



Potomac Marlins 14 & Under Champs Qualifier February 11-12, 2023

Sanction # PVC-23-60



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Bill Marlin Bill.Marlin@verizon.net	Jan Van Nimwegen jnimwegen@earthlink.net	John Kost MarlinsOfficials@gmail.com

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVC-23-60. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Potomac Marlins & Cub Run Rec Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">Cub Run Rec Center 4630 Stonecroft Blvd. Chantilly, VA 20151 (703) 817-9407</p> <ul style="list-style-type: none"> The pool at Cub Run Rec Center is 25 yards x 25 meters. 11 lanes are available for warm-ups; 8-25 yard lanes will be used for competition. Water depth ranges from 5'-12' at both the starting and turning ends. There may be 2 lanes for continuous warm-up/cool down, with a 1 lane buffer. The competition course has not been certified in accordance with <i>USA Swimming Rules and Regulations</i> Article 104.2.2(C).
ENTRY DEADLINE	<p style="text-align: center;">Monday, January 30, 2023 by 9:00 p.m.</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">Saturday and Sunday Warm-up 7:00 - 7:50 a.m. Events 8:00 a.m.</p> <ul style="list-style-type: none"> Meet Director reserves the right to adjust times/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> Open to all registered Potomac Valley Swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i>, Article 302.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Semi-automatic timing (buttons primary) will be used.
RULES	<ul style="list-style-type: none"> Current USA Swimming rules shall govern this meet. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. No on-deck USA Swimming registration is permitted. In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker

	<p>rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <ul style="list-style-type: none"> • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • All events are timed finals. • IMPORTANT: 14 & Under swimmers who attain a new age group between February 11th and March 9th may compete in any event where their time (1) is faster than the PM 14 & Under JO Qualifier "No Faster Than" standard for their current age group and also (2) slower than the PVS Junior Olympic "No Slower Than" standard for their new age group. This is to permit those swimmers who will be in a new age group at the PVS 14&Under Champs Meet an opportunity to qualify. • A contestant may participate in only his or her own age group events or in 9-14 events. • The following events will be swum combined but will have different qualifying standards: <ul style="list-style-type: none"> ○ Events 7 & 8 ○ Events 45 & 46 ○ Events 63 & 64 • Contestants must have equaled or be slower than the applicable qualifying times listed (no faster than times). • Contestants must have equaled or be faster than the applicable qualifying times listed (no slower than times). • No NT entries will be accepted in any event • A contestant may enter a maximum of six (6) individual events and no more than three (3) individual events per day. Swimmers shall compete at the age attained on the first day of the meet. • "No Recall" procedures will be used at this meet. • Swimmers must provide their own timer and counter (if desired) for the 500 Freestyle. • No Deck Entries will be accepted.
POSITIVE CHECK IN	<ul style="list-style-type: none"> • The 500 Freestyle may be positive check. If positive check in is used, the coaches will be given a check in sheet for their team.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-up, including times/lane assignments. • Depending on the number of entries, there will be three (3) 20 minute warm-up sessions or two (2) 25 minute sessions.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas.
MEDICAL ASSISTANCE	<ul style="list-style-type: none"> • Medical assistance will be provided by the facility staff. If you require medical assistance, please notify a facility lifeguard or a member of the meet staff.

SEEDING	<ul style="list-style-type: none"> All events will be pre-seeded with the exception of the 500 Freestyle. The Meet Director will determine if positive check in will be necessary for the 500 freestyle.
PROGRAMS	<ul style="list-style-type: none"> Programs will be available on the Potomac Marlins website and will be sent to coaches for distribution.
CREDENTIALS	<ul style="list-style-type: none"> Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	<ul style="list-style-type: none"> Each participating club is requested to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. Officials interested in volunteering should contact the Meet Referee, Jan Van Nimwegen (jnimwegen@earthlink.net). Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries.
ENTRY PROCEDURES	<ul style="list-style-type: none"> Entries shall be submitted by email to the Meet Director. Include in the subject of the email, "PM 14&U JO Qualifier - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. Include in entry email: entry file, report of entries by name. In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). Entries directly from individual team members will not be accepted. Entries by phone or fax will not be accepted. The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.
ENTRY FEES	<p>Per Swimmer Surcharge: \$10 Individual event fee: \$8.00</p> <ul style="list-style-type: none"> Make checks payable to <u>Potomac Marlins</u>. Checks may be mailed to: Bill Marlin 31 Century Street Stafford, VA 22554 Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check. Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet.

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February 11-12, 2023

Saturday, February 11, 2023 Warm-up 7:00 to 7:50 a.m. First Event 8:00 a.m.						
Girls Event #	NFT	NST	Event	NFT	NST	Boys Event #
1	26.30	33.29	13-14 50 free	25.00	31.99	2
3	28.40	36.39	11-12 50 free	28.40	36.39	4
5	32.70	41.69	10 & U 50 free	32.60	41.59	6
7	2:31.40	2:51.39	11-12 200 back	2:32.70	2:52.69	8
7	2:18.00	2:37.99	13-14 200 back	2:12.00	2:31.99	8
9	32.90	40.89	11-12 50 back	33.10	41.09	10
11	38.30	47.29	10 & U 50 back	38.50	47.49	12
13	1:04.60	1:16.59	13-14 100 fly	1:01.00	1:13.99	14
15	1:12.00	1:25.99	11-12 100 fly	1:12.30	1:26.29	16
17	1:30.40	1:45.39	10 & U 100 fly	1:31.00	1:45.99	18
19	1:14.50	1:26.49	13-14 100 breast	1:09.80	1:21.79	20
21	1:21.20	1:35.19	11-12 100 breast	1:21.60	1:35.59	22
23	1:33.40	1:48.39	10 & U 100 breast	1:33.40	1:48.39	24
25	2:04.00	2:23.99	13-14 200 free	1:57.00	2:16.99	26
27	2:16.00	2:35.99	11-12 200 free	2:15.00	2:34.99	28
29	2:37.00	2:56.99	10 & U 200 free	2:35.60	2:55.59	30
31	5:01.00	5:30.99	14 & U 400 IM	4:44.00	5:13.99	32
33	1:11.20	1:25.19	11-12 100 IM	1:11.30	1:25.29	34
35	1:22.10	1:37.09	10 & U 100 IM	1:21.80	1:36.79	36

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Sunday, February 12, 2023						
Warm-up 7:00 to 7:50 a.m. First Event 8:00 a.m.						
Girls Event #	NFT	NST	Event	NFT	NST	Boys Event #
39	57.60	1:09.59	13-14 100 free	54.00	1:05.99	40
41	1:01.40	1:15.39	11-12 100 free	1:02.40	1:16.39	42
43	1:12.30	1:27.29	10 & U 100 free	1:12.00	1:26.99	44
45	2:49.00	3:08.99	11-12 200 fly	2:44.00	3:03.99	46
45	2:28.00	2:47.99	13-14 200 fly	2:18.00	2:37.99	46
47	31.20	39.19	11-12 50 fly	32.00	39.99	48
49	37.10	46.09	10 & U 50 fly	37.40	46.39	50
51	1:05.00	1:16.99	13-14 100 back	1:02.20	1:14.19	52
53	1:11.00	1:24.99	11-12 100 back	1:11.00	1:24.99	54
55	1:22.50	1:37.49	10 & U 100 back	1:22.50	1:37.49	56
57	2:20.00	2:39.99	13-14 200 IM	2:12.50	2:32.49	58
59	2:33.20	2:53.19	11-12 200 IM	2:33.40	2:53.39	60
61	2:58.00	3:17.99	10 & U 200 IM	2:58.00	3:17.99	62
63	2:54.10	3:14.09	11-12 200 breast	2:53.70	3:13.69	64
63	2:40.00	2:59.99	13-14 200 breast	2:31.40	2:51.39	64
65	37.60	45.59	11-12 50 breast	37.60	45.59	66
67	43.10	52.09	10 & U 50 breast	43.60	52.59	68
69	7:00.00	7:29.99	9-10 500 free	7:00.00	7:29.99	70
69	5:56.00	6:25.99	11-12 500 free	5:56.00	6:25.99	70
69	5:28.10	5:58.09	13-14 500 free	5:13.70	5:43.69	70
If necessary, positive check in for the 500 free will close 30 minutes after the start of warm-ups.						