

Machine Aquatics
November 7th & 8th, 2020
NCAP - Tysons

Supplemental Document/Information

In applying for this sanction, the Host, Machine Aquatics, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fairfax County, and NCAP- Tysons

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet
- Fitness and Exercise establishments open at 75% capacity
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 250 persons
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Conduct daily screening of coaches, officials, staff, and players for COVID-19 symptoms prior to admission to the venue/facility. Anyone experiencing symptoms should not be permitted in the venue/establishment.

Participant Ingress and Egress

- All participants (coaches, officials, volunteers, swimmers, etc.) will arrive at the NCAP - Tysons location through back entrance parking lot where they will be directed to the designated seating area per age group.
- All participants must complete the Machine Aquatics wellness check link (same as practices) within four (4) hours of arriving at the meet. All participants must show their GREEN CHECK at check in.
- Swimmers will immediately proceed to the to their assigned “section” outside. There will be sections for each age group (9 year old, 10 year old, 11 year old, 12 year old).
- Each session will be maxed at 75 swimmers.
- Swimmers will remain in their sections until their heat/event is called and they will proceed to the clerk of course.
- Two heats will be lined up outside at all times. One heat will be waiting inside the pool.
- Parents will be not be permitted into the facility to watch the meet.
- Only meet volunteers will be permitted into the pool area. All others must wait outside.
- Only meet volunteers will be permitted in the swimmer areas. Parents may wait in the parking lot for return at the end of the meet.
- For athlete management a total of nine (9) volunteers will be needed in the athlete area. The breakdown of workers is as follows:
 - 2 Volunteers for Check- In (at back door seating area)
 - 2 Volunteers for Door Marshalling to ensure only swimmers access the pool area maintain proper social distancing. (1 at each door)
 - 1 Volunteer per age group to call the swimmers for the heat/ event and send them to the clerk of course area. Swimmers remain in their spot until they are called.
 - 2 Volunteers for Clerk of Course
 - 2 Volunteers to be floater marshals to be assigned where identified needed day of.
- For the deck and flow of swimmers we will require sixteen (16) volunteers. The breakdown of workers is as follows.
 - 1 Volunteer for inside clerk of course
 - 1 Volunteer by the Admin table to ensure swimmers are safe going behind the admin table.
 - 10 Timers- (2 per lane & 2 back up head)
 - 4 Officials

Planned Number of Individuals

Pool Allowed Occupancy: 100

50% Pool Allowed Occupancy: 50

Estimated Total Attendees

WARMUPS	
Pool	30
Pool Deck	
Coaches	4
Officials	4
Marshals	2
Volunteers	0
Facility Staff	0
Outdoor Athlete Area	
Swimmers	45
Marshals	7
TOTAL	92

COMPETITION	
Pool	4
Pool Deck	
Swimmers	4
Coaches	4
Officials	4
Timers	10
Marshals	3
Volunteers	0
Facility Staff	0
Outdoor Athlete Area	
Swimmers	67
Marshals	6
TOTAL	102

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be live streamed by Machine Aquatics via the [Machine Aquatics Facebook LIVE](#).

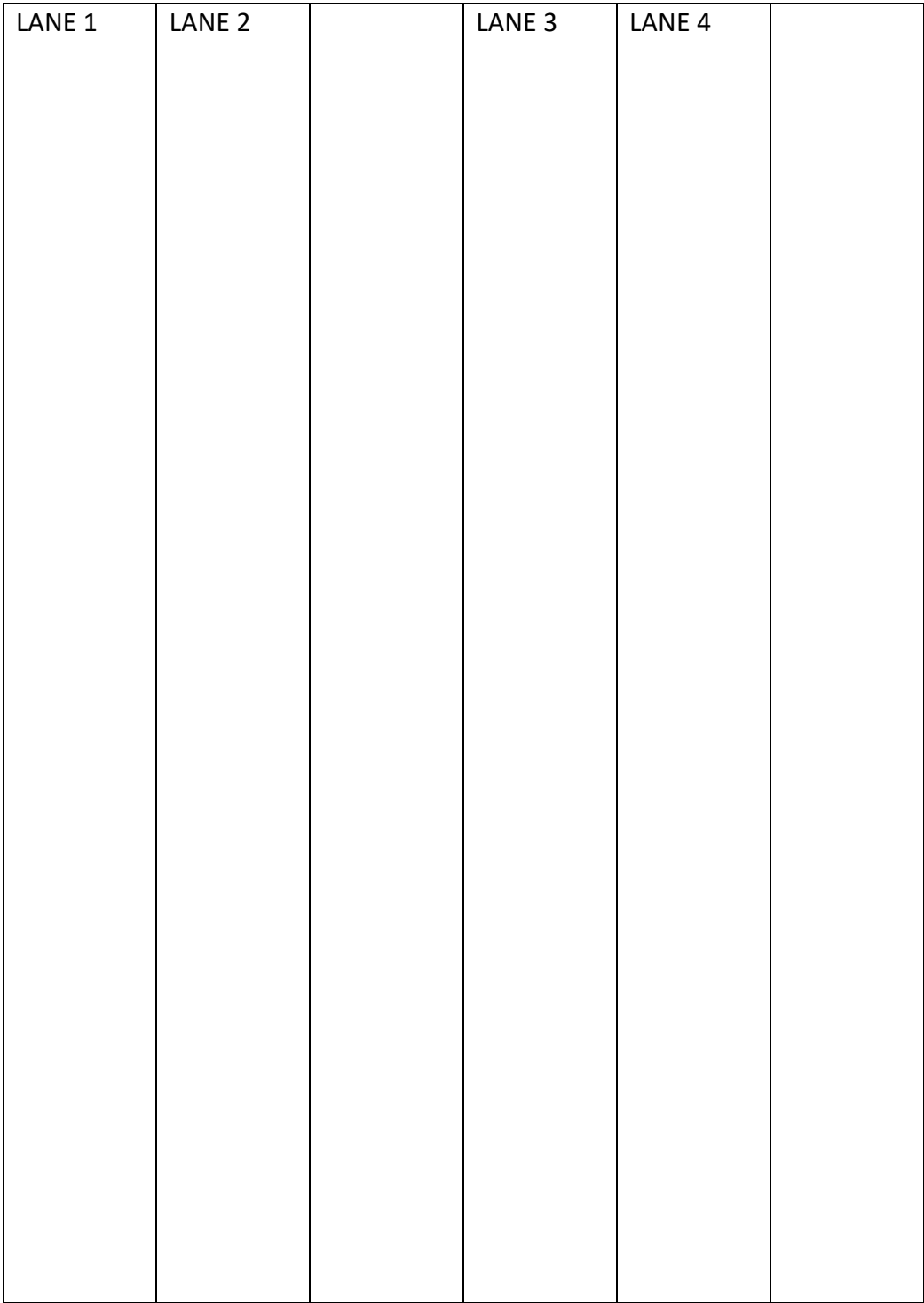
Meet Specific COVID-19 Protocols

- Athletes must arrive and depart in their suits. Locker room use will be for emergency use only and will be cleaned between each use by the facility staff.
- All attendees (athletes, coaches, marshals, and officials) must wear masks, with the exception of athletes when warming up, cooling down, and competing.
- Swimmers should bring a minimum of 2 masks.
- All attendees (athletes, coaches, volunteers, officials, etc.) will complete the Machine Aquatics wellness check link (same as practices) within four (4) hours of arriving at the facility. Green Check from the health screening must be shown before they are permitted in the facility.
- All attendees (athletes, coaches, volunteers, officials, etc.) will complete the Machine Aquatics wellness check link (same as practices) within four (4) hours of arriving at the facility. Green Check from the health screening must be shown before they are permitted in the facility.
- Each session will be limited to 75 swimmers.
- Only swimmers, coaches, meet volunteers, and officials will be permitted on the pool deck.
- Swimmers will wear their masks until they arrive at their lane and they will take it off and hang it on the hook on the starting block. Swimmers will immediately put their masks back on at the completion of their swims before they leave the start end.
- Swimmers must follow all directions as posted and adhere to all marshal directions.
- Swimmers will walk around the pool deck, exit the pool deck through the designated exit door, and return to their assigned area.
- All swimmers must remain in their designated area for their group until they are called for their event and they must return to their area immediately following their event.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer not following the meet protocols will be subject to immediate removal from the meet.

- All coaches, officials, and volunteers must bring their own water bottle and snacks. Hospitality is not permitted per the facility.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID19 after attending the meet.
- No spectators will be permitted. Competition will be live-streamed via the Machine Aquatics Facebook Page via Facebook Live.

X X X X X= TIMERS

ADMIN TABLE



CLERK OF COURSE - 4 SWIMMERS

ENTRANCE DOOR- MARSHAL

EXIT DOOR- MARSHAL