

SPLASH AND DASH

DECEMBER 19 2015

SPONSORED BY FAIRLAND AQUATICS SWIM TEAM

SANCTIONED BY USA SWIMMING
THROUGH POTOMAC VALLEY SWIMMING

Sanction # PVC-16-36

MEET DIRECTOR:	Manga Dalizu – fairlandswim@comcast.net (240) 456 - 0103
MEET REFERREE	Lynne Gerlach – gerlach@msscswimming.com
OFFICIALS CHAIR:	Lynne Gerlach – gerlach@msscswimming.com
MEET LOCATION:	Fairland Aquatics Center 13820 Old Gunpowder Road Laurel, Md 20707 (301) 362 – 6060 The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C) Start end ranges from 7 to 13 feet. Turn end ranges from 7 to 13 feet.
SCHEDULE:	Warm Ups 8:00 – 8:30 am, Start 8:40 am
TIMING SYSTEM	Semi-Automatic timing (buttons primary) will be used for this meet.
ELIGIBILITY:	Open to all USA Swimming registered athletes. A swimmers age will be determined as of the first day of the meet. Athletes may enter a maximum of 5 events. Out of town teams are welcome. Current USA Swimming rules shall govern the meet.
INCLUSION POLICY FOR SWIMMERS WITH A DISABILITY:	PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD . Athletes with a disability are welcome and asked to provide advance notice of desired accommodations to the Meet Director. The athlete's coach is responsible for notifying the session referee of any disability prior to the competition.
RULES	Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RULES:	<p>In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.</p> <p>The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & U events per Rule 205.3.1F.</p>
WARNING:	Any club that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them will be fined the sum of \$100.00 per violation. No further entries will be accepted from that Club until this fine is paid.
SUPERVISION:	Coaches are responsible for the conduct of their swimmers, and should help clean up their respective team area.
WARM-UP:	The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The Meet Director will determine the structure of warm-up, including times and lane assignments. There will be lanes open for continuous warm up / warm down throughout the meet.
AWARDS:	Ribbons awarded for 1 st - 8 th place.
OFFICIALS:	All certified officials who wish to volunteer should contact Lynne Gerlach – gerlach@msscswimming.com by November 8th. Officials assigned to this meet should sign in at the recording table at the start of warm-ups. Officials who have not been contacted should volunteer their services to the Referee.
TIMERS:	One timer (per club) is required for every 25 entries. Each club is required to submit names of timers in accordance with team entry. Acceptance of the Club entry is based upon compliance with the above. FAST will provide one timer per lane.
ADMISSION:	There is no admission charge. Meet program will be posted at WWW.FAST92.ORG
FEES:	Fees for individual events are \$6.00. Each club is requested to remit one check to cover entry fees for the entire team. Late entries are \$ 10.00 per event and must be paid when entering.
ENTRIES:	<p>Computer Disk Entries (Hy-Tek), must be accompanied by a Meet Entry Report by SWIMMER, and a Meet Entry Report by EVENT from Team Manager</p> <p>Events can be downloaded and imported into team manager The file will be available zipped.</p> <p>Send entries to FAIRLANDSWIM@COMCAST.NET , in the subject heading type, "2015 Splash and Dash - *****" with the club's initials substituted in place of the asterisks.</p>

DEADLINE:	Wednesday, December 9th, 2015. Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.
CHECKS:	Make checks payable to FAIRLAND AQUATICS INC.
SEND ENTRIES TO:	FAST 14625 Baltimore Avenue # 291 Laurel, MD 20707 fairlandswim@comcast.net Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
REMINDER:	ENTRY FEES ARE DUE WITH MEET ENTRY. Clubs are asked to submit one check to cover the entire team's entries.
NOTE:	In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Fairland Aquatics Swim Team, and Fairland Aquatics Center shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Event #	Saturday, December 19 WARM UPS 8:00 – 8:30 AM, START: 8:40 AM	Event #
1	10 & U 200 Fly	2
3	8 & U 25 Fly	4
5	10 & U 100 IM	6
7	8 & U 25 Free	8
9	10 & U 50 Breast	10
11	10 & U 100 Back	12
	15 Minute Break	
13	10 & U 50 Free	14
15	10 & U 200 Back	16
17	8 & U 25 Back	18
19	10 & U 100 Breast	20
21	8 & U 25 Breast	22
	10 Minute Break	
23	10 & U 100 Fly	24
25	10 & U 50 Back	26
27	10 & U 200 Breast	28
29	10 & U 50 Fly	30
31	10 & U 100 Free	32