



2015 **Green & Orange** Bowl Invitational

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January 24-25th, 2015

Sponsored by Machine Aquatics Swim Team
Sanctioned by USA Swimming through Potomac Valley Swimming
Sanction # PVI-15-42

Meet Director: Paris Jacobs
Machine Aquatics
204-D Mill St.
Vienna, VA 22180
tel. 571-238-7657
email - paris@machineaquatics.com

Meet Referee: Stewart Gordon
Machine Aquatics Officials Chair
email - officials@machineaquatics.com

Location: The Madeira School
8328 Georgetown Pike
McLean, VA 22102-1203
703-556-8300

6 lanes 25 yd pool with a depth range of 4-12 feet at both the starting and turning end.

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).

Timing System: Semi-Automatic timing (buttons primarily) will be used for this meet.

Schedule: Saturday & Sunday
10:00 am to 10:50 am - Events 11:00 am
ALL EVENTS ARE IN ONE (1) SESSION EACH DAY.

Entry Deadline: **FINAL ENTRY FILE IS DUE BY 5:00 PM**
Thursday, January 15th, 2015

Important: The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

Rules: Current USA Swimming rules shall govern the meet. Clubs wishing to be invited need to contact the meet manager.

A contestant may participate in only his or her own age group events.

Contestants may enter FOUR (4) events per day.

Swimmers shall compete at the age attained on the first day of the meet. Entries in longer distance events may need to be limited due to time constraints. If necessary, it will be done based on the verifiable proof of entry time.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker room. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement.

Meet Manager reserves the right to Positive Check-In all 200 & OVER yard events in the interest of manageable time lines.

Meet Manager also reserves the right to adjust warm-up times for all the sessions after entries have come in.

Dive-over starts will be used at this meet. Coaches are requested to review Guidance for Dive-Over Starts for Coaches. Officials are requested to review Protocol for Dive-Over Starts.

The Meet Director and the PVS Technical Committee reserve the right to limit events, heats, swimmers or adjust the format to conform with the 4-hour provision for sessions that include 12 & Under events per Rule 205.3.1F.

Inclusion Policy: PVS and host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or athlete's coach) is also responsible for notifying the session referee of any disability prior to competition.

Time Trials: There will be no time trials conducted at this meet.

Supervision: Coaches are responsible for the conduct of their swimmers and families and for cleaning up their team areas.

Only athletes, USA Swimming certified coaches and deck officials are permitted on the pool deck. Working coaches and deck officials are required to display their 2015 USA Swimming card.

Parents not working the meet as a deck official, volunteer lane timer or other meet positions are not permitted on deck.

Admission: There is no admission charge.

Programs: Meet programs will be available for \$2.00 per session.

Awards: There will be awards for this meet.

Seating: Due to the limited pool deck space, officials, USA Swimming registered coaches and swimmers only will be permitted on the pool deck.

Personal chairs will be permitted on the deck for coaches only.

Swimmers will not be permitted to bring chairs on the deck.

Warning: Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits an unregistered swimmer to represent them, will be fined by PVS the sum of \$100.00 and no

further entries will be accepted from that club until the said fine has been paid.

Entries:

Entries should be sent via e-mail.

ENTRIES SHOULD BE SUBMITTED TO:

entries@machineaquatics.com

Entries should be submitted using Hy-Tek Team Manager

Entry file: Include in the subject of the email, "Green & Orange Bowl***" with the club's initials in place of the asterisks. Also, include training site if your club submits multiple entry files.

Meet Directors are requested to acknowledge receipt by return email within 24 hours. If acknowledgment is not received in a timely manner, please contact the meet director.

Any club that enters an unregistered or improperly registered athlete, falsifies an entry in any way, or permits an unregistered coach to represent them, will be fined the sum of \$100 and no further entries will be accepted from that club until the said fine is paid.

Fees:

Fees for individual events are **\$5.00 per event.**

Make checks payable to **Machine Aquatics.**

Entry fees are due with entries.

**FINAL ENTRY FILE IS DUE BY 5:00 PM
Thursday, January 15th, 2015**

ENTRIES SHOULD BE SUBMITTED TO: ENTRIES@MACHINEAQUATICS.COM

Liability:

NOTE: In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, The Madeira School and Machine Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.



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SATURDAY, JANUARY 24TH, 2015

Warm Up 10:00AM- 10:50AM- EVENTS 11:00AM

9-14 YEAR OLD SWIMMERS

GIRLS EVENTS	EVENTS	BOYS EVENTS
1	9-10 - 200 FREE	2
3	11-12 200 FREE	4
5	13-14 200 FREE	6
7	9-10 100 INDIV. MED	8
9	11-12 100 INDIV. MED	10
11	13-14 100 INDIV. MED	12
13	9-10 100 FLY	14
15	11-12 100 FLY	16
17	13-14 100 FLY	18
19	12& U 200 BREAST	20
21	13-14 200 BREAST	22
23	9-10 100 BACK	24
25	11-12 100 BACK	26
27	13-14 100 BACK	28
29	12 & U 400 INDIV. MED	30
31	13-14 400 INDIV. MED	32

SUNDAY, JANUARY 25TH, 2015

Warm Up 10:00AM- 10:50AM- EVENTS 11:00AM

9-14 YEAR OLD SWIMMERS

GIRLS EVENTS	EVENTS	BOYS EVENTS
33	12&U 500 FREE	34
35	13-14 500 FREE	36
37	12&U 200 FLY	38
39	13-14 200 FLY	40
41	9-10 100 BREAST	42
43	11-12 100 BREAST	44
45	13-14 100 BREAST	46
47	12&U 200 BACK	48
49	13-14 200 BACK	50
51	9-10 100 FREE	52
53	11-12 100 FREE	54
55	13-14 100 FREE	56
57	12& U 200 INDIV. MED	58
59	13-14 200 INDIV. MED	60