



SNOW Short Course Spring Classic

May 10, 2019

Sanctioned by USA Swimming through PVS

Sanction Numbers: **PVI-19-90 and VS-19-103DS**

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Meet Director

Angela Davis

snowswimming.entries@gmail.com

Meet Referee

Jan van Nimwegen

jnimwegen@earthlink.net

Club Officials Chair

Lynn Oliver

lynn.r.oliver@verizon.net

Facility

Claude Moore Recreation Center
46105 Loudoun Park Lane
Sterling, VA 20164
571-258-3600

One 8-lane course will be used during the meet. One warm-up / warm-down lane will be available throughout the meet. Water depth ranges from 6'8" to 12'6" at both the starting and turning end. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)

Timing System

- Automatic timing (touch pads primary) will be used for events 50 yards and longer.
- Manual timing (watches only) will be used for all 25 yard events.

Schedule

The Meet Director reserves the right to limit entries and adjust start times and/or sessions after entries are received.

Friday, May 10, 2019

Warm-up: 4:00-4:40pm / Events: 4:50pm

The Meet Director reserves the right to require positive check-in for the Open 200 IM and Open 200 Freestyle after entries are received.

Entry Deadline: Thursday, April 25, 2019 by 5:00 PM

Eligibility

Open to registered, **invited** USA Swimming teams. Swimmers shall compete at the age attained on May 10, 2019.

Rules

- Current USA Swimming rules shall govern the meet.
- Swimmers may only participate in their own age group events or open events.
- **Swimmers may enter a maximum of three (3) individual events.**
- **Only short course times are applicable. NT entries will not be accepted; coaches' times are acceptable.**
- No on-deck USA-S registration is permitted.
- In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy, the use of equipment capable of taking pictures (*i.e.*, cell phones, cameras) is banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.



SNOW Short Course Spring Classic

May 10, 2019

Sanctioned by USA Swimming through PVS

Sanction Numbers: **PVI-19-90 and VS-19-103DS**

***NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

- Deck changes are prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform to the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- In accordance with VSI best practices, all swimmers should shower before entering the pool.
- No VSI non-athlete member in good standing may be barred from participating in the meet as an official as certified.

Awards

No awards will be given at this meet.

Disability Swimmers

PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the Board of Directors](#). Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warm-Ups

The prescribed Potomac Valley Swimming and Virginia Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

Supervision

- Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas.
- Coaches and Officials should have proof of active USA Swimming membership with them at all times.
- Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.

Officials & Timers

- All certified officials wishing to volunteer to work this meet should contact **Jan van Nimwegen** at jnimwegen@earthlink.net
- Please include your club affiliation, certifications held, and sessions you wish to work.
- Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials' briefing will precede each session during warm-up.
- Each participating club is requested to provide **at least** one official and 3 timers per session if entering 25 or more swimmers.



SNOW Short Course Spring Classic

May 10, 2019

Sanctioned by USA Swimming through PVS

Sanction Numbers: **PVI-19-90 and VS-19-103DS**

***NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

Seating

No chairs will be allowed on deck. Bleachers will be available on deck for athletes. Spectators not volunteering will be restricted to the upstairs gallery. After entries are received, the Meet Director will provide additional seating information, if necessary.

Fees

\$7.00 per individual event

\$6.00 Facility surcharge per swimmer

\$10 per deck entry (plus facility surcharge)

Deck Entries

- Deck entries will be at the discretion of the Meet Referee/Meet Director. Fee is \$10 per individual event (plus facility surcharge).
- Swimmers will be entered into open lanes in the existing heats on a first come, first serve basis. No additional heats will be created.
- Evidence of current USA-S registration will be required for all deck entries. This can be done by presenting a copy of the USA-S athlete registration card.

Entry Procedure

Teams should provide entries as follows:

- Send e-mail to Angie Davis at snowswimming.entries@gmail.com
- Include in the subject of the email, "SNOW SC Spring Classic -****" with the club's initials in place of the asterisks. If your club submits multiple entry files include training site in the subject of the email.
- Include with your entries file, one entry report by name and one entry by event. Create these reports in HyTek Team Manager and save as PDF.
- In the body of your email, provide entry numbers (girls, boys, totals), as well as contact information (e-mail and phone) for the person responsible for entries and for your officials contact.

Entry Deadline: Thursday, April 25, 2019 by 5:00 PM

Important

- The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt.
- The above date is the deadline for teams to submit entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.

Other Registration Details

- Entries directly from individual team members will not be accepted.
- Entries by phone or fax entries will not be accepted.
- Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.
- Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an



SNOW Short Course Spring Classic

May 10, 2019

Sanctioned by USA Swimming through PVS

Sanction Numbers: **PVI-19-90** and **VS-19-103DS**

***NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

- Each participating team is requested to remit one check to cover the entry fee for the entire team.
- Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.
- Please make checks payable to "**SNOW Swimming.**" Please do not send cash.

Send entry fees to:

Teresa Meike
SNOW Swimming
22483 Verde Gate Terrace
Ashburn, VA 20148



SNOW Short Course Spring Classic

May 10, 2019

Sanctioned by USA Swimming through PVS

Sanction Numbers: **PVI-19-90** and **VS-19-103DS**

***NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Inc., Claude Moore Recreation Center, and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.*

Friday May 10, 2019

Warm-up: 4:00-4:40pm / Events: 4:50pm

Positive Check-in MAY BE REQUIRED for the Open 200 IM and Open 200 Freestyle

Girls Event #		Boys Event #
1	Open 100 Freestyle	2
3	8 & Under 25 Butterfly	4
5	12 & Under 50 Butterfly	6
7	Open 100 Butterfly	8
9	8 & Under 25 Backstroke	10
11	12 & Under 50 Backstroke	12
13	Open 100 Backstroke	14
15	12 & Under 100 IM	16
17	Open 200 IM	18
19	8 & Under 25 Freestyle	20
21	10 & Under 50 Freestyle	22
23	11 & Over 50 Freestyle	24
25	8 & Under 25 Breaststroke	26
27	12 & Under 50 Breaststroke	28
29	Open 100 Breaststroke	30
31	Open 200 Freestyle	32