-102



<p style="text-align: center;"><b>MEET DIRECTOR</b></p> <p>Paris Jacobs- 571-238-7657 <a href="mailto:paris@machineaquatics.com">paris@machineaquatics.com</a></p> <p>Jason Cochran <a href="mailto:jason@machineaquatics.com">jason@machineaquatics.com</a></p>	<p style="text-align: center;"><b>MEET REFEREE</b></p> <p>Ed Byers <a href="mailto:byersek@gmail.com">byersek@gmail.com</a></p>	<p style="text-align: center;"><b>CLUB OFFICIALS CHAIR</b></p> <p>Eric Ramey <a href="mailto:officials@machineaquatics.com">officials@machineaquatics.com</a> <a href="#">Officials Sign Up</a></p>
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<b>SANCTION</b>	<ul style="list-style-type: none"> <li>Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVI-24-102</b></li> <li>In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Machine Aquatics, and The St. James: Sports, Wellness, &amp; Entertainment Complex shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.</li> </ul>																																				
<b>FACILITY</b>	<p style="text-align: center;"><b>The St. James: Sports, Wellness &amp; Entertainment Complex</b> 6805 Industrial Road Springfield, VA 22151 (703) 239-6870</p> <ul style="list-style-type: none"> <li>The pool at St. James is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in 8 lanes, 50 meters, running from bulkhead to wall at the southern end of the pool.</li> <li>Water depth of 7'4" at the starting end and 4' at the turning end of the competition course.</li> <li>The meet hosts will ensure the required course dimensions.</li> </ul>																																				
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>FINAL ENTRY FILE IS DUE BY 11:00 PM, TUESDAY, JULY 2<sup>ND</sup>, 2024</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>																																				
<b>SCHEDULE</b>	<table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 40%;"></th> <th style="width: 30%;">Warm Ups</th> <th style="width: 30%;">Events</th> </tr> </thead> <tbody> <tr style="background-color: yellow;"> <td colspan="3"><b>Thursday, July 11<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b></td> </tr> <tr> <td>13 &amp; Over Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 AM</td> </tr> <tr> <td>12 &amp; Under Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 PM</td> </tr> <tr style="background-color: yellow;"> <td colspan="3"><b>Friday, July 12<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b></td> </tr> <tr> <td>13 &amp; Over Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 AM</td> </tr> <tr> <td>12 &amp; Under Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 PM</td> </tr> <tr style="background-color: yellow;"> <td colspan="3"><b>Saturday, July 13<sup>TH</sup>, 2024</b></td> </tr> <tr> <td>Open Session- Timed Finals</td> <td>1:30- 2:30 PM</td> <td>2:40 PM</td> </tr> <tr style="background-color: yellow;"> <td colspan="3"><b>Sunday, July 14<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b></td> </tr> <tr> <td>13 &amp; Over Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 AM</td> </tr> <tr> <td>12 &amp; Under Timed Finals</td> <td style="background-color: yellow;">7:00- 8:10 AM</td> <td style="background-color: yellow;">8:15 PM</td> </tr> </tbody> </table> <p><b>*NOTE: The Meet Director reserves the right to adjust start times to allow the full meet to fit within the pool rental time and USAS Rules.</b></p>		Warm Ups	Events	<b>Thursday, July 11<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b>			13 & Over Timed Finals	7:00- 8:10 AM	8:15 AM	12 & Under Timed Finals	7:00- 8:10 AM	8:15 PM	<b>Friday, July 12<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b>			13 & Over Timed Finals	7:00- 8:10 AM	8:15 AM	12 & Under Timed Finals	7:00- 8:10 AM	8:15 PM	<b>Saturday, July 13<sup>TH</sup>, 2024</b>			Open Session- Timed Finals	1:30- 2:30 PM	2:40 PM	<b>Sunday, July 14<sup>TH</sup>, 2024- ALL SESSIONS MERGED INTO ONE (1) SESION/ TIMED FINALS</b>			13 & Over Timed Finals	7:00- 8:10 AM	8:15 AM	12 & Under Timed Finals	7:00- 8:10 AM	8:15 PM
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<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>Open to all USA Swimming Registered athletes. Priority will be given to teams who contact the Meet Manager reserving a spot for their team.</li> <li>No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.</li> </ul>																																				

<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>Automatic timing will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>Current USA Swimming rules shall govern this meet.</li> <li>All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming <a href="#">Minor Athlete Abuse Prevention Policy</a> ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.</li> <li>No on-deck USA Swimming registration is permitted.</li> <li>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>Deck changes are prohibited.</li> <li>Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.</li> <li>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</li> <li>Dive-over starts will be used.</li> <li>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 &amp; U events per Rule 205.3.1F.</li> </ul>
<b>ENTRY RULES</b>	<p><b>Individual Events:</b></p> <ul style="list-style-type: none"> <li>A contestant may enter a maximum of <b>SEVEN (7) individual events</b>. Swimmers may compete in a max of 3 events per day.</li> <li><b>LONG COURSE VERIFIABLE TIMES ONLY.</b></li> <li><b>400 FREE, 400 IM, 800 FREE ARE TIMED FINALS EVENTS SWUM FASTEST TO SLOWEST.</b></li> <li><b>ENTRIES MAY BE LIMITED DUE TO TIME CONSTRAINTS.</b></li> <li><b>800 FREE ENTRIES MAY BE LIMITED DUE TO TIME CONSTRAINTS.</b></li> <li>SWIMMERS MUST PROVIDE THEIR OWN TIMERS FOR THE 400 FREE, 800 FREE, AND 400 IM AND COUNTERS (IF DESIRED) for the 800 FREE.</li> <li>ALL TIMED FINALS EVENTS WILL BE MIXED EVENTS. With the exception of distance events, all events will be swum slowest to fastest.</li> <li>8 LANES FOR ALL EVENTS.</li> <li>NO DECK ENTRIES FOR THE MEET.</li> </ul>
<b>POSITIVE CHECK IN</b>	<ul style="list-style-type: none"> <li><b>All 400m &amp; Over Events will be positive check-in, unless otherwise announced once entries are completed.</b></li> <li>All other events will be seeded after the scratch/check-in deadlines in accordance with USA Swimming Rules and Regulations, Rule 207.11.6(C). In all preliminary events or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in accordance with deadlines as set by the Meet Director will be barred from their next event of the meet unless excused by the Meet Referee.</li> </ul>
<b>SEEDING</b>	<ul style="list-style-type: none"> <li>The Open 400 Free, 400 IM, 800 Free are Timed Finals and will swim fastest to slowest. All other events will be swum slowest to fastest, mixed gender seeding in each age group.</li> </ul>

<b>WARM-UP</b>	<ul style="list-style-type: none"> <li>The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times/lane assignments based on entries submitted.</li> </ul>
<b>SUPERVISION</b>	<ul style="list-style-type: none"> <li>Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.</li> </ul>
<b>MEDICAL ASSISTANCE</b>	<ul style="list-style-type: none"> <li>Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.</li> </ul>
<b>PROGRAMS and LIVESTREAM</b>	<ul style="list-style-type: none"> <li>Programs will be made available on Meet Mobile prior to each session for free.</li> <li>Due to internet connection issues at the St. James, livestreaming of the meet is not guaranteed.</li> </ul>
<b>AWARDS</b>	<ul style="list-style-type: none"> <li>There will be no awards for this meet.</li> </ul>
<b>CREDENTIALS</b>	<ul style="list-style-type: none"> <li>Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them.</li> </ul>
<b>OFFICIALS</b>	<ul style="list-style-type: none"> <li>Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke &amp; Turn Judge) per session if entering 25 or more splashes.</li> <li>Officials interested in volunteering should contact Ed Byers at <a href="mailto:byersek@gmail.com">byersek@gmail.com</a> or use the <a href="#">Officials Sign Up</a> Form.</li> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to provide timers in proportion to their entries as assigned by the Meet Director.</li> <li><b>Swimmers in the 400 FREE, 800 FREE and 400 INDIVIDUAL MEDLEY MUST PROVIDE THEIR OWN TIMERS.</b></li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director at <a href="mailto:entries@machineaquatics.com">entries@machineaquatics.com</a>.</li> <li>Include in the subject of the email, "2024 DHI Invite Summer Send Off Championship" with the club's initials AND SITE. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24-36 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p>Per Swimmer Surcharge:       \$8.00</p> <p>Individual event fee:           \$12.50</p> <p>Make checks payable to Machine Aquatics Checks may be mailed to:</p> <p style="text-align: center;"><b>Machine Aquatics</b>  <b>2024 DHI Invite Summer Send Off</b>  <b>204-D Mill Street, NE</b>  <b>Vienna, VA 22180</b></p> <ul style="list-style-type: none"> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check.</li> </ul> <p>Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.</p>

# 2024 Dan Haines Invite Summer Send Off Championship

**Thursday, July 11<sup>th</sup>, 2024**

**13 & Over/ 12 & UNDER SESSION- MERGED**

**Warm Up: 7:00- 8:10 AM/ Events: 8:15 AM**

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER Than
1:16.70 LCM	1	15 & Over 100 Backstroke	2	1:10.00 LCM
1:16.70 LCM	3	13-14 100 Backstroke	4	1:13.80 LCM
1:36.50 LCM	13	11-12 100 Breaststroke	14	1:36.10 LCM
1:51.60 LCM	15A	MIXED 10 & Under 100 Breaststroke	15B	1:53.60 LCM
2:22.40 LCM	5	15 & Over 200 Freestyle	6	2:09.29 LCM
2:20.40 LCM	7	13-14 200 Freestyle	8	2:15.00 LCM
32.90 LCM	16	11-12 50 Freestyle	17	32.60 LCM
38.80 LCM	18A	MIXED 10 & Under 50 Freestyle	18B	38.70 LCM
1:14.20 LCM	9	15 & Over 100 Butterfly	10	1:06.50 LCM
1:14.40 LCM	11	13-14 100 Butterfly	12	1:10.50 LCM
2:57.50 LCM	19	11-12 200 IM	20	2:56.50 LCM
45.40 LCM	21A	MIXED 10 & Under 50 Backstroke	21B	45.00 LCM
39.30 LCM	22	11-12 50 Backstroke	23	39.30 LCM

## Friday, July 12th, 2024

### 13 & Over/ 12 & UNDER SESSION- MERGED

Warm Up: 7:00- 8:10 AM/ Events: 8:15 AM

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER Than
2:44.80 LCM	24	15 & Over 200 IM	25	2:29.00 LCM
2:44.80 LCM	26	13-14 200 IM	27	2:37.70 LCM
1:23.30 LCM	38	11-12 100 Backstroke	39	1:23.40 LCM
1:37.70 LCM	40A	MIXED 10 & Under 100 Backstroke	40B	1:38.20 LCM
1:05.80 LCM	28	15 & Over 100 Freestyle	29	1:00.00 LCM
1:05.80 LCM	30	13-14 100 Freestyle	31	1:03.00 LCM
36.60 LCM	41	11-12 50 Butterfly	42	37.00 LCM
45.30 LCM	43A	MIXED 10 & Under 50 Butterfly	43B	46.20 LCM
3:08.40 LCM	32	15 & Over 200 Breaststroke	33	2:48.40 LCM
3:08.70 LCM	34	13-14 200 Breaststroke	35	2:59.10 LCM
2:36.10 LCM	44	11-12 200 Freestyle	45	2:35.10 LCM
3:01.00 LCM	46A	MIXED 10 & Under 200 Freestyle	46B	3:01.00 LCM
4:56.50 LCM	36A	MIXED 15 & Over 400 Freestyle	36B	4:35.50 LCM
5:01.70 LCM	37A	MIXED 13-14 400 Freestyle	37B	4:50.00 LCM

\*\* NO FASTER THAN Cuts for MIXED events are by gender but the event will be swum as a MIXED event.\*\*

## Saturday, July 13<sup>th</sup>, 2024

### All Ages Session

Warm Up: 1:30- 2:30 PM/ Events: 2:40PM

No FASTER Than	Girls Event #	Event	Boys Event #	No FASTER Than
3:31.10 LCM	47A	MIXED 10 & Under 200 IM	47B	3:31.10 LCM
5:48.50 LCM	48A	MIXED 15 & Over 400 IM	48B	5:24.60 LCM
5:48.50 LCM	49A	MIXED 13- 14 400 IM	49B	5:28.80 LCM
30.60 LCM	50	15 & Over 50 Freestyle**	51	27.40 LCM
30.70 LCM	52	13-14 50 Freestyle**	53	28.70 LCM
10:37.00 LCM	54A	15 & Over MIXED 800 Freestyle	54B	10:37.00 LCM
10:22.00 LCM	55A	13-14 MIXED 800 Freestyle	55B	9:41.00 LCM

\*\* NO FASTER THAN Cuts for MIXED events are by gender but the event will be swum as a MIXED event.\*\*

**Sunday, July 13<sup>th</sup>, 2024**

**13 & Over/ 12 & UNDER SESSION- MERGED**

**Warm Up: 7:00- 8:10 AM/ Events: 8:15 AM**

<b>No FASTER Than</b>	<b>Girls Event #</b>	<b>Event</b>	<b>Boys Event #</b>	<b>No FASTER Than</b>
2:55.70 LCM	56	15 & Over 200 Butterfly	57	2:39.00 LCM
2:56.70 LCM	58	13-14 200 Butterfly	59	2:47.10 LCM
1:12.00 LCM	68	11-12 100 Freestyle	69	1:11.10 LCM
1:25.00 LCM	70A	MIXED 10 & Under 100 Freestyle	70B	1:25.03 LCM
1:27.40 LCM	60	15 & Over 100 Breaststroke	61	1:18.00 LCM
1:28.40 LCM	62	13-14 100 Breaststroke	63	1:23.40 LCM
45.00 LCM	71	11-12 50 Breaststroke	72	44.70 LCM
53.50 LCM	73A	MIXED 10 & Under 50 Breaststroke	73B	53.60 LCM
2:44.10 LCM	64	15 & Over 200 Backstroke	65	2:30.70 LCM
2:44.10 LCM	66	13-14 200 Backstroke	67	2:36.00 LCM
1:24.20 LCM	74	11-12 100 Butterfly	75	1:24.20 LCM
1:52.00 LCM	76A	MIXED 10 & Under 100 Butterfly	76B	1:51.60 LCM
5:31.00 LCM	77A	MIXED 11-12 400 Freestyle	77B	5:31.00 LCM
6:36.10 LCM	78A	MIXED 10 & Under 400 Freestyle	78B	6:36.10 LCM