



SNOW February Qualifier

February 6, 2022

Sanction # PVI-22-64

VSI Sanction # VS-22-XX



MEET DIRECTOR Tanya Chang tanya.chang@snowswimming.org (571) 512-1620	MEET REFEREE Kelly Rowell kmcr.pvs@gmail.com	CLUB OFFICIALS CHAIR Eric Ramey rameyeric20105@gmail.com (571) 449-1956	ENTRY COORDINATOR Suzanne Patras suzanne.patras@snowswimming.org
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SANCTION	<ul style="list-style-type: none"> Held under the sanction of USA Swimming through Potomac Valley Swimming: PVI-22-64 and Virginia Swimming, Inc.: VSI-22-XX. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., SNOW Swimming, and Claude Moore Recreation Center shall be held free and harmless from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this event.
FACILITY	<p style="text-align: center;">Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 (571) 258-3600</p> <ul style="list-style-type: none"> The pool at Claude Moore is a 50m x 25yd pool with a moveable bulkhead. Competition will be held in ten (10) lanes, 25 yards, running from wall to bulkhead at the eastern end of the pool. Fourteen (14) lanes will be used for warm-ups. There will be three (3) lanes on the other side of the bulkhead available for continuous warm-up/cool-down available during the meet. Water depth of 12'6" at the starting end and 6'8" at the turning end of the competition course. The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). A copy of such certificate is on file with USA Swimming.
ENTRY DEADLINE	<p style="text-align: center;">Tuesday, February 1, 2022, at 5:00pm</p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Entry Coordinator. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
SCHEDULE	<p style="text-align: center;">SUNDAY, February 6, 2022</p> <p style="text-align: center;">12 & Under: Warm-up: 8:00 - 8:50am; Events: 9:00am 13 & Over: Warm-up: 12:00 -12:50pm; Events: 1:00pm</p> <ul style="list-style-type: none"> The Meet Director reserves the right to adjust times/events/sessions after entries are received.
ELIGIBILITY	<ul style="list-style-type: none"> Open to all Potomac Valley Swimming registered athletes from INVITED teams. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. All athletes shall compete at the age attained on the first day of the meet.
DISABILITY SWIMMERS	<ul style="list-style-type: none"> PVS and host clubs along with their meet directors are committed to the Inclusion Policy as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.
TIMING SYSTEM	<ul style="list-style-type: none"> Automatic timing (touchpads primary) will be used.
COVID-19 CONSIDERATIONS	<ul style="list-style-type: none"> An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is a contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

	<ul style="list-style-type: none"> • USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. • BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, POTOMAC VALLEY SWIMMING, VIRGINIA SWIMMING, INC., SNOW SWIMMING, AND CLAUDE MOORE RECREATION CENTER, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION. • We have taken enhanced health and safety measures for all attending this meet; however, we cannot guarantee that you will not become infected with COVID-19. All attending this meet must follow all posted instructions while in attendance. An inherent risk of exposure to COVID-19 exists in any public place where people are present. By attending this meet, you acknowledge the contagious nature of COVID-19 and voluntarily assume all risks related to exposure to COVID-19. • By choosing to attend this meet you agree to comply with all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., the Commonwealth of Virginia, and Loudoun County, the December 27, 2021, Center for Disease Control Guidelines adopted by Loudoun County Parks, Recreation and Community Services effective January 6, 2022.
<p>COVID-19 PROTOCOLS</p>	<ul style="list-style-type: none"> • Athletes should arrive and depart in their suits. Locker room use is minimized to emergency use only. • Athletes must shower prior to arrival at the pool. • All attendees (athletes, coaches, officials, volunteers, spectators) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down. Masks must be affixed to the face without hands and must cover the nose and mouth. • All attendees should bring a filled, reusable (non-glass) water bottle to the meet. • Athletes should bring a minimum of two masks and a container or waterproof type bag to place their mask in while swimming. • Coaches, officials, and volunteers will use the family bathrooms for restroom purposes. Athletes will use the locker rooms for restroom purposes. • Spectators will not be permitted into the facility. Competition will be live streamed on the SNOW Swimming Facebook Page. • Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck. • Each session will be limited to 350 swimmers. • Swimmers will be assigned to a seating area. • Entry and exit for all participants, volunteers, and coaches will be through the side entrance of the building. • Before entering the facility, participants are required to be able to answer the following questions and will only be permitted entrance if answering with 'no': <ul style="list-style-type: none"> ○ Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)? ○ Has anyone in your family been sick or diagnosed with COVID-19 in the past 14 days? ○ Has someone you've been in contact with been diagnosed with COVID-19 or been in contact with someone who has the past 14 days?

- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.
- One-way traffic flow will be implemented except as otherwise directed by the Meet Director, Officials, Marshals, or other meet staff. Swimmers will enter the pool deck from the start end of the pool. Stairwells will be one-way traffic only.
- All swimmers must remain in their designated area until they are called for their events, and they must return to their area immediately following their event.
- During warm-ups, swimmers will wear their masks until they reach their assigned warm up lane and entry end and just before they enter the pool. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on as soon as they exit the pool.
- Staging for swimmers during competition will be:
 - Heat 1 is at the blocks and will swim
 - Heat 2 is staged behind the blocks, near the wall
 - Heat 3 is staged in the stairwell at the start end of the course until directed to move to where Heat 2 is standing (after Heat 1 has started and Heat 2 steps forward to the starting blocks).
- During competition, swimmers will wear their masks until they reach the starting blocks. They will place their mask in their waterproof holder to store their mask while they swim. They will put their mask back on before leaving the starting area.
- To the extent possible, timers and counters for the 500 Freestyle event should be provided by swimmers or volunteers already in the meet session. Parent timers may enter the facility using the Officials door fifteen (15) minutes prior to the start of the 500 Freestyle.
- Limited hospitality may be offered for coaches and officials.
- Additional sanitation will take place as well as sanitation stations will be available in various locations throughout the facility.
- Chlorine is used to disinfect the water and adjacent surfaces constantly.
- Any attendee (swimmer, coach, official, volunteer) not following the meet protocols will be subject to immediate removal from the meet.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.

RULES

- Current USA Swimming rules shall govern this meet.
- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming [Minor Athlete Abuse Prevention Policy](#) ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- No on-deck USA-S registration is permitted.
- In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

	<ul style="list-style-type: none"> • Dive-over starts will be used. • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.
EVENT RULES	<ul style="list-style-type: none"> • Swimmers may enter a maximum of three (3) individual events during the meet. • NTs will not be accepted for this meet. • Only short course times are applicable. • All events are timed finals. • No deck entries will be accepted. • There will be a 5-minute break between events 22 and 23, and between events 45 and 46. • The 12 & Under 500 Freestyle will be swum mixed gender and fastest to slowest. • The 13 & Over 500 Freestyle will be swum mixed gender and slowest to fastest. • Swimmers in the 500 Freestyle are required to provide their own timers and counters, if desired. • Entries in the 400 IM and 500 Freestyle may be limited due to time constraints. If necessary, this will be done based on verifiable proof of time. Any swimmer removed from an event due to time constraints will be provided the opportunity to enter another event, so long as it does not create a new heat and does not violate any applicable entry limits.
SEEDING	<ul style="list-style-type: none"> • All events will be pre-seeded.
WARM-UP	<ul style="list-style-type: none"> • The prescribed PVS warm-up procedures and safety policies will be followed. The Meet Director may determine the structure of warm-ups, times and lane assignments.
SUPERVISION	<ul style="list-style-type: none"> • Coaches are responsible for the conduct of their swimmers and cleaning up for their team areas. • Meet Marshals will be used to patrol the facility as well as help with crowd control and COVID regulation compliance. • No personal chairs are allowed on deck.
SCORING	<ul style="list-style-type: none"> • The meet will not be scored.
AWARDS	<ul style="list-style-type: none"> • No awards will be given at this meet.
PROGRAMS	<ul style="list-style-type: none"> • Meet programs and results will be available on Meet Mobile, posted on the SNOW website and emailed to participating clubs.
CREDENTIALS	<ul style="list-style-type: none"> • Parents not working the meet as a deck official, volunteer timer, or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, deck officials, and volunteers will be permitted on deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times.
OFFICIALS	<ul style="list-style-type: none"> • Each participating club is requested to provide at least one table worker or official (Referee, Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. • Officials will be identified in advance and coordinated by the Club Officials Chair, Eric Ramey (rameyeric20105@gmail.com). • Officials wishing to volunteer should complete the Officials Sign-up. • Officials who have volunteered for this meet should check in at the recording table prior to the start of warm-ups. Officials working this meet must wear a mask for the duration of the meet. • A comprehensive official's briefing will precede each session during warm-ups.

TIMERS AND VOLUNTEERS	<ul style="list-style-type: none"> • Two timers per lane. • Timers and volunteers will be required to sign up prior to the meet and will be required to adhere to all COVID-19 mitigation processes as well as MAAPP policies. • Each club will be required to provide timers and volunteers in proportion to the number of entries. • The Meet Director will assign timer requirements to each club after entries have been received. • The Meet Director will notify clubs of their timer and volunteer requirements by email. • Lane assignments will be made in advance. • All timers must wear masks at all times. • A timers' meeting will be held during warm-ups prior to each session. 											
ENTRY PROCEDURES	<ul style="list-style-type: none"> • Entries should be submitted by email to the Entry Coordinator, Suzanne Patras (suzanne.patras@snowswimming.org). • Include in the subject of the email, "Snow February Qualifier - ***" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. • Include in the entry email: entry file, report of entries by name, report of entries by event. • In the body of the email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). • Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the of \$100 per occurrence by PVS and no further entries will be accepted from that club until the said fine is paid. 											
ENTRY FEES	<table style="width: 100%; border: none;"> <tr> <td style="text-align: right;">Facility Surcharge:</td> <td style="text-align: right;">\$10.00</td> <td style="text-align: right;">Per Swimmer Surcharge:</td> <td style="text-align: right;">\$2.50</td> </tr> <tr> <td style="text-align: right;">Individual event fee:</td> <td style="text-align: right;">\$13.00</td> <td></td> <td></td> </tr> </table> <ul style="list-style-type: none"> • Make checks payable to SNOW Swimming. • Checks may be mailed to: <table style="margin-left: 40px; border: none;"> <tr> <td>Teresa Meike</td> </tr> <tr> <td>10755 Riverscape Run</td> </tr> <tr> <td>Great Falls, VA 22066</td> </tr> </table> • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. 	Facility Surcharge:	\$10.00	Per Swimmer Surcharge:	\$2.50	Individual event fee:	\$13.00			Teresa Meike	10755 Riverscape Run	Great Falls, VA 22066
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Session 1

12 & Under Timed Finals

The 500 Freestyle will be swum mixed gender, fastest to slowest.

Swimmers in the 500 Freestyle must provide their own timers and counters.

Warm-up: 8:00am Events: 9:00am

Girls #	Event	Boys #
1	12 & Under 200 IM	2
3	12 & Under 50 Back	4
5	12 & Under 100 Breast	6
7	12 & Under 100 Free	8
9	12 & Under 50 Fly	10
11	12 & Under 100 Back	12
13	12 & Under 50 Breast	14
15	12 & Under 200 Free	16
17	12 & Under 100 Fly	18
19	12 & Under 50 Free	20
21	12 & Under 100 IM	22*
23	12 & Under Mixed 500 Free	23

****There will be a 5-minute break after Event 22***

Session 2

13 & Over Timed Finals

The 500 Freestyle will be swum mixed gender, slowest to fastest.

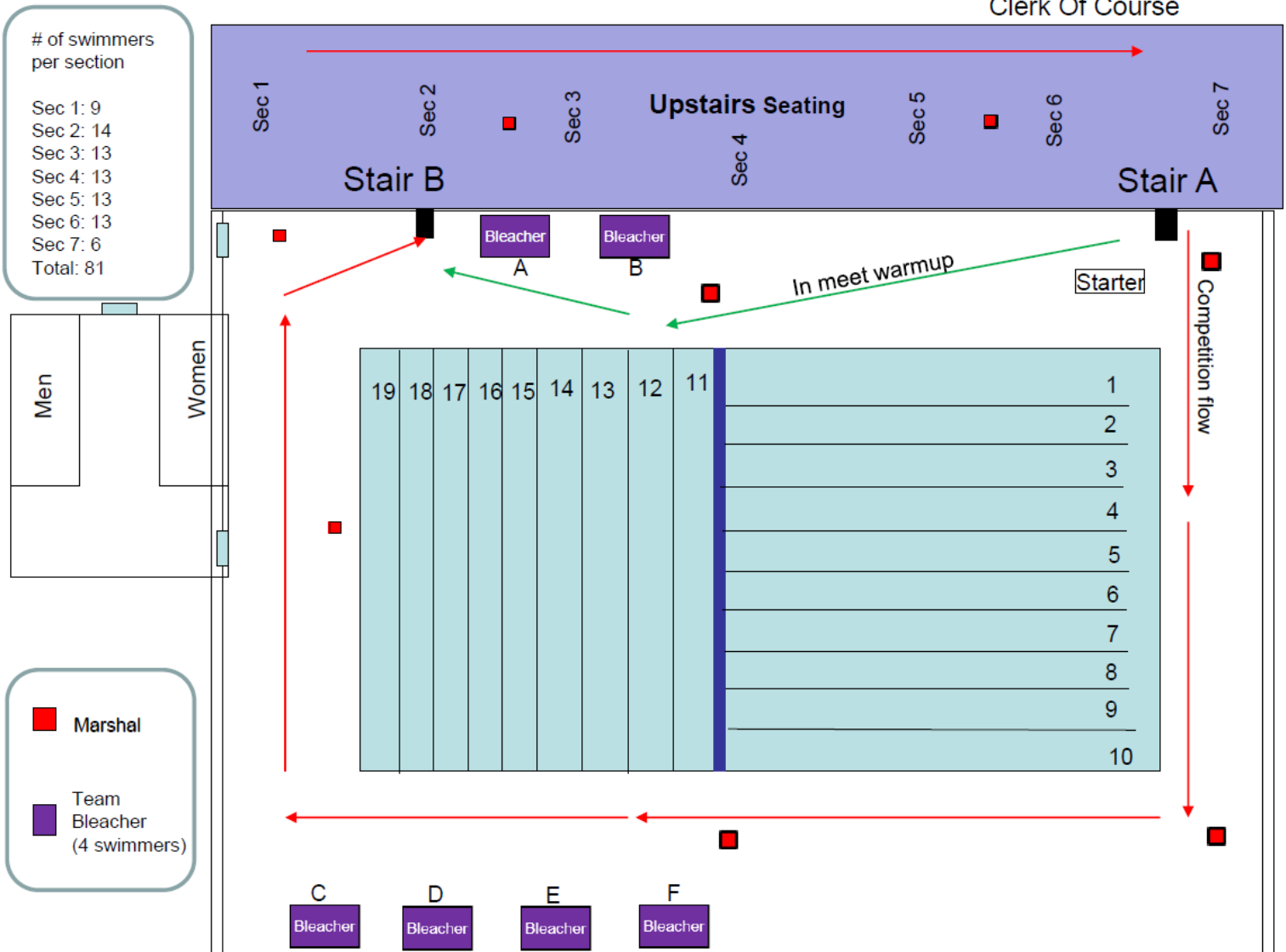
Swimmers in the 500 Freestyle must provide their own timers and counters.

Warm-up: 1:00pm Events: 2:00pm

Girls #	Event	Boys #
24	13 & Over 400 IM	25
26	13 & Over 200 Free	27
28	13 & Over 100 Breast	29
30	13 & Over 100 Back	31
32	13 & Over 200 Fly	33
34	13 & Over 50 Free	35
36	13 & Over 200 Breast	37
38	13 & Over 100 Free	39
40	13 & Over 200 Back	41
42	13 & Over 100 Fly	43
44	13 & Over 200 IM	45*
46	13 & Over Mixed 500 Free	46

****There will be a 5-minute break after Event 45***

Map of Claude Moore Pool



Map of Claude Moore Recreation Center

