

Fairfax Foxes Swimming
FXFX February Festival 2021
February 27-28, 2021
PWCS Aquatic Center

Supplemental Document/Information

In applying for this sanction, the Host, Fairfax Foxes Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Prince William County, and the PWCS Aquatic Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required for all attendees and support staff of the meet.
- Fitness and Exercise establishments open at 75% capacity.
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.
- All shared items must be disinfected between each use to the extent practicable.

Participant Ingress and Egress

- Athletes will enter the facility using the left side entrance of Door #25. After being cleared to enter the facility by a temperature check administered by a coach or volunteer, and confirmation of completion of the [electronic waiver](#), athletes will be directed to their seating area. Seating areas include the stands, pool deck, upstairs hallway, downstairs recreational pool area or potentially the auxiliary gym. Areas have been marked for athletes to distance 6-10 feet while in the building. Areas will be marked for up to 90 athletes.
- Coaches, officials, and designated volunteers will enter the facility using the right side entrance of Door #25 where the completion of the [electronic waiver](#) will be verified and they will receive a touchless temperature check.
- Athletes will be directed by marshals to and from the pool for competition and warm-up. Athletes will line up to compete 2 heats in advance in designated locations on deck.
- Spectators will not be permitted into the facility. Only athletes, coaches, officials and designated volunteers will be granted entry.

Planned Number of Individuals

Pool Allowed Occupancy: 365
75% Pool Allowed Occupancy: 273

Spectator Allowed Occupancy: 465
75% Spectator Allowed Occupancy: 348

Estimated Total Attendees

WARMUPS	
Pool	45
Pool Deck	
Coaches	10
Officials	8
Marshals	12
Volunteers	1
Facility Staff	6
Spectator Area	45
TOTAL	127

COMPETITION	
Pool	8
Pool Deck	
Swimmers	16
Coaches	10
Officials	8
Timers	9
Marshals	12
Volunteers	1
Facility Staff	6
Spectator Area	66
TOTAL	136

Safe Sport Considerations

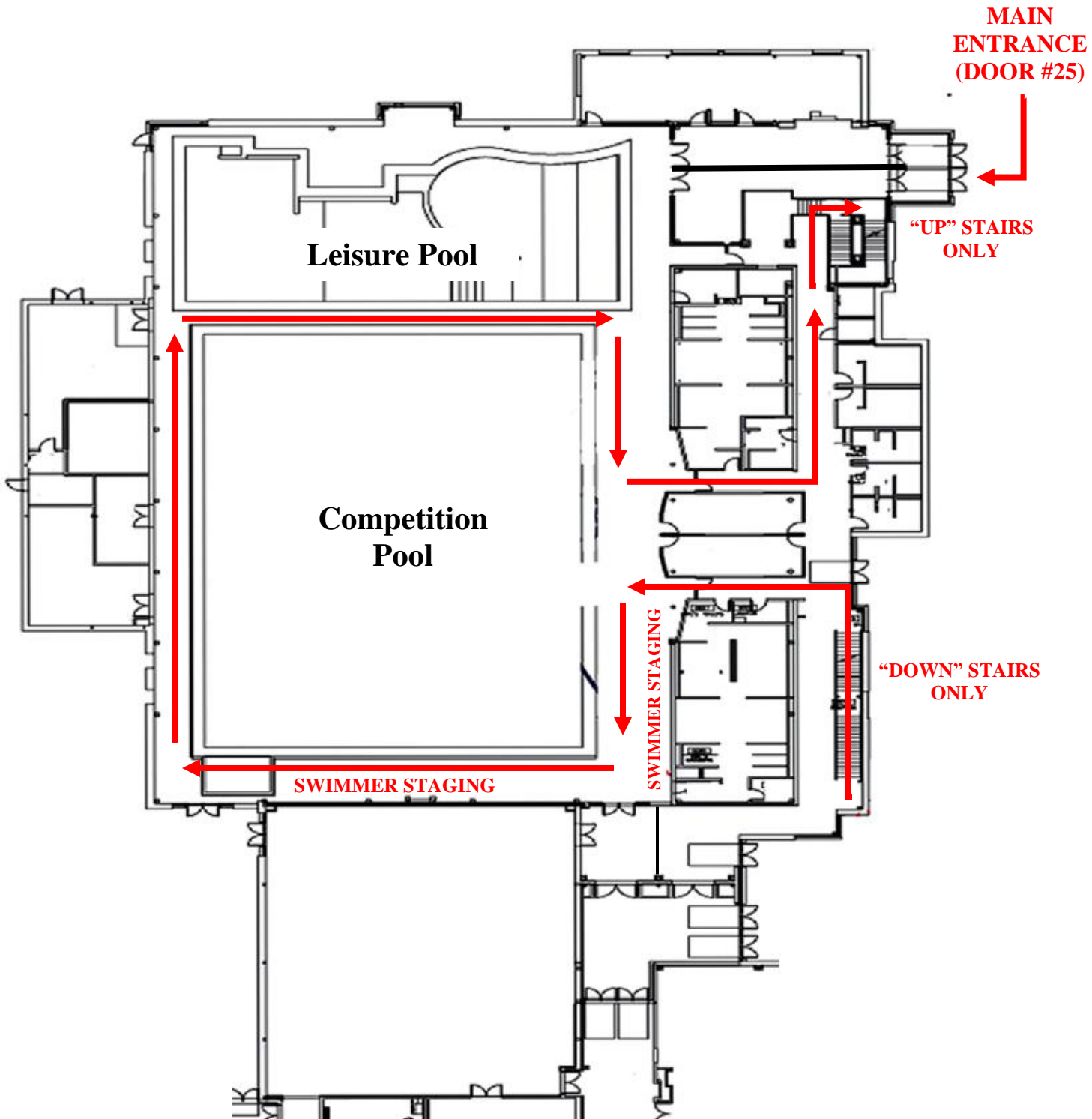
- In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The competition will be live-streamed on the Fairfax Foxes Facebook page.

Meet Specific COVID-19 Protocols

- All attendees (athletes, coaches, officials and designated volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when they are warming up, cooling down, or competing.
- Athletes must arrive and depart in their suits. Locker room use is prohibited, and bathroom use minimized to emergency use only.
- Spectators will not be permitted into the facility.
- The meet will be live streamed on the Fairfax Foxes' Facebook page. The link will be shared with participating families.
- Before registering your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Each session will be limited to 90 swimmers. Swimmers will be assigned to a seating area. Seating areas are marked to allow for social distancing.
- All attendees will complete an [electronic waiver](#) that outlines the risks associated with the competition and acknowledges their full cooperation with PWCS Aquatic Center.
- Prior to PWCS Aquatic Center entry, all attendees (athletes, coaches, officials, and designated volunteers) will receive a touchless temperature screening. Any person who returns a higher-than-normal temperature reading (100.4°F or higher) will not be permitted further access to the facility. Any person experiencing any of the following symptoms will not be permitted entry into the PWCS Aquatics Center:
 - Fever (temperature of 100.4°F or higher) or Chills
 - Shortness of Breath or Difficulty Breathing
 - Muscle or Body Aches
 - New Loss of Taste or Smell
 - Congestion or Runny Nose
 - Nausea or Vomiting
 - Cough or Fatigue
 - Headache
 - Sore Throat

- For warm-ups, swimmers for each session will be assigned to one of two warmup groups, no more than 45 swimmers in each group (3 swimmers per lane). Each group will be assigned an arrival time with a corresponding number of lanes.
- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.
- One timer will be assigned to each lane as a backup timer.
- A designated staff member, official, or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.
- Only swimmers, coaches, officials, and designated volunteers will be permitted in the facility.
- Swimmers will wear their masks until they arrive at their lane and they will take them off and place them in a plastic bag behind the starting block in their lane.
- Once their race is completed, swimmers will immediately put their masks back on before they exit the deck.
- 25 yd events will start at the turn end of the course. A meet marshal, wearing protective gloves, will gather the bags containing the swimmers' masks and place them at the opposite end of the lane that the swimmer is competing in.
- Swimmers must follow all directions as posted and adhere to all marshals' directions.
- Swimmers will move around the pool in a clockwise direction. They will come down the stairs from the stands near the diving board end of the pool. After they swim they will exit the deck at the first door before the pool manager's office and take the first set of stairs up to the stands.
- The heat next to swim will line up along the wall behind the diving boards. There are lane numbers taped up on the wall.
- The heat after that will be lined up along the wall near the pool manager's office.
- All swimmers must remain in their designated area for their group until they are called for their event and they must return to their area immediately following their event.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer, coach, official and/or designated volunteer not following meet protocols will be subject to immediate removal from the meet.
- Contact information for all volunteers will be collected.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.

PWCS Aquatics Center Swim Meet Traffic Flow





**ATHLETES AND
COACHES**

**OFFICIALS AND
VOLUNTEERS**

25

**ATTENTION
DO NOT
ENTER**

THANK YOU

ATHLETICS CENTER