

Cherry Blossom Champs Meet

February 28, 29 and March 1, 2020 (Fri-Sat-Sun)

Sanction # PVC-20-69



AQUATIC CLUB

| MEET DI | RECTOR | MEET | REFEREE | CLUB OFFICIALS CHAIR |
|----------------|--|--|--|---|
| John Venit, | 2 | | | Cherlynn Venit, |
| dpws@aol.com | | dpws@aol.com | | dpws@aol.com |
| SANCTION | Held under the sanction of USA Swimming through Potomac Valley Swimming: PVC-20-69. In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley | | | |
| | Swimming, P harmless fro | atuxent Aquatics Clu | ub, and the Fairland Aquies or claims for damage | atics Center shall be held free and es arising by reason of injuries to anyone |
| FACILITY | | | Fairland Aquatics Cer | iter |
| | | 13820 | Gunpowder Rd, Laurel | MD 20707 |
| | | | 301-362-6060 | |
| | • 19 lanes, 25 yards: currently 8 lanes are planned, but 10 lanes will be used if needed based on entries. | | | |
| | Water depth | range of 5' - 13' at t | the starting end and 5' - | - 13' at the turning end. |
| | • The competition course has not been certified in accordance with current USA Swimming Rules and Regulations, Article 104.2.2(C). | | | |
| | | tion course is 8 lane ds depending upon | | tor reserves the right to extend it to 10 |
| ENTRY DEADLINE | | February 16, 2020 at 11:59 PM | | |
| | | usually set an earlie | | omit their entries to the Meet Director. tries from their swimmers. Check with |
| SCHEDULE | | | Warm-Up | Events |
| | Friday, February | 28 | | |
| | All Ages – | Timed Finals | 4:30 -5:20 PM | 5:30 PM |
| | Saturday and Su | nday, February 29 – | March 1 | |
| | 13 & Over F | Prelim Session | 6:30 – 7:20 AM | 7:30 AM |
| | 9-12 Prelin | n Session | 10:30 – 11:20 AN | 11:30 AM |
| | 8 & Under | Timed Finals | 2:30 – 3:00 PM | 3:10 PM |
| | 9 & Over F | inals Session | 5:15 - 6:05 PM | 6:15 PM |
| | • Meet Director reserves the right to adjust times/sessions after entries are received. | | | |
| | Meet Directo | or reserves the right | to run two courses. | |

| ELIGIBILITY | Open to all USA Swimming registered swimmers. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in USA Swimming Rules and Regulations Article |
|------------------------|---|
| | 302. |
| DISABILITY SWIMMERS | • PVS and host clubs along with their meet directors are committed to the <u>Inclusion Policy as</u> <u>adopted by the PVS BOD</u> . Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition. |
| TIMING SYSTEM | Automatic Timing System (touchpads primary) will be used. |
| RULES | • Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), shall govern this meet. |
| | No on-deck USA-S registration is permitted. |
| | • In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods. |
| | Deck changes are prohibited. |
| | • Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. |
| | • Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. |
| | • The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F. |
| | • Dive-over starts will be used during the preliminary sessions and Friday timed finals. The 8 & Under sessions will not use Dive-Overs. |

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| EVENT RULES | • Swimmers shall compete at the age attained on the first day of the meet. |
| | • Times achieved prior to February 28, 2018 will not be permitted. All times must have been achieved in USA Swimming sanctioned, observed or approved meets. |
| | • Entry times will be verified through SWIMS. Coaches will be asked to provide proof of times whe asked by the Meet Director for any time not found in SWIMS. Failure to prove such a time before the event, will result in the swimmer being scratched from that event. |
| | • All events for ages 9 & Up are prelims and finals except the events offered during the Friday session and ALL Relays, which are timed finals. |
| | All 8 & Under events are timed finals. |
| | • A swimmer may enter and compete in a maximum of 8 individual events and no more than three (3) individual events per day and one (1) relay per day. |
| | • A club may enter up to 3 relay teams per relay event, but only one relay team per club per event may score. |
| | • Prelim events will be swum combined as 9-12 and 13 & Over. There will be one (1) heat at finals for 9-10. There will be a "B" final and an "A" final heat for 11-12, 13-14 and 15 & Over events. The "B" final will swim first. (The Meet Director reserves the right to adjust the number of final heats to one per age group after entries are received.) |
| | • Exceptions: There will be only one (1) heat for finals for the 9-12 200 Breaststroke and 9-12 200 Backstroke with ages 9-12 combined. There will also be only one (1) heat for the 13 & Over 200 Fly with ages 13 & Over combined. |
| | • The 400 IM, 1000 Free and 500 Free events will be swum FASTEST to SLOWEST. The 1000 Free will be swum fast to slow, alternating women and men. |
| | • Teams must provide timers for their swimmers' during the Friday session. Swimmers are responsible for providing their own counter. |
| | • All relays are timed finals and will be swum during the preliminary session. |
| | No Time (NT) Entries will NOT be accepted for this meet. |
| | • Entries for the 400IM, 500 Free & 1000 Free may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time. If a swimmer is removed from an event because of time constraints, they will be provided the opportunity to enter anoth event in the meet. |
| | • Deck entries will ONLY be accepted for relays using individuals included in the original entry file. No individual event deck entries will be accepted. Deck entries for relays will be accepted with payment (\$20.00 per Relay) no later than 30 minutes prior to the first event. |
| WITHDRAWING FROM FINALS | • If you do not wish to swim in a Final, you must "Scratch" from the event by following this procedure: |
| | You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers for the "A" and "B" Finals, if scheduled. |
| | • You may declare an "intent to scratch". You must fill out and sign a Finals Scratch Slip within 30 minutes of the announcement of qualifiers, marking the appropriate space for "intent". If you declare an "intent to scratch" and do not wish to swim finals, you must confirm your scratch on the PVS Finals Scratch Slip within 30 minutes after the conclusion of your last preliminary event of the day or you will be automatically seeded into the event. |
| | • If an athlete fails to properly scratch from an event and does not appear for the "Final" event, they "shall be barred from further competition for the remainder of the meet" unless excused b the Meet Referee. |

| POSITIVE CHECK IN | • The 500, 1000 Freestyle, and 400 IM will be positive check-in events. Any swimmer that fails to check-in will be removed from the event. |
|---------------------|--|
| | Positive Check in times for Friday evening: 500 Free closes at 5:00 p.m. 400 IM closes at 5:30 p.m. 1000 Free closes at 6:00 p.m. |
| | Athletes who have checked in, have been seeded, and fail to swim the event will be barred from their next scheduled individual event, unless excused by the Meet Referee. |
| | • If the size of the Cherry Blossom Championships warrants, positive check-in for individual events 200 yd and shorter may be announced. |
| WARM-UP | • The prescribed PVS warm-up procedures and safety policies will be followed. |
| | • The Meet Director may determine the structure of warm-up, including times/lane assignments. |
| | • During the meet there will be an area available for warm-up/cool-down. Marshals will be assigned to monitor these areas. If at any time conditions become unsafe, the area will be closed for the remainder of the session. |
| SUPERVISION | • Coaches are responsible for the conduct of their swimmers and cleaning up their team areas. |
| | • No chairs will be allowed on deck for athletes. Coaches' chairs will be permitted pending enough safe deck space is available |
| CONCESSIONS | Concessions will be available throughout the Meet. |
| SCORING | Individual: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 |
| | • Relays: 40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2 |
| | • Teams will score points for an "A" relay only. |
| | • No more than two athletes per team can score. Prelims will be scored as an extended final. |
| AWARDS | • Medals will be awarded for 1 st – 10 th place for Individual Events and 1 st – 3 rd place for Relays. |
| | • Team Awards will be presented for 1 st - 3 rd place teams. |
| PROGRAMS | Programs will be sold for \$2.00 each session |
| CREDENTIALS | Parents not working the meet as a deck official, volunteer timer or other position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. |
| SPECTATOR ENTRY FEE | None |
| OFFICIALS | • Each participating club is required to provide at least one table worker or official (Referee Starter, Chief Judge or Stroke & Turn Judge) per session if entering 25 or more splashes. |
| | Officials interested in volunteering should contact: Cherlynn Venit, <u>dpws@aol.com</u> |
| | Officials volunteering for this meet should sign in at the recording table prior to the start of warm- ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive official's briefing will precede each session during warm-ups. |

| | • Entry fees are due with meet entry. Unpaid fees will be reported to the PVS Administrative Office at the conclusion of the meet. | | | |
|------------------|--|--|--|--|
| | Make checks payable to PAC. Checks may be mailed to: Patuxent Aquatics Club 414 Forest Bridge Ct Laurel MD 20724 | | | |
| | Individual event fee: \$7.00 Deck entries: \$20.00 (Relay only) | | | |
| ENTRY FEES | Per Swimmer Surcharge: \$3.00 Relay event fee: \$12.00 | | | |
| | All Relay-only swimmers must be included in the entry file and listed on the meet entry report in order to participate in the meet. | | | |
| | Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid. | | | |
| | • The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director. | | | |
| | • Entries by postal service, phone or fax will not be accepted. | | | |
| | Entries directly from individual team members will not be accepted. | | | |
| | • Entry email must include a coach's cell phone number at which they can be contacted between prelims and finals, in case a swimmer scratches into finals and needs to be notified. | | | |
| | In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact). | | | |
| | Include in entry email: entry file, report of entries by name, report of entries by event. | | | |
| | • Include in the subject of the email, "2020 Cherry Blossom Champs - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email. | | | |
| ENTRY PROCEDURES | • Entries should be submitted by email to the Meet Director at <u>dpws@aol.com</u> . | | | |
| | Sign-Up Genius will be used for <u>Timer Sign-Up</u> – please have all timers registered for your team by Tuesday, February 25,2020. | | | |
| | Clubs are responsible for ensuring their timer requirements are met for the ENTIRE SESSION – including providing replacement timers if needed. | | | |
| | Coaches are responsible for their volunteer requirements. | | | |
| TIMERS | • Participating clubs are required to provide timers in proportion to their entries. The Meet Director will assign timer requirements to each club after entries have been received. The Meet Director will notify clubs of their timer requirements by email. | | | |

Cherry Blossom Champs Meet February 28 – March 1, 2020

Friday, February 28, 2020

Distance Events Warm-up: 4:30-5:20 PM, Events: 5:30 PM

| | No Faster | | | |
|--|-----------|---|------------|---------|
| Girl's | Than | | No Faster | Boy's |
| Event # | (SCY) | Event | Than (SCY) | Event # |
| 1 | 6:25.72 | 9-10 year old 500 yd Freestyle | 6:10.33 | 2 |
| | 5:46.95 | 11-12 year old 500 yd Freestyle | 5:27.74 | |
| 3 | 5:22.03 | 13-14 year old 500 yd Freestyle | 5:07.98 | 4 |
| | 5:11.83 | 15 & Over 500 yd Freestyle | 4:57.92 | |
| 5 | 2:41.07 | 9-10 year old 200 yd Individual Medley | 2:41.77 | 6 |
| | 2:24.78 | 11-12 year old 200 yd Individual Medley | 2:21.73 | |
| 7 | 4:42.62 | 13-14 year old 400 yd Individual Medley | 4:34.19 | 8 |
| | 4:43.05 | 15 & Over 400 yd Individual Medley | 4:17.61 | |
| 9 | 4:09.91 | 9-12 year old 400 yd Freestyle Relay | 4:01.32 | 10 |
| 11 | 3:52.79 | 13 & Over 400 yd Freestyle Relay | 3:37.00 | 12 |
| 91 | 2:33.72 | 9-12 year old 200 yd Butterfly | 2:29.59 | 92 |
| 13 | 11:06.54 | 13 & Over 1000 yd Freestyle | 10:16.81 | 14 |
| | | | | |
| *500 Free, 400 IM and 1000 Free will be swum | | | | |
| FASTEST to SLOWEST | | | | |

Saturday, February 29, 2020

13 & Over Prelim Events Warm-up: 6:30-7:20 AM, Events: 7:30 AM

| Girl's Event # | No Faster Than (SCY) | Event | No Faster Than (SCY) | Boy's Event # |
|-------------------|----------------------------|-------------------------------|----------------------------|------------------|
| 19 | 1:00.68 | 13-14 100 yd Butterfly | 59.59 | 20 |
| | 59.65 | 15 & Over 100 yd Butterfly | 52.83 | |
| 23 | 2:33.96 | 13-14 200 yd Breaststroke | 2:17.75 | 24 |
| | 2:30.97 | 15 & Over 200 yd Breaststroke | 2:14.64 | |
| 27 | 2:02.64 | 13-14 200 yd Freestyle | 1:51.81 | 28 |
| | 1:56.82 | 15 & Over 200 yd Freestyle | 1:47.28 | |
| 31 | 2:11.36 | 13-14 200 yd Backstroke | 2:03.77 | 32 |
| | 2:11.36 | 15 & Over 200 yd Backstroke | 2:03.66 | |
| 35 | 54.93 | 13-14 100 yd Freestyle | 51.36 | 36 |
| | 54.84 | 15 & Over 100 yd Freestyle | 48.95 | |
| 39 | 2:56.38 | 13 & Over 200 yd Medley Relay | 1:56.38 | 40 |
| | | | | |

Saturday, February 29, 2020

9-12 Prelim Events

Warm-up: 10:30-11:20 AM, Events: 11:30 AM

| Girl's Event # | No Faster Than (SCY) | Event | No Faster Than (SCY) | Boy's Event # |
|-------------------|----------------------------|---------------------------|----------------------------|------------------|
| 15 | 2:21.23 | 9-12 200 yd Backstroke | 2:22.02 | 16 |
| 17 | 32.57 | 9-10 50 yd Butterfly | 33.48 | 18 |
| | 30.04 | 11-12 50 yd Butterfly | 29.13 | |
| 21 | 1:23.34 | 9-10 100 yd Breaststroke | 1:24.69 | 22 |
| | 1:14.79 | 11-12 100 yd Breaststroke | 1:15.22 | |
| 25 | 2:20.98 | 9-10 200 yd Freestyle | 2:19.46 | 26 |
| | 2:09.39 | 11-12 200 yd Freestyle | 2:08.79 | |
| 29 | 1:13.38 | 9-10 100 yd Backstroke | 1:13.20 | 30 |
| | 1:05.76 | 11-12 100 yd Backstroke | 1:03.94 | |
| 33 | 29.09 | 9-10 50 yd Freestyle | 29.07 | 34 |
| | 26.73 | 11-12 50 yd Freestyle | 26.45 | |
| 37 | 2:09.32 | 9-12 200 yd Medley Relay | 2:09.32 | 38 |

Saturday, February 29, 2020

8 & Under Timed Final Events Warm-up: 2:30-3:10 PM, Events: 3:15 PM

| Girl's | | Boy's | |
|---|----------------------------------|---------|--|
| Event # | Event | Event # | |
| 41 | 8 & Under 100 yd Freestyle | 42 | |
| 43 | 8 & Under 25 yd Butterfly | 44 | |
| 45 | 8 & Under 25 yd Breaststroke | 46 | |
| 47 | 8 & Under 50 yd Backstroke | 48 | |
| 49 | 8 & Under 50 yd Freestyle | 50 | |
| 51 | 8 & Under 200 yd Freestyle Relay | 52 | |
| | | | |
| * All Swimmers must have a legal time to enter. | | | |

Saturday, February 29, 2020 FINALS

Warm-up: 5:15-6:05 PM, Events: 6:15 PM

| Girl's | | Boy's |
|---------|-------------------------------|---------|
| Event # | Event | Event # |
| 15 | 9-12 200 yd Backstroke | 16 |
| 17 | 9-10 50 yd Butterfly | 18 |
| | 11-12 50 yd Butterfly | |
| 19 | 13-14 100 yd Butterfly | 20 |
| | 15 & Over 100 yd Butterfly | |
| 21 | 9-10 100 yd Breaststroke | 22 |
| | 11-12 100 yd Breaststroke | |
| 23 | 13-14 200 yd Breaststroke | 24 |
| | 15 & Over 200 yd Breaststroke | |
| 25 | 9-10 200 yd Freestyle | 26 |
| | 11-12 200 yd Freestyle | |
| 27 | 13-14 200 yd Freestyle | 28 |
| | 15 & Over 200 yd Freestyle | |
| 29 | 9-10 100 yd Backstroke | 30 |
| | 11-12 100 yd Backstroke | |
| 31 | 13-14 yd 200 Backstroke | 32 |
| | 15 & Over yd 200 Backstroke | |
| 33 | 9-10 50 yd Freestyle | 34 |
| | 11-12 50 yd Freestyle | |
| 35 | 13-14 100 yd Freestyle | 36 |
| | 15 & Over 100 yd Freestyle | |

Sunday, March 1, 2020

13 & Over Prelim Events Warm-up: 6:30-7:20 AM, Events: 7:30 AM

| Girl's Event # | No Faster Than (SCY) | Event | No Faster Than (SCY) | Boy's Event # |
|-------------------|----------------------------|------------------------------------|----------------------------|------------------|
| 57 | 1:00.81 | 13-14 100 yd Backstroke | 56.94 | 58 |
| | 59.68 | 15 & Over 100 yd Backstroke | 55.86 | |
| 61 | 2:16.87 | 13-14 200 yd Individual Medley | 2:05.31 | 62 |
| | 2:14.06 | 15 & Over 200 yd Individual Medley | 1:59.47 | |
| 65 | 2:20.17 | 13-14 200 yd Butterfly | 2:09.38 | 66 |
| | 2:12.70 | 15 & Over 200 yd Butterfly | 2:02.87 | |
| 69 | 25.39 | 13-14 50 yd Freestyle | 23.82 | 70 |
| | 24.63 | 15 & Over 50 yd Freestyle | 22.53 | |
| 73 | 1:10.07 | 13-14 100 yd Breaststroke | 1:04.38 | 74 |
| | 1:09.49 | 15 & Over 100 yd Breaststroke | 1:00.87 | |
| 77 | 1:45.49 | 13 & Over 200 yd Freestyle Relay | 1:45.49 | 78 |

Sunday, March 1, 2020 9-12 Prelim Events Warm-up: 10:30-11:20 AM, Events: 11:30 AM

| Girl's Event # | No Faster Than (SCY) | Event | No Faster Than (SCY) | Boy's Event # |
|-------------------|----------------------------|--------------------------------|----------------------------|------------------|
| 53 | 2:43.10 | 9-12 200 yd Breaststroke | 2:41.33 | 54 |
| 55 | 35.09 | 9-10 50 yd Backstroke | 34.48 | 56 |
| | 30.19 | 11-12 50 yd Backstroke | 29.64 | |
| 59 | 1:14.03 | 9-10 100 yd Individual Medley | 1:14.27 | 60 |
| | 1:09.06 | 11-12 100 yd Individual Medley | 1:06.92 | |
| 63 | 1:16.12 | 9-10 100 yd Butterfly | 1:14.36 | 64 |
| | 1:05.53 | 11-12 100 yd Butterfly | 1:05.89 | |
| 67 | 1:04.82 | 9-10 100 yd Freestyle | 1:04.48 | 68 |
| | 58.71 | 11-12 100 yd Freestyle | 57.05 | |
| 71 | 38.67 | 9-10 50 yd Breaststroke | 38.42 | 72 |
| | 34.11 | 11-12 50 yd Breaststroke | 33.26 | |
| 75 | 1:52.43 | 9-12 200 yd Freestyle Relay | 1:52.43 | 76 |

Sunday, March 1, 2020

8 & Under Timed Final Events Warm-up: 2:30-3:10 PM, Events: 3:15 PM

| Girl's | | Boy's | |
|---|------------------------------------|---------|--|
| Event # | Event | Event # | |
| 79 | 8 & Under 100 yd Individual Medley | 80 | |
| 81 | 8 & Under 50 yd Butterfly | 82 | |
| 83 | 8 & Under 50 yd Breaststroke | 84 | |
| 85 | 8 & Under 25 yd Backstroke | 86 | |
| 87 | 8 & Under 25 yd Freestyle | 88 | |
| 89 | 8 & Under 200 yd Medley Relay | 90 | |
| | | | |
| * All Swimmers must have a legal time to enter. | | | |

Sunday, March 1, 2020 FINALS

Warm-up: 5:15-6:05 PM, Events: 6:15 PM

| Girl's | | Boy's |
|---------|------------------------------------|---------|
| Event # | Event | Event # |
| 53 | 9-12 200 yd Breaststroke | 54 |
| 55 | 9-10 50 yd Backstroke | 56 |
| | 11-12 50 yd Backstroke | |
| 57 | 13-14 100 yd Backstroke | 58 |
| | 15 & Over 100 yd Backstroke | |
| 59 | 9-10 100 yd Individual Medley | 60 |
| | 11-12 100 yd Individual Medley | |
| 61 | 13-14 200 yd Individual Medley | 62 |
| | 15 & Over 200 yd Individual Medley | |
| 63 | 9-10 100 yd Butterfly | 64 |
| | 11-12 100 yd Butterfly | |
| 65 | 13 & Over 200 yd Butterfly | 66 |
| 67 | 9-10 100 yd Freestyle | 68 |
| | 11-12 100 yd Freestyle | |
| 69 | 13-14 50 yd Freestyle | 70 |
| | 15 & Over 50 yd Freestyle | |
| 71 | 9-10 50 yd Breaststroke | 72 |
| | 11-12 50 yd Breaststroke | |
| 73 | 13-14 100 yd Breaststroke | 74 |
| | 15 & Over 100 yd Breaststroke | |