

SPLASH AND DASH
 DECEMBER 21, 2019
 SPONSORED BY FAIRLAND AQUATICS SWIM TEAM

SANCTIONED BY USA SWIMMING
 THROUGH POTOMAC VALLEY SWIMMING

Held under the sanction of USA Swimming:
 Sanction # PVC-20-37

MEET DIRECTOR:	Manga Dalizu – fairlandswim@comcast.net (301) 526 - 6597
MEET REFERREE	Lynne Gerlach – gerlach@msscswimming.com
OFFICIALS CHAIR:	Craig Meledick - craig8@comcast.net
MEET LOCATION:	Fairland Aquatics Center 13820 Old Gunpowder Road Laurel, Md 20707 (301) 362 – 6060 Water depth ranges from 6’6” – 13’ at both the starting and turning ends. 8 or 10 Lanes used. It will be determined once all entries are received. The competition course has not been certified in accordance with <i>USA Swimming Rules and Regulations</i> Article 104.2.2(C).
SCHEDULE:	Warm Ups 7:30 – 8:00 am Events 8:10 am
TIMING SYSTEM	Semi-Automatic timing (buttons primary) will be used.
ELIGIBILITY:	Open to all Potomac Valley registered athletes and USA Swimming registered swimmers from out of town teams who request entry. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in <i>USA Swimming Rules and Regulations</i> Article 302. A swimmers age will be determined as of December 21, 2019.
INCLUSION POLICY FOR SWIMMERS WITH A DISABILITY:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcome and asked to provide advance notice of desired accommodations to the Meet Director. The athlete’s coach is responsible for notifying the session referee of any disability prior to the competition.

<p>RULES:</p>	<p>Current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), shall govern the meet.</p> <p>No on deck USA Swimming registration is permitted.</p> <p>Deck changes are prohibited.</p> <p>Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.</p> <p>In compliance with <i>USA Swimming Rules and Regulations</i>, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (e.g. cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>Operation of a drone or any other flying devices is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.</p>
<p>EVENT RULES</p>	<p>Athletes may enter a maximum of 5 events.</p>
<p>WARNING:</p>	<p>Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00 per violation. No further entries will be accepted from that Club until this fine is paid.</p>
<p>SUPERVISION:</p>	<p>Coaches are responsible for the conduct of their swimmers, and should help clean up their respective team area.</p>
<p>WARM-UP:</p>	<p>The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times and lane assignments. There will be lanes open for continuous warm up / warm down throughout the meet.</p>
<p>AWARDS:</p>	<p>Ribbons awarded for 1st - 8th places.</p> <p>8 & unders will be broken out separately for 50’s and 100’s</p>

OFFICIALS:	All certified officials who wish to volunteer should contact Craig Meledick at craig8@comcast.net by December 4th. Officials assigned to this meet should sign in at the recording table at the start of warm-ups. Officials who have not been contacted should volunteer their services to the Referee.
TIMERS:	One timer (per club) is required for every 25 entries. Each club is required to submit names of timers in accordance with team entry. Acceptance of the Club entry is based upon compliance with the above. FAST will provide one timer per lane.
<u>Special Note</u>	In addition to timing requirements, each club must provide 3 additional volunteers to assist with lane checking and timing during 25 yard events.
ADMISSION:	There is no admission charge.
PROGRAMS	Meet program will be posted at WWW.FAST92.ORG
FEES:	Fees for individual events are \$6.00.. Late entries are \$ 10.00 per event and must be paid when entering. ENTRY FEES ARE DUE WITH MEET ENTRY. Clubs are asked to submit one check to cover the entire team's entries.
ENTRIES:	Computer Disk Entries (Hy-Tek), must be accompanied by a Meet Entry Report by SWIMMER , and a Meet Entry Report by EVENT from Team Manager. Event file can be found on the PVS web page. Send entries to FAIRLANDSWIM@COMCAST.NET, in the subject heading type, "2019 Splash and Dash - *****" with the club's initials substituted in place of the asterisks.
DEADLINE:	Wednesday, December 11th, 2019. Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.
CHECKS:	Make checks payable to FAIRLAND AQUATICS INC.
SEND ENTRIES & CHECKS TO:	FAST 14625 Baltimore Avenue # 291 Laurel, MD 20707 fairlandswim@comcast.net All entries must be submitted electronically. Meet Director will acknowledge receipt by return e-mail within 24 hours. Clubs that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
NOTE:	In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatics Swim Team, and Fairland Aquatics Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

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DECEMBER 21, 2019

Event #	Saturday, December 21 WARM UPS 7:30 – 8:00 AM, START: 8:10 AM	Event #
1	10 & U 200 Fly	2
3	8 & U 25 Fly	4
5	10 & U 100 IM	6
7	8 & U 25 Free	8
9	10 & U 50 Breast	10
11	10 & U 100 Back	12
	15 Minute Break	
13	10 & U 50 Free	14
15	10 & U 200 Back	16
17	8 & U 25 Back	18
19	10 & U 100 Breast	20
21	8 & U 25 Breast	22
	10 Minute Break	
23	10 & U 100 Fly	24
25	10 & U 50 Back	26
27	10 & U 200 Breast	28
29	10 & U 50 Fly	30
31	10 & U 100 Free	32