

# Potomac Marlins 14 & Under JO Qualifier February 14-15, 2015

## [Cub Run Recreation Center](#)

Sponsored by Potomac Marlins  
Sanctioned by USA Swimming through Potomac Valley Swimming  
Sanction # PVC-15-52

**Meet  
Director:**

Bill Marlin 571-334-0987 [coach\\_bill@verizon.net](mailto:coach_bill@verizon.net)

**Meet  
Referee:**

John Kost [john.kost@cgi.com](mailto:john.kost@cgi.com)

**Club  
Officials  
Contact:**

John Kost [john.kost@cgi.com](mailto:john.kost@cgi.com)

**Facility:**[Cub Run Recreation Center](#)

4630 Stonecroft Blvd. Chantilly, VA 20151  
703-817-9407

The pool depth ranges from 5 ft to 12 ft at both the starting end and the turning end.

The competition course has not been certified in accordance with USA Swimming Rules & Regulations Article 104.2.2(C)

Semi-Automatic Timing (buttons primary) will be used for this meet.

**Schedule:**

Warm-up 6:30 - 7:20 a.m. Events 7:30 a.m.

- One (1), eight (8) lane racing courses will be used
- We hope to be able to use 1-2 additional lanes for warm-up / cool-down.

**Eligibility**

Open to all registered Potomac Valley athletes and invited USA Swimming athletes that meet the event qualifying times.

**Rules:**

Current USA Swimming rules shall govern the meet.

- **IMPORTANT:** 14 & Under swimmers who attain a new age group between February 15<sup>th</sup> and March 12<sup>th</sup> may compete in any event where their time (1) is faster than the PM 14 & Under JO Qualifier "No Faster Than" standard for their current age group and also (2) slower than the PVS Junior Olympic "No Slower Than" standard for their new age group. This is to permit those swimmers who will be in a new age group at the PVS Junior Olympic Meet an opportunity to qualify.
- A contestant may participate in only his or her own age group events or in 9-14 events.
- Girls Events 7, 45, 63 and Boys events 8, 46, 64 will be swum combined but have different qualifying standards.
- Contestants must have equaled or be slower than the applicable qualifying times listed (no faster than times).
- Contestants must have equaled or be faster than the applicable qualifying times listed (no slower than times).
- **No NT entries will be accepted in any event**
- A contestant may enter a maximum of six (6) individual events and no more than three (3) individual events per day. Swimmers shall compete at the age attained on the first day of the meet.
- "No Recall" procedures will be used at this meet.
- Coaches are expected to be in compliance with the new [USA Swimming Background Screening Program](#).
- Dive-over starts will be used at this meet.
- In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDS's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for 12 & U sessions in Rule 205.3.1F.

**Officials**

All certified officials wishing to volunteer to work this meet please contact the Potomac Marlins Officials Chairman, John Kost:

	<p><a href="mailto:john.kost@cgi.com">john.kost@cgi.com</a> prior to February 6th, 2015. Please include your club affiliation, certifications held, and sessions you wish to work. Officials assigned to this meet should sign in at the computer table at the start of warm-up. Certified officials who have not been contacted should volunteer their services to the Referee.</p>
<b>Inclusion Policy for Swimmers with a Disability:</b>	<p>PVS and host clubs along with their Meet Directors are committed to the <a href="#">Inclusion Policy as adopted by the BOD</a>. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.</p>
<b>Positive Check In:</b>	<ul style="list-style-type: none"> <li>• <b>All events will be positive check-in. Meet management reserves the right to pre-seed the meet if timelines allow.</b></li> <li>• Athletes who check in to a deck seeded event, have been seeded, and fail to swim the event will be barred from their next scheduled event, unless excused by the Referee before the event takes place.</li> </ul>
<b>Warm-Up:</b>	<p>The prescribed Potomac Valley Swimming warm-up procedures and safety policies will be followed. The meet director may determine the structure of the warm-up, including times and lane assignments.</p>
<b>Supervision:</b>	<p>Coaches are responsible for the conduct of their Swimmers and Families and for cleaning up their team areas. Parents not working the meet as a deck official, volunteer lane timer, or other meet position are not permitted on deck. Only athletes, USA Swimming certified coaches, and deck officials permitted on the pool deck. Coaches &amp; deck officials are required to display their current 2014-2015 USA Swimming card.</p>
<b>Awards:</b>	<p>There will be no awards at this meet.</p>
<b>Admission/ Programs:</b>	<p>There is no admission charge. All events will be positive check in. Every attempt will be made to have programs available for each session. If they are ready they will be available for \$3.00 each. Working officials and coaches receive a complimentary program.</p>
<b>Entries:</b>	<p>Entries may be sent via e-mail.</p> <ul style="list-style-type: none"> <li>• <b>Entries must arrive by the due date and time</b></li> <li>• Include with your commlink file one (1) report by name. Create these reports in Team Manager and save as PDF files.</li> <li>• In the body of your e-mail provide entry numbers (girls, boys, totals). Include contact information (e-mail, phone, officials contact).</li> <li>• Send e-mail to <a href="mailto:coach_bill@verizon.net">coach_bill@verizon.net</a></li> </ul> <p>Entries must be sent via e-mail.</p>
<b>Entry Deadline:</b>	<p><b>All entries must be submitted for this meet no later than 5:00 PM, Tuesday, February 03, 2015</b></p>

	<ul style="list-style-type: none"> <li>• <b>Important:</b> The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.</li> <li>• Note, It may be necessary to limit entries therefore, entries will be accepted on a first-come, first-entered basis until the meet fills up.</li> <li>• Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.</li> </ul>
<b>Entry Fee:</b>	\$6.00 per event, Please make check payable to <b>Potomac Marlins</b>
<b>Late/ Deck Entries:</b>	Late (deck) entries are \$10.00 per individual event and must be submitted no later than 30 minutes prior to the first event of each session. Swimmers will be first entered into open lanes in existing heats on a first come, first served basis. No new heats will be created. In the event of an oversubscribed session, the Meet Director reserves the right to not accept late (deck) entries.
<b>Send Entries To:</b>	Bill Marlin 3212 Allness Lane Herndon, VA 20171 571-334-0987 <a href="mailto:coach_bill@verizon.net">coach_bill@verizon.net</a>
<b>Liability:</b>	NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, Cub Run Rec. Center and Potomac Marlins shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Saturday, February 14, 2015**  
**Warm-up 6:30 to 7:20 a.m. First Event 7:30 a.m.**

Girls Event #	NFT	NST	Event	NFT	NST	Boys Event #
1	27.00	33.99	13-14 50 free	25.30	32.29	2
3	28.60	36.59	11-12 50 free	28.40	36.39	4
5	32.70	41.69	10 & U 50 free	32.60	41.59	6
7	2:33.00	2:52.99	9-14 200 back 9-12 200 back	2:33.70	2:53.69	8
7	2:21.20	2:41.19	9-14 200 back 13-14 200 back	2:14.90	2:34.89	8
9	33.60	3:41.59	11-12 50 back	33.70	41.69	10

11	38.30	47.29	10 & U 50 back	38.50	47.49	12
13	1:05.50	1:18.49	13-14 100 fly	1:01.80	1:14.79	14
15	1:12.60	1:26.59	11-12 100 fly	1:12.30	1:26.59	16
17	1:30.40	1:45.39	10 & U 100 fly	1:31.00	1:45.99	18
19	1:15.10	1:28.09	13-14 100 breast	1:10.50	1:23.49	20
21	1:21.50	1:35.49	11-12 100 breast	1:22.50	1:36.49	22
23	1:33.60	1:48.59	10 & U 100 breast	1:33.40	1:48.39	24
25	2:05.00	2:24.99	13-14 200 free	1:58.30	2:18.29	26
27	2:16.00	2:31.99	11-12 200 free	2:15.00	2:34.99	28
29	2:37.00	3:00.99	10 & U 200 free	2:35.60	2:59.59	30
31	5:04.00	5:33.99	14 & U 400 IM	4:50.00	5:20.99	32
33	1:12.20	1:26.19	11-12 100 IM	1:11.30	1:25.29	34
35	1:22.10	1:37.09	10 & U 100 IM	1:21.80	1:36.79	36

**Note:** **Check-in for All events will close 30 minutes after the start of warm-ups.**

**Sunday, February 15, 2015**  
**Warm-up 6:30 to 7:20 a.m. First Event 7:30 a.m.**

<b>Girls Event #</b>	<b>NFT</b>	<b>NST</b>	<b>Event</b>	<b>NFT</b>	<b>NST</b>	<b>Boys Event #</b>
39	58.10	1:11.09	13-14 100 free	54.00	1:06.99	40
41	1:02.50	1:16.49	11-12 100 free	1:02.40	1:16.39	42
43	1:12.30	1:27.29	10 & U 100 free	1:12.00	1:26.99	44
45	2:50.00	3:09.99	9-14 200 fly 9-12 200 fly	2:44.00	3:03.99	46
45	2:30.70	2:50.69	9-14 200 fly 13-14 200 fly	2:22.80	2:42.79	46
47	32.20	40.19	11-12 50 fly	32.20	40.19	48
49	37.30	46.29	10 & U 50 fly	37.40	46.39	50
51	1:05.80	1:18.79	13-14 100 back	1:02.70	1:15.69	52
53	1:11.00	1:24.99	11-12 100 back	1:11.00	1:24.99	54
55	1:22.50	1:37.49	10 & U 100 back	1:22.50	1:37.49	56
57	2:23.70	2:43.69	13-14 200 IM	2:15.70	2:36.69	58
59	2:33.40	2:53.39	11-12 200 IM	2:34.00	2:53.99	60

61	2:58.00	3:21.99	10 & U 200 IM	2:58.00	3:21.99	62
63	2:53.00	3:12.99	9-14 200 breast 9-12 200 breast	2:53.70	3:13.69	64
63	2:42.10	3:02.09	9-14 200 breast 13-14 200 breast	2:35.00	2:54.99	64
65	37.50	45.49	11-12 50 breast	37.60	45.59	66
67	43.10	52.09	10 & U 50 breast	43.60	52.59	68
69	7:00.00	7:29.99	(9-10 500 free cuts) 9-14 500 free	7:00.00	7:29.99	70
69	6:04.00	6:33.99	(11-12 500 free cuts) 9-14 500 free	5:56.00	6:25.99	70
69	5:35.00	6:04.99	(13-14 500 free cuts) 9-14 500 free	5:18.00	5:47.99	70

**Note:**

- **Check-in for All events will close 30 minutes after the start of warm-ups.**