



2022 SNOW Short Course Spring Classic

May 5, 2022

Sanction # PVI-22-91

VSI Sanction # VS-22-32DS

Hosted by:



MEET DIRECTOR	MEET REFEREE	CLUB OFFICIALS CHAIR
Tanya Chang Snowswimming.entries@gmail.com (571) 888-1157	Jorge Zamora Zamjr4@gmail.com	Eric Ramey Rameyeric20105@gmail.com (571) 449-1956 Official's Sign-Up

SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-22-91 and Virginia Swimming, Inc.: VSI-22-32DS. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., SNOW Swimming, and Dulles South Recreation Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event. 		
FACILITY	<p style="text-align: center;">Dulles South Recreation Center 24950 Riding Center Drive South Riding, VA 20152 (571) 258-3456</p> <ul style="list-style-type: none"> The pool at Dulles South is a 50m x 25yd pool with a moveable bulkhead. Session Competition will be held in eight (8) lanes, 25 yards, running from wall to bulkhead at the southern end of the pool. Continuous warm-up/cool-down will be available during the meet. Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course. The competition course has been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C). A copy of such certificate is on file with USA Swimming. 		
ENTRY DEADLINE	<p style="text-align: center;">Tuesday, April 26, 2022 5:00pm</p> <ul style="list-style-type: none"> IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information. 		
SCHEDULE	<p style="text-align: center;">Thursday, May 6, 2022</p> <table style="width: 100%; border: none;"> <tr> <td style="text-align: center; width: 50%; vertical-align: top;"> Sprint to Summer (Session 1) Warm-up: 3:30pm Events: 4:10pm </td> <td style="text-align: center; width: 50%; vertical-align: top;"> Duel at the D (Session 2) Warm-up: 5:50pm Events: 6:30pm </td> </tr> </table> <ul style="list-style-type: none"> The Meet Director reserves the right to adjust times/sessions after entries are received. 	Sprint to Summer (Session 1) Warm-up: 3:30pm Events: 4:10pm	Duel at the D (Session 2) Warm-up: 5:50pm Events: 6:30pm
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ELIGIBILITY	<ul style="list-style-type: none"> Sprint to Summer: Open to invited Potomac Valley Swimming registered swimmers aged 13 and younger. Duel at the D: Open to invited Potomac Valley Swimming registered SNOW swimmers aged 13 and older who are currently in 8th grade or attend high school. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an 		

	<p>athlete member of USA Swimming as provided in <i>USA Swimming Rules & Regulations</i> Article 302.</p> <ul style="list-style-type: none"> All athletes shall compete at the age attained on the first day of the meet.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Automatic timing (touchpads primary) will be used.
COVID-19 CONSIDERATIONS	<ul style="list-style-type: none"> An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, VIRGINIA SWIMMING, INC., SNOW SWIMMING, AND THE DULLES SOUTH RECREATION CENTER, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. We have taken enhanced health and safety measures for all attending this meet; however, we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19. By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., the Commonwealth of Virginia, and Loudoun County.
COVID-19 PROTOCOLS	<ul style="list-style-type: none"> No one with symptoms of COVID-19 is permitted in the facility. Athletes should arrive and depart in their suits if possible. Coaches, officials, and volunteers will use the family locker rooms for restroom purposes. Athletes must shower prior to arrival at the pool. All attendees will enter the facility from the main entrance. All attendees will proceed past the front desk, around the fitness area, turn left down the hallway to the aquatics area, and left at the end of the hallway to the pool. All attendees (athletes, coaches, volunteers, officials, etc.) are encouraged to wear a mask while in the facility, with the exception of athletes when warming up, cooling down, and competing. Restrooms and locker room use should be minimized and only be used for emergencies. No spectators allowed. Competition will be live-streamed on the SNOW Facebook Page. Swimmers will not be permitted into the building prior to their arrival time.

	<ul style="list-style-type: none"> • Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck. • Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet. • Limited hospitality will be offered for coaches and officials. • We request that all attendees notify the meet director as quickly as possible should they test positive for COVID-19, show symptoms or have been in contact with anyone exposed or tested positive for COVID-19 after attending the meet.
RULES	<ul style="list-style-type: none"> • Current USA Swimming rules shall govern this meet. • All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. • No on-deck USA Swimming registration is permitted. • In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone, is not permitted in the changing areas, restrooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm-up, competition, and cool-down periods. • Deck changes are prohibited. • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.
EVENT RULES – SPRINT TO SUMMER	<ul style="list-style-type: none"> • Swimmers may enter a maximum of three (3) individual events. • All events are timed finals. • No late or deck entries will be accepted.
EVENT RULES – DUEL AT THE D	<ul style="list-style-type: none"> • Swimmers may enter a maximum of two (2) individual events and two (2) relays. • Prior to the meet, swimmers will be divided into two teams, Teal and Orange. • Each team may enter up to four (4) swimmers per individual event. • Each team may enter up to two (2) relay teams per relay event. • Relays must be entered with four (4) names. Coaches may substitute relay swimmers so long as the Meet Referee is notified prior to the start of the relay event. Relay cards will not be used. • All events are timed finals. • All swimmers must provide their own counter (if desired) for the 500 yd Freestyle event. Counters must be swimmers, coaches, or volunteers already present for the session. • No late or deck entries will be accepted.
POSITIVE CHECK-IN	<ul style="list-style-type: none"> • All events will be pre-seeded.

WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. • Two (2) lanes of continuous warm-up on the other side of the bulkhead will be available during the meet. • The Meet Director will determine the structure of warm-up, including times and possible lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. • No personal chairs will be allowed on deck.
SEEDING	<ul style="list-style-type: none"> • All events will be pre-seeded.
SCORING	<ul style="list-style-type: none"> • Sprint to Summer: Events in this session (Events 1-5) will not be scored. • Duel at the D: Events in this session (Events 6-27) will be scored as follows: <ul style="list-style-type: none"> ○ Individual: First through eighth place will be scored: 10, 7, 6, 5, 4, 3, 2, 1. ○ Relays: First through fourth place will be scored: 20, 14, 12, 10.
AWARDS	<ul style="list-style-type: none"> • Sprint to Summer: Medals will be awarded to the top eight (8) finishers in each event. • Duel at the D: A “trophy” will be awarded to the winning team.
PROGRAMS	<ul style="list-style-type: none"> • Meet programs and results will be available on Meet Mobile and posted to the SNOW Website.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer, or other position are not permitted on deck before, during, or after the meet. • Only athletes, USA Swimming certified coaches, deck officials and volunteers will be permitted on deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	<ul style="list-style-type: none"> • Officials will be identified in advance and coordinated by the Club Officials Chair, Eric Ramey (rameyeric20105@gmail.com). Officials wishing to volunteer should complete the Official's Sign-Up. • Officials who have volunteered for this meet should check in at the recording table prior to the start of warm-ups. • A comprehensive official’s briefing will precede each session during warm-ups.
TIMERS	<ul style="list-style-type: none"> • Two (2) timers per lane. • Sprint to Summer: Each club will be required to provide timers and volunteers in proportion to the number of entries. • Duel at the D: Each team will provide eight (8) lane timers and one (1) head timer. • Timers and volunteers will be required to sign up prior to the meet and will be required to adhere to all COVID-19 mitigation processes as well as MAAPP policies. • The Meet Director will assign timer requirements to each club after entries have been received. • The Meet Director will notify clubs of their timer and volunteer requirements by email. • Lane assignments will be made in advance. • A timers’ meeting will be held during warm-ups prior to each session.

<p>ENTRY PROCEDURES</p>	<ul style="list-style-type: none"> • Entries should be submitted by email to the Meet Director, snowswimming.entries@gmail.com • Include in the subject of the email, "2022 SNOW SC SPRING CLASSIC - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files, include training site in the subject of the email. • Include in entry email: entry file, report of entries by name, report of entries by event. • In the body of your email, provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Entries directly from individual team members will not be accepted. • Entries by phone or fax will not be accepted. • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 per occurrence by PVS and no further entries will be accepted from that club until the said fine is paid. 								
<p>ENTRY FEES</p>	<table border="0" style="width: 100%;"> <tr> <td style="width: 30%;">Facilities Surcharge:</td> <td style="width: 20%;">\$10.00</td> <td style="width: 30%;">Individual Event Fee:</td> <td style="width: 20%;">\$10.00</td> </tr> <tr> <td>Per Swimmer Surcharge:</td> <td>\$2.50</td> <td>Relay Event Fee:</td> <td>\$14.00</td> </tr> </table> <ul style="list-style-type: none"> • Make checks payable to SNOW Swimming. • Checks may be mailed to: <div style="margin-left: 40px;"> Teresa Meike 10755 Riverscape Run Great Falls, VA 22066 </div> • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. 	Facilities Surcharge:	\$10.00	Individual Event Fee:	\$10.00	Per Swimmer Surcharge:	\$2.50	Relay Event Fee:	\$14.00
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Thursday, May 5, 2022

SPRINT TO SUMMER

Warm-up: 3:30pm

Events: 4:10pm

	EVENT
1	Mixed 13&Under 50 Fly
2	Mixed 13&Under 50 Backstroke
3	Mixed 13&Under 50 Breaststroke
4	Mixed 13&Under 50 Freestyle
5	Mixed 13&Under 100 IM

DUEL AT THE D*

Warm-up: 5:50pm

Events: 6:30pm

BOYS	EVENT	GIRLS
6	13&Over 200 Medley Relay	7
8	13&Over 200 Freestyle	9
10	13&Over 200 Individual Medley	11
12	13&Over 50 Free	13
14	13&Over 100 Fly	15
16	13&Over 100 Freestyle	17
18	13&Over 500 Freestyle	19
20	13& Over 200 Freestyle Relay	21
22	13&Over 100 Backstroke	23
24	13&Over 100 Breaststroke	25
26	13&Over 400 Freestyle Relay	27

**only open to Snow swimmers aged 13 and over who are currently in 8th grade or attend high school*