

National Age Group Team Challenge Meet Announcement

November 2 – 3, 2019
At Martin Luther King Jr. Swim Center
Sanctioned by USA Swimming through Potomac Valley Swimming
Meet Sanction # PVI-20-16

Meet Director: Christa Krukiel christa.krukiel@montgomerycountymd.gov

Meet Referee: Scott Witkin switkin1@gmail.com

Meet Officials Coordinator: Certified officials or trainees wishing to work the meet should contact Stephanie Frank at sacolacicco@yahoo.com at least two weeks in advance.

All invited teams are responsible for providing 3 timers for every session; RMSC will provide the rest.

Location: Martin Luther King Jr. Swim Center, (240) 777-8060
1201 Jackson Road, Silver Spring, MD

- 8 lane, 25 yard pool with separate area for warm up/cool down, continuous flow-through gutters, and non-turbulent lane dividers. Diving is not permitted in the warm up/cool down area.
- Water depth is 14' at the starting end and 4'9" at the turn end.
- The competition course has not been certified in accordance with current *USA Swimming Rules and Regulations*, Article 104.2.2(C).
- Colorado Electronic Timing System, touch pads, horn start and an 8 lane scoreboard will be used.
- Automatic timing (touch pads primary) will be used.

Meet Schedule:

- Saturday & Sunday
 - o 13 & 14 Year Olds
 - Warm-ups: 7:50 – 8:50 AM
 - Event Start: 9:00 AM
 - o 9-12 Year Olds
 - Warm-ups: 1:00 – 1:50 PM
 - Event Start: 2:00 PM

The Meet Director reserves the right to adjust meet warm-ups and session start times based upon the number of entries received.

Deck Access: Only athletes, USA Swimming certified coaches, and deck officials will be permitted on the deck. Coaches and Officials should have proof of active USA Swimming membership with them at all times. **Parents not working the meet as a deck official, volunteer timer, or other meet position are not permitted on deck.**

Eligibility: This meet is open to invited Potomac Valley Swimming registered athletes and invited USA Swimming registered athletes. No swimmer will be permitted to compete in the meet unless the swimmer is registered as an athlete member of USA Swimming as provided in *USA Swimming Rules and Regulations*, Article 302. Swimmers will compete at the age attained on the first day of the meet.

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy](#) as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warm-Up Procedures: The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. Continuous warm-up and warm-down will be available throughout the meet. The Meet Director may determine the structure of the warm-up, including times and lane assignments.

Meet Format:

- Seed times are short course yards.
- An 8-lane course will be used.
- The 13 yr old and 14 yr old 500 Freestyle will swim combined but scored separately by single age.
- The 11 yr old and 12 yr old 500 Freestyle will swim combined but scored separately by single age.
- The 13 yr old and 14 yr old 400 IM will swim combined but scored separately by single age.
- The 13 yr old and 14 yr old 1000/1650 Freestyle will swim combined but scored separately by single age.
- All events are timed finals and will be swum slowest to fastest.

Rules: Current USA Swimming rules, including the [Minor Athlete Abuse Prevention Policy \(MAAPP\)](#), shall govern this meet.

No on-deck USAS registration permitted.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for the 12 &U sessions in Rule 205.3.1F.

In compliance with *USA Swimming Rules and Regulations*, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (e.g., cell phones, cameras, etc.) is banned from behind the starting blocks during the entire meet, including warm up, competition, and cool down periods.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Dive-over starts will be used in all sessions.

No personal chairs allowed on deck for swimmers.

Distance Positive check in:

- Positive Check in for the 1000/1650 Freestyle will close 30 minutes after the start of the session.
- The Meet Director reserves the right to positive check in the 400 IM or 500 Freestyle if necessary.
- Athletes who check into a deck-seeded event (positively checked in), have been seeded and fail to swim the event will be barred from their next scheduled individual event. A substitution for that swimmer will not be allowed.

Scratches: Please see the Meet Director for scratches and substitutions. The scratch/substitution deadline is 15 minutes prior to the start of the session. If a swimmer is unable to swim the club may scratch a swimmer from the day's events or whole meet and substitute with eligible swimmers. The maximum individual event rule must still be followed. Coaches can not remove a swimmer from one event in order to place in another event.

Event Rules:

- Swimmers may compete in 3 individual events per day and 6 individual events max for the meet, and as many relays as offered in their age group.
- **4 Team Format** - Teams may enter up to 4 swimmers per individual event, except the 11-12 500 Freestyle and the 13-14 1000/1650 Freestyle (only 2 swimmers per single age per club per event).
- Teams may enter unattached swimmers; however, those swimmers will count as one of the 4 entries allowed per team and may not score. These swimmers must be entered unattached and marked as exhibition. They are not eligible for relays.
- Teams may enter 8 year olds into 9-10 events; however, those swimmers will count as one of the 4 entries allowed per team and may not score. These swimmers must be marked as exhibition. They are not eligible for relays.
- All other relay events team may enter 2 relays teams per event
- Relays will be seeded based on seed times.

Swimmers will be responsible for providing their own timer and counter for the 500/1000/1650 Free and their own timer for the 400 IM.

Warning: Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100.00, and no further entries will be accepted from the club until the said fine is paid. All swimmers, coaches and officials must be properly registered with USA Swimming for 2019.

Entry Information:

- Entry Fees: \$7.50 per individual event, and \$15.00 per relay event.
- **Entry Deadline: Tuesday, October 22, 2019 at 8:00 PM.**
- No late/deck entries will be accepted.
- Meet Directors will acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.

Entry Procedures:

- Email a Hy-Tek entries file (preferred) or a SDIF file to christa.krukiel@montgomerycountymd.gov.
- Email subject should be labeled "NAG Team Challenge Entry ****", with the club's initials in place of the asterisk.
- Email must include report by name. Include total number of swimmers and total number of events, along with contact information (name, phone number, e-mail) of a club representative in the body of the e-mail.
- Entry fee check payable to **ActiveMontgomery**
- Each club is requested to remit one check to cover the entry fees of the entire team. Please do not send cash. Entry Fees are due with entries.
- Send payment to:
Christa Krukiel
Germantown Indoor Swim Center
18000 Central Park Circle
Boyd's, Maryland 20841

Scoring: Individual event scoring will be calculated by Power Points (the same values as those used in the Virtual Club Championships), not by place. A maximum of two swimmers per club per event will be scored.

Relays (two per club) will be scored as follows: 1st-2000 points, 2nd-1700 points, 3rd-1600 points, 4th-1500 points, 5th-1400 points, 6th-1300 points, 7th-1200 points, 8th-1100 points, 9th-900 points, 10th-800 points, 11th- 700, 12th-500, 13th-400, 14th- 300, 15th- 200, 16th-100. All relays that swim are eligible to score.

Awards: Awards will be presented immediately following session 4. Plaques will be presented to the individual male and female with the outstanding performance of the meet (based on Power Points). The male and female swimmer scoring the highest power point ranking in one individual event will be considered the outstanding performer of the meet.

Concessions and Hospitality will be offered at the meet.

Swim Center Rules and Conduct

At the request of [Montgomery County Recreation](#), swimmers are not to leave the pool deck without appropriate attire. Coaches will be responsible for the conduct of their athletes while in the facility and surrounding grounds. Failure to follow these rules or any inappropriate behavior will result in the athlete being barred from further competition in the meet. Parents will be responsible for the conduct of any minor children that accompany them.

- No glass containers are permitted within the facility.
- Swimmers must be in direct contact with their supervising coach before they will be allowed to enter the pool for warm-up.
- No camera cell phones are permitted in the locker rooms.

Special Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Martin Luther King Swim Center, Rockville Montgomery Swim Club, and Montgomery County Recreation shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

National Age Group Team Challenge

Saturday – 13/14 Session

Warm-Up 7:50 – 8:50 AM; Start 9:00 AM

Girls	Event Description	Boys
1	13-14 200 Freestyle Relay	2
3	13 Year-Old 200 Individual Medley	4
5	14 Year-Old 200 Individual Medley	6
7	13 Year-Old 100 Backstroke	8
9	14 Year-Old 100 Backstroke	10
11	13 Year-Old 200 Breaststroke	12
13	14 Year-Old 200 Breaststroke	14
15	13 Year-Old 50 Freestyle	16
17	14 Year-Old 50 Freestyle	18
19	13 Year-Old 200 Butterfly	20
21	14 Year-Old 200 Butterfly	22
23	13 & 14 Year-Old 500 Freestyle	24
25	13-14 400 Medley Relay	26

Sunday – 13/14 Session

Warm-Up 7:50 – 8:50 AM; Start 9:00 AM

Girls	Event Description	Boys
69	13-14 200 Medley Relay	70
71	13 Year-Old 200 Freestyle	72
73	14 Year-Old 200 Freestyle	74
75	13 Year-Old 100 Butterfly	76
77	14 Year-Old 100 Butterfly	78
79	13 Year-Old 200 Backstroke	80
81	14 Year-Old 200 Backstroke	82
83	13 Year-Old 100 Breaststroke	84
85	14 Year-Old 100 Breaststroke	86
87	13 Year-Old 100 Freestyle	88
89	14 Year-Old 100 Freestyle	90
91	13 & 14 Year-Old 400 IM	92
93	13-14 400 Freestyle Relay	94
95	13 & 14 Year-Old 1000 Freestyle	
	13 & 14 Year-Old 1650 Freestyle	96

Saturday – 12 & Under Session

Warm-Up 1:00 – 1:50 PM; Start 2:00 PM

Girls	Event Description	Boys
27	9-10 200 Medley Relay	28
29	11-12 200 Medley Relay	30
31	9 Year-Old 200 Freestyle	32
33	10 Year-Old 200 Freestyle	34
35	11 Year-Old 200 Freestyle	36
37	12 Year-Old 200 Freestyle	38
39	9 Year-Old 100 Backstroke	40
41	10 Year-Old 100 Backstroke	42
43	11 Year-Old 100 Backstroke	44
45	12 Year-Old 100 Backstroke	46
47	9 Year-Old 100 Breaststroke	48
49	10 Year-Old 100 Breaststroke	50
51	11 Year-Old 100 Breaststroke	52
53	12 Year-Old 100 Breaststroke	54
55	9 Year-Old 50 Freestyle	56
57	10 Year-Old 50 Freestyle	58
59	11 Year-Old 50 Freestyle	60
61	12 Year-Old 50 Freestyle	62
63	11 & 12 Year-Old 500 Freestyle	64
65	9-10 400 Freestyle Relay	66
67	11-12 400 Freestyle Relay	68

Sunday – 12 & Under Session

Warm-Up 1:00 – 1:50 PM; Start 2:00 PM

Girls	Event Description	Boys
97	9-10 200 Freestyle Relay	98
99	11-12 200 Freestyle Relay	100
101	9 Year-Old 200 Individual Medley	102
103	10 Year-Old 200 Individual Medley	104
105	11 Year-Old 200 Individual Medley	106
107	12 Year-Old 200 Individual Medley	108
109	9 Year-Old 100 Freestyle	110
111	10 Year-Old 100 Freestyle	112
113	11 Year-Old 100 Freestyle	114
115	12 Year-Old 100 Freestyle	116
117	9 Year-Old 100 Butterfly	118
119	10 Year-Old 100 Butterfly	120
121	11 Year-Old 100 Butterfly	122
123	12 Year-Old 100 Butterfly	124
125	9-10 400 Medley Relay	126
127	11-12 400 Medley Relay	128