

#### **Meet Director**

Christine Vu cvu.snowswimming@gmail.com Meet Referee Lynn Oliver lynn.r.oliver@verizon.net

# Club Officials Chair

lynn.r.oliver@verizon.net

## Facility

Claude Moore Recreation Center 46105 Loudoun Park Lane Sterling, VA 20164 571-258-3600

One 8 lane course will be used during each session. One warm-up / warm-down lane will be available throughout the meet. Water depth ranges from 6'8" to 12'6" at both the starting and turning end. The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)

## **Timing System**

Automatic timing (touch pads primary) will be used for this meet.

## **Schedule**

#### Meet Director reserves the right to adjust start times and/or sessions after entries are received

#### Saturday

11-12: Warm-up: 7:10-7:40 am / Events: 7:45 am 10 and Under: Warm-up: 12:00-12:30pm / Events: 12:35pm 13 and Over: Warm-up: 3:10-4:00 pm / Events: 4:05 pm

#### Sunday

11-12: Warm-up: 7:10-7:40 am / Events: 7:45 am 10 and Under: Warm-up: 11:40 am - 12:10 pm / Events: 12:15 pm 13 and Over: Warm-up: 2:10-3:00 pm / Events: 3:05 pm

## **Eligibility**

Open to invited USA Swimming teams. Swimmers shall compete at the age attained on May 6, 2017. No on-deck USAS registration permitted.

## Warm Up

The prescribed Potomac Valley Swimming and Virginia Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

## Seating

Due to the limited pool deck space, no chairs are allowed on deck. Once entries are submitted, teams will be notified about seating arrangements on deck. If need be, we will ask spectators and non-volunteers to sit outside the pool area to meet the facility's fire code.

#### **Rules**

Current USA Swimming rules shall govern the meet.



Swimmers may only participate in their own age group events or open events.

## **Individual Events**

All swimmers are limited to a total of five (5) events through Saturday and Sunday: **2** (two) maximum events on Saturday 3 (three) maximum events on Sunday

Long course and converted short course times are applicable.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform within the 4-hour provision for 12 &U sessions in Rule 205.3.1F. No VSI non-athlete member in good standing may be barred from participating in the meet as an official as certified.

## **Disability Swimmers**

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

## **Supervision**

Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Coaches & deck officials are required to display their valid 2017 USA Swimming credentials. Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

## **Officials & Timers**

All certified officials wishing to volunteer to work this meet should contact:

Lynn Oliver lynn.r.oliver@verizon.net



Please include your club affiliation, certifications held, and sessions you wish to work. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up. Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

## **Entry Procedure**

Teams should provide entries as follows: Send e-mail to Christine Vu (cvu.snowswimming@gmail.com) Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as Word for Windows files. In the body of your email, provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).

Entries directly from individual team members will not be accepted.

Entries by phone or fax entries will not be accepted.

Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.

Each participating team is requested to remit one check to cover the entry fee for the entire team.

Please make checks payable to "SNOW Swimming". Please do not send cash.

Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.

Entries can be sent to: Christine Vu SNOW Swimming 43950 Harbor Hills Terr #409 Lansdowne, VA 20176

## **Entry Deadline**

Tuesday, April 18, 2017 by 5:00 PM

## Fees

\$7.00 per individual event \$5.00 Facility surcharge per swimmer **No deck entries will be accepted.** 



#### Note

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Rec and SNOW Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the meet.

## Important

The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt. The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.



# Saturday May 6, 2017

All events 200 meters and longer will require positive check-in All athletes in the 400 Freestyle will need to provide their own timer

Cirlo	Satur		Dove
Girls	<b>11-12 S</b> All events 200 and longer	Boys	
33	11-12	50 Back	34
35	12 & Under	200 Fly	36
37	11-12	100 Breast	38
39	11-12	200 IM	40
41	11-12	100 Free	42
43	12 & Under	200 Back	44
45	11-12	50 Fly	46

Girls	Saturday 10 & Under Session		Boys
All events 200 and longer require positive check-in			
47	10 & Under	50 Back	48
49	10 & Under	100 Breast	50
51	10 & Under	100 Free	52
53	10 & Under	200 IM	54
55	10 & Under	50 Fly	56

Girls	Saturday 13 & Over Session ALL EVENTS require positive check-in All athletes in the 400 Free must provide their own timer		Boys
57	13 & Over	100 Free	58
59	13 & Over	200 Fly	60
61	13 & Over	100 Breast	62
63	13 & Over	200 IM	64
65	13 & Over	200 Back	66
67	Open	400 Free	68



# Sunday May 7, 2017

All events 200 meters and longer will require positive check-in All athletes in the 400 Individual Medley will need to provide their own timer

Girls	Sunday 11-12 Session All events 200 and longer require positive check-in		Boys
69	11-12	50 Free	70
71	12 & Under	200 Breast	72
73	11-12	100 Back	74
75	11-12	100 Fly	76
77	11-12	200 Free	78
79	11-12	50 Breast	80

Girls	Sunday 10 & Under Session All events 200 and longer require positive check-in		Boys
81	10 & Under	50 Free	82
83	10 & Under	100 Back	84
85	10 & Under	100 Fly	86
87	10 & Under	200 Free	88
89	10 & Under	50 Breast	90

Girls	Sunday 13 & Over Session ALL EVENTS require positive check-in All athletes in the 400 IM must provide their own timer		Boys
91	13 & Over	50 Free	92
93	13 & Over	100 Back	94
95	13 & Over	200 Free	96
97	13 & Over	200 Breast	98
99	13 & Over	100 Fly	100
101	Open	400 IM	102