

Machine LC Classic May 15th & 16th, 2021

The St. James: Sports, Wellness & Recreation Complex

Supplemental Document/Information

In applying for this sanction, the Host, Machine Aquatics, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and St. James: Sports, Wellness and Recreation Complex

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet.
- Fitness and Exercise establishments open at 75% capacity.
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.
- All shared items must be disinfected between each use to the extent practicable.

Participant Ingress and Egress

- All participants (coaches, officials, volunteers, swimmers, parents, etc.) will arrive at the St. James through the main entrance where they will submit to a health screening and temperature check before they are permitted in the facility. Non-members of The St. James must complete the [St. James - Self-Health Assessment and Participation Terms & Conditions](#) no earlier than 12 hours before attending (specify STJ Swimming Rental as “Sport”).
- Swimmers will immediately proceed to their assigned seating area in the stands, in the splash park and the three (3) large tents outside the pool in the parking lot.

Athlete Management

- For athlete management a total of fourteen (14) volunteers will be needed in the stands, splash park and outside tents. The breakdown of workers is as follows:
 - 2 Volunteers for Check- In (outside the stands)
 - 1 Volunteer for Door Marshalling to ensure only swimmers access the stands and athletes maintain proper social distancing.
 - 2 Volunteers on the pool deck to direct traffic for specific areas.
 - 2 Volunteers to call the swimmers for the event in the stands
 - 2 Volunteers to call the swimmers for the events in the splash park
 - 3 volunteers to call the swimmers for the events in the outdoors tents
 - 2 Volunteers to man the stairwell from the stands to the deck (radioed) to ensure one-way traffic up and down the stairs at all times.
 - 3 Volunteers to manage the outside tents for proper social distancing of athletes
 - 2 Volunteers in the splash park to ensure proper social distancing of athletes
- For the deck and flow of swimmers we will require twenty (20) volunteers. The breakdown of workers is as follows:
 - 3 Volunteers for Clerk of Course to escort the heat coming down the stairwell to the bulkhead. These volunteers will rotate as we keep the event moving.
 - 1 Volunteer by the Admin table to ensure swimmers are safe going behind the admin table.
 - 4 Volunteers for Deck Marshalling to ensure athletes properly exit the pool to assigned seating areas.
 - 10 Timers - 1 per lane
 - 2 Head Timers to back up the timers.

Planned Number of Individuals

Pool Allowed Occupancy: 335
75% Pool Allowed Occupancy: 251

Spectator Allowed Occupancy: 206
75% Spectator Allowed Occupancy: 154

Estimated Total Attendees

WARMUPS	
Pool	120
Pool Deck	
Coaches	25
Officials	10
Marshals	5
Volunteers	7
Facility Staff	4
Spectator Area	
Swimmers	25
Marshals	4
Splash Park Area	
Swimmers	25
Marshals	4
Tent Area- OUTSIDE	
Swimmers	105
Marshals	5
TOTAL	339

COMPETITION	
Pool	10
Pool Deck	
Swimmers	30
Coaches	20
Officials	10
Timers	12
Marshals	5
Volunteers	7
Facility Staff	4
Spectator Area	
Swimmers	40
Marshals	4
Splash Park Area	
Swimmers	50
Marshals	4
Tent Area- OUTSIDE	
Swimmers	145
Marshals	5
TOTAL	346

Safe Sport Considerations

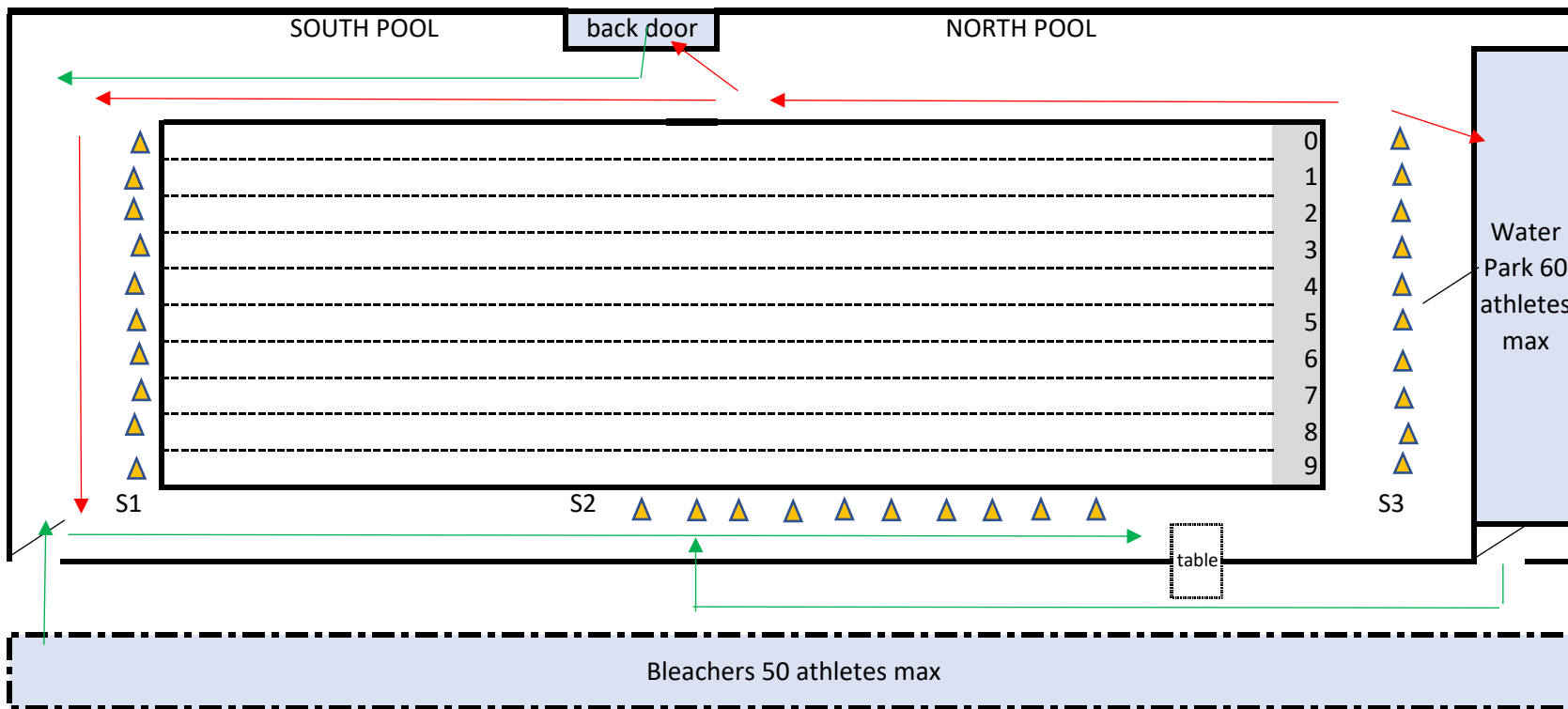
In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live streamed by Machine Aquatics.

Meet Specific COVID-19 Protocols

- Athletes must arrive and depart in their suits. Locker room use will be for emergency use only and will be cleaned between each use by the St. James.
- All attendees (athletes, coaches, marshals, and officials) must wear masks, with the exception of athletes when warming up, cooling down, and competing.
- All attendees (athletes, coaches, volunteers, officials, etc.) will arrive at the St. James through the main entrance where will submit to a health screening and temperature check before they are permitted in the facility. Non-members of The St. James must complete the [St. James Self-Health Assessment and Participation Terms & Conditions](#) no earlier than 12 hours before attending (specify STJ Swimming Rental as “Sport”).
- Each session will be limited to no more than 275 swimmers.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- Swimmers will immediately proceed to their assigned seating area in the stands, in the splash park and the three (3) large tents outside the pool in the parking lot.
- Swimmers who are assigned to the stands will proceed to the stands area via the main entrance.
- Swimmers that are assigned to the splash park will proceed towards the main stands area and down the stairs and across the pool deck to the splash park area.
- Swimmers who are assigned to outside tent areas will proceed to the swimmer’s stairs located outside the stands and go proceed to the pool deck area and been guided out the “back door” to the tents.
- The stands area will not exceed 50 swimmers.
- The splash park area will have seating for 60 swimmers.
- The tents and seating outside will accommodate the remaining swimmers, ensuring to maintain 6 ft. of social distancing at all times.
- The stands and splash park will have seating markers to indicate each swimmer’s area and ensure proper social distancing.
- The tent area will allow for individual chairs per swimmer and each chair should maintain proper social distancing of 6 ft. between swimmers and will be monitored by meet marshal volunteers.
- Parents will be not be permitted into the stands, splash park or outdoor seating to watch the meet.
- Only meet volunteers will be permitted into the stands, splash park or outdoor seating.
- Swimmers seated in the stands will enter the pool deck through the stairwell on the shallow end of the pool.
- Swimmers seated in the splash park will proceed out of the splash park and walk down the far wall (score board wall) side of the pool to the athlete’ clerk of course at the far side of the pool.
- Swimmers in the tents will enter the pool using the side entrance under the scoreboard.
- All swimmers will return to their assigned area via the designated paths of athlete flow.
 - Stands- athletes will exit the pool at the far end of the pool and exit to the left to the stand’s stairwell.
 - Splash Park- athletes will exit the pool at the far end of the pool and exit to the left and proceed the span of the pool, using the return “lane” to the splash park area
 - Outside Tent- athletes will exit the pool at the far end of the pool and immediately proceed out the “exit” door of the pool facility and follow the volunteer guidance to the right of the path and return to their assigned seated area in the outdoor tents.
- Volunteers will ensure one-way traffic in all travel lanes of the pool area at all times.
- During warm-ups, swimmers will wear their masks until they arrive at their lane. They will put it in a plastic zipper bag behind their lane. Once warm-ups are completed, swimmers will immediately put their masks back on.
- During competition, swimmers will wear their masks until they arrive at their lane and they will take it off and put it in a plastic zipper bag. The zipper bag will be placed in the basket behind their block.

- Swimmers will immediately put their masks back on at the completion of their swims before they exit the pool.
- Mask runners will be used for the 50 m events. Swimmers will be able to retrieve their mask at the finish end. Swimmers will stay in the pool until their masks are delivered.
- Swimmers must follow all directions as posted and adhere to all marshal directions.
- All swimmers must remain in their designated area for their group (stands, splash area or tents) until they are called for their event and they must return to their area immediately following their event.
- Volunteers will ensure one-way traffic on the stairwell at all times. Swimmers seated in the splash park area will access the competition clerk of course area by walking against the “scoreboard” wall and merge into the staging area by walking behind the turn end of the competition pool. Upon completion of their race, upon leaving the bulkhead, swimmers will return to the splash park area while walking against the scoreboard wall. The marshal at the end of the bulkhead will ensure that there are no swimmers walking in both directions at the scoreboard wall. Swimmers in the tent area will enter the pool and turn right. Marshals will guide them to the far side of the pool to the clerk of course.
- Swimmers may not enter another swimmer’s “square” of seating.
- Any swimmer not following the meet protocols will be subject to immediate removal from the meet.
- Swimmers must wear DRY MASKS so swimmers are required to bring multiple masks for the day.
- All coaches, officials, and volunteers are encouraged to bring their own water bottle and snacks. Hospitality will be provided in a limited capacity.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.
- No spectators will be permitted. Competition will be live-streamed via the MACHINE AQUATICS Facebook page (<https://www.facebook.com/Machineaquatics>).

RACING POOL NORTH SIDE LAYOUT



- ▲ = staging area (Staging area 1,2,3)
- = exit flow
- = entry flow