

Good Afternoon,

This weekend's meet is all set. Please take a moment and double check the psych sheet is correct as well I've included a list of entries by swimmer for your review.

Attached

Psych Sheet
Time Lines
Entry List by Team

Below please note

Volunteers
Check In & Scratches
Seating & Parking
Warm up assignments & Session start times
Awards
Finals
Hospitality & Concessions

Volunteers

OCCS is tasked with playing hosts to over 900 swimmers this weekend. This is not an easy undertaking and your help and support is needed! A meet of this magnitude does not 'run itself'. In fact, we have recruited numerous 'outsiders' to help including many officials and volunteers that don't have any kids participating in the meet. Yes, I tell you this to guilt you into helping support your kids ;-). If they can take time away from their families to support your kids, I would hope you could spare some of your own energy, wisdom and time to supporting your kids and your team.

I will also send out FREE meet programs to all volunteers (a \$21 value) that commit to helping by Friday at noon:

Friday & Saturday session programs will be sent on Friday afternoon
Sunday session programs will be sent on Saturday evening

Otherwise, each session program is \$3.00 for the meet.

Here is how you can help:

Log into the OCCS website using your account

On the home page, scroll down and see the President's Day Classic – click on Job Sign Up

For sessions (see which session time your swimmer is competing (unless you want to help during another session which is also fine).

Lane Back up Timers
Meet Marshals
Concessions
Hospitality
Runner/ Result Poster

If you're unsure what task would be best for you, send an email to Aaron (gm@swimoccs.org) and he will happily help find an adaptable job for you.

Check In, Scratches & Dec Entries

We will allow deck entries for Saturday or Sunday only in open lanes after seeding. No new heats will be created. Each deck entry is \$10. Please have \$10 per deck entry available at the time of your request.

Friday's 500 free/ 400 IM will be seeded on Thursday night – please email any scratches or changes to these by 8pm on Thursday night (2/11/16)

Saturday's events will be seeded and finalized on Wednesday at noon (2/10/16). If you have any changes to your entries, please send them to me by then. Programs will be created after this time and no further changes will be accepted to the sessions.

Sunday's events will be seeded on Saturday evening around 7pm. PLEASE send scratches via email (gm@swimoccs.org) or turn in scratches at the computer table by 7pm Saturday so the programs can be created. Coaches please note the Sunday sessions are very long, your cooperation in ensuring your kids are swimming would be appreciated by all.

Team Timing Requirements

We respectfully ask that each team provide timers throughout the swim meet. You may split up the assignments however you prefer. OCCS will provide 12 timers each session and will try to provide the needed timers for the finals, however if there are gaps, assistance would be appreciated.

NCAP (all sites) 8 timers per session

BWST 3 timers per session

TOLL 1 timer per session

SNOW 2 timers per session

RIPS 2 timers per session

Seating & Parking

Space will be at a premium throughout the meet. Please warn your parents in advance that Saturday the transitions between sessions will be a bit rough. All we ask is a little cooperation and patience with each other to accommodate everyone. There will be a 'no sit' zone in the lobby so that all can have an opportunity to see their swimmer compete. Parents will be allowed to sit in the recreation pool area with their kids if they'd like, however NO PARENTS will be allowed on the competition deck unless they are a swim meet management volunteer or certified coach. You and your swimmers are welcome to bring chairs to use on the deck as long as they don't interfere with the competition staff or walkways.

Parking is limited in the lot for the facility, however the spill over area provides plenty of parking across the street at the high school. DO NOT PARK IN THE GRASS – YOU WILL GET A TICKET OR TOWED! Please note it will be chilly this weekend, so bundle up for the short walk. Also, please be aware that swimmers will not be allowed on the pool deck (or possibly in the facility) until 15 minutes prior to their warm up time. With the crowds being large at every session we want to make sure there is space for everyone.

Warm up Assignments & Start Times

Coaches are responsible for monitoring your lanes during designated warm up times and any swimmers in the warm up lanes during the meet. Please help keep the warm up lanes safe – no diving (except when lane is completely clear and designated to one-way sprints).

Friday – 13 & over 500 free/ 400IM

Coaches may come to the deck at 6:00pm however NO SWIMMERS will be allowed in the building until 6:15pm

Warm ups 6:30-7:05pm

Meet Start 7:15pm

500 free – fast to slow (mixed genders)

400 IM – fast to slow (mixed genders – slowest 3 heats of entries)

Saturday 13 & over prelims

There will be an open warm up time starting at 6:00am, however starting at 7:00am lanes are assigned. Note that due to the size of the session and the determined effort to provide 25 minutes to each team for a reasonable warm up time, there are about 20 swimmers assigned to each lane for warm ups.

Doors will open to public at 5:45am

Session 1 warm ups – 6:00-7:00am

OPEN WARM UP

Session 2 warm ups 7:00-7:25am

OCCS - cool down lanes and lanes 1-4

BWST – lanes 6, 7, 8

TOLL – lane 8

Session 3 warm ups 7:25-8:50am

NCAP – cool down lanes & lanes 1-5

RIPS – 6 & 7

SNOW – 7 & 8

Meet start 8:00am

Saturday 11 & 12 prelims

Please note, swimmers in the 11-12 session will not be allowed in the facility until 11:30am.

Session 1 warm ups 11:45am – 12:05pm

OCCS – cool down lanes & lanes 1-6

RIPS – lane 7

SNOW – lane 8

Session 2 warm ups 12:05-12:25pm

NCAP – cool down lanes & lanes 1-5

BWST – lanes 6 & 7

TOLL – lane 8

Meet Start 12:30pm

Saturday 10 & under timed finals

No swimmers or parents in the 10 & under session will be allowed into the facility until 2:30pm. The facility will be packed with 11 & 12 swimmers and families... so please understand that if you are too early, you will be waiting outside in VERY COLD weather. Plus you will guarantee yourself a horrible parking spot.

Session 1 warm ups – 2:45pm – 3:00pm

OCCS – cool down lanes and lanes 1-6

RIPS – lanes 7 & 8

Session 2 warm ups – 3:00-3:15pm (updated 2/10)

NCAP – cool down lanes and lanes 1-4

BWST – lanes 5 & 6

TOLL – 7

SNOW – 8

Saturday 11 & over finals

6:45pm OPEN warm ups - 7:45pm meet start

General warm up 6:45-7:15pm

Specific warm ups 7:15-7:35pm:

Lane 8 – pace

Lanes 1, 2, 6 & 7 – dive sprints

Lanes 3, 4, 5 and cool down lanes – general warm ups

Sunday Check-In Scratches

There will not be a positive check in process for Sunday! In order to have the meet all set, scratches will be requested by 7pm on Saturday. Coaches are expected to double check with their swimmers that they plan to attend Sunday and let the meet management know if there are any scratches.

Sunday 10 & under -

7:00am warm up (one session of warm ups)

7:00-7:25am warm up

OCCS – cool down lanes & lanes 1-2

NCAP – lanes 3-5

BWST – lane 6

SNOW – lane 7

RIPS – lane 8

7:30am meet start

Sunday 11 & 12

Session 1 warm ups 9:55am-10:15am

OCCS – cool down lanes & lanes 1-6

BWST – lanes 7 & 8

Session 2 warm ups 10:15-10:35am

NCAP – cool down lanes & lanes 1-6

SNOW – lane 7

RIPS – lane 8

Meet Start 10:40am

Sunday 13 & over

Session 1 warm ups 2:55-3:15pm

OCCS – cool down lanes & lanes 1-5

SNOW – lanes 6 & 7

RIPS – lanes 7 & 8

Session 2 warm ups 3:15-3:35pm

NCAP – lanes 3-5

BWST – lanes 6-8

Awards

All participants will receive a bag tag/ deck pass.

The following awards will be given for SATURDAY Events ONLY

11 & over – top 8 finishers from finals will receive medals (11-12, 13-14, 15 & over)

10 & under – top 16 finishers will receive ribbons plus the top 8 finishers in the pentathlon will receive a trophy (8 & under, 9, 10) (this is new this year we split the 9 year olds and 10 year olds for pent scoring) Pentathlon scoring is the combined TIME of the five events offered for each age group. Only swimmers in all 5 events are eligible for the pentathlon scores. If a swimmer is disqualified in one event, they will have a penalty assessed (5 seconds per 25 yards of event) but they may still be eligible for the pent. awards.

Heat winners on Saturday prelims and 10 & under session will receive a Valentine's Day flower for themselves or to give to a loved one

Finals

Here is who qualifies for finals on Saturday:

11 & 12 – top 16 finishers from prelims

13 & 14 – top 16 finishers from prelims

15 & over – top 16 finishers from prelims

We do not want open lanes, so if there are openings in the 15 & over age group for finals I may offer the open lanes to the next fastest 13 & 14 year olds to provide a final swim. Please try to set up a way to communicate to your swimmers in the case of scratches moving your swimmer into the finals. For alternates, we will fill the open spots with anyone that shows up (based on prelims finish); so if there is a swimmer that shows up and is the sixth alternate and they're the only one to show up, we'll put them in... we want to provide the opportunity to those that want it.

We have a DJ scheduled to be at the meet all day on Saturday. He has agreed to offer the top seed from prelims the opportunity to request a song for the intro. He will have a process for the requests provided at his table.

Hospitality & Concessions

We will have a bountiful selection of foods throughout the meet for coaches and meet volunteers. Bring your appetite and our crew of volunteers will take good care of you. Be sure to thank them... it can be a thankless job and much of their work starts this week to prepare the goodies for you for the weekend.

There will be a healthy selection (and some not so healthy) of concessions in the lobby throughout the meet. Please encourage your members to support the concessions by purchasing their lunch and dinner from our great selection that will include Subway sandwiches, Chick-Fil-A sandwiches, Pizza and more.

Commemorative President's Day Classic T-shirts will be available for purchase in the upstairs fitness room.

Riptide Swim & Tri will also be on hand to sell training & performance gear (on Saturday only).

As always, if there is anything else I can do to help your meet go well, please don't hesitate to ask. I will be printing the meet programs on Wednesday afternoon for Saturday's sessions so, if you have any last minute changes to make (adds, scratches, etc.) please let me know by noon on Wednesday.

Have a great week!

Aaron M Dean

