



# PVS January Open

January 18-19, 2020

Sanction # PVS-20-49

For PWCS VSI Sanction #: VS-20-82DS

Hosted for PVS by:



**ENTRY DEADLINE: Tuesday, January 7, 11:59 PM**

IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

<b>MEET HOST/ DIRECTOR</b>	<b>Co-hosted: Herndon Aquatics/PM</b> Bill Marlin <a href="mailto:Bill.marlin@verizon.net">Bill.marlin@verizon.net</a>	<b>ALL STAR AQUATICS</b> Chris Schlegel <a href="mailto:Christopher.schlegel@hotmail.com">Christopher.schlegel@hotmail.com</a>	<b>FORT BELVOIR SWIM TEAM</b> Bill Sprague <a href="mailto:fbstentries@gmail.com">fbstentries@gmail.com</a>
<b>MEET REFEREE</b>	<b>Saturday: Tony Martinich</b> <a href="mailto:tonymartinich@gmail.com">tonymartinich@gmail.com</a> <b>Sunday: Ben Holly</b> <a href="mailto:Bholly6275@gmail.com">Bholly6275@gmail.com</a>	<b>Bill Pritchard</b> <a href="mailto:wfpecj@earthlink.net">wfpecj@earthlink.net</a>	<b>Barb Ship</b> <a href="mailto:barb@ships3.com">barb@ships3.com</a>
<b>CLUB OFFICIALS CONTACT</b>	<b>Bill Marlin</b> <a href="mailto:Bill.marlin@verizon.net">Bill.marlin@verizon.net</a> <a href="#">Officials Signup</a>	<b>Kelly Opipari</b> <a href="mailto:kellyopipari@gmail.com">kellyopipari@gmail.com</a> <a href="#">Officials Signup</a>	<b>Barb Ship</b> <a href="mailto:barb@ships3.com">barb@ships3.com</a> <a href="#">Officials Sign up</a>
<b>FACILITY</b>	<b>PWCS Aquatics Center</b> 13833 Dumfries Road (Door #25) Manassas, VA 20112 (571) 374-6333 <ul style="list-style-type: none"> <li>• 8 lanes, 25 yards</li> <li>• Water depth is 12' at the starting end and 4' at the turning end</li> <li>• The competition course has been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C). The copy of such certification is on file with USA Swimming.</li> </ul>	<b>Fairland Aquatics Center</b> 13820 Old Gunpowder Rd Laurel, MD 20707 (301) 362-6060 <ul style="list-style-type: none"> <li>• 10 lanes, 25 yards</li> <li>• Water depth ranges from 5' – 13' at both the starting and turning ends.</li> <li>• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li> </ul>	<b>Audrey Moore</b> 8100 Braddock Rd Annandale, VA 22003 (703) 922-9840 <ul style="list-style-type: none"> <li>• 10 lanes, 25 yards</li> <li>• Water depth ranges from 4' – 9' at both the starting and turning ends.</li> <li>• The competition course has not been certified in accordance with current <i>USA Swimming Rules and Regulations</i>, Article 104.2.2(C).</li> </ul>
<b>TEAM ASSIGNMENTS</b>	AAC, BWST, DSS, FXFX, GWU, HACC, JCCW, MAKO, NCAP (Alexandria, Burke, Marymount, West), OCCS, PM, RY, STJS, VLAC, YORK	ASA, ASTS, AU, FAST, HEAL, JFD, MACH (MD sites), MSSC, NCAP (AU, Georgetown Prep, Holton Arms, North, Prince George's), PAC, PGKS, PGPR, RMSC, TIBU, TOLL, TRA, WEA, YSS	ANSC, DCPR, DRAG, ERSC, FBST, FISH, GMU, LCL, LIFE, MAC, MACH (VA Sites), NCAP (Claude Moore, Dulles South, Tysons), RIPS, SDS, SNOW, SSCT, SSS, TANK, YASD, WSH
<b>NOTE: Assignments of clubs to pool sites will be reviewed by the PVS Admin Assistant after all entries are received. If necessary to achieve reasonable balance, clubs may be reassigned.</b>			

<b>SANCTION</b>	<ul style="list-style-type: none"> <li>• Held under the sanction of USA Swimming through Potomac Valley Swimming: <b>PVS-20-49 and VSI: VS-20-82DS.</b></li> <li>• In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming Inc., Audrey Moore RECenter, Fairland Aquatic Center, PWCS Aquatics Center, Herndon Aquatic Club, Potomac Marlins, All Star Aquatics, and Fort Belvoir Swim Team shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</li> </ul>
<b>ENTRY DEADLINE</b>	<p style="text-align: center;"><b>Tuesday, January 7, 2020 11:59 PM</b></p> <p>IMPORTANT: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</p>
<b>SCHEDULE</b>	<p style="text-align: center;"><b>Saturday, January 18, 2020 &amp; Sunday, January 19, 2020</b></p> <p style="text-align: center;">11-12: Warmup 6:30am – 7:20am; Events 7:30am  9-10: Warmup 12:00pm – 12:50pm; Events 1:00pm  13 &amp; Over: Warmup 3:00pm – 3:50pm; Events 4:00pm</p> <ul style="list-style-type: none"> <li>• The PVS Service Manager and Technical Committee reserves the right to adjust times/sessions after entries are received.</li> </ul>
<b>ELIGIBILITY</b>	<ul style="list-style-type: none"> <li>• Open to all Potomac Valley Swimming registered athletes. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302.</li> <li>• Swimmers shall compete at the age attained on the first day of the meet.</li> <li>• It may be necessary to limit entries due to time constraints.</li> </ul>
<b>DISABILITY SWIMMERS</b>	<ul style="list-style-type: none"> <li>• PVS and host clubs along with their meet directors are committed to the <a href="#">Inclusion Policy</a> as adopted by the PVS BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete’s coach) is also responsible for notifying the session referee of any disability prior to competition.</li> </ul>
<b>TIMING SYSTEM</b>	<ul style="list-style-type: none"> <li>• Automatic timing (touch pads primary) will be used.</li> </ul>
<b>RULES</b>	<ul style="list-style-type: none"> <li>• Current USA Swimming rules, including the <a href="#">Minor Athlete Abuse Prevention Policy</a> (“MAAPP”), shall govern this meet.</li> <li>• In accordance with VSI best practices, all swimmers should shower before entering the pool.</li> <li>• No on-deck USA-S registration is permitted.</li> <li>• In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms, or locker rooms. Per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</li> <li>• Deck changes are prohibited.</li> <li>• Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</li> <li>• Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches,</li> </ul>



	<p style="text-align: center;"><a href="#">Officials Signup</a>      <a href="#">Officials Signup</a>      <a href="#">Officials Sign up</a></p> <ul style="list-style-type: none"> <li>Officials volunteering for this meet should sign in at the recording table prior to the start of warm-ups. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-ups.</li> </ul>
<b>TIMERS</b>	<ul style="list-style-type: none"> <li>Participating clubs are requested to provide timers in proportion to their entries. One timer is requested for each 25 entries.</li> <li>The Meet Director may send out a request for timers based upon entries.</li> </ul>
<b>ENTRY PROCEDURES</b>	<ul style="list-style-type: none"> <li>Entries should be submitted by email to the Meet Director.</li> <li>Include in the subject of the email, "2020 PVS JANUARY OPEN - ****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.</li> <li>Include in entry email: entry file, report of entries by name, report of entries by event.</li> <li>In the body of your email provide entry numbers (girls, boys, totals), contact information (email, phone, officials contact).</li> <li>Entries directly from individual team members will not be accepted.</li> <li>Entries by phone or fax will not be accepted.</li> <li>The Meet Director will acknowledge receipt by return email within 24 hours. If acknowledgement is not received in a timely manner, please contact the Meet Director.</li> <li>Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100 by PVS and no further entries will be accepted from that club until the said fine is paid.</li> </ul>
<b>ENTRY FEES</b>	<p style="text-align: center;">Individual event fee:                      \$5.00      Deck entries:                      \$10.00</p> <ul style="list-style-type: none"> <li>Clubs will be invoiced by PVS for entry fees after completion of the meet. Payment will be due upon receipt of invoice. The invoice will outline the methods of payment and where to send a check.</li> <li>Payment for Deck Entries must be received prior to the swimmer being seeded into events. Payment may be made by cash or check (payable to PVS). The host club is responsible for reporting cash payments to PVS and delivering checks to PVS. Payment for unaccounted for deck entries or lost payments is the responsibility of the host club.</li> <li>Payment for entries from unattached swimmers not affiliated with a team must be received prior to the meet. Payment may be made by cash or check (payable to PVS).</li> </ul>

# PVS JANUARY OPEN

## Saturday, January 18, 2020

11-12 Session		
Warmup 6:30am – 7:20am		
Events 7:30am		
GIRLS	EVENT	BOYS
1	11-12 200 yd Breaststroke	2
3	11-12 50 yd Backstroke	4
5	11-12 200 yd Individual Medley	6
7	11-12 100 yd Butterfly	8
9	11-12 50 yd Breaststroke	10
11	11-12 100 yd Freestyle	12
13	11-12 200 yd Backstroke	14
15	11-12 500 yd Freestyle	16

9-10 Session		
Warmup 12:00pm – 12:50pm		
Events 1:00pm		
GIRLS	EVENT	BOYS
17	9-10 50 yd Backstroke	18
19	9-10 200 yd Individual Medley	20
21	9-10 100 yd Butterfly	22
23	9-10 50 yd Breaststroke	24
25	9-10 100 yd Freestyle	26
27	9-10 500 yd Freestyle	28

13 & Over Session		
Warmup 3:00pm – 3:50pm		
Events 4:00pm		
29	13 & O 100 yd Backstroke	30
31	13 & O 200 yd Individual Medley	32
33	13 & O 200 yd Butterfly	34
35	13 & O 100 yd Breaststroke	36
37	13 & O 50 yd Freestyle	38
39	13 & O 500 yd Freestyle	40

## Sunday, January 19, 2020

11-12 Session		
Warmup 6:30am – 7:20am		
Events 7:30am		
GIRLS	EVENT	BOYS
41	11-12 50 yd Butterfly	42
43	11-12 200 yd Freestyle	44
45	11-12 100 yd Breaststroke	46
47	11-12 100 yd Backstroke	48
49	11-12 50 yd Freestyle	50
51	11-12 100 yd Individual Medley	52
53	11-12 200 yd Butterfly	54

9-10 Session		
Warmup 12:00pm – 12:50pm		
Events 1:00pm		
GIRLS	EVENT	BOYS
55	9-10 50 yd Butterfly	56
57	9-10 200 yd Freestyle	58
59	9-10 100 yd Breaststroke	60
61	9-10 100 yd Backstroke	62
63	9-10 50 yd Freestyle	64
65	9-10 100 yd Individual Medley	66

13 & Over Session		
Warmup 3:00pm – 3:50pm		
Events 4:00pm		
67	13 & O 200 yd Freestyle	68
69	13 & O 100 yd Butterfly	70
71	13 & O 200 yd Breaststroke	72
73	13 & O 200 yd Backstroke	74
75	13 & O 100 yd Freestyle	76
77	13 & O 400 yd Individual Medley	78

- Positive Check-In for all events 200 yd or more closes 30 minutes after warm ups begin.
- The Meet Referee and Meet Director at each site have the right to make all events positive check in in order to manage timelines. **Swimmers must provide their own timer and counter (if needed) for the 500 yd Freestyle and 400 yd Individual Medley**