

Occoquan Swimming Medley Ready Challenge

October 10-11, 2020

Central Park Aquatic Center

10371 Central Park Drive, Manassas, VA 20110

Supplemental Document/Information

In applying for this sanction, the Host, Occoquan Swimming (OCCS), agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Potomac Valley Swimming, Commonwealth of Virginia, Prince William County, and Central Park Aquatic Center.

Local Protocols and Requirements

All local and state protocols will be followed per [Moving Virginia Forward – Phase 3 Guidance](#). This guidance includes:

- Face coverings required
- Fitness and Exercise establishments open at 75% capacity
- Indoor swimming pools may be open at up to 75% occupancy, if applicable, provided ten feet of physical distance may be maintained between patrons not of the same household.
- The total number of attendees (including both participants and spectators) of recreational sports cannot exceed the lesser of 50% of the occupancy load on the certificate of occupancy, if applicable, or 250 persons
- 10' spacing on pool deck and spectator area between persons who are not members of the same household
- Health screening prior to entry

Spectator Ingress and Egress

Spectators not working in a capacity to operate the swim meet will not be permitted. Swimmers, coaches, and all volunteers will enter the facility at the main entrance and exit through the bistro doors. On entry all visitors are required to answer the COVID symptom check.

Planned Number of Individuals

Pool Allowed Occupancy: 354

75% Pool Allowed Occupancy: 265

Estimated Total Attendees

WARMUPS	
Pool	48
Pool Deck	
Swimmers	48
Coaches	16
Officials	8
Marshals	4
Volunteers	6
Facility Staff	5
Spectators	0
TOTAL	135

COMPETITION	
Pool	8
Pool Deck	
Swimmers	88
Coaches	16
Officials	8
Timers	9
Marshals	4
Volunteers	6
Facility Staff	5
Spectators	0
TOTAL	144

Safe Sport Considerations

In compliance with Safe Sport, parents will have access to and the opportunity to observe their child. The meet will be streamed live on YouTube. The link will be shared with participating families. Spectators may also view competition through the windows of the facility.

Meet Specific COVID-19 Protocols

- All attendees (athletes, coaches, officials, volunteers, spectators) must wear a mask to enter the facility and throughout the facility, with the exception of athletes when competing or warming up/cooling down.
- Athletes must arrive and depart in their suits. Locker room use is minimized to emergency use only.
- Spectators will not be permitted into the facility. Before signing up your young swimmer, please consider that they can manage themselves for the duration of the meet with just their swim coach overseeing them, including being able to visit the bathroom independently.
- Each session will be limited to 96 swimmers.
- One timer will be assigned to each lane as a backup timer. Markings on the ground will separate the swimmers from the timers while staging and entering/exiting the pool.
- Entry for all participants, volunteers and coaches will be through the main pool entrance, exit will be through the Bistro doors or out any pool door exit.
- Before entering the facility participants, coaches and volunteers are required to be able to answer the following questions and will only be permitted entrance if answering with 'no':
 - Do you feel any of the symptoms that fall under the Covid-19 (fever over 100.4, cough, shortness of breath, etc.)?
 - Has anyone in your family been sick or diagnosed with Covid-19?
 - Has someone you've been in contact with been diagnosed with Covid-19 or been in contact with someone who has?
- Additional sanitation will take place as well as sanitation stations will be available in various locations throughout the facility.
- HEPA Filtration system will be placed on the pool deck and in high traffic rooms for additional air purification.
- UV Light is used along with chlorine to disinfect the water constantly.