

Fairfax Foxes Swimming
Loughmiller Memorial Meet, hosted by FFX
November 7-8, 2020
Warrenton Aquatic & Recreation Facility
Supplemental Document/Information

In applying for this sanction, the Host, Fairfax Foxes Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, the Commonwealth of Virginia, Fauquier County, and the Warrenton Aquatic & Recreation Facility.

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required by all attendees and support staff of the meet
- Fitness and Exercise establishments open at 75% capacity
- Indoor and outdoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 250 persons
- Indoor and outdoor recreational sports should maintain ten feet of physical distance between all instructors, participants, and spectators, where practicable.
- Health screening prior to entry

Participant Ingress and Egress

- All attendees will enter the facility using the main entrance. After being cleared to enter the facility by a temperature check administered by a coach, athletes will be directed to their seating area by their coach. These areas include the stands, dance room, upstairs hallway, or downstairs recreational pool area. Areas have been marked for athletes to distance 6 – 10 feet while in the building. Areas have been marked for up to 80 athletes.
- Coaches, officials, and designated volunteers will enter the facility using the main entrance where they will receive a health screening and touchless temperature check.
- Athletes will be directed by marshals to and from the pool for competition and warm-up. Athletes will line up to compete 2 heats in advance.
- Spectators will not be permitted into the facility. Only athletes, coaches, officials, and designated volunteers.

Planned Number of Individuals

Pool Allowed Occupancy: 300

50% Pool Allowed Occupancy: 150

Spectator Allowed Occupancy: 214

50% Spectator Allowed Occupancy: 107

Estimated Total Attendees

WARMUPS	
Pool	40
Pool Deck	
Coaches	10
Officials	8
Marshals	12
Volunteers	1
Facility Staff	6
Spectator Area	40
TOTAL	117

COMPETITION	
Pool	8
Pool Deck	
Swimmers	16
Coaches	10
Officials	8
Timers	9
Marshals	12
Volunteers	1
Facility Staff	6
Spectator Area	56
TOTAL	126

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The competition will be live-streamed on the Fairfax Foxes Facebook page.

Meet Specific COVID-19 Protocols

- All attendees (athletes, coaches, officials and designated volunteers) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when they are warming up, cooling down, or competing.
- Athletes must arrive and depart in their suits. Locker room use will be minimized.
- Spectators will not be permitted into the facility. The meet will be live-streamed on YouTube. The link will be shared with participating families.
- Before registering your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Each session will be limited to 80 swimmers. Swimmers will be assigned to a seating area. Seating areas are marked to allow for social distancing.
- All participating athletes will complete an [electronic waiver](#) that outlines the risks associated with the competition and acknowledges their full cooperation with WARF.
- Prior to WARF entry, all attendees (athletes, coaches, officials, and designated volunteers) will receive a touchless temperature screening and respond to health screening questions. Any person experiencing **any** of the following symptoms will not be permitted entry into the WARF:
 - Fever (temperature of 100.4°F or higher) or Chills
 - Shortness of Breath or Difficulty Breathing
 - Muscle or Body Aches
 - New Loss of Taste or Smell
 - Congestion or Runny Nose
 - Nausea or Vomiting
 - Cough or Fatigue
 - Headache
 - Sore Throat

Any person who returns a higher-than-normal temperature reading from the thermal camera of 100.4°F or higher will not be permitted further access to the facility.
- For warm-ups, swimmers for each session will be assigned to one of two warmup groups, no more than 44 swimmers in each group (4 swimmers per lane). Each group will be assigned an arrival time.
- Swimmers will not be permitted into the building prior to their arrival time. Swimmers will proceed to their assigned seating area, prepare to enter the pool, and follow marshals' and coaches' directions to enter the pool while respecting social distancing guidelines.
- One timer will be assigned to each lane as a backup timer. Markings on the ground will separate the swimmers from the timers while staging and entering/exiting the pool.
- A designated staff member, official, or volunteer will be in place to observe/marshal COVID-19 guidelines and report back to the coaches and officials on concerns or improvements.
- Only swimmers, coaches, officials, and designated volunteers will be permitted in the facility.
- Swimmers will wear their masks until they arrive at their lane and they will take it off and place it in a bag behind the starting block in their lane. A meet marshal, wearing protective gloves, will gather the bags containing the swimmers' masks and place them at the opposite end of the lane that the swimmer is competing in. Upon completion of a heat, an official will direct the swimmers to swim to the opposite end and exit the pool. Swimmers will immediately put their masks back on before they exit the pool deck.
- Swimmers must follow all directions as posted and adhere to all marshals' directions.
- All swimmers must remain in their designated area for their group until they are called for their event and they must return to their area immediately following their event.
- Swimmers may not enter another swimmer's "square" of seating.
- Any swimmer, coach, official and/or designated volunteer not following meet protocols will be subject to immediate removal from the meet.
- Contact information for all volunteers will be collected.
- We request that all attendees notify the meet director as soon as possible if they have tested positive for COVID-19, shown symptoms or have been in contact with anyone exposed to COVID-19 after attending the meet.