

**York Swim Club**  
**York December Reindeer Meet**  
**December 5<sup>th</sup> & 6<sup>th</sup> 2020**  
**Providence RECenter**

**Supplemental Document/Information**

In applying for this sanction, the Host, York Swim Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and Providence RECenter.

**Local Protocols and Requirements**

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet
- Fitness and Exercise establishments open at 75% capacity
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility.

**Participant Ingress and Egress**

All attendees (coaches, officials, volunteers and swimmers) will enter the facility through the patio doors where they will submit to the health questionnaire screening and temperature check before they are permitted to enter. The health questionnaire must be filled out no more than four hours before warm ups are scheduled to begin. Swimmers will immediately proceed to the designated team areas and will be assigned a designated spot for the duration of the meet to ensure proper social distancing. All attendees will exit the facility using the patio door located on the right beyond the diving boards. Spectators not working in a capacity to operate the swim meet will not be permitted inside the facility. See attached map.

**Planned Number of Individuals**

**Pool Allowed Occupancy:** 285  
**75% Pool Allowed Occupancy:** 213

**Estimated Total Attendees**

WARMUPS	
Pool	50
Pool Deck	
Swimmers	0
Coaches	7
Officials	8
Marshals	6
Volunteers	2
Facility Staff	3
<b>TOTAL</b>	<b>76</b>

COMPETITION	
Pool	8
Pool Deck	
Swimmers	42
Coaches	7
Officials	8
Timers	9
Marshals	6
Volunteers	2
Facility Staff	3
<b>TOTAL</b>	<b>85</b>

## Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live-streamed by York Swim Club. The link will be sent to participating families by Friday, December 4<sup>th</sup> and posted to the [York Swim Club website](#).

## Meet Specific COVID-19 Protocols

- Athletes must arrive and depart in their suits. Locker room use will be for emergency use only and must be sanitized after each use. Family bathroom will be reserved for coach, official, and volunteer use.
- All attendees (swimmers, coaches, officials and volunteers) must bring their own water bottle and snacks. Hospitality will not be provided.
- All attendees will enter and exit the facility through the patio doors. From the parking lot, attendees will walk down the access road located to the right of the main entrance and proceed through the gate where the Health Attestation and touchless temperature screenings will be completed. Per CDC guidelines, individuals with a body temperature greater than 100.4 degrees will not be permitted to enter the facility.
- All attendees (athletes, coaches, officials, volunteers) must wear masks to enter the facility and at all times when inside the facility, with the exception of athletes when competing or warming up/cooling down.
- Athletes will bring a plastic zipper bag with their name on it in which to place their masks when they are in the water.
- All attendees will be required to complete and submit a health attestation no more than four hours prior to entering the facility.
  - [Oak Marr Athlete Health Attestation](#)
  - [Yorktown Athlete Health Attestation](#)
  - [Renaissance/ Reston Health Attestation](#)
  - [Official, Timer, Volunteer Health Attestation](#)
- Any attendee failing or refusing to comply with any of these Protocols will be prohibited from entering the facility and/or asked to leave the facility.
- The meet will be limited to a maximum of 50 swimmers per session.
- Athletes will be assigned a social distanced spot (marked with a tape X) in the bleachers or along the shallow end wall/spa area for the duration of the meet to ensure proper social distancing. Swimmers will remain in their assigned spot except while participating in warm ups and competition. Swimmers may not enter another swimmer's designated area.
- A Clerk of Course will be used to maintain social distance and organize each heat of swimmers for all events offered.
- No spectators will be permitted. Competition will be live-streamed by York Swim Club. The link will be sent to participating families and posted to the [York Swim Club website](#).
- We request that all attendees notify the meet director as quickly as possible should they test positive for COVID-19, show symptoms or have been in contact with anyone exposed or tested positive for COVID-19 after attending the meet.

## Arrival, Departure, and Swimmer Location (see attached map)

- Upon arrival to the facility, all attendees (swimmers, coaches, officials and volunteers) will walk down the access road located to the right of the main entrance and proceed through the gate where the Health Attestation and temperature checks will be completed.
- Upon entering the pool deck, swimmers will immediately proceed to the designated team areas and will be assigned a designated spot (marked with a tape X) for the duration of the meet to ensure proper social distancing. Swimmers will remain in their assigned spot except while participating in warm-ups and competition. Swimmers may not enter another swimmer's designated area.
- All attendees will depart the facility using the patio doors.

## **Pre-meet Warm-up**

- There will be one warm up group of no more than 50 swimmers per group. Swimmers will proceed from their assigned seating area, prepare to enter the pool and follow coaches and marshals' directions to enter the pool while maintaining the social distance guidelines.
- Swimmers will wear their masks until they arrive at their lane for warm ups and their scheduled events. Masks will be placed in plastic zipper bags with the swimmer's name on them during warm ups. Bagged masks will be placed on the chair behind each of the blocks. Swimmers will immediately put their masks back on at the completion of warm ups and each event before leaving the starting block area and return to their designated area.
- Warm-up distancing conducted in accordance with USA Swimming guidelines and York Swim Club protocols.

## **Competition**

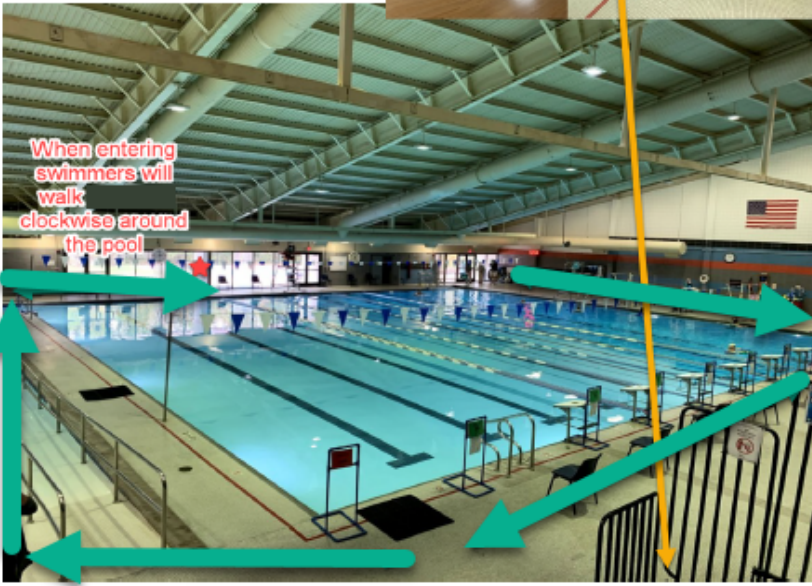
- One-way traffic will be maintained on the pool deck at all times. Traffic will move clockwise around the pool.
- All swimmers must remain in their designated area until they are called for their event and then must return to their designated area immediately following their event.
- Clerk of Course will be used to stage upcoming heats along the walls behind the diving boards and across the patio windows
- One timer will be assigned to each lane. Floor markings will separate the swimmers from the timers while entering/exiting the pool to maintain social distancing.
- Swimmers are required to follow all directions as posted and adhere to all marshal directions, no exceptions. Any swimmer not following meet protocols can and will be removed from the meet immediately.
- Meet equipment including computers, buttons, starter, and stopwatches will be sanitized before and after each session of the meet. Hand sanitizer will be provided in multiple locations around the deck and throughout the facility.



swimmers will sit in the bleachers and in the overflow recreation rooms



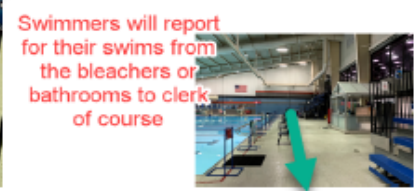
Please use the side walkway on the right to enter the pool from the back door - DO NOT ENTER THROUGH THE FRONT DOOR



When entering swimmers will walk clockwise around the pool



Swimmers and volunteers enter here



Swimmers will report for their swims from the bleachers or bathrooms to clerk of course