

**Rockville-Montgomery Swim Club
Maryland State LC Championships**

June 4-6, 2021

Rockville Swim & Fitness Center

Supplemental Document/Information

In applying for this sanction, the Host, Rockville-Montgomery Swim Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the State of Maryland, Montgomery County, and the Rockville Swim & Fitness Center.

Local Protocols and Requirements

- Effective May 28, 2021, Montgomery County Maryland will end all COVID-19 restrictions.

Participant Ingress and Egress

No spectators will be allowed. Participants will enter the facility through the Welsh Park entrance at the snack bar gate where they will proceed to the Check in table at the Snack bar dining deck. Exit will be through the gate between the fitness pool bath house and snack bar.

Planned Number of Individuals

Pool Allowed Occupancy: 886

Estimated Total Attendees

WARMUPS	
Long Course Pool	80
Short Course Pool	36
Pool Deck	
Coaches	25
Officials	12
Timers	0
Marshals	6
Volunteers	3
Facility Staff	3
Spectators	0
Team Areas	
Swimmers	116
TOTAL	281

COMPETITION	
Pool	8
Pool Deck	
Swimmers	16
Coaches	25
Officials	12
Timers	9
Marshals	6
Volunteers	3
Facility Staff	3
Spectators	0
Team Areas	
Swimmers	208
TOTAL	290

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed. Live-streaming details will be shared with participating teams.

Meet Specific COVID-19 Protocols

- Athletes should arrive and depart in their suits if possible. Locker room use should be minimized.
- Before entering the facility, participants are required to be able to answer the following questions and will only be permitted entrance if answering with 'no':
 - Do you feel any of the symptoms that fall under the symptoms of COVID-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - Has anyone in your family been sick or diagnosed with COVID-19?
 - Has someone you've been in contact with been diagnosed with COVID-19 or been in contact with someone who has the past 14 days?
- All attendees (athletes, coaches, volunteers, officials, etc.) should wear masks at all times, with the exception of athletes when warming up, cooling down, and competing. Masks must be affixed to the face without hands and must cover nose and mouth.
- Swimmers will wear their masks until they arrive at their lane. They will put it in a plastic zipper bag behind their lane. Swimmers will immediately put their masks back on when exiting the pool.
- Warm-ups will be assigned.
- Team areas will be designated to provide enough room for social distancing.
- No spectators will be allowed. The meet will be live-streamed. Live-streaming details will be shared with participating teams.
- Fitness pool bathrooms (by snack bar) will be available emergency use for swimmers and recreation pool bathhouse (by main outdoor entrance) for adults to keep all meet participants outdoors.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.

