

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Event 1 Boys 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>			
1 Western Albemarle High School		1:36.41	1:32.46
1) Garono, Anthony SR	2) Smith, Jack SR	3) Heilman, Thomas SO	4) Wang, Richard SO
2 Monacan High School		1:35.13	1:34.85
1) Hufford, Ryan SR	2) Green, Brayden JR	3) Dillman, Cooper SO	4) Keane, Gavin SR
3 Blacksburg High School		1:36.02	1:35.19
1) Babcock, Eli SR	2) Nussbaum, Jack SR	3) Anderson, Michael SO	4) Reilly, Sam JR
4 James Wood High School		1:38.62	1:38.24
1) Warnagiris, Joseph SO	2) Warnagiris, Paul SR	3) Thompson, Andrew SR	4) Britton, Ethan JR
5 Grafton High School		1:39.20	1:39.59
1) Griffith, Ryan SO	2) Sere, Justin SR	3) Hawkins, Reid JR	4) Loe, Jacob SR
6 Jamestown High School		1:40.59	1:40.69
1) Vereb, Caleb SO	2) Boller, Alexander SO	3) Stamper, Isaac JR	4) Burrows, Carter SR
7 King George High School		1:41.47	1:41.26
1) Green, AJ SR	2) Caballero, Malachi JR	3) White, Colton SO	4) Pardee, Zachary SO
8 Jefferson Forest High School		1:41.14	1:44.02
1) Widzisz, Owen SO	2) Rice, Carter SR	3) Rempfer, Owen SR	4) Warren, Joshua SO
<b>B - Final</b>			
9 Mechanicsville High School		1:42.96	1:41.47
1) Early, James SO	2) Strohacker, Dillon JR	3) Hill, Tyler JR	4) Zugay, Caleb JR
10 Rock Ridge High School		1:41.62	1:41.82
1) Chethan, Neel SO	2) Takach, Andrew SO	3) Cabezas, Oliver FR	4) Fowle, Morgan SR
11 Patrick Henry High School		1:43.26	1:42.74
1) Dingman, Casey JR	2) Senfield, Thomas FR	3) Causey, Michael SO	4) Flanagan, Duke SO
12 Lightridge High School		1:42.51	1:42.86
1) Sopheareak, Augustin JR	2) Gabriel, Lucas SO	3) Kretzing, Dominic FR	4) Sopheareak, Aryan SR
13 Warhill High School		1:42.72	1:43.16
1) Walker, Nathan SO	2) Dill, Joe SO	3) Harris, Ryder SR	4) Picataggi, Will SR
14 Deep Creek High School		1:46.32	1:46.73
1) Hayes, Liam JR	2) Swartz, Tyler SO	3) Garth, Ian FR	4) Harmon, Dahmon JR
15 EC Glass High School		1:48.99	1:48.88
1) Miller, Joshua JR	2) King, Luke SR	3) Gallagher, Mason JR	4) Clark, Shaun FR
16 Loudoun County High School		1:45.97	1:51.55
1) Griffin, Wayne SR	2) Tjader, Kai JR	3) Porter, Ryan SR	4) Bell, Zachary SO

**Event 1 Boys 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>			
1 Monacan High School		1:38.54	1:35.13
1) Hufford, Ryan SR	2) Green, Brayden JR	3) Dillman, Cooper SO	4) Keane, Gavin SR
2 Blacksburg High School		1:36.29	1:36.02
1) Babcock, Eli SR	2) Nussbaum, Jack SR	3) Anderson, Michael SO	4) Reilly, Sam JR
3 Western Albemarle High School		1:32.24	1:36.41
1) Garono, Anthony SR	2) Kennedy, Ryan SR	3) Heilman, Thomas SO	4) Quatrara, Lucas JR
4 James Wood High School		1:38.91	1:38.62
1) Warnagiris, Joseph SO	2) Warnagiris, Paul SR	3) Thompson, Andrew SR	4) Britton, Ethan JR
5 Grafton High School		1:39.09	1:39.20
1) Griffith, Ryan SO	2) Sere, Justin SR	3) Hawkins, Reid JR	4) Loe, Jacob SR
6 Jamestown High School		1:40.02	1:40.59
1) Vereb, Caleb SO	2) Boller, Alexander SO	3) Stamper, Isaac JR	4) Burrows, Carter SR
7 Jefferson Forest High School		1:36.79	1:41.14
1) Widzisz, Owen SO	2) Rice, Carter SR	3) Rempfer, Owen SR	4) Frasier, Ryan JR

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<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
8 King George High School 1) Green, AJ SR	2) Caballero, Malachi JR	3) White, Colton SO	4) Pardee, Zachary SO
9 Rock Ridge High School 1) Chethan, Neel SO	2) Takach, Andrew SO	3) Cabezas, Oliver FR	4) Fowle, Morgan SR
10 Lightridge High School 1) Sopheareak, Augustin JR	2) Gabriel, Lucas SO	3) Kretzing, Dominic SR	4) Sopheareak, Aryan SR
11 Warhill High School 1) Walker, Nathan SO	2) Dill, Joe SO	3) Harris, Ryder SR	4) Picataggi, Will SR
12 Mechanicsville High School 1) Early, James SO	2) Strohacker, Dillon JR	3) Hill, Tyler JR	4) Zugay, Caleb JR
13 Patrick Henry High School 1) Dingman, Casey JR	2) Senfield, Thomas FR	3) Causey, Michael SO	4) Flanagan, Duke SO
14 Loudoun County High School 1) Griffin, Wayne SR	2) Tjader, Kai JR	3) Armitage, Kyle JR	4) Larson, Barrett SR
15 Deep Creek High School 1) Hayes, Liam JR	2) Swartz, Tyler SO	3) Garth, Ian FR	4) Harmon, Dahmon JR
16 EC Glass High School 1) Miller, Joshua JR	2) King, Luke SR	3) Gallagher, Mason JR	4) Clark, Shaun FR
17 Hanover High School 1) Eisele, Andrew FR	2) Croxton, Dylan FR	3) Kyzer, Brody SO	4) Morgan, Ben SR
--- Kettle Run High School 1) Black III, Tres SO	2) Hess, Aiden SR	3) Tishler, Jackson SO	DQ 4) Fallin, Mark SR

**Event 2 Girls 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>			
1 Monacan High School 1) Bauer, Cassie JR	2) Price, Piper SO	3) Dillman, Carleigh SR	4) Canada, Raegan SO
2 Western Albemarle High School 1) Addison, Julie SR	2) Ma, Sophia SR	3) Osada, Eliza FR	4) Schundler, Ellie JR
3 Kettle Run High School 1) Cigna, Emma FR	2) Agee, Caroline SO	3) Fallin, Megan SR	4) Von Herbulis, Lily JR
4 Patrick Henry High School 1) Hoben, Molly SO	2) Balut, Kate SO	3) Barnard, Amanda JR	4) Medei, Maddie SO
5 Sherando High School 1) Twigg, Madelynn JR	2) Smith, Taylor SR	3) Jones, Chelsey SR	4) Reed, Madison JR
6 Blacksburg High School 1) Guillot, Norah SR	2) Reese, Braelyn FR	3) Anderson, Megan SR	4) Fillo, Grace JR
7 Jamestown High School 1) Brundage, Holly SO	2) Schulze, Trinity SR	3) Buirski, Kallyn JR	4) Kantor, Isabel SR
8 Courtland High School 1) Thai-Nguyen, Alexis SR	2) Green, Emma SR	3) Velez, Juliana SO	4) Joseph, Asher SR
<b>B - Final</b>			
9 Warhill High School 1) Walker, Emma SR	2) Levin, Isabella FR	3) Bonyadlou, Parvaneh SR	4) Lorack, Isabella FR
10 Tuscarora High School 1) Patel, Lily SO	2) Hudson, Kylie SR	3) Malarkey, Cadence SR	4) Collins, Madison FR
11 Deep Creek High School 1) Graf, Ainsley SR	2) Iniguez, Annalise JR	3) Pogorzelski, Megan SR	4) Krum, Alana JR
12 Broad Run High School 1) Atkins, Caroline SR	2) Pakiela, Helena FR	3) Sian, Ela SR	4) Hindi, Alyah SR
13 King George High School 1) Adams, Kaitlyn SO	2) Bennett, Kathryn JR	3) Eller, Aly JR	4) Pardee, Corinna SR

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****B - Final ... (Event 2 Girls 200 Yard Medley Relay)**

Team	Relay	Prelim Time	Finals Time
14 EC Glass High School		2:04.95	2:03.35
1) Sommardahl, Libbie JR	2) Jablonski, Lily SR	3) Hill, Emory SO	4) Eskridge, Elizabeth SR
15 Jefferson Forest High School		2:04.28	2:03.67
1) Mills, Anna SO	2) Heimbach, Payton JR	3) Mahland, Avery SO	4) Duis, Ruby SO
--- Lightridge High School		1:59.07	DQ
1) Shum, Monet SR	2) Torres, Samantha SR	3) Ramey, Addilynn SO	4) Deza, Micaela FR

**Event 2 Girls 200 Yard Medley Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Monacan High School		1:46.10	1:46.49
1) Bauer, Cassie JR	2) Price, Piper SO	3) Dillman, Carleigh SR	4) Canada, Raegan SO
2 Western Albemarle High School		1:48.61	1:48.80
1) Addison, Julie SR	2) Ma, Sophia SR	3) Osada, Eliza FR	4) Schundler, Ellie JR
3 Kettle Run High School		1:49.85	1:49.74
1) Cigna, Emma FR	2) Agee, Caroline SO	3) Fallin, Megan SR	4) Von Herbulis, Lily JR
4 Sherando High School		1:48.67	1:49.97
1) Twigg, Madelynn JR	2) Smith, Taylor SR	3) Jones, Chelsey SR	4) Reed, Madison JR
5 Patrick Henry High School		1:50.90	1:50.70
1) Hoben, Molly SO	2) Balut, Kate SO	3) Barnard, Amanda JR	4) Medei, Maddie SO
6 Blacksburg High School		1:52.13	1:50.86
1) Guillot, Norah SR	2) Reese, Braelyn FR	3) Anderson, Megan SR	4) Fillo, Grace JR
7 Jamestown High School		1:55.81	1:52.91
1) Brundage, Holly SO	2) Schulze, Trinity SR	3) Buirski, Kallyn JR	4) Kantor, Isabel SR
8 Courtland High School		1:54.73	1:53.71
1) Thai-Nguyen, Alexis SR	2) Green, Emma SR	3) Velez, Juliana SO	4) Joseph, Asher SR
9 Warhill High School		1:54.31	1:55.92
1) Walker, Emma SR	2) Levin, Isabella FR	3) Bonyadlou, Parvaneh FR	4) Lorack, Isabella FR
10 Tuscarora High School		1:56.91	1:57.64
1) Patel, Lily SO	2) Hudson, Kylie SR	3) Malarkey, Cadence SR	4) Collins, Madison FR
11 Lightridge High School		1:56.63	1:59.07
1) Shum, Monet SR	2) Torres, Samantha SR	3) Ramey, Addilynn SO	4) Deza, Micaela FR
12 Deep Creek High School		1:59.89	1:59.61
1) Graf, Ainsley SR	2) Iniguez, Annalise JR	3) Pogorzelski, Megan SR	4) Krum, Alana JR
13 King George High School		1:54.73	1:59.98
1) Adams, Kaitlyn SO	2) Bennett, Kathryn JR	3) Eller, Aly JR	4) Pardee, Corinna SR
14 Broad Run High School		1:55.89	2:00.49
1) Atkins, Caroline SR	2) Pakiela, Helena FR	3) Sian, Ela SR	4) Hindi, Alyah SR
15 Jefferson Forest High School		2:01.61	2:04.28
1) Mills, Anna SO	2) Heimbach, Payton JR	3) Mahland, Avery SO	4) Champney, Rylee SR
16 EC Glass High School		2:06.58	2:04.95
1) Sommardahl, Libbie JR	2) Jablonski, Lily SR	3) Hill, Emory SO	4) Eskridge, Elizabeth SR
17 Smithfield High School		2:02.21	2:05.84
1) Hicks, Cassidy SR	2) Wallace, Brianna SO	3) Berry, Madelyn SO	4) Hanson, Aubrey SO

**Event 3 Boys 200 Yard Freestyle**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Hufford, Ryan	SR	Monacan High School	1:39.89	1:38.60
2 Mills, Jack	JR	Jefferson Forest High School	1:40.65	1:39.48
3 Sere, Justin	SR	Grafton High School	1:41.35	1:41.10
4 Eliason, Nathaniel	JR	Hanover High School	1:41.64	1:41.37
5 Bartz, Hayden	JR	Patrick Henry High School	1:41.83	1:41.63

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****A - Final ... (Event 3 Boys 200 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
6 Barker, Charlie	SR	Broad Run High School	1:42.81	1:42.54
7 Wang, Richard	SO	Western Albemarle High School	1:44.60	1:46.13
8 Reilly, Sam	JR	Blacksburg High School	1:44.42	1:50.02

**B - Final**

9 King, Brayden	FR	Western Albemarle High School	1:44.71	1:44.15
10 Roy, Cameron	FR	Blacksburg High School	1:45.39	1:44.64
11 Graham, Jack	SR	Jamestown High School	1:47.75	1:47.82
12 Alexander, Jonathan	JR	Western Albemarle High School	1:48.22	1:47.95
13 Tungate, Ben	FR	Western Albemarle High School	1:47.82	1:47.99
14 Gehley, Michael	SO	Broad Run High School	1:48.72	1:48.84
15 Landers, Lucas	FR	Jamestown High School	1:48.58	1:49.02
16 Stratton, Nicholas	FR	Great Bridge High School	1:48.17	1:49.05

**Event 3 Boys 200 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hufford, Ryan	SR	Monacan High School	1:38.35	1:39.89
2 Mills, Jack	JR	Jefferson Forest High School	1:45.82	1:40.65
3 Sere, Justin	SR	Grafton High School	1:45.49	1:41.35
4 Eliason, Nathaniel	JR	Hanover High School	1:42.19	1:41.64
5 Bartz, Hayden	JR	Patrick Henry High School	1:46.16	1:41.83
6 Barker, Charlie	SR	Broad Run High School	1:41.93	1:42.81
7 Reilly, Sam	JR	Blacksburg High School	1:48.13	1:44.42
8 Wang, Richard	SO	Western Albemarle High School	1:47.49	1:44.60
9 King, Brayden	FR	Western Albemarle High School	1:46.70	1:44.71
10 Roy, Cameron	FR	Blacksburg High School	1:46.79	1:45.39
11 Graham, Jack	SR	Jamestown High School	1:48.61	1:47.75
12 Tungate, Ben	FR	Western Albemarle High School	1:49.40	1:47.82
13 Stratton, Nicholas	FR	Great Bridge High School	1:50.61	1:48.17
14 Alexander, Jonathan	JR	Western Albemarle High School	1:48.87	1:48.22
15 Landers, Lucas	FR	Jamestown High School	1:48.87	1:48.58
16 Gehley, Michael	SO	Broad Run High School	1:49.76	1:48.72
17 Nuckols, Cole	JR	Patrick Henry High School	1:48.44	1:49.02
18 Kashinejad, Kaleb	SO	Patrick Henry High School	1:50.60	1:49.60
19 Eliason, Colin	FR	Hanover High School	1:50.51	1:49.61
20 Thompson, Andrew	SR	James Wood High School	1:49.80	1:50.36
21 Angulo, Santiago	FR	Blacksburg High School	1:51.83	1:50.69
22 Carter, Zackary	JR	Millbrook High School	1:51.45	1:51.29
23 Warren, Joshua	SO	Jefferson Forest High School	1:53.13	1:51.37
24 Chethan, Neel	SO	Rock Ridge High School	1:50.57	1:51.40
25 Byrd, Thomas	JR	Smithfield High School	1:53.82	1:51.94
26 Parker, Austin	FR	Chancellor High School	1:50.88	1:52.28
27 Green, AJ	SR	King George High School	1:50.03	1:52.59
28 Keyser, Andre	SR	Heritage High School	1:51.13	1:54.04
29 Kasper, Noah	SO	Jefferson Forest High School	2:02.83	2:00.52

**Event 4 Girls 200 Yard Freestyle**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Hanson, Wyllo	SR	Jamestown High School	1:48.34	1:47.15
2 Canada, Raegan	SO	Monacan High School	1:50.70	1:50.87

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****A - Final ... (Event 4 Girls 200 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
3 Macik, Jane	JR	Park View High School-Sterling	1:54.68	1:53.15
4 McCardle, Grace	JR	Western Albemarle High School	1:53.42	1:53.21
5 Morgan, Grace	JR	John Handley High School	1:54.24	1:53.51
6 Dillard, Jordyn	JR	Hanover High School	1:55.35	1:55.00
7 Brundage, Holly	SO	Jamestown High School	1:56.03	1:55.02
8 Shum, Monet	SR	Lightridge High School	1:56.07	1:58.33

**B - Final**

9 Derrico, Campbell	FR	Hanover High School	1:57.56	1:56.35
10 Baldwin, Ava	JR	Blacksburg High School	1:57.61	1:56.39
11 Phillips, Lily	FR	Western Albemarle High School	1:59.41	1:56.96
12 Iniguez, Annalise	JR	Deep Creek High School	1:58.23	1:57.97
13 Brown, Sarah	JR	Monacan High School	1:57.83	1:58.84
14 Webster, Kiera	SO	Millbrook High School	1:57.71	1:59.79
15 Pauley, Meghan	SO	Kettle Run High School	2:01.02	2:00.74
16 Wedding, Jillian	SR	King George High School	2:00.48	2:01.76

**Event 4 Girls 200 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hanson, Wyllo	SR	Jamestown High School	1:57.16	1:48.34
2 Canada, Raegan	SO	Monacan High School	1:51.54	1:50.70
3 McCardle, Grace	JR	Western Albemarle High School	1:53.44	1:53.42
4 Morgan, Grace	JR	John Handley High School	1:55.83	1:54.24
5 Macik, Jane	JR	Park View High School-Sterling	1:54.69	1:54.68
6 Dillard, Jordyn	JR	Hanover High School	1:57.07	1:55.35
7 Brundage, Holly	SO	Jamestown High School	1:58.58	1:56.03
8 Shum, Monet	SR	Lightridge High School	1:57.79	1:56.07
9 Derrico, Campbell	FR	Hanover High School	1:57.91	1:57.56
10 Baldwin, Ava	JR	Blacksburg High School	1:56.56	1:57.61
11 Webster, Kiera	SO	Millbrook High School	1:58.32	1:57.71
12 Brown, Sarah	JR	Monacan High School	1:59.27	1:57.83
13 Iniguez, Annalise	JR	Deep Creek High School	2:01.45	1:58.23
14 Phillips, Lily	FR	Western Albemarle High School	1:58.53	1:59.41
15 Wedding, Jillian	SR	King George High School	2:01.05	2:00.48
16 Pauley, Meghan	SO	Kettle Run High School	1:59.77	2:01.02
17 Badgley, Annabelle	JR	Blacksburg High School	2:03.58	2:01.77
18 Strohacker, MacKenzie	SO	Mechanicsville High School	2:04.07	2:01.84
19 Ferreira, Clara	FR	Blacksburg High School	2:01.38	2:02.07
20 Lechelt, Reese	SO	Loudoun County High School	2:01.19	2:02.48
21 Basic, Charlotte	FR	Jamestown High School	2:06.75	2:04.39
22 Laine, Bryar	JR	Liberty High School	2:04.95	2:06.24
23 Grossman, Tate	FR	Western Albemarle High School	2:10.09	2:06.52
*24 Dean, Mackenzie	SR	Warhill High School	2:08.87	2:06.84
*24 Mahland, Avery	SO	Jefferson Forest High School	2:07.59	2:06.84
26 Jordan, Sarah	JR	Western Albemarle High School	2:02.48	2:07.99
27 Buirski, Kallyn	JR	Jamestown High School	2:06.96	2:10.06

**Event 5 Boys 200 Yard IM**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Smith, Jack	SR	Western Albemarle High School	1:55.12	1:52.52

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****A - Final ... (Event 5 Boys 200 Yard IM)**

Name	Yr	School	Prelim Time	Finals Time
2 Dillman, Cooper	SO	Monacan High School	1:57.12	1:53.86
3 Vanderloo, JP	SR	Loudoun County High School	1:54.69	1:54.68
4 Nussbaum, Jack	SR	Blacksburg High School	1:55.68	1:55.16
5 Schonfelder, Max	SO	Jefferson Forest High School	1:56.87	1:56.02
6 Hitt, Travis	SO	Western Albemarle High School	1:58.32	1:56.48
7 Warnagiris, Joseph	SO	James Wood High School	1:57.03	1:56.99
8 Warnagiris, Paul	SR	James Wood High School	1:58.82	1:58.53

**B - Final**

9 Senfield, Thomas	FR	Patrick Henry High School	2:00.36	1:59.47
10 Takach, Andrew	SO	Rock Ridge High School	2:02.77	2:01.13
11 Olson, Thomas	JR	Western Albemarle High School	2:02.43	2:02.11
12 Boller, Alexander	SO	Jamestown High School	2:02.33	2:02.19
13 Hendrickson, Andrew	SR	Kettle Run High School	2:01.90	2:03.19
14 Green, Brayden	JR	Monacan High School	2:00.34	2:03.45
15 Hathaway, Jack	SO	Western Albemarle High School	2:03.14	2:04.36
16 Stamper, Isaac	JR	Jamestown High School	2:03.04	2:04.89

**Event 5 Boys 200 Yard IM**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Vanderloo, JP	SR	Loudoun County High School	1:55.83	1:54.69
2 Smith, Jack	SR	Western Albemarle High School	1:53.05	1:55.12
3 Nussbaum, Jack	SR	Blacksburg High School	1:55.20	1:55.68
4 Schonfelder, Max	SO	Jefferson Forest High School	2:02.84	1:56.87
5 Warnagiris, Joseph	SO	James Wood High School	2:03.77	1:57.03
6 Dillman, Cooper	SO	Monacan High School	1:54.51	1:57.12
7 Hitt, Travis	SO	Western Albemarle High School	1:59.23	1:58.32
8 Warnagiris, Paul	SR	James Wood High School	1:56.55	1:58.82
9 Green, Brayden	JR	Monacan High School	2:03.01	2:00.34
10 Senfield, Thomas	FR	Patrick Henry High School	2:03.03	2:00.36
11 Hendrickson, Andrew	SR	Kettle Run High School	2:01.34	2:01.90
12 Boller, Alexander	SO	Jamestown High School	2:00.96	2:02.33
13 Olson, Thomas	JR	Western Albemarle High School	2:03.72	2:02.43
14 Takach, Andrew	SO	Rock Ridge High School	2:03.93	2:02.77
15 Stamper, Isaac	JR	Jamestown High School	2:02.65	2:03.04
16 Hathaway, Jack	SO	Western Albemarle High School	2:03.15	2:03.14
17 Swartz, Tyler	SO	Deep Creek High School	2:03.42	2:03.23
18 Caballero, Malachi	JR	King George High School	2:04.19	2:03.73
19 Konarski, Hunter	SR	Blacksburg High School	2:05.16	2:05.44
20 Owen, Cole	SR	Louisa County High School	2:04.85	2:06.32
21 Goedecke, Colin	JR	Great Bridge High School	2:07.42	2:08.75
22 Zahabi, Kiyan	SR	Courtland High School	2:11.97	2:10.48
23 Tonk, Lucas	SR	Jamestown High School	2:13.08	2:11.40
24 Croxton, Dylan	FR	Hanover High School	2:10.86	2:11.80

**Event 6 Girls 200 Yard IM**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Barnard, Amanda	JR	Patrick Henry High School	2:04.13	1:59.63
2 Callis, Emerson	FR	Monacan High School	2:04.52	1:59.70
3 Agee, Caroline	SO	Kettle Run High School	2:04.43	2:04.08

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	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
4	Bauer, Cassie	JR	Monacan High School	2:07.79	2:07.50
5	Heyward, Addy	SO	Jamestown High School	2:07.33	2:07.58
6	Addison, Julie	SR	Western Albemarle High School	2:07.85	2:08.40
7	Price, Piper	SO	Monacan High School	2:07.91	2:08.69
8	Nicholson, Lucille	SO	Western Albemarle High School	2:09.48	2:09.28

**B - Final**

9	Papiernik, Kathleen	SR	Matoaca High School	2:13.74	2:10.52
10	Osada, Eliza	FR	Western Albemarle High School	2:13.71	2:11.26
11	Samuels, Charlotte	SR	Orange County High School	2:13.93	2:12.21
12	Graves, Ciara	SR	King George High School	2:12.43	2:13.60
13	Craft, Allegra	JR	Kettle Run High School	2:15.61	2:13.83
14	Bannerton, Avery	JR	Loudoun Valley High School	2:15.57	2:14.27
15	Lorack, Isabella	FR	Warhill High School	2:16.24	2:15.70
16	Allison, Emma	SR	Hanover High School	2:17.39	2:16.47

**Event 6 Girls 200 Yard IM**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Barnard, Amanda	JR	Patrick Henry High School	2:01.74	2:04.13
2	Agee, Caroline	SO	Kettle Run High School	2:04.58	2:04.43
3	Callis, Emerson	FR	Monacan High School	2:01.61	2:04.52
4	Heyward, Addy	SO	Jamestown High School	2:06.25	2:07.33
5	Bauer, Cassie	JR	Monacan High School	2:07.77	2:07.79
6	Addison, Julie	SR	Western Albemarle High School	2:09.67	2:07.85
7	Price, Piper	SO	Monacan High School	2:09.01	2:07.91
8	Nicholson, Lucille	SO	Western Albemarle High School	2:11.03	2:09.48
9	Graves, Ciara	SR	King George High School	2:13.60	2:12.43
10	Osada, Eliza	FR	Western Albemarle High School	2:14.51	2:13.71
11	Papiernik, Kathleen	SR	Matoaca High School	2:12.82	2:13.74
12	Samuels, Charlotte	SR	Orange County High School	2:15.76	2:13.93
13	Bannerton, Avery	JR	Loudoun Valley High School	2:15.11	2:15.57
14	Craft, Allegra	JR	Kettle Run High School	2:15.76	2:15.61
15	Lorack, Isabella	FR	Warhill High School	2:17.39	2:16.24
16	Allison, Emma	SR	Hanover High School	2:15.56	2:17.39
17	Medei, Maddie	SO	Patrick Henry High School	2:17.35	2:18.27
18	Reese, Braelyn	FR	Blacksburg High School	2:18.91	2:19.16
19	Ramey, Addilynn	SO	Lightridge High School	2:18.83	2:19.21
20	Ma, Allison	FR	Western Albemarle High School	2:20.11	2:19.49
21	Heller, Mia	FR	Kettle Run High School	2:19.22	2:22.13
22	Schulze, Trinity	SR	Jamestown High School	2:21.82	2:22.39
23	Bonyadlou, Parvaneh	SR	Warhill High School	2:23.86	2:31.77
---	Anderson, Megan	SR	Blacksburg High School	2:11.20	DQ

**Event 7 Boys 50 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Heilman, Thomas	SO	Western Albemarle High School	20.23	19.69
2	Whitfield, Brendan	SR	Jefferson Forest High School	19.78	19.73
3	Peck, Kyle	JR	Chancellor High School	20.47	20.43
4	Hufford, Ryan	SR	Monacan High School	20.56	20.76
5	Frasier, Ryan	JR	Jefferson Forest High School	21.65	21.50

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****A - Final ... (Event 7 Boys 50 Yard Freestyle)**

Name	Yr	School	Prelim Time	Finals Time
6 Winston, Toby	SO	Sherando High School	21.75	21.55
7 Widzisz, Owen	SO	Jefferson Forest High School	21.69	21.69
8 Fowle, Morgan	SR	Rock Ridge High School	21.69	21.70

**B - Final**

9 Castle, Sam	SR	Hanover High School	21.88	21.57
10 Quatrara, Lucas	JR	Western Albemarle High School	22.57	22.08
11 Chang, Kenneth	SO	Loudoun County High School	22.37	22.15
12 Cooper, Caleb	JR	Matoaca High School	22.22	22.30
13 Fallin, Mark	SR	Kettle Run High School	22.45	22.33
14 Poush, Joseph	JR	Salem High School Swim Team	22.40	22.60
15 Polino, Jack	SR	Matoaca High School	22.52	22.93
16 Henderson, Kristian	JR	King George High School	22.40	23.07

**Event 7 Boys 50 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Whitfield, Brendan	SR	Jefferson Forest High School	21.09	19.78
2 Heilman, Thomas	SO	Western Albemarle High School	20.17	20.23
3 Peck, Kyle	JR	Chancellor High School	20.67	20.47
4 Hufford, Ryan	SR	Monacan High School	21.47	20.56
5 Frasier, Ryan	JR	Jefferson Forest High School	22.79	21.65
*6 Fowle, Morgan	SR	Rock Ridge High School	21.69	21.69
*6 Widzisz, Owen	SO	Jefferson Forest High School	22.23	21.69
8 Winston, Toby	SO	Sherando High School	22.34	21.75
9 Castle, Sam	SR	Hanover High School	21.85	21.88
10 Cooper, Caleb	JR	Matoaca High School	22.81	22.22
11 Chang, Kenneth	SO	Loudoun County High School	22.12	22.37
*12 Henderson, Kristian	JR	King George High School	22.40	22.40
*12 Poush, Joseph	JR	Salem High School Swim Team	22.83	22.40
14 Fallin, Mark	SR	Kettle Run High School	22.52	22.45
15 Polino, Jack	SR	Matoaca High School	22.64	22.52
16 Quatrara, Lucas	JR	Western Albemarle High School	22.70	22.57
17 Spaulding, Aedan	SR	Jamestown High School	22.55	22.59
18 Hill, Tyler	JR	Mechanicsville High School	22.42	22.62
19 Frodsham, Jack	FR	Grafton High School	23.20	22.67
*20 Nicholson, Jeremiah	SO	Western Albemarle High School	22.85	22.73
*20 Larson, Barrett	SR	Loudoun County High School	22.79	22.73
22 Garth, Ian	FR	Deep Creek High School	22.69	22.74
23 Keane, Gavin	SR	Monacan High School	22.66	22.75
24 Picataggi, Will	SR	Warhill High School	22.68	22.77
25 Babcock, Eli	SR	Blacksburg High School	22.62	22.80
26 Burrows, Carter	SR	Jamestown High School	22.75	22.87
27 Pardee, Zachary	SO	King George High School	22.76	22.89
28 Dill, Joe	SO	Warhill High School	22.59	23.04
29 Sopheareak, Augustin	JR	Lightridge High School	22.99	23.24
30 Rakowski, Trent	SR	James Wood High School	23.04	23.34
31 Sopheareak, Aryan	SR	Lightridge High School	22.90	23.35
32 Kennedy, Ryan	SR	Western Albemarle High School	23.15	23.47



**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Event 8 Girls 50 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Hanson, Wyllo	SR	Jamestown High School	23.31	23.04
2	Joseph, Asher	SR	Courtland High School	23.94	23.86
3	Hill, Emory	SO	EC Glass High School	23.73	24.00
4	Masters, Lauren	SR	James Wood High School	24.17	24.18
5	Von Herbulis, Lily	JR	Kettle Run High School	24.66	24.45
6	Will, Isabel	SR	Broad Run High School	24.75	24.79
7	Green, Sarah	JR	King George High School	24.88	25.08
8	Fleenor, Eliza	JR	Salem High School Swim Team	25.12	25.23
<b>B - Final</b>					
9	Schellhammer, Alexis	SR	Sherando High School	25.42	25.32
10	Hathaway, Gigi	SO	Western Albemarle High School	25.41	25.40
11	Dyer, Livi	JR	Monacan High School	25.88	25.48
12	Speeks, Whitney	JR	Mechanicsville High School	25.37	25.56
13	Walker, Emma	SR	Warhill High School	25.76	25.64
14	Fallin, Megan	SR	Kettle Run High School	25.98	25.66
15	Reed, Madison	JR	Sherando High School	25.75	25.80
16	Fillo, Grace	JR	Blacksburg High School	25.88	26.31

**Event 8 Girls 50 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Hanson, Wyllo	SR	Jamestown High School	23.35	23.31
2	Hill, Emory	SO	EC Glass High School	24.07	23.73
3	Joseph, Asher	SR	Courtland High School	24.08	23.94
4	Masters, Lauren	SR	James Wood High School	24.33	24.17
5	Von Herbulis, Lily	JR	Kettle Run High School	25.04	24.66
6	Will, Isabel	SR	Broad Run High School	24.83	24.75
7	Green, Sarah	JR	King George High School	25.12	24.88
8	Fleenor, Eliza	JR	Salem High School Swim Team	25.64	25.12
9	Speeks, Whitney	JR	Mechanicsville High School	25.98	25.37
10	Hathaway, Gigi	SO	Western Albemarle High School	25.78	25.41
11	Schellhammer, Alexis	SR	Sherando High School	25.36	25.42
12	Reed, Madison	JR	Sherando High School	25.64	25.75
13	Walker, Emma	SR	Warhill High School	25.48	25.76
*14	Dyer, Livi	JR	Monacan High School	25.40	25.88
*14	Fillo, Grace	JR	Blacksburg High School	25.63	25.88
16	Augustine, Ashlyn	FR	Kettle Run High School	25.55	25.96
17	Fallin, Megan	SR	Kettle Run High School	25.51	25.98
18	Ma, Sophia	SR	Western Albemarle High School	25.63	25.99
19	Duis, Ruby	SO	Jefferson Forest High School	25.99	26.25
20	Kantor, Isabel	SR	Jamestown High School	25.98	26.48
21	Dean, Mackenzie	SR	Warhill High School	26.62	26.89

**Event 9 Boys 1 mtr Diving**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>
1	Vilanueva, Theo		Blacksburg High School	249.40
2	Roethlisberger, David	SR	Blacksburg High School	455.05
3	Anderson, Soren	FR	Blacksburg High School	342.75
4	Prince, William	SO	Blacksburg High School	300.25

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****(Event 9 Boys 1 mtr Diving)**

Name	Yr	School		Finals Score
5 He, Franklin	SR	Western Albemarle High School	253.85	229.65

**Event 10 Girls 1 mtr Diving**

Name	Yr	School		Finals Score
1 Miller, Savanna	SR	Deep Creek High School	NP	395.70
2 Sigtryggsson, Peyton	JR	Blacksburg High School	363.15	380.95
3 Hanrahan, Madison	SR	Deep Creek High School	NP	362.95
4 Fitzwater, Raina	SO	Western Albemarle High School	353.85	347.20
5 Mandell, Emily	SR	Western Albemarle High School	360.65	301.40
6 Champney, Rylee	SR	Jefferson Forest High School	280.10	281.70
7 LaFountain, Emma	JR	Salem High School Swim Team	399.05	275.00
8 Semtner, Ella	SR	Blacksburg High School	299.80	267.50
9 Hobbs, Ollie	JR	Louisa County High School	297.60	248.15
10 Zolovick, Maddie		Blacksburg High School	266.20	227.40
11 Anderson, Madison	SO	Western Albemarle High School	250.75	221.70
12 MacNab, Sylvia	JR	Blacksburg High School	261.80	207.45

**Event 11 Boys 100 Yard Butterfly**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Heilman, Thomas	SO	Western Albemarle High School	48.16	46.06
2 Mills, Jack	JR	Jefferson Forest High School	49.52	48.84
3 Tishler, Jackson	SO	Kettle Run High School	50.57	49.62
4 Widzisz, Owen	SO	Jefferson Forest High School	51.52	51.89
5 Anderson, Michael	SO	Blacksburg High School	51.50	52.02
6 Hill, Tyler	JR	Mechanicsville High School	52.50	52.28
7 Wang, Richard	SO	Western Albemarle High School	52.32	52.32
8 Easter, Zach	JR	Salem High School Swim Team	52.90	53.95
<b>B - Final</b>				
9 Causey, Michael	SO	Patrick Henry High School	53.30	53.03
10 Thompson, Bode	JR	Blacksburg High School	53.79	53.57
11 Alexander, Jonathan	JR	Western Albemarle High School	53.61	53.73
12 Garth, Ian	FR	Deep Creek High School	53.89	53.74
13 Gabriel, Lucas	SO	Lightridge High School	53.82	54.39
14 Stamper, Isaac	JR	Jamestown High School	54.56	54.73
15 Thompson, Andrew	SR	James Wood High School	54.91	55.21
16 Henderson, Kristian	JR	King George High School	54.93	55.53

**Event 11 Boys 100 Yard Butterfly**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Heilman, Thomas	SO	Western Albemarle High School	46.09	48.16
2 Mills, Jack	JR	Jefferson Forest High School	51.09	49.52
3 Tishler, Jackson	SO	Kettle Run High School	51.07	50.57
4 Anderson, Michael	SO	Blacksburg High School	52.39	51.50
5 Widzisz, Owen	SO	Jefferson Forest High School	54.37	51.52
6 Wang, Richard	SO	Western Albemarle High School	53.68	52.32
7 Hill, Tyler	JR	Mechanicsville High School	51.96	52.50
8 Easter, Zach	JR	Salem High School Swim Team	53.92	52.90
9 Causey, Michael	SO	Patrick Henry High School	54.10	53.30
10 Alexander, Jonathan	JR	Western Albemarle High School	54.64	53.61
11 Thompson, Bode	JR	Blacksburg High School	54.69	53.79

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 11 Boys 100 Yard Butterfly)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
12	Gabriel, Lucas	SO	Lightridge High School	54.33	53.82
13	Garth, Ian	FR	Deep Creek High School	53.88	53.89
14	Stamper, Isaac	JR	Jamestown High School	56.13	54.56
15	Thompson, Andrew	SR	James Wood High School	54.21	54.91
16	Henderson, Kristian	JR	King George High School	54.95	54.93
17	Zhao, Ryan	JR	Blacksburg High School	55.63	54.96
18	Elsayyad, Ali	SR	Warwick High School	54.44	55.07
19	Armitage, Kyle	JR	Loudoun County High School	55.10	55.36
*20	Harvey, Brandon	SO	Atlee	53.91	55.46
*20	Goedecke, Colin	JR	Great Bridge High School	54.70	55.46
22	Shelton, Evan	JR	Smithfield High School	55.36	55.51
23	Kretzing, Dominic	SR	Lightridge High School	54.78	55.59
24	Bledsoe, Sam	SO	Western Albemarle High School	55.31	55.75
25	Carter, Zackary	JR	Millbrook High School	55.22	55.93
26	Rempfer, Owen	SR	Jefferson Forest High School	55.65	56.78
27	Dingman, Casey	JR	Patrick Henry High School	56.35	56.99
28	Bowers, Jonathan	SO	Monacan High School	56.30	57.79

**Event 12 Girls 100 Yard Butterfly**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Callis, Emerson	FR	Monacan High School	55.74	54.03
2	Smith, Taylor	SR	Sherando High School	56.69	55.95
3	Dillman, Carleigh	SR	Monacan High School	57.34	56.98
4	Graves, Ciara	SR	King George High School	57.84	57.13
5	Paxton, Madelyn	SR	Grafton High School	57.06	57.40
6	Joseph, Asher	SR	Courtland High School	58.07	57.96
7	Anderson, Megan	SR	Blacksburg High School	57.87	58.01
8	Macik, Jane	JR	Park View High School-Sterling	58.09	58.02
<b>B - Final</b>					
9	Cigna, Emma	FR	Kettle Run High School	59.18	58.30
10	Guillot, Norah	SR	Blacksburg High School	59.25	58.77
11	Osada, Eliza	FR	Western Albemarle High School	59.13	59.26
12	Levin, Isabella	FR	Warhill High School	1:01.49	59.36
13	Webster, Kiera	SO	Millbrook High School	1:00.16	1:00.03
14	Pogorzelski, Megan	SR	Deep Creek High School	1:01.70	1:01.20
15	Brown, Sarah	JR	Monacan High School	1:01.18	1:01.52
16	Pillo, Riley	FR	Millbrook High School	1:01.43	1:02.25

**Event 12 Girls 100 Yard Butterfly**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Callis, Emerson	FR	Monacan High School	55.81	55.74
2	Smith, Taylor	SR	Sherando High School	56.73	56.69
3	Paxton, Madelyn	SR	Grafton High School	1:00.27	57.06
4	Dillman, Carleigh	SR	Monacan High School	56.70	57.34
5	Graves, Ciara	SR	King George High School	58.37	57.84
6	Anderson, Megan	SR	Blacksburg High School	59.94	57.87
7	Joseph, Asher	SR	Courtland High School	58.55	58.07
8	Macik, Jane	JR	Park View High School-Sterling	58.07	58.09
9	Osada, Eliza	FR	Western Albemarle High School	57.91	59.13

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 12 Girls 100 Yard Butterfly)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
10 Cigna, Emma	FR	Kettle Run High School	59.15	59.18
11 Guillot, Norah	SR	Blacksburg High School	59.53	59.25
12 Webster, Kiera	SO	Millbrook High School	1:00.60	1:00.16
13 Brown, Sarah	JR	Monacan High School	1:01.77	1:01.18
14 Pillo, Riley	FR	Millbrook High School	1:00.65	1:01.43
15 Levin, Isabella	FR	Warhill High School	59.92	1:01.49
16 Pogorzelski, Megan	SR	Deep Creek High School	1:02.26	1:01.70
17 Lorack, Isabella	FR	Warhill High School	1:02.12	1:01.89
18 Bonyadlou, Parvaneh	SR	Warhill High School	1:03.32	1:02.47
19 Smith, James	SO	Western Albemarle High School	1:03.18	1:02.72
20 Shaps, Ellie	SR	Western Albemarle High School	1:02.96	1:03.23
21 Medei, Maddie	SO	Patrick Henry High School	1:00.62	1:03.27
22 Buirski, Kallyn	JR	Jamestown High School	1:02.02	1:03.53
23 Roy, Reagan	JR	Blacksburg High School	1:04.04	1:06.18
--- Jones, Chelsey	SR	Sherando High School	1:00.58	DQ
--- Schundler, Ellie	JR	Western Albemarle High School	59.32	DQ

**Event 13 Boys 100 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>				
1 Whitfield, Brendan	SR	Jefferson Forest High School	43.49	42.77
2 Griffith, Ryan	SO	Grafton High School	46.25	45.85
3 Eliason, Nathaniel	JR	Hanover High School	46.79	46.50
4 Barker, Charlie	SR	Broad Run High School	46.93	46.56
5 Thomas, Sean	SR	Jamestown High School	47.53	46.72
6 Castle, Sam	SR	Hanover High School	47.87	47.33
7 Fowle, Morgan	SR	Rock Ridge High School	47.54	47.41
8 Winston, Toby	SO	Sherando High School	47.60	47.93
<b>B - Final</b>				
9 Roy, Cameron	FR	Blacksburg High School	48.59	48.24
10 Saunders, Ryan	SR	Matoaca High School	49.57	48.40
11 Frasier, Ryan	JR	Jefferson Forest High School	48.95	48.46
12 Cooper, Caleb	JR	Matoaca High School	48.97	49.20
13 Addison, Henry	SR	Western Albemarle High School	49.19	49.46
14 Kashinejad, Kaleb	SO	Patrick Henry High School	49.40	49.66
15 Poush, Joseph	JR	Salem High School Swim Team	49.60	50.30
16 Hitt, Travis	SO	Western Albemarle High School	49.78	50.82

**Event 13 Boys 100 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>				
1 Whitfield, Brendan	SR	Jefferson Forest High School	45.32	43.49
2 Griffith, Ryan	SO	Grafton High School	47.97	46.25
3 Eliason, Nathaniel	JR	Hanover High School	47.12	46.79
4 Barker, Charlie	SR	Broad Run High School	46.67	46.93
5 Thomas, Sean	SR	Jamestown High School	48.05	47.53
6 Fowle, Morgan	SR	Rock Ridge High School	47.54	47.54
7 Winston, Toby	SO	Sherando High School	48.41	47.60
8 Castle, Sam	SR	Hanover High School	47.64	47.87
9 Roy, Cameron	FR	Blacksburg High School	48.46	48.59
10 Frasier, Ryan	JR	Jefferson Forest High School	50.12	48.95

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 13 Boys 100 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
11 Cooper, Caleb	JR	Matoaca High School	49.13	48.97
12 Addison, Henry	SR	Western Albemarle High School	50.12	49.19
13 Kashinejad, Kaleb	SO	Patrick Henry High School	49.93	49.40
14 Saunders, Ryan	SR	Matoaca High School	49.65	49.57
15 Poush, Joseph	JR	Salem High School Swim Team	50.81	49.60
16 Hitt, Travis	SO	Western Albemarle High School	49.34	49.78
17 Chang, Kenneth	SO	Loudoun County High School	49.21	49.86
18 Nuckols, Cole	JR	Patrick Henry High School	49.76	49.88
19 Nicholson, Jeremiah	SO	Western Albemarle High School	50.08	50.05
20 Spaulding, Aedan	SR	Jamestown High School	49.72	50.15
21 Cohen, Jacob	SO	Western Albemarle High School	51.69	51.06
22 Rakowski, Trent	SR	James Wood High School	50.26	51.22
23 Byrd, Thomas	JR	Smithfield High School	51.88	51.44
24 Picataggi, Will	SR	Warhill High School	51.59	53.43

**Event 14 Girls 100 Yard Freestyle**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Heyward, Addy	SO	Jamestown High School	51.79	51.02
2 Canada, Raegan	SO	Monacan High School	52.62	51.33
3 Hill, Emory	SO	EC Glass High School	52.43	52.98
4 Masters, Lauren	SR	James Wood High School	52.93	53.11
5 McCardle, Grace	JR	Western Albemarle High School	52.88	53.23
6 Von Herbulis, Lily	JR	Kettle Run High School	53.07	53.81
7 Hoben, Molly	SO	Patrick Henry High School	54.00	53.88
8 Shum, Monet	SR	Lightridge High School	53.89	54.01
<b>B - Final</b>				
9 Phillips, Lily	FR	Western Albemarle High School	54.56	54.22
10 Twigg, Madelynn	JR	Sherando High School	54.11	54.28
11 Will, Isabel	SR	Broad Run High School	54.36	54.61
12 Derrico, Campbell	FR	Hanover High School	54.74	54.65
13 Samuels, Charlotte	SR	Orange County High School	55.22	54.97
14 Walker, Emma	SR	Warhill High School	56.47	55.99
15 Wedding, Jillian	SR	King George High School	55.38	56.19
16 Fillo, Grace	JR	Blacksburg High School	55.90	56.78

**Event 14 Girls 100 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Heyward, Addy	SO	Jamestown High School	51.40	51.79
2 Hill, Emory	SO	EC Glass High School	53.25	52.43
3 Canada, Raegan	SO	Monacan High School	51.79	52.62
4 McCardle, Grace	JR	Western Albemarle High School	52.96	52.88
5 Masters, Lauren	SR	James Wood High School	52.59	52.93
6 Von Herbulis, Lily	JR	Kettle Run High School	53.09	53.07
7 Shum, Monet	SR	Lightridge High School	54.07	53.89
8 Hoben, Molly	SO	Patrick Henry High School	54.48	54.00
9 Twigg, Madelynn	JR	Sherando High School	54.69	54.11
10 Will, Isabel	SR	Broad Run High School	54.27	54.36
11 Phillips, Lily	FR	Western Albemarle High School	55.03	54.56
12 Derrico, Campbell	FR	Hanover High School	54.80	54.74

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 14 Girls 100 Yard Freestyle)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
13	Samuels, Charlotte	SR	Orange County High School	55.03	55.22
14	Wedding, Jillian	SR	King George High School	55.31	55.38
15	Fillo, Grace	JR	Blacksburg High School	55.04	55.90
16	Walker, Emma	SR	Warhill High School	55.37	56.47
17	Dyer, Livi	JR	Monacan High School	55.76	56.71
18	Streit, Molly	SO	Western Albemarle High School	57.27	56.88
19	Augustine, Ashlyn	FR	Kettle Run High School	55.62	56.91
20	Ferreira, Clara	FR	Blacksburg High School	55.70	56.94
21	Allison, Emma	SR	Hanover High School	56.65	57.30
22	Capelluto, Chiara	FR	Blacksburg High School	57.49	58.13
23	Maynor, Lily	SO	Warhill High School	1:00.56	1:00.98
24	Hicks, Cassidy	SR	Smithfield High School	1:00.82	1:01.18

**Event 15 Boys 500 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	King, Brayden	FR	Western Albemarle High School	4:35.85	4:34.59
2	Dillman, Cooper	SO	Monacan High School	4:38.82	4:35.75
3	Bartz, Hayden	JR	Patrick Henry High School	4:41.27	4:35.97
4	Garono, Anthony	SR	Western Albemarle High School	4:44.68	4:43.15
5	Anderson, Michael	SO	Blacksburg High School	4:44.10	4:43.77
6	Vanderloo, JP	SR	Loudoun County High School	4:39.03	4:44.12
7	Tungate, Ben	FR	Western Albemarle High School	4:47.68	4:48.35
8	Reilly, Sam	JR	Blacksburg High School	4:47.79	4:51.33
<b>B - Final</b>					
9	Anderson, Parker	SR	Monacan High School	4:56.52	4:51.36
10	Senfield, Thomas	FR	Patrick Henry High School	4:55.87	4:52.61
11	Stratton, Nicholas	FR	Great Bridge High School	4:52.59	4:52.64
12	Rice, Carter	SR	Jefferson Forest High School	4:53.86	4:54.64
13	Green, AJ	SR	King George High School	4:56.90	4:58.41
14	Kretzing, Dominic	SR	Lightridge High School	4:58.62	5:00.98
15	Warren, Joshua	SO	Jefferson Forest High School	4:59.16	5:01.70
16	Kustowski, Brian	JR	Great Bridge High School	4:58.99	5:02.16

**Event 15 Boys 500 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	King, Brayden	FR	Western Albemarle High School	4:40.57	4:35.85
2	Dillman, Cooper	SO	Monacan High School	4:38.21	4:38.82
3	Vanderloo, JP	SR	Loudoun County High School	4:42.40	4:39.03
4	Bartz, Hayden	JR	Patrick Henry High School	4:40.96	4:41.27
5	Anderson, Michael	SO	Blacksburg High School	4:52.30	4:44.10
6	Garono, Anthony	SR	Western Albemarle High School	4:41.93	4:44.68
7	Tungate, Ben	FR	Western Albemarle High School	4:55.44	4:47.68
8	Reilly, Sam	JR	Blacksburg High School	4:52.73	4:47.79
9	Stratton, Nicholas	FR	Great Bridge High School	4:55.44	4:52.59
10	Rice, Carter	SR	Jefferson Forest High School	4:57.94	4:53.86
11	Senfield, Thomas	FR	Patrick Henry High School	4:54.80	4:55.87
12	Anderson, Parker	SR	Monacan High School	4:52.59	4:56.52
13	Green, AJ	SR	King George High School	4:59.31	4:56.90
14	Kretzing, Dominic	SR	Lightridge High School	5:06.83	4:58.62

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 15 Boys 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
15 Kustowski, Brian	JR	Great Bridge High School	5:01.81	4:58.99
16 Warren, Joshua	SO	Jefferson Forest High School	5:07.26	4:59.16
17 Parker, Austin	FR	Chancellor High School	4:55.69	4:59.25
18 Landers, Lucas	FR	Jamestown High School	4:57.81	4:59.96
19 Aponte, Jose	SO	Jamestown High School	5:09.50	5:00.96
20 Eliason, Colin	FR	Hanover High School	5:00.27	5:02.58
21 Tjader, Kai	JR	Loudoun County High School	4:59.80	5:06.90
22 Olson, Thomas	JR	Western Albemarle High School	5:06.46	5:09.91
23 White, Colton	SO	King George High School	5:02.10	5:10.22
24 Stowell, Ethan	FR	Great Bridge High School	5:18.93	5:10.58
25 Walker, Nathan	SO	Warhill High School	5:05.93	5:14.39
26 Hu, Brandon	FR	Blacksburg High School	5:23.64	5:20.84

**Event 16 Girls 500 Yard Freestyle**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Barnard, Amanda	JR	Patrick Henry High School	4:55.61	4:49.25
2 Dillard, Jordyn	JR	Hanover High School	5:06.29	5:04.23
3 Morgan, Grace	JR	John Handley High School	5:08.17	5:06.97
4 Diggs, Campbell	FR	Monacan High School	5:09.48	5:08.43
5 Nicholson, Lucille	SO	Western Albemarle High School	5:14.03	5:11.91
6 Pauley, Meghan	SO	Kettle Run High School	5:16.36	5:14.03
7 Baldwin, Ava	JR	Blacksburg High School	5:12.34	5:14.45
8 Bonanno, Ashlyn	FR	Monacan High School	5:12.65	5:19.94
<b>B - Final</b>				
9 Papiernik, Kathleen	SR	Matoaca High School	5:23.37	5:16.52
10 Badgley, Annabelle	JR	Blacksburg High School	5:18.21	5:16.72
11 Ramey, Addilynn	SO	Lightridge High School	5:24.42	5:19.06
12 Graf, Ainsley	SR	Deep Creek High School	5:29.63	5:27.31
13 Jones, Chelsey	SR	Sherando High School	5:26.91	5:27.76
14 Lechelt, Reese	SO	Loudoun County High School	5:32.39	5:33.75
15 Pogorzelski, Megan	SR	Deep Creek High School	5:34.54	5:35.79
16 Shearer, Jacquelyn	SR	Jamestown High School	5:36.62	5:36.08

**Event 16 Girls 500 Yard Freestyle**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Barnard, Amanda	JR	Patrick Henry High School	4:51.04	4:55.61
2 Dillard, Jordyn	JR	Hanover High School	5:09.48	5:06.29
3 Morgan, Grace	JR	John Handley High School	5:14.05	5:08.17
4 Diggs, Campbell	FR	Monacan High School	5:19.60	5:09.48
5 Baldwin, Ava	JR	Blacksburg High School	5:14.36	5:12.34
6 Bonanno, Ashlyn	FR	Monacan High School	5:18.61	5:12.65
7 Nicholson, Lucille	SO	Western Albemarle High School	5:10.42	5:14.03
8 Pauley, Meghan	SO	Kettle Run High School	5:14.61	5:16.36
9 Badgley, Annabelle	JR	Blacksburg High School	5:24.26	5:18.21
10 Papiernik, Kathleen	SR	Matoaca High School	5:17.17	5:23.37
11 Ramey, Addilynn	SO	Lightridge High School	5:24.15	5:24.42
12 Jones, Chelsey	SR	Sherando High School	5:22.74	5:26.91
13 Graf, Ainsley	SR	Deep Creek High School	5:27.09	5:29.63
14 Lechelt, Reese	SO	Loudoun County High School	5:24.52	5:32.39

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 16 Girls 500 Yard Freestyle)**

Name	Yr	School	Seed Time	Prelim Time
15 Pogorzelski, Megan	SR	Deep Creek High School	5:38.65	5:34.54
16 Shearer, Jacquelyn	SR	Jamestown High School	5:37.10	5:36.62
17 Basic, Charlotte	FR	Jamestown High School	5:37.12	5:38.34
18 Laine, Bryar	JR	Liberty High School	5:33.52	5:40.09
19 Jordan, Sarah	JR	Western Albemarle High School	5:53.35	5:40.77
20 Grossman, Tate	FR	Western Albemarle High School	5:50.56	5:41.54
21 Kovarik, Katherine	FR	Jefferson Forest High School	5:56.50	5:45.61
22 Garono, Sophia	SO	Western Albemarle High School	5:48.82	5:46.70
23 Berry, Madelyn	SO	Smithfield High School	5:49.69	5:47.51

**Event 17 Boys 200 Yard Freestyle Relay**

Team	Relay	Prelim Time	Finals Time
<b>A - Final</b>			
1 Jefferson Forest High School		1:22.99	1:22.46
1) Mills, Jack JR	2) Schonfelder, Max SO	3) Frasier, Ryan JR	4) Whitfield, Brendan SR
2 Western Albemarle High School		1:28.38	1:24.59
1) Quatrara, Lucas JR	2) Heilman, Thomas SO	3) Wang, Richard SO	4) Garono, Anthony SR
3 Jamestown High School		1:28.54	1:27.75
1) Thomas, Sean SR	2) Spaulding, Aedan SR	3) Burrows, Carter SR	4) Graham, Jack SR
4 Patrick Henry High School		1:28.60	1:28.50
1) Kashinejad, Kaleb SO	2) Nuckols, Cole JR	3) Causey, Michael SO	4) Bartz, Hayden JR
5 Loudoun County High School		1:28.86	1:29.11
1) Chang, Kenneth SO	2) Larson, Barrett SR	3) Armitage, Kyle JR	4) Vanderloo, JP SR
6 Hanover High School		1:29.43	1:29.87
1) Eliason, Nathaniel JR	2) Eliason, Colin FR	3) Morgan, Ben SR	4) Castle, Sam SR
7 Matoaca High School		1:31.44	1:30.63
1) Cooper, Caleb JR	2) Enslin, Jacob SR	3) Saunders, Ryan SR	4) Polino, Jack SR
8 Blacksburg High School		1:31.24	1:32.26
1) Babcock, Eli SR	2) Zhao, Ryan JR	3) Angulo, Santiago FR	4) Roy, Cameron FR
<b>B - Final</b>			
9 Kettle Run High School		1:31.61	1:29.49
1) Fallin, Mark SR	2) Tishler, Jackson SO	3) Hess, Aiden SR	4) Hendrickson, Andrew SR
10 Rock Ridge High School		1:31.67	1:30.79
1) Chethan, Neel SO	2) Metu, Jeet SR	3) Takach, Andrew SO	4) Fowle, Morgan SR
11 Warhill High School		1:32.31	1:31.27
1) Dill, Joe SO	2) Picataggi, Will SR	3) Harris, Ryder SR	4) Picataggi, Andrew SO
12 Lightridge High School		1:31.94	1:32.13
1) Gabriel, Lucas SO	2) Long, Carter JR	3) Kretzing, Dominic SR	4) Kretzing, Pierson SO
13 James Wood High School		1:33.40	1:32.85
1) Kite, Reagan SR	2) Hua, Alex SO	3) Rakowski, Trent SR	4) Britton, Ethan JR
14 Heritage High School		1:33.11	1:33.00
1) Van Tuyle, Aaron SO	2) Tansey, Liam SO	3) Davis, Brayden SO	4) Keyser, Andre SR
15 Monacan High School		1:32.85	1:33.35
1) Counoupas, Alex JR	2) Green, Brayden JR	3) Barrow, John JR	4) Keane, Gavin SR
16 Broad Run High School		1:33.34	1:39.24
1) Hou, Daniel SR	2) Edwards, Jack SO	3) Wells, Benjamin SR	4) Nyhuis, Parker SR

**Event 17 Boys 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Jefferson Forest High School		1:25.05	1:22.99
1) Mills, Jack JR	2) Schonfelder, Max SO	3) Frasier, Ryan JR	4) Whitfield, Brendan SR



**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 17 Boys 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
2 Western Albemarle High School		1:25.99	1:28.38
1) Quatrara, Lucas JR	2) Hitt, Travis SO	3) Nicholson, Jeremiah SO	4) Wang, Richard SO
3 Jamestown High School		1:29.80	1:28.54
1) Thomas, Sean SR	2) Spaulding, Aedan SR	3) Burrows, Carter SR	4) Graham, Jack SR
4 Patrick Henry High School		1:28.87	1:28.60
1) Nuckols, Cole JR	2) Kashinejad, Kaleb SO	3) Causey, Michael SO	4) Bartz, Hayden JR
5 Loudoun County High School		1:31.59	1:28.86
1) Chang, Kenneth SO	2) Larson, Barrett SR	3) Armitage, Kyle JR	4) Vanderloo, JP SR
6 Hanover High School		1:29.20	1:29.43
1) Eliason, Nathaniel JR	2) Eliason, Colin FR	3) Morgan, Ben SR	4) Castle, Sam SR
7 Blacksburg High School		1:31.93	1:31.24
1) Babcock, Eli SR	2) Roy, Cameron FR	3) Angulo, Santiago FR	4) Zhao, Ryan JR
8 Matoaca High School		1:33.17	1:31.44
1) Cooper, Caleb JR	2) Enslin, Jacob SR	3) Saunders, Ryan SR	4) Polino, Jack SR
9 Kettle Run High School		1:31.80	1:31.61
1) Fallin, Mark SR	2) Brown, Andrew JR	3) Hopkins, Nicholas JR	4) Tishler, Jackson SO
10 Rock Ridge High School		1:31.43	1:31.67
1) Chethan, Neel SO	2) Metu, Jeet SR	3) Takach, Andrew SO	4) Fowle, Morgan SR
11 Lightridge High School		1:31.01	1:31.94
1) Sopheareak, Augustin JR	2) Long, Carter JR	3) Kretzing, Pierson SO	4) Sopheareak, Aryan SR
12 Warhill High School		1:32.54	1:32.31
1) Dill, Joe SO	2) Picataggi, Will SR	3) Harris, Ryder SR	4) Picataggi, Andrew SO
13 Monacan High School		1:32.66	1:32.85
1) Counoupas, Alex JR	2) Green, Brayden JR	3) Barrow, John JR	4) Keane, Gavin SR
14 Heritage High School		1:32.36	1:33.11
1) Van Tuyle, Aaron SO	2) Tansey, Liam SO	3) Davis, Brayden SO	4) Keyser, Andre SR
15 Broad Run High School		1:31.53	1:33.34
1) Wells, Benjamin SR	2) Nyhuis, Parker SR	3) Barker, Charlie SR	4) Atkinson, Cooper SO
16 James Wood High School		1:32.37	1:33.40
1) Hua, Alex SO	2) Kite, Reagan SR	3) Rakowski, Trent SR	4) Britton, Ethan JR
17 King George High School		1:32.59	1:33.55
1) Lusk, Griffin FR	2) Crocker, C.J. SO	3) Pardee, Zachary SO	4) Henderson, Kristian JR
18 Sherando High School		1:33.67	1:34.08
1) Ubert, Jack JR	2) Forrer, Austin JR	3) Mercer, Evan SR	4) Winston, Toby SO
19 Courtland High School		1:37.75	1:34.81
1) Fountain, Brandon FR	2) Perdue, Landon FR	3) Zahabi, Kiyan SR	4) Storen, Alex SR
20 Grafton High School		1:37.90	1:36.81
1) Loe, Jacob SR	2) Roberts, Sloan JR	3) Maldonado, Anthony SO	4) Frodsham, Jack FR
21 EC Glass High School		1:37.42	1:37.09
1) King, Luke SR	2) Clark, Jaedyn FR	3) Clark, Shaun FR	4) Gallagher, Mason JR
--- Chancellor High School		1:32.46	DQ
1) Parker, Austin FR	2) Pifer, Mason JR	3) Eckhart, Landon SO	4) Peck, Kyle JR
--- Deep Creek High School		1:37.89	DFS
1) Harmon, Dahmon JR	2) Hayes, Liam JR	3) Horigan, Colton SO	4) Krum, Braden FR

**Event 18 Girls 200 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>			
1 Monacan High School		1:39.64	1:37.37
1) Price, Piper SO	2) Dillman, Carleigh SR	3) Diggs, Campbell FR	4) Callis, Emerson FR
2 Jamestown High School		1:38.68	1:37.72
1) Basic, Charlotte FR	2) Heyward, Addy SO	3) Kantor, Isabel SR	4) Hanson, Wyllo SR

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****A - Final ... (Event 18 Girls 200 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
3 Western Albemarle High School		1:40.98	1:39.33
1) McCardle, Grace JR	2) Hathaway, Gigi SO	3) Schundler, Ellie JR	4) Phillips, Lily FR
4 Sherando High School		1:39.29	1:39.90
1) Twigg, Madelynn JR	2) Schellhammer, Alexis SR	3) Reed, Madison JR	4) Smith, Taylor SR
5 Kettle Run High School		1:41.96	1:40.94
1) Augustine, Ashlyn FR	2) Cigna, Emma FR	3) Agee, Caroline SO	4) Pauley, Meghan SO
6 King George High School		1:41.40	1:41.44
1) Spuchesi, Katelyn SR	2) Green, Sarah JR	3) Wedding, Jillian SR	4) Graves, Ciara SR
7 Warhill High School		1:42.64	1:42.22
1) Dean, Mackenzie SR	2) Levin, Isabella FR	3) Lorack, Isabella FR	4) Walker, Emma SR
8 Hanover High School		1:43.00	1:42.87
1) Derrico, Campbell FR	2) Salas, Ariel SR	3) Allison, Emma SR	4) Dillard, Jordyn JR

**B - Final**

9 Broad Run High School		1:43.07	1:43.60
1) Will, Isabel SR	2) Atkins, Caroline SR	3) Pakiela, Helena FR	4) Hindi, Alyah SR
10 Atlee		1:44.85	1:44.52
1) Ellington, Jules FR	2) Caten, Maggie FR	3) Jenkins, Avery JR	4) Lane, Megan SR
11 Blacksburg High School		1:46.08	1:44.58
1) Capelluto, Chiara FR	2) Fillo, Grace JR	3) Ferreira, Clara FR	4) Baldwin, Ava JR
12 Courtland High School		1:43.97	1:44.86
1) Thai-Nguyen, Alexis SR	2) Storen, Julia SO	3) Green, Emma SR	4) Joseph, Asher SR
13 Lightridge High School		1:45.81	1:45.72
1) Shum, Monet SR	2) Torres, Samantha SR	3) Hwang, Reese SO	4) Ramey, Addilynn SO
14 Millbrook High School		1:46.54	1:46.93
1) Pillo, Riley FR	2) Pendleton, Ansley FR	3) Arias, Carolina SR	4) Webster, Kiera SO
15 Orange County High School		1:48.85	1:49.83
1) Paschina, Maria JR	2) Slagle, Katherine SO	3) Morris, Regan SO	4) Samuels, Charlotte SR
16 Grafton High School		1:50.04	1:49.92
1) Paxton, Madelyn SR	2) Stupar, Aliyah FR	3) Wojcik, Melissa FR	4) Chen, Hannah JR

**Event 18 Girls 200 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Jamestown High School		1:41.06	1:38.68
1) Basic, Charlotte FR	2) Heyward, Addy SO	3) Buirski, Kallyn JR	4) Hanson, Wyllo SR
2 Sherando High School		1:39.86	1:39.29
1) Twigg, Madelynn JR	2) Schellhammer, Alexis SR	3) Reed, Madison JR	4) Smith, Taylor SR
3 Monacan High School		1:38.77	1:39.64
1) Price, Piper SO	2) Dillman, Carleigh SR	3) Brown, Sarah JR	4) Callis, Emerson FR
4 Western Albemarle High School		1:40.25	1:40.98
1) McCardle, Grace JR	2) Hathaway, Gigi SO	3) Streit, Molly SO	4) Phillips, Lily FR
5 King George High School		1:44.14	1:41.40
1) Spuchesi, Katelyn SR	2) Green, Sarah JR	3) Wedding, Jillian SR	4) Graves, Ciara SR
6 Kettle Run High School		1:40.67	1:41.96
1) Augustine, Ashlyn FR	2) Cigna, Emma FR	3) Agee, Caroline SO	4) Pauley, Meghan SO
7 Warhill High School		1:43.61	1:42.64
1) Dean, Mackenzie SR	2) Levin, Isabella FR	3) Lorack, Isabella FR	4) Walker, Emma SR
8 Hanover High School		1:44.05	1:43.00
1) Derrico, Campbell FR	2) Salas, Ariel SR	3) Allison, Emma SR	4) Dillard, Jordyn JR
9 Broad Run High School		1:45.30	1:43.07
1) Atkins, Caroline SR	2) Hindi, Alyah SR	3) Will, Isabel SR	4) Pakiela, Helena FR
10 Courtland High School		1:46.32	1:43.97
1) Thai-Nguyen, Alexis SR	2) Storen, Julia SO	3) Green, Emma SR	4) Joseph, Asher SR

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 18 Girls 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
11 Atlee 1) Ellington, Jules FR	2) Caten, Maggie FR	3) Jenkins, Avery JR	4) Lane, Megan SR
12 Lightridge High School 1) Torres, Samantha SR	2) Hwang, Reese SO	3) Ramey, Addilynn SO	4) Shum, Monet SR
13 Blacksburg High School 1) Baldwin, Ava JR	2) Fillo, Grace JR	3) Ferreira, Clara FR	4) Capelluto, Chiara FR
14 Millbrook High School 1) Pillo, Riley FR	2) Pendleton, Ansley FR	3) Arias, Carolina SR	4) Webster, Kiera SO
15 Orange County High School 1) Paschina, Maria JR	2) Slagle, Katherine SO	3) Morris, Regan SO	4) Samuels, Charlotte SR
16 Grafton High School 1) Paxton, Madelyn SR	2) Stupar, Aliyah FR	3) Wojcik, Melissa FR	4) Chen, Hannah JR
17 Salem High School Swim Team 1) Michael, Gracie FR	2) LaFountain, Emma JR	3) Jenkins, Jaedyn SR	4) Fleenor, Eliza JR
18 Great Bridge High School 1) Ryel, Lexi SR	2) Terrell, Willow SR	3) McCarthy, Lana SR	4) Benson-Dejesus, Alaiyah SR

**Event 19 Boys 100 Yard Backstroke**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>				
1 Peck, Kyle	JR	Chancellor High School	48.36	47.21
2 Griffith, Ryan	SO	Grafton High School	49.45	48.93
3 Tishler, Jackson	SO	Kettle Run High School	50.59	50.48
4 Warnagiris, Joseph	SO	James Wood High School	51.55	51.61
5 Thomas, Sean	SR	Jamestown High School	53.11	52.21
6 Babcock, Eli	SR	Blacksburg High School	53.09	52.24
7 Garono, Anthony	SR	Western Albemarle High School	53.19	53.64
8 Causey, Michael	SO	Patrick Henry High School	55.08	55.62
<b>B - Final</b>				
9 Addison, Henry	SR	Western Albemarle High School	56.11	55.60
10 Bledsoe, Sam	SO	Western Albemarle High School	55.53	55.64
11 Thompson, Bode	JR	Blacksburg High School	56.19	55.92
12 Gehley, Michael	SO	Broad Run High School	56.45	56.26
13 Early, James	SO	Mechanicsville High School	56.56	56.55
14 Malkerson, Cole	SR	Powhatan High School	56.33	56.61
15 Dawson, Caleb	JR	Spotsylvania High 2022-2023	56.61	57.38
16 Walker, Nathan	SO	Warhill High School	56.65	58.24

**Event 19 Boys 100 Yard Backstroke**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>				
1 Peck, Kyle	JR	Chancellor High School	50.97	48.36
2 Griffith, Ryan	SO	Grafton High School	49.70	49.45
3 Tishler, Jackson	SO	Kettle Run High School	51.53	50.59
4 Warnagiris, Joseph	SO	James Wood High School	51.52	51.55
5 Babcock, Eli	SR	Blacksburg High School	53.94	53.09
6 Thomas, Sean	SR	Jamestown High School	53.57	53.11
7 Garono, Anthony	SR	Western Albemarle High School	52.43	53.19
8 Causey, Michael	SO	Patrick Henry High School	55.09	55.08
9 Bledsoe, Sam	SO	Western Albemarle High School	56.28	55.53
10 Addison, Henry	SR	Western Albemarle High School	56.74	56.11
11 Thompson, Bode	JR	Blacksburg High School	57.73	56.19

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 19 Boys 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
12 Malkerson, Cole	SR	Powhatan High School	56.09	56.33
13 Gehley, Michael	SO	Broad Run High School	56.06	56.45
14 Early, James	SO	Mechanicsville High School	56.40	56.56
15 Dawson, Caleb	JR	Spotsylvania High 2022-2023	56.00	56.61
16 Walker, Nathan	SO	Warhill High School	56.95	56.65
17 Metu, Jeet	SR	Rock Ridge High School	56.47	57.02
18 Black III, Tres	SO	Kettle Run High School	56.64	57.37
19 Kustowski, Brian	JR	Great Bridge High School	57.77	58.15
20 Owen, Cole	SR	Louisa County High School	58.09	58.23
21 Lamerdin, Robert	FR	Jamestown High School	59.07	58.64
22 Zevgolis, John Louis	FR	Western Albemarle High School	1:01.21	59.71

**Event 20 Girls 100 Yard Backstroke**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Addison, Julie	SR	Western Albemarle High School	56.08	55.90
2 Bauer, Cassie	JR	Monacan High School	57.28	56.95
3 Paxton, Madelyn	SR	Grafton High School	57.20	57.10
4 Guillot, Norah	SR	Blacksburg High School	58.16	57.68
5 Hoben, Molly	SO	Patrick Henry High School	58.15	58.31
6 Brundage, Holly	SO	Jamestown High School	59.11	58.51
7 Dillman, Carleigh	SR	Monacan High School	1:00.09	59.65
8 Bannerton, Avery	JR	Loudoun Valley High School	59.53	1:00.14
<b>B - Final</b>				
9 Cigna, Emma	FR	Kettle Run High School	1:00.45	58.58
10 Green, Sarah	JR	King George High School	1:01.11	1:00.66
11 Twigg, Madelynn	JR	Sherando High School	1:01.67	1:00.67
12 Graf, Ainsley	SR	Deep Creek High School	1:02.66	1:02.54
13 Schellhammer, Alexis	SR	Sherando High School	1:03.43	1:02.86
14 Bauer, Claire	JR	Jamestown High School	1:02.45	1:03.84
15 Shearer, Jacquelyn	SR	Jamestown High School	1:05.65	1:05.98
16 Kovarik, Katherine	FR	Jefferson Forest High School	1:05.76	1:07.36

**Event 20 Girls 100 Yard Backstroke**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Addison, Julie	SR	Western Albemarle High School	57.68	56.08
2 Paxton, Madelyn	SR	Grafton High School	1:01.50	57.20
3 Bauer, Cassie	JR	Monacan High School	56.84	57.28
4 Hoben, Molly	SO	Patrick Henry High School	59.32	58.15
5 Guillot, Norah	SR	Blacksburg High School	58.29	58.16
6 Brundage, Holly	SO	Jamestown High School	59.05	59.11
7 Bannerton, Avery	JR	Loudoun Valley High School	59.68	59.53
8 Dillman, Carleigh	SR	Monacan High School	1:00.21	1:00.09
9 Cigna, Emma	FR	Kettle Run High School	1:00.00	1:00.45
10 Green, Sarah	JR	King George High School	1:01.32	1:01.11
11 Twigg, Madelynn	JR	Sherando High School	1:00.13	1:01.67
12 Bauer, Claire	JR	Jamestown High School	1:03.54	1:02.45
13 Graf, Ainsley	SR	Deep Creek High School	1:02.24	1:02.66
14 Schellhammer, Alexis	SR	Sherando High School	1:01.82	1:03.43
15 Shearer, Jacquelyn	SR	Jamestown High School	1:04.98	1:05.65

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 20 Girls 100 Yard Backstroke)**

Name	Yr	School	Seed Time	Prelim Time
16 Kovarik, Katherine	FR	Jefferson Forest High School	1:05.92	1:05.76
17 Mills, Anna	SO	Jefferson Forest High School	1:07.47	1:06.04
18 Garono, Sophia	SO	Western Albemarle High School	1:07.29	1:06.97
19 Hicks, Cassidy	SR	Smithfield High School	1:07.75	1:08.69
20 Stevens, Kirsten	JR	Western Albemarle High School	1:10.92	1:09.63
21 Fritsch, Iris	FR	Blacksburg High School	1:10.50	1:12.10

**Event 21 Boys 100 Yard Breaststroke**

Name	Yr	School	Prelim Time	Finals Time
<b>A - Final</b>				
1 Smith, Jack	SR	Western Albemarle High School	58.21	56.67
2 Nussbaum, Jack	SR	Blacksburg High School	57.46	57.04
3 Sere, Justin	SR	Grafton High School	57.86	58.00
4 Schonfelder, Max	SO	Jefferson Forest High School	59.15	58.74
5 Caballero, Malachi	JR	King George High School	1:00.03	58.99
6 Hathaway, Jack	SO	Western Albemarle High School	1:00.04	59.07
7 Gabriel, Lucas	SO	Lightridge High School	59.77	59.69
8 Graham, Jack	SR	Jamestown High School	1:00.39	1:00.83
<b>B - Final</b>				
9 Kennedy, Ryan	SR	Western Albemarle High School	1:01.19	1:00.94
10 Warnagiris, Paul	SR	James Wood High School	1:00.64	1:01.21
11 Easter, Zach	JR	Salem High School Swim Team	1:01.39	1:02.29
12 Takach, Andrew	SO	Rock Ridge High School	1:02.73	1:02.39
13 Rempfer, Owen	SR	Jefferson Forest High School	1:03.09	1:02.88
14 Ross, Bennett	JR	Churchland High School	1:03.29	1:02.91
15 Long, Carter	JR	Lightridge High School	1:03.05	1:03.36
16 Burr, Jack	SR	Western Albemarle High School	1:02.98	1:03.64

**Event 21 Boys 100 Yard Breaststroke**

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Nussbaum, Jack	SR	Blacksburg High School	56.83	57.46
2 Sere, Justin	SR	Grafton High School	58.83	57.86
3 Smith, Jack	SR	Western Albemarle High School	57.13	58.21
4 Schonfelder, Max	SO	Jefferson Forest High School	1:01.18	59.15
5 Gabriel, Lucas	SO	Lightridge High School	59.49	59.77
6 Caballero, Malachi	JR	King George High School	59.51	1:00.03
7 Hathaway, Jack	SO	Western Albemarle High School	1:00.64	1:00.04
8 Graham, Jack	SR	Jamestown High School	1:00.57	1:00.39
9 Warnagiris, Paul	SR	James Wood High School	1:00.95	1:00.64
10 Kennedy, Ryan	SR	Western Albemarle High School	1:02.11	1:01.19
11 Easter, Zach	JR	Salem High School Swim Team	1:02.68	1:01.39
12 Takach, Andrew	SO	Rock Ridge High School	1:01.66	1:02.73
13 Burr, Jack	SR	Western Albemarle High School	1:02.51	1:02.98
14 Long, Carter	JR	Lightridge High School	1:03.33	1:03.05
15 Rempfer, Owen	SR	Jefferson Forest High School	1:02.63	1:03.09
16 Ross, Bennett	JR	Churchland High School	1:03.04	1:03.29
17 Mercer, Evan	SR	Sherando High School	1:03.31	1:03.55
18 Dill, Joe	SO	Warhill High School	1:03.73	1:03.62
19 Storen, Alex	SR	Courtland High School	1:02.90	1:03.64

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 21 Boys 100 Yard Breaststroke)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
20	Hendrickson, Andrew	SR	Kettle Run High School	1:02.55	1:04.23
21	Swartz, Tyler	SO	Deep Creek High School	1:02.98	1:05.12
22	Tjader, Kai	JR	Loudoun County High School	1:03.85	1:05.39
23	Konarski, Hunter	SR	Blacksburg High School	1:04.00	1:05.67
---	Davies, Brody	SO	Courtland High School	1:03.01	DFS

**Event 22 Girls 100 Yard Breaststroke**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>					
1	Agee, Caroline	SO	Kettle Run High School	1:04.39	1:03.60
2	Smith, Taylor	SR	Sherando High School	1:05.29	1:04.89
3	Price, Piper	SO	Monacan High School	1:05.13	1:04.97
4	Schulze, Trinity	SR	Jamestown High School	1:06.23	1:05.40
5	Fleenor, Eliza	JR	Salem High School Swim Team	1:07.62	1:07.17
6	Schundler, Ellie	JR	Western Albemarle High School	1:08.96	1:07.57
7	Diggs, Campbell	FR	Monacan High School	1:09.52	1:08.05
8	Ma, Sophia	SR	Western Albemarle High School	1:08.21	1:08.57
<b>B - Final</b>					
9	Craft, Allegra	JR	Kettle Run High School	1:10.18	1:09.89
10	Bonanno, Ashlyn	FR	Monacan High School	1:10.09	1:10.04
11	Reese, Braelyn	FR	Blacksburg High School	1:09.57	1:10.43
12	Strohacker, MacKenzie	SO	Mechanicsville High School	1:10.09	1:11.29
13	Green, Emma	SR	Courtland High School	1:11.43	1:11.37
14	Iniguez, Annalise	JR	Deep Creek High School	1:11.35	1:11.89
15	Reed, Madison	JR	Sherando High School	1:11.69	1:12.86
16	Ritter, Emerson	FR	Western Albemarle High School	1:11.62	1:13.13

**Event 22 Girls 100 Yard Breaststroke**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Time</b>	<b>Prelim Time</b>
<b>Preliminaries</b>					
1	Agee, Caroline	SO	Kettle Run High School	1:03.89	1:04.39
2	Price, Piper	SO	Monacan High School	1:04.86	1:05.13
3	Smith, Taylor	SR	Sherando High School	1:05.39	1:05.29
4	Schulze, Trinity	SR	Jamestown High School	1:05.55	1:06.23
5	Fleenor, Eliza	JR	Salem High School Swim Team	1:08.37	1:07.62
6	Ma, Sophia	SR	Western Albemarle High School	1:10.13	1:08.21
7	Schundler, Ellie	JR	Western Albemarle High School	1:10.51	1:08.96
8	Diggs, Campbell	FR	Monacan High School	1:09.30	1:09.52
9	Reese, Braelyn	FR	Blacksburg High School	1:09.61	1:09.57
*10	Bonanno, Ashlyn	FR	Monacan High School	1:09.49	1:10.09
*10	Strohacker, MacKenzie	SO	Mechanicsville High School	1:10.69	1:10.09
12	Craft, Allegra	JR	Kettle Run High School	1:10.72	1:10.18
13	Iniguez, Annalise	JR	Deep Creek High School	1:12.55	1:11.35
14	Green, Emma	SR	Courtland High School	1:10.14	1:11.43
15	Ritter, Emerson	FR	Western Albemarle High School	1:13.04	1:11.62
16	Reed, Madison	JR	Sherando High School	1:11.40	1:11.69
17	Torres, Samantha	SR	Lightridge High School	1:10.97	1:12.28
18	Reed, Shelby	SR	Jamestown High School	1:15.02	1:12.34
19	Stevens, Jenna	FR	Atlee	1:10.86	1:12.72
20	Kantor, Isabel	SR	Jamestown High School	1:11.63	1:13.20
21	Shaps, Ellie	SR	Western Albemarle High School	1:13.43	1:13.56

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 22 Girls 100 Yard Breaststroke)**

Name	Yr School	Seed Time	Prelim Time
22 Levin, Isabella	FR Warhill High School	1:13.17	1:13.84

**Event 23 Boys 400 Yard Freestyle Relay**

Team	Relay	Prelim Time	Finals Time
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**A - Final**

1 Jefferson Forest High School		3:04.21	3:03.81
1) Mills, Jack JR	2) Widzisz, Owen SO	3) Schonfelder, Max SO	4) Whitfield, Brendan SR
2 Monacan High School		3:12.53	3:13.47
1) Hufford, Ryan SR	2) Dillman, Cooper SO	3) Keane, Gavin SR	4) Green, Brayden JR
3 Jamestown High School		3:16.24	3:13.98
1) Thomas, Sean SR	2) Landers, Lucas FR	3) Spaulding, Aedan SR	4) Graham, Jack SR
4 Blacksburg High School		3:17.85	3:14.83
1) Roy, Cameron FR	2) Anderson, Michael SO	3) Nussbaum, Jack SR	4) Reilly, Sam JR
5 Patrick Henry High School		3:16.32	3:16.41
1) Nuckols, Cole JR	2) Kashinejad, Kaleb SO	3) Senfield, Thomas FR	4) Bartz, Hayden JR
6 James Wood High School		3:17.99	3:18.01
1) Rakowski, Trent SR	2) Thompson, Andrew SR	3) Warnagiris, Paul SR	4) Warnagiris, Joseph SO
7 Loudoun County High School		3:18.26	3:18.36
1) Vanderloo, JP SR	2) Larson, Barrett SR	3) Armitage, Kyle JR	4) Chang, Kenneth SO
8 Western Albemarle High School		3:16.79	3:23.31
1) Addison, Henry SR	2) Kennedy, Ryan SR	3) Burr, Jack SR	4) He, Franklin SR

**B - Final**

9 Hanover High School		3:20.78	3:20.78
1) Eliason, Nathaniel JR	2) Eliason, Colin FR	3) Morgan, Ben SR	4) Castle, Sam SR
10 Broad Run High School		3:21.68	3:22.03
1) Gehley, Michael SO	2) Fujino Sala, Alex JR	3) Nyhuis, Parker SR	4) Barker, Charlie SR
11 Grafton High School		3:21.86	3:22.72
1) Griffith, Ryan SO	2) Hawkins, Reid JR	3) Frodsham, Jack FR	4) Sere, Justin SR
12 King George High School		3:24.01	3:25.64
1) Green, AJ SR	2) White, Colton SO	3) Henderson, Kristian JR	4) Caballero, Malachi JR
13 Lightridge High School		3:24.81	3:28.84
1) Sopheareak, Augustin JR	2) Long, Carter JR	3) Sopheareak, Aryan SR	4) Kretzing, Pierson SO
14 Great Bridge High School		3:28.22	3:30.91
1) Kustowski, Brian JR	2) Stratton, Nicholas FR	3) Stowell, Ethan FR	4) Goedecke, Colin JR
15 Deep Creek High School		3:35.40	3:32.24
1) Harmon, Dahmon JR	2) Horigan, Colton SO	3) Krum, Braden FR	4) Garth, Ian FR
16 Salem High School Swim Team		3:31.13	3:33.48
1) Poush, Joseph JR	2) Peterson, Walker SR	3) Griffith, Davis JR	4) Easter, Zach JR

**Event 23 Boys 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
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**Preliminaries**

1 Jefferson Forest High School		3:09.98	3:04.21
1) Mills, Jack JR	2) Widzisz, Owen SO	3) Schonfelder, Max SO	4) Whitfield, Brendan SR
2 Monacan High School		3:17.43	3:12.53
1) Dillman, Cooper SO	2) Green, Brayden JR	3) Keane, Gavin SR	4) Hufford, Ryan SR
3 Jamestown High School		3:17.31	3:16.24
1) Thomas, Sean SR	2) Landers, Lucas FR	3) Spaulding, Aedan SR	4) Graham, Jack SR
4 Patrick Henry High School		3:15.67	3:16.32
1) Nuckols, Cole JR	2) Kashinejad, Kaleb SO	3) Senfield, Thomas FR	4) Bartz, Hayden JR
5 Western Albemarle High School		3:09.30	3:16.79
1) Hitt, Travis SO	2) Alexander, Jonathan JR	3) King, Brayden FR	4) Smith, Jack SR
6 Blacksburg High School		3:17.38	3:17.85
1) Reilly, Sam JR	2) Roy, Cameron FR	3) Anderson, Michael SO	4) Nussbaum, Jack SR

**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****Preliminaries ... (Event 23 Boys 400 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Seed Time</b>	<b>Prelim Time</b>
7 James Wood High School 1) Rakowski, Trent SR	2) Thompson, Andrew SR	3) Warnagiris, Paul SR	4) Warnagiris, Joseph SO
8 Loudoun County High School 1) Vanderloo, JP SR	2) Chang, Kenneth SO	3) Armitage, Kyle JR	4) Larson, Barrett SR
9 Hanover High School 1) Eliason, Nathaniel JR	2) Eliason, Colin FR	3) Morgan, Ben SR	4) Castle, Sam SR
10 Broad Run High School 1) Gehley, Michael SO	2) Fujino Sala, Alex JR	3) Nyhuis, Parker SR	4) Barker, Charlie SR
11 Grafton High School 1) Griffith, Ryan SO	2) Hawkins, Reid JR	3) Frodsham, Jack FR	4) Sere, Justin SR
12 King George High School 1) Green, AJ SR	2) White, Colton SO	3) Henderson, Kristian JR	4) Caballero, Malachi JR
13 Lightridge High School 1) Kretzing, Dominic SR	2) Long, Carter JR	3) Gabriel, Lucas SO	4) Kretzing, Pierson SO
14 Great Bridge High School 1) Kustowski, Brian JR	2) Stratton, Nicholas FR	3) Stowell, Ethan FR	4) Goedecke, Colin JR
15 Salem High School Swim Team 1) Poush, Joseph JR	2) Peterson, Walker SR	3) Griffith, Davis JR	4) Easter, Zach JR
16 Deep Creek High School 1) Harmon, Dahmon JR	2) Horigan, Colton SO	3) Krum, Braden FR	4) Garth, Ian FR

**Event 24 Girls 400 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Prelim Time</b>	<b>Finals Time</b>
<b>A - Final</b>			
1 Monacan High School 1) Bauer, Cassie JR	2) Canada, Raegan SO	3) Diggs, Campbell FR	4) Callis, Emerson FR
2 Jamestown High School 1) Basic, Charlotte FR	2) Heyward, Addy SO	3) Brundage, Holly SO	4) Hanson, Wyllo SR
3 Western Albemarle High School 1) McCardle, Grace JR	2) Phillips, Lily FR	3) Nicholson, Lucille SO	4) Addison, Julie SR
4 Blacksburg High School 1) Guillot, Norah SR	2) Baldwin, Ava JR	3) Anderson, Megan SR	4) Ferreira, Clara FR
5 Patrick Henry High School 1) Hoben, Molly SO	2) Medei, Maddie SO	3) Balut, Kate SO	4) Barnard, Amanda JR
6 Kettle Run High School 1) Augustine, Ashlyn FR	2) Pauley, Meghan SO	3) Fallin, Megan SR	4) Von Herbulis, Lily JR
7 King George High School 1) Spuchesi, Katelyn SR	2) Green, Sarah JR	3) Wedding, Jillian SR	4) Graves, Ciara SR
8 Hanover High School 1) Derrico, Campbell FR	2) Alllison, Emma SR	3) Wetzel, Delany JR	4) Dillard, Jordyn JR
<b>B - Final</b>			
9 Broad Run High School 1) Atkins, Caroline SR	2) Hindi, Alyah SR	3) Pakiela, Helena FR	4) Will, Isabel SR
10 Sherando High School 1) Defibaugh, Gracie SO	2) Luong, Ellie FR	3) Jones, Chelsey SR	4) Schellhammer, Alexis SR
11 Deep Creek High School 1) Graf, Ainsley SR	2) Krum, Alana JR	3) Pogorzelski, Megan SR	4) Iniguez, Annalise JR
12 Loudoun Valley High School 1) Bevans, Jade FR	2) Bannerton, Avery JR	3) Bell, Caroline JR	4) Cates, Ainsley SR
13 Warhill High School 1) Dean, Mackenzie SR	2) Maynor, Lily SO	3) Bonyadlou, Parvaneh SR	4) Flannigan, Alexis SR
14 Jefferson Forest High School 1) Duis, Ruby SO	2) Kovarik, Katherine FR	3) Mills, Anna SO	4) Mahland, Avery SO



**VHSL Class 4 Swimming & Diving Championship - 2/16/2023 to 2/18/2023****Results****B - Final ... (Event 24 Girls 400 Yard Freestyle Relay)**

Team	Relay	Prelim Time	Finals Time
15 Salem High School Swim Team		4:34.54	4:23.53
1) Fleenor, Eliza JR	2) LaFountain, Emma JR	3) Jenkins, Jaedyn SR	4) Michael, Gracie FR

**Event 24 Girls 400 Yard Freestyle Relay**

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Jamestown High School		3:31.86	3:32.93
1) Basic, Charlotte FR	2) Heyward, Addy SO	3) Brundage, Holly SO	4) Hanson, Wyllo SR
2 Monacan High School		3:34.51	3:34.55
1) Diggs, Campbell FR	2) Callis, Emerson FR	3) Bauer, Cassie JR	4) Canada, Raegan SO
3 Blacksburg High School		3:39.25	3:39.20
1) Guillot, Norah SR	2) Baldwin, Ava JR	3) Anderson, Megan SR	4) Ferreira, Clara FR
4 Patrick Henry High School		3:42.30	3:40.77
1) Hoben, Molly SO	2) Medei, Maddie SO	3) Balut, Kate SO	4) Barnard, Amanda JR
5 King George High School		3:41.95	3:41.16
1) Spuchesi, Katelyn SR	2) Green, Sarah JR	3) Wedding, Jillian SR	4) Graves, Ciara SR
6 Kettle Run High School		3:37.98	3:42.29
1) Augustine, Ashlyn FR	2) Pauley, Meghan SO	3) Fallin, Megan SR	4) Von Herbulis, Lily JR
7 Western Albemarle High School		3:36.49	3:43.41
1) McCardle, Grace JR	2) Addison, Julie SR	3) Streit, Molly SO	4) Nicholson, Lucille SO
8 Hanover High School		3:41.79	3:45.04
1) Derrico, Campbell FR	2) Allison, Emma SR	3) Wetzel, Delany JR	4) Dillard, Jordyn JR
9 Broad Run High School		3:49.39	3:48.67
1) Atkins, Caroline SR	2) Hindi, Alyah SR	3) Pakiela, Helena FR	4) Will, Isabel SR
10 Sherando High School		3:46.07	3:52.08
1) Defibaugh, Gracie SO	2) Luong, Ellie FR	3) Jones, Chelsey SR	4) Schellhammer, Alexis SR
11 Loudoun Valley High School		3:57.83	3:56.30
1) Cates, Ainsley SR	2) Bevans, Jade FR	3) Bannerton, Avery JR	4) Bell, Caroline JR
12 Deep Creek High School		3:55.54	3:57.53
1) Graf, Ainsley SR	2) Krum, Alana JR	3) Pogorzelski, Megan SR	4) Iniguez, Annalise JR
13 Jefferson Forest High School		4:02.87	3:59.57
1) Duis, Ruby SO	2) Kovarik, Katherine FR	3) Mills, Anna SO	4) Mahland, Avery SO
14 Warhill High School		3:48.20	4:01.56
1) Dean, Mackenzie SR	2) Maynor, Lily SO	3) Johnson, Macey SR	4) Flannigan, Alexis SR
15 Smithfield High School		4:03.62	4:01.84
1) Wallace, Brianna SO	2) Hicks, Cassidy SR	3) Hanson, Aubrey SO	4) Berry, Madelyn SO
16 Salem High School Swim Team		4:16.90	4:34.54
1) Michael, Gracie FR	2) LaFountain, Emma JR	3) Jenkins, Jaedyn SR	4) Barnes, Laci JR