

February 9<sup>th</sup>, 2020 Sanctioned by USA Swimming through Potomac Valley Swimming and Virginia Swimming Sanction Number(s) PVI-20-58 & VS-20-84DS

In granting this sanction, it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Recreation Center, and Snow Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### **Meet Director**

Angie Davis snowswimming.entries@gmail.com

## **Meet Referee**

Lynn Oliver lynn.r.oliver@verizon.net

## **SNOW Officials' Chair**

Lynn Oliver lynn.r.oliver@verizon.net

## **FACILITY**

Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600

One 25-yard course with 10 competition lanes will be used during each session. Warm-up/warm-down lanes will be available throughout the meet. Water depth ranges from 6'8" to 12'6" at both the starting end and turning end. The competition course has been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2 (C). The copy of such certification is on file with USA Swimming.

## TIMING SYSTEM

Automatic timing (touch pads primary) will be used for this meet.

#### **SCHEDULE**

- The Meet Director reserves the right to adjust start times and/or sessions after entries are received.
- All events will be timed finals.
- Athletes will not be allowed in the building until 7:45 AM.

#### ENTRY DEADLINE: Tuesday January 28, 2020 by 5 PM

#### Sunday, February 9, 2020

12 & Under Warm-up: 8:00 AM, Events 9:00 AM

13 & Over Warm-up: 12:15 PM, Events 1:30 PM-13 & Over: Warm ups: 12:40 PM, Events 1:50 PM

NOTE: All 13 & Over events will be positive check-in. Check-in closing times will be posted after entries are received.

#### **ELIGIBILITY**

- Open to *invited* USA Swimming teams. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in USA Swimming Rules & Regulations Article 302.
- Invited teams will receive an email from the Meet Director.



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# <u>RULES</u>

- Current USA Swimming rules, including the <u>Minor Athlete Abuse Prevention Policy</u> ("MAAPP"), shall govern this meet.
- No on-deck USA-S registration is permitted.
- In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform to the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- In accordance with VSI best practices, all swimmers should shower before entering the pool.
- No VSI non-athlete member in good standing may be barred from participating in the meet as an official as certified.

## **EVENT RULES**

- Swimmers may only participate in their own age group events or open events.
- Swimmers shall compete at the age attained on Saturday, February 9, 2020.
- Swimmers may enter a maximum of three (3) individual events during the meet.
- NTs will not be accepted for this meet.
- Entries in the 400 IM and 500 Freestyle may be limited due to time constraints. If necessary, this will be done based on verifiable proof of time. Any swimmer removed from an event due to time constraints will be provided the opportunity to enter another event, so long as it does not create a new heat and does not violate any applicable entry limits.

## **AWARDS**



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• No awards will be given at this meet.

# **DISABILITY SWIMMERS**

PVS and host clubs along with their Meet Directors are committed to the <u>Inclusion Policy</u> as adopted by the Board of Directors. Athletes with disabilities are welcome to participate and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

## WARM-UP

The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

## **SUPERVISION**

- Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas.
- Coaches and deck officials should have proof of active USA Swimming membership with them at all times.
- Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.

## **MEET PROGRAMS**

Programs will not be sold at the meet. The Meet Director will use best efforts to make the meet program and results available on Meet Mobile.

## **OFFICIALS & TIMERS**

- Officials interested in volunteering to work this meet should complete the Officials Signup or contact SNOW Officials Chair, Lynn Oliver at <a href="https://www.lynn.com/work.com">https://www.lynn.com/work.com</a> Please include your club affiliation, certifications held, and sessions you wish to work in your email.
- Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-up.
- Each participating club is requested to provide *at least* one official per session if entering 25 or more swimmers.
- Timers per session will be assigned to each participating team based upon the number of entries.



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# FEES

\$6.00 facility surcharge per swimmer\$7.00 per individual event\$10.00 per deck entry (plus facility surcharge)

# **DECK ENTRIES**

Deck entries will be allowed at the discretion of the Meet Director and/or Meet Referee. Entry fee is \$10 per individual event plus the facility surcharge. Swimmers will be entered in open lanes in the existing heats on a first come, first serve basis. No extra heats will be created. Evidence of current USA-S registration will be required for all deck entries. This can be done by presenting a copy of the swimmer's USA-S athlete registration card.

# **SEATING**

No chairs will be allowed on deck. Bleachers will be available on deck for athletes. Spectators not volunteering will be restricted to the upstairs gallery.

# ENTRY PROCEDURE

Teams should provide entries as follows:

- Send e-mail to Angie Davis at <u>snowswimming.entries@gmail.com</u>
- Include in the subject of the email, "2020 SNOW February Qualifier \*\*\*\*" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.
- Include with your entry file, one entry report by name and one entry by event.
- In the body of your email, provide entry numbers (girls, boys, totals), as well as contact information (email and phone) for the person responsible for entries and for your officials contact.

#### Entry Deadline: Tuesday January 28, 2020 by 5 PM

#### Important

- The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt.
- The above date is the deadline for teams to submit entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.



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#### **Other Entry Details**

- Entries directly from individual team members will not be accepted.
- Entries by phone or fax entries will not be accepted.
- Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.
- Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.
- Each participating team is requested to remit one check to cover the entry fee for the entire team.
- Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.
- Please make checks payable to "SNOW Swimming." Please do not send cash.

#### Send Payment To:

Teresa Meike SNOW Swimming 22483 Verde Gate Terrace Ashburn, VA 20148



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# Sunday, February 9, 2020

#### Girls Event Boys # # 12 & Under 200 IM 1 2 3 12 & Under 50 Back 4 5 12 & Under 50 Breast 6 7 12 & Under 100 Free 8 9 10 12 & Under 50 Fly 11 12 & Under 100 Fly 12 13 12 & Under 200 Free 14 15 12 & Under 100 Breast 16 17 12 & Under 100 Back 18 19 12 & Under 100 IM 20 21 12 & Under 50 Free 22

## 12 & Under Timed Finals



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# 13 & Over Timed Finals

#### All 13 & Over events will be positive check-in. Swimmers in the 500 Free must provide their own timers and counters.

Girls #	Event		Boys #
23	13 & Over	400 IM	24
25	13 & Over	200 Free	26
27	13 & Over	100 Back	28
29	13 & Over	200 Fly	30
31	13 & Over	100 Free	32
33	13 & Over	200 Back	34
35	13 & Over	100 Breast	36
37	13 & Over	50 Free	38
39	13 & Over	200 Breast	40
41	13 & Over	100 Fly	42
43	13 & Over	200 IM	44
45	13 & Over	500 Free	46

The Meet Director reserves the right to limit the number of entries in the 400IM and 500 Freestyle and adjust start times of all sessions after entries are received

UPDATED 13 & Over Positive Check-in Closing Times:

Events 23-26 – 12:55pm

Events 27-28 – 1:10pm

Events 29-34 – 1:30pm

Events 35-38 – 2:00pm

Events 39-42 – 2:20pm

Events 43-46 - 3:00p



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