

**Fairfax Foxes Swimming**  
**Forty Niner**  
**March 20-21, 2021**  
**Warrenton Aquatic & Recreation Facility**  
**Supplemental Document/Information**

In applying for this sanction, the Host, Fairfax Foxes Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fauquier County, and the Warrenton Aquatic & Recreation Facility.

**Local Protocols and Requirements**

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet
- Fitness and Exercise establishments open at 75% capacity
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility.
- All shared items must be disinfected between each use to the extent practicable.

**Participant Ingress and Egress**

- Athletes will enter the facility using the main entrance. After being cleared to enter the facility by a temperature check administered by a coach or volunteer, athletes will be directed to their seating area by their coach. These areas include the stands, dance room, upstairs hallway, or downstairs recreational pool area. Areas have been marked for athletes to distance 6 – 10 feet while in the building. Areas have been marked for up to 75 athletes.
- Coaches, officials, and designated volunteers will enter the facility using the main entrance where they will receive a health screening and touchless temperature check.
- Athletes will be directed by marshals to and from the pool for competition and warm-up. Athletes will line up to compete 2 heats in advance.
- Spectators will not be permitted into the facility. Only athletes, coaches, officials, and designated volunteers.

**Planned Number of Individuals**

**Pool Allowed Occupancy:** 300

**75% Pool Allowed Occupancy:** 225

**Spectator Allowed Occupancy:** 214

**75% Spectator Allowed Occupancy:** 160

**Estimated Total Attendees**

<b>WARMUPS</b>	
<b>Pool</b>	40
<b>Pool Deck</b>	
<b>Coaches</b>	10
<b>Officials</b>	8
<b>Marshals</b>	12
<b>Volunteers</b>	1
<b>Facility Staff</b>	6
<b>Spectator Area</b>	25
<b>TOTAL</b>	<b>102</b>

<b>COMPETITION</b>	
<b>Pool</b>	8
<b>Pool Deck</b>	
<b>Swimmers</b>	16
<b>Coaches</b>	10
<b>Officials</b>	8
<b>Timers</b>	9
<b>Marshals</b>	12
<b>Volunteers</b>	1
<b>Facility Staff</b>	6
<b>Spectator Area</b>	41
<b>TOTAL</b>	<b>111</b>

## Safe Sport Considerations

- In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The competition will be live-streamed on the Fairfax Foxes Facebook page. Parents will also have the phone number of a designated marshal who can be the go-between for parents and athletes if the need arises.

## Meet Specific COVID-19 Protocols

- All attendees (athletes, coaches, officials and designated volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when they are warming up, cooling down, or competing.
- Athletes must arrive and depart in their suits. Locker room use is minimized to emergency use only.
- Spectators will not be permitted into the facility. Spectators will have viewing access from outside. The meet will be live streamed on YouTube. The link will be shared with participating families.
- Before registering your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Each session will be limited to **65 swimmers**. Swimmers will be assigned to a seating area. Seating areas are marked to allow for social distancing.
- Prior to WARF entry, all attendees (athletes, coaches, officials, and designated volunteers) will receive a touchless temperature screening and respond to health screening questions. Any person who returns a higher-than-normal temperature reading (100.4°F or higher) from the thermal camera of will not be permitted further access to the facility. Any person experiencing **any** of the following symptoms will not be permitted entry into the WARF:
  - Fever (temperature of 100.4°F or higher) or Chills
  - Shortness of Breath or Difficulty Breathing
  - Muscle or Body Aches
  - New Loss of Taste or Smell
  - Congestion or Runny Nose
  - Nausea or Vomiting
  - Cough or Fatigue
  - Headache
  - Sore Throat
- For warm-ups, swimmers for each session will be assigned to one of two warmup groups, no more than 40 swimmers in each group (4 swimmers per lane). Each group will be assigned an arrival time with a corresponding number of lanes.
- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.
- One timer will be assigned to each lane as a backup timer. Markings on the ground will separate the swimmers from the timers while staging and entering/exiting the pool.
- A designated staff member, official, or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.
- Only swimmers, coaches, officials, and designated volunteers will be permitted in the facility.
- During warm-ups, swimmers will wear their masks until they arrive at their lane. They will put it in a plastic zipper bag behind their lane. Once warm-ups are completed, swimmers will immediately put their masks back on.
- During competition, swimmers will wear their masks until they arrive at their lane and they will take it off and place it in a bag behind the starting block in their lane. A meet marshal, wearing protective gloves, will gather the bags containing the swimmers' masks and place them at the opposite end of the lane that the swimmer is competing in.
- For events 50 yd and longer, swimmers will be permitted to swim 25 or 75yards for warm down upon completion of a race. Swimmers will arrive at the opposite end of the pool upon completion of their race to exit the pool and retrieve their masks. Swimmers will immediately put their masks back on before they exit the deck.
- 25 yd events will start at the turn end of the course. A meet marshal, wearing protective gloves, will gather the bags containing the swimmers' masks and place them at the opposite end of the lane that the swimmer is competing in.
- Swimmers must follow all directions as posted and adhere to all marshals' directions.
- All swimmers must remain in their designated area for their group until they are called for their event and they must return to their area immediately following their event.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer, coach, official and/or designated volunteer not following meet protocols will be subject to immediate removal from the meet.
- Contact information for all volunteers will be collected.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.



**Front Entrance -  
Entry for all participants**

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Swimmer Flow

