

**UMD Triple Distance Challenge**  
**Sponsored by University of Maryland Aquatic Club**



**Sanctioned by USA Swimming**  
**Through Potomac Valley Swimming**  
**Sanction # PVI-15-13**

**Date** Saturday, November 1 and Sunday, November 2

**MEET DIRECTOR:** Carrie Tupper 301-226 5383  
[Ctupper@umd.edu](mailto:Ctupper@umd.edu)

**MEET LOCATION:** [University of Maryland](#)  
1115 Eppley Recreation Center  
College Park, MD 20742

The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2(C).

Automatic Timing (touchpad primary) will be used for this meet.

The competition section of the pool is 8 lanes wide with a depth of 8'6 feet at start end and 11'0 at turn end. Nine lanes of continuous warm down will be available.

**SCHEDULE:**

**Saturday, November 1**  
Session 1: Warm-up 8:00 am-9:00 am / Events: 9:15 am  
Session 2: Warm-up 1:45 pm-2:45 pm / Events: 3:00 pm

**Sunday, November 2**  
Session 3: Warm-up 8:00 am-9:00 am / Events: 9:15 am

**MEET REFEREE:** James Carey

**OFFICIALS CHAIR:** Carrie Tupper (ctupper@umd.edu)

**ELIGIBILITY:*****Open to all USA Swimming Teams***

If your team is interested in participating in this meet, please contact the meet director, Carrie Tupper ([ctupper@umd.edu](mailto:ctupper@umd.edu)), to request an invitation.

All events are OPEN and no time standards.

**RULES:**

Current USA Swimming rules shall govern the meet.

In compliance with USA Swimming Rules and Regulations, the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's etc) are banned from behind the starting blocks during the entire meet, including warm up, competition and cool down periods.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is no appropriate and is prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Dive-over starts may be used at this meet at the discretion of the Meet Referee and Meet Management.

All events are Open events. Events will be seeded slowest to fastest.

A contestant may enter one (1) set of three (3) events as described: Sprinters, Strokes, Mid Distance FR, Distance FR, or I.M.

25/50/100 Sprinters  
100/200/500 Middle Distance  
200/500/1000 Distance  
50/100/200 Strokes – FR  
100/200/400 IM

Each event is limited to first 40 contestants per gender. Those who are swimming 1 set of 3 events will have priority over those only swimming 1 event in a set.

**Deck entries will be accepted, if space allows. Deck entries will be \$10.00, payable in cash.**

- INCLUSION POLICY:** PVS and host clubs along with their Meet Directors are committed to the [Inclusion Policy as adopted by the BOD](#). Athletes with a disability are welcomed and are asked to provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
- WARM-UP:** The prescribed Potomac Valley Swimming warm-up procedures and safety policies for Open warm-ups will be followed.
- TIMERS:** Participating Clubs are required to provide timers in proportion to their entries. The Meet Director will determine the number of timers per club and lane assignments.
- OFFICIALS:** Officials are being coordinated by Carrie Tupper [ctupper@umd.edu](mailto:ctupper@umd.edu). Officials assigned to this meet should sign in at the recording table at the start of the Warm-up. Certified officials, who have not been contacted, should volunteer their services to the Referee.
- SUPERVISION:** Coaches are responsible for the conduct of their swimmers and for cleaning up their team areas.
- ADMISSION:** There is no admission charge. Programs for each session will be available for \$2.00 per session and available on Meet Mobile. Working officials and coaches receive a free program.
- FEES:** Fees for individual events are \$6.00. Neither cash nor telephone entries will be accepted. Credit cards are accepted, please contact Carrie at [ctupper@umd.edu](mailto:ctupper@umd.edu) for processing.
- ENTRIES:** Club entries will be accepted by email. Submission of entries by email must include the following files: the Hy-Tek Commlink II file, The Team Manager Meet Entry Report files (one by SWIMMER and one by EVENT). The name and phone number of the Club representative submitting the email must be included. Clubs submitting by email may submit entries to [ctupper@umd.edu](mailto:ctupper@umd.edu), in the subject heading type, "**UMAC Triple Distance Challenge- \*\*\*\*\***" with the club's initials substituted in place of the asterisks.
- Meet Directors are requested to acknowledge receipt by return e-mail within 24 hours. Clubs submitting entries that do NOT receive an acknowledgement should contact the Meet Director by other than e-mail to confirm receipt.
- WARNING:** Any club that enters an unregistered athlete, falsifies an entry in any way, or permits unregistered coaches to represent them, will be fined the sum of \$100.00 and no further entries will be accepted from that Club until the said fine has been paid.
- ENTRY DEADLINE:** **The Meet Director must receive all entries for this meet  
NO LATER THAN 5:00 PM, Wednesday, October 22<sup>nd</sup>.**

**IMPORTANT:** The above date is the deadline for clubs to submit their entries to the Meet Director. Therefore, clubs usually set an earlier deadline to receive entries from their swimmers. Check with your club for this information.

**NOTE:** In granting this sanction it is understood and agreed that USA Swimming, Potomac Valley Swimming, University of Maryland Aquatic Club, Campus Recreation Services and the University of Maryland shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**MAKE CHECKS**

**PAYABLE TO:** **“University of Maryland”**  
Checks must be mailed to the Meet Director and postmarked within 48 hours of the entry deadline. Entries will not be considered complete until the Meet Director receives payment. Credit cards are accepted, please contact Carrie at [ctupper@umd.edu](mailto:ctupper@umd.edu) for processing.

**SEND ENTRIES TO:** [CTUPPER@UMD.EDU](mailto:CTUPPER@UMD.EDU)

**SEND PAYMENT TO:** Carrie Tupper  
Campus Recreation Services  
1115 Epley Recreation Center  
College Park, MD 20742

**EVENTS:**  
25/50/100 Sprinters  
100/200/500 Middle Distance  
200/500/1000 Distance  
50/100/200 Strokes – FR  
100/200/400 IM

<b>Girls</b>	Saturday, November 1 W/U 8am; Event 9:15am	<b>Boys</b>
Event #	Session #1	Event #
1	100 I.M.	2
3	50 BR	4
5	50 FR	6
7	200 I.M.	8
9	100 BR	10
11	100 FR	12
13	400 IM	14
15	200 BR	16
17	200 FR	18
	Saturday, November 1	

	W/U 1:45pm; Event 3pm	
	<b>Session #2</b>	
19	100 FR	20
21	50 FLY	22
23	50 BK	24
25	200 FR	26
27	100 FLY	28
29	100 BK	30
31	500 FR	32
33	200 FLY	34
35	200 BK	36
	Sunday, November 2 W/U 8am; Event 9:15am	
	<b>Session 3</b>	
37	25 FR	38
39	200 FR	40
41	50 FR	42
43	500 FR	44
45	100 FR	46
47	1000 FR	48