



2016 SNOW Short Course Spring Classic

May 6, 2016

Sanctioned by USA Swimming through PVS and VA Swimming

Sanction Numbers: PVI-16-78

Meet Director

Christine Vu
cvu.snowswimming@gmail.com
703-945-6189

Meet Referee

Lynn Oliver
lynn.r.oliver@verizon.net

Club Officials Chair

Lynn Oliver
lynn.r.oliver@verizon.net

Facility

Claude Moore Recreation Center
46105 Loudoun Park Lane
Sterling, VA 20164
571-258-3600

One 8 lane course will be used during each. One warm-up / warm-down lane will be available throughout the meet. Water depth ranges from 6'8" to 12'6" at both the starting and turning end.

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C)

Timing System

Automatic timing (touch pads primary) will be used for this meet.

Schedule

Meet Director reserves the right to adjust start times and/or sessions after entries are received

Friday, May 6, 2016

Warm-up: 4:00-4:30pm / Events: 4:40pm

Eligibility

Open to invited USA Swimming teams. Swimmers shall compete at the age attained on May 6, 2016.

Rules

Current USA Swimming rules shall govern the meet.

Swimmers may only participate in their own age group events or open events.

Swimmers may enter a maximum of three (3) individual events per day, seven (7) total during the entire meet.

This includes the LC sessions on Saturday and Sunday (May 7-8), as well. For example, if you swim three (3) events on Friday, you are limited to a maximum number of four (4) events for Sat-Sun. Alternately, if you do not swim any events on Friday, you are limited to a maximum number of six events (6) for Saturday-Sunday, as only three (3) events are permitted per day.

Only short course times are applicable.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, restrooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.



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Rules (cont.)

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform within the 4-hour provision for 12 & U sessions in Rule 205.3.1F.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

No VSI non-athlete member in good standing may be barred from participating in the meet as an official as certified.

Disability Swimmers

PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the Board of Directors. Athletes with disabilities are welcome to participate, and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

Warm-Up

The prescribed Potomac Valley Swimming and Virginia Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.

Supervision

Coaches are responsible for the conduct of their swimmers and families, as well as maintaining clean team areas. Coaches & deck officials are required to display their valid 2014 USA Swimming credentials. Coaches are responsible for ensuring that their team areas are clean of any debris at the conclusion of each meet session. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Officials & Timers

All certified officials wishing to volunteer to work this meet should contact:

Lynn Oliver

lynn.r.oliver@verizon.net

Please include your club affiliation, certifications held, and sessions you wish to work. Certified officials who have not previously volunteered should contact the referee upon arrival to make their services available. A comprehensive officials briefing will precede each session during warm-up.

Each participating club is requested to provide at least one official and 3 timers per session if entering 25 or more swimmers.

Seating

Due to the limited pool deck space, no chairs are allowed on deck.

Fees

\$6.00 per individual event

\$5.00 Facility surcharge per swimmer

Deck Entries

Deck Entries are \$10 per individual event

Swimmers will be entered into open lanes in the existing heats on a first come, first



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serve basis. No extra heats will be created.

Evidence of current USA-S registration will be required for all deck entries. This can be done by presenting a copy of your USA-S athlete registration card.

Entry Procedure

Teams should provide entries as follows:

Send e-mail to Christine Vu (cvu.snowswimming@gmail.com)

Include with your commlink file one report by name and one by event. Create these reports in HyTek Team Manager and save as pdf.

In the body of your email, provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).

Entries directly from individual team members will not be accepted.

Entries by phone or fax entries will not be accepted.

Entries that are incomplete, submitted on incorrect forms, or lacking the phone number of a responsible team official will not be accepted.

Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid. Each participating team is requested to remit one check to cover the entry fee for the entire team.

Please make checks payable to "SNOW Swimming". Please do not send cash.

Entry fees are due with each team's entries. Unpaid fees will be reported to the PVS Administration Office at the conclusion of the meet. No further entries will be accepted from teams for future meets until entry fees are paid in full.

Entries can be sent to:

Christine Vu

SNOW Swimming

43950 Harbor Hills Terr #409

Lansdowne, VA 20176

Entry Deadline

Tuesday, April 19, 2016 by 5:00 PM

Important

The Meet Director will acknowledge receipt by return email within 24 hours. Teams submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other means to confirm receipt. The above date is the deadline for teams to submit their entries to the Meet Director. Therefore, teams usually set an earlier deadline to receive entries from their swimmers. Check with your team for this information.

NOTE

In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Virginia Swimming, Claude Moore Recreation Center and Snow Swimming Inc. shall



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be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

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Warm-up: 4:00-4:30pm / Events: 4:40pm

Positive Check-in will be required for all 200 yard events

Girls Event #		Boys Event #
1	Open 100 Freestyle	2
3	8 & Under 25 Butterfly	4
5	12 & Under 50 Butterfly	6
7	Open 100 Butterfly	8
9	8 & Under 25 Backstroke	10
11	12 & Under 50 Backstroke	12
13	Open 100 Backstroke	14
15	12 & Under 100 IM	16
17	Open 200 IM	18
19	8 & Under 25 Freestyle	20
21	10 & Under 50 Freestyle	22
23	11 & Over 50 Freestyle	24
25	8 & Under 25 Breaststroke	26
27	12 & Under 50 Breaststroke	28
29	Open 100 Breaststroke	30
31	Open 200 Freestyle	32