

**Patuxent Aquatics Club
PAC May Intrasquad Meet
May 14, 2021
Fairland Aquatics Center**

Supplemental Document/Information

In applying for this sanction, the Host, the Patuxent Aquatics Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the State of Maryland, Prince George’s County, and Fairland Aquatics Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Maryland Strong: Roadmap to Recovery](#) and [Interim Guidance for Maryland Public Pools and Spas](#). This guidance includes:

- Face coverings required for all attendees and support staff of the meet.
- Indoor and outdoor swimming pools may be open at up to 50% occupancy, if applicable, provided six feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain six feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility.
- All shared items must be disinfected between each use to the extent practicable.

Participant Ingress and Egress

No spectators will be permitted in the facility. Only registered and approved volunteers that have been screened will be permitted into the facility, along with athletes and coaches. All attendees (coaches, officials, volunteers and athletes) will enter the facility using the front doors of the building and will be temperature checked. Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals’ and coaches’ directions to enter the pool while respecting social distancing guidelines.

Planned Number of Individuals

Pool Allowed Occupancy: 350
50% Pool Allowed Occupancy: 175

Spectator Allowed Occupancy: 150
50% Spectator Allowed Occupancy: 75

Estimated Total Attendees

WARMUPS	
Pool*	45
Pool Deck	
Swimmers	34
Coaches	10
Officials	8
Marshals	5
Facility Staff	3
Spectator Area (swimmers)	17
TOTAL	122

COMPETITION	
Pool*	13
Pool Deck	
Swimmers	66
Coaches	10
Officials	8
Timers	10
Marshals	5
Facility Staff	3
Spectator Area (athletes – Stands)	17
TOTAL	132

*includes up to 5 swimmers in part of pool not being used for competition

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed on the Patuxent Aquatics Club Facebook Page.

Meet Specific COVID-19 Protocols

- Athletes must arrive and depart in their suits. Locker room use will be for emergency use only.
- All attendees (athletes, coaches, volunteers, officials, etc.) must wear masks, with the exception of athletes when warming up, cooling down, and competing.
- All attendees (athletes, coaches, volunteers, officials, etc.) will submit to a health screening and temperature check before they are permitted in the facility. Per CDC guidelines, individuals with a body temperature greater than 100.4 degrees will not be permitted entry into the Complex.
- Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Athletes will be seated in the stands (up to 17) and on the pool deck.
- All attendees should maintain a minimum of six (6) feet distance from all other participants whenever possible.
- Each session will be limited to no more than 95 swimmers.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- A designated staff member, official, coach or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.
- One-way, counterclockwise traffic flow will be implemented.
- Swimmers will wear their masks until they arrive at their lane and they will take it off and place it in a bag. The bags will be placed in baskets by the starting blocks during warm-ups and competition. Swimmers will immediately put their masks back on at the completion of their swims before they leave the starting area.
- Swimmers must follow all directions as posted and adhere to all marshal directions.
- Swimmers will walk around the pool deck as directed and line back up in the designated area with proper social distancing until they are cleared to go back to their seated area.
- All swimmers must remain in their designated seating area for their group until they are called for their event and they must return to their area immediately following their event.
- Counters for the 500 freestyle will be athletes, coaches, or volunteers already present during the session.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer not following the meet protocols will be subject to immediate removal from the meet.
- All coaches, officials, and volunteers must bring their own water bottle and snacks.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.
- No spectators will be permitted. Competition will be live-streamed via the Patuxent Aquatics Club Facebook page (<https://www.facebook.com/PatuxentAquaticsClub>).

Arrival, Departure, and Swimmer Location

- Swimmers should arrive no earlier than fifteen (15) minutes prior to their scheduled warm-up times. If swimmers arrive early, they must wait in their cars until time to enter the facility.
- Swimmers will be dropped off in the front of the facility.
- Wearing masks at all times, swimmers will line up six (6) feet apart on the sidewalk in the front of the building. A meet volunteer/staff member will confirm each swimmer is listed on the meet list and will check the temperature of the athlete. Attendees who do not have a health form on file with the facility will fill one out upon arrival.
- Maintaining a six (6) foot distance, swimmers will enter the facility and proceed to their assigned seating area.
- Spaces for swimmers will be marked in the spectator area.
- Swimmers must depart the facility immediately upon completion of their race(s) or immediately after counting for a teammate.
- Marshals and coaches will monitor the team area to ensure safety and proper distancing.

Pre-meet Warm-up

- 10 lanes will be available for warm-up, with a maximum of four (4) swimmers per lane and maintaining appropriate distance as required by applicable local guidelines and in accordance with USA Swimming guidelines.
- Swimmers will be assigned to specific lanes for warm-up as well as an "entry" number into that lane.
- Wearing face masks with cap and goggles only, swimmers will form a single-file line in their seating area and proceed counter-clockwise to the start end of the pool.
- Swimmers will place their mask in a plastic zipper bag and place it the basket by the block in their assigned lane.
- After warm-up, coaches will direct swimmers to exit the pool one at a time by lane. Swimmers will immediately retrieve their masks, proceed counter-clockwise along the pool deck and return to their designated seating area.

Competition

- To prepare for competition, 8 lane timers and 2 head timers will enter the pool deck and move to their designated lanes. Additional officials, if any, will enter the pool deck and take up their positions around the pool.
- At the start, timers will be seated on the bench behind the lanes to provide safe distancing for all athletes.
- At the finish, timers will stand to maximize the distance between timers and officials.
- Heat 1 swimmers will line up behind the block for their assigned lane. They will place their masks in the box labeled for their lane and their towel or parka, if any, on the chair directly behind their assigned lanes.
- Heat 2 swimmers will follow Marshals and Clerk of Course direction to line up by the hot tub socially distanced by their posted lane number. They will proceed to their lane after the previous swimmers have exited the water and moved away from the finish end.
- Heat 3 swimmers will follow Marshals and Clerk of Course direction to line up inside the outside doors by the sunning deck socially distanced by their assigned lane number. They will proceed to the hot tub after the previous swimmers have exited the water and moved away from the finish end.
- The above procedures will be followed by all subsequent heats.
- 2 lanes past the bulkhead will be available during the meet for cool-down. No more than 4 swimmers/lane.
- Before returning to the bleachers, swimmers may enter one of the cool-down lanes immediately upon exiting the competition pool. Entrance and exit from the cool-down pool are ONLY allowed from the stands side of the pool.
- All swimmers must place their masks in a plastic bag prior to entry into the warm-up/cool-down lanes at any time.
- Marshals/coaches will supervise the cool-down lanes.